



国家标准：  
GB 4706.1-2005  
GB 4706.14-2008  
企业标准：  
Q/XMJS 010-2015

National standard:  
GB 4706.1-2005  
GB 4706.14-2008  
Enterprise standards:  
Q/XMJS 010-2015

非常感谢您购买 Panasonic 的产品

- 请仔细阅读本使用说明书，以确保正确安全使用本产品。
- 本产品只限于家庭使用。
- 使用前请务必仔细阅读“安全注意事项”(P. SC4 ~ SC5)。
- 保修证请与本使用说明书一起妥善保管。

Thank you for purchasing Panasonic product.

- Please read these instructions carefully to use the product correctly and safely.
- This product is intended for household use only.
- **Please carefully read the “Safety Precautions” (P. EN4 ~ EN5) of this Manual before use.**
- Please keep the Warranty Card and this Operating Instructions for future use.

保修证另附

The Warranty Card is attached.

# Panasonic®

## 使用说明书

自动制面包机（家庭用）

## Operating Instructions

Automatic Bread Maker (Household Use)

型号 **SD-TPA100**  
Model No.



# 简单方便地制作各种美味面包！

想要了解更多菜单！  
登陆松下网站哦。  
<http://home.panasonic.cn>

## 松软可口 面包 (干酵母)



表皮酥脆味道可口的吐司面包  
(P. SC16)



皮薄、利用少量酵母保持了小麦原有风味的庞多米 (P. SC23)



运用简易汤种法，口感湿润松软的汤种庞多米 (P. SC24)



加入低筋面粉制成，口感松软蓬松的松软庞多米 (P. SC26)



质感松软、细腻的软式面包 (P. SC27)



匆忙之时可以在60分钟内完成的口感微甜的60分钟面包 (P. SC29)



加入米饭制成富有水分且绵软的米饭面包 (P. SC30)



无油脂，表皮如同法国面包的法国米饭面包 (P. SC31)



表皮酥脆可口，呈现面粉自身风味的法国面包 (P. SC32)



表皮稍硬、麦香四溢、营养丰富的全麦面包 (P. SC33)



使用大量黄油与鸡蛋制成的口感清爽的布里欧修 (P. SC36)



可以轻松作出不同颜色大理石花纹的大理石面包 (P. SC37)



酥脆可口带有香酥菠萝皮的菠萝面包 (P. SC38)



包入红豆馅，甜而不腻的红豆面包 (P. SC40)



适合小家庭，份量较少的半份面包 (P. SC41)

## 各种风味的 面包 用面包面团、 披萨面团、8分钟 快速面团制作



奶油卷 (P. SC60)



牛角面包 (P. SC61)



硬面包圈 (P. SC62)



酸奶面包 (P. SC62)



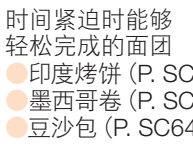
披萨 (P. SC63)



佛卡夏 (P. SC63)



脆式披萨 (P. SC64)



时间紧迫时能够轻松完成的面团  
● 印度烤饼 (P. SC64)  
● 墨西哥卷 (P. SC64)  
● 豆沙包 (P. SC64)

## 富有嚼劲 天然酵母 面包

## 其他



饺子皮面团 (P. SC65)



乌冬面、意大利面团 (P. SC66)



短时间轻松完成的英式茶饼 (P. SC68)



蛋糕 (P. SC70)



随心加入不同蔬菜，充满营养的蔬菜蛋糕 (P. SC72)



巧克力点心 (P. SC76)



果酱 (P. SC78)



蜜糖水果 (P. SC80)



麻糬 (P. SC82)





短时间完成！  
快速面包  
(P. SC28)



奶香四溢、纹路漂  
亮的高人气北海道  
香浓面包  
(P. SC34)



绵软富有水分且有  
嚼劲的米粉面包  
(P. SC42)



使用天然酵母并具有  
其独特风味的天然酵  
母面包 (P. SC54)



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## 使用方法

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确认

基本材料与准备

面包

面团

甜品

小帮手


# 安全方面的注意事项

请务必遵守

为了避免危害使用者以及给他人造成财产损失，特此说明下列务必遵守的事项。

■采用了错误使用方法时产生的危害以及损失的程度，予以区分说明。

 **警告** 有可能导致死亡或重伤的事项。

 **注意** 有可能导致人身伤害或财产损失的事项。

■针对务必需要遵守的事项，用以下符号予以区分说明。

 禁止事项。

 务必做到的事项。

## 警告

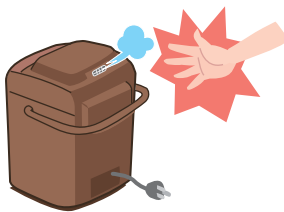


为了避免出现火灾、烫伤、触电等……

### 请不要用手触摸蒸汽口



- 请特别注意小孩。（可能导致烫伤）



### 请小心使用锂电池

（为了避免发热、着火、破裂）



- 请勿充电、短路、加热、投入火中。



- 请勿与其他金属、电池混用
- 请放置在儿童触摸不到的地方。
- ➡不小心吞下时，请及时咨询医生。
- 请用胶带等缠绕做好绝缘措施后废弃、保存。



### 正确使用电源插头和电源线



- 请勿超额使用插座和配线用具，以及使用交流电 220 V 以外的电源。  
（因多条配电线路超出额定功率时，会造成异常发热。）
- 不要损坏电源线和电源插头。

请勿损坏、加工、将其放在热的用具附近、强行弯曲、扭转、拉伸、施加重力、捆扎

（否则会因触电或短路引起火灾）

- 电源线损坏、插座松开时不要使用。  
（否则会因触电或短路引起火灾）
- ➡如果电源线损坏，为了避免危险，必须由制造商、其维修部或类似部门的专业人员更换。

- 请勿用潮湿的手插拔电源插头。  
（否则可能导致触电）



- 电源插头应插到底部为止。  
（否则会造成触电、发热，引起火灾）
- 请定期清除电源插头上的灰尘。  
（特别要注意的是，若插头的插片积存了灰尘，则会因湿气等原因造成绝缘不良，引起火灾）
- ➡拔出电源插头，用干布擦拭。

### 发生异常、故障时立即停止使用，并拔出电源插头



（否则可能导致冒烟、起火、触电、烫伤）

异常和故障事例

- 电源插头和电源线异常发热。
- 电源线破损、无法接通电源。
- 本体变形、异常发热。
- 使用过程中有异常的转动声。
- ➡请立即送往 Panasonic 客户咨询服务中心检查、维修。





为了避免着火、烫伤、受伤等发生



此符号表示：产品表面高温，触碰时请小心谨慎。

## 注意

面包机工作期间，某些表面的温度很高！



确认

### 为了避免事故发生，请遵守以下事项



- 请放置于婴幼儿触摸不到的地方。
- 器具不打算由儿童或有体力、感官或精神缺陷的人或缺乏经验的人使用，除非有负责他们安全的人对他们进行与器具使用有关的监督和指导。应照看好儿童，确保他们不玩耍本器具。

(可能导致烫伤、触电、受伤)



- 不要将水溅到或将水淋到本体上。
- (否则会因触电或短路造成着火)



- 绝对不要自行拆解、修理和改装。
- (可能导致火灾、触电、受伤)
- ▶ 请至Panasonic客户咨询服务中心咨询维修事宜。



面包容器

厚手套



- 请不要触摸面包容器、本体、排气口、炉内、加热器、上盖内侧等高温部位。使用中表面会发热，待冷却后再进行使用后的清洁保养。
- (否则可能造成烫伤)

▶ 取出面包容器时务必戴上隔热厚手套。

※ 不要使用湿的厚手套。

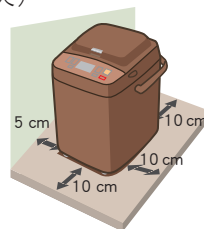
(容易导热，可能造成烫伤)

※ 本产品未随机附赠厚手套，请自行购入市售的厚手套。

### 请不要在下列场所使用！



- 地毯等不耐热的物体上面。(可能导致火灾)
  - 不平稳处和铺有桌布的桌面。(可能掉落或引起火灾)
- ※ 请注意发热的面包容器的放置场所。
- 沾有面粉、油脂、灰尘等容易滑落的场所。
- (会造成本体滑落)
- ▶ 清除掉面粉等，距离桌子边缘10 cm以上。
  - 墙壁或家具附近。
  - ▶ 必须远离5 cm以上。(否则会造成变形变色)



### 正确使用电源插头



- 拔电源插头时必须手持电源插头。(否则可能会因触电或短路引起着火)
- 不使用时请将电源插头拔离插座。(否则可能会因触电或漏电引发火灾)

### 正确装入锂电池



- 请不要弄错电池的 $\oplus$  $\ominus$ 极方向。(可能导致发热、着火及破裂P. SC7)

### 请遵守以下事项



- 请正确进行材料称量及菜单设定。
- (从面包容器中飞溅或膨胀出的面团可能会被加热器的热量烤焦并冒烟。也可能导致故障。)

## 使用方面的要求

- 请不要把小毛巾等放在盖上。
- (否则会造成故障或变形)

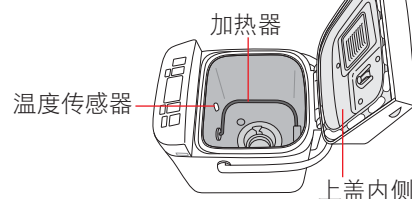


- 请不要放在潮湿处或火源附近。
- (否则会造成故障或变形)

- 有食物过敏患者请咨询医生后再使用。

- 本面包机不能以外接定时器或独立的遥控控制系统操作。

- 请不要对以下部位施加重力。
- (否则会引发故障或变形)



SC5

安全方面的注意事项 / 使用方面的要求

# 各部件的名称和配件

■初次使用时，请清洗面包容器、叶片、配件等。（P. SC84）



●面包用叶片 (P. SC16)

●制作面条、麻糬用叶片 (P. SC66, SC82)

配件 (各1个)

●天然酵母培养容器 (附有盖 P. SC57)

●计量匙

本说明书中所述材料的“大1”是指“大计量匙1匙”的意思。

约 $\frac{3}{4}$ 量的线

约 $\frac{1}{2}$ 量的线

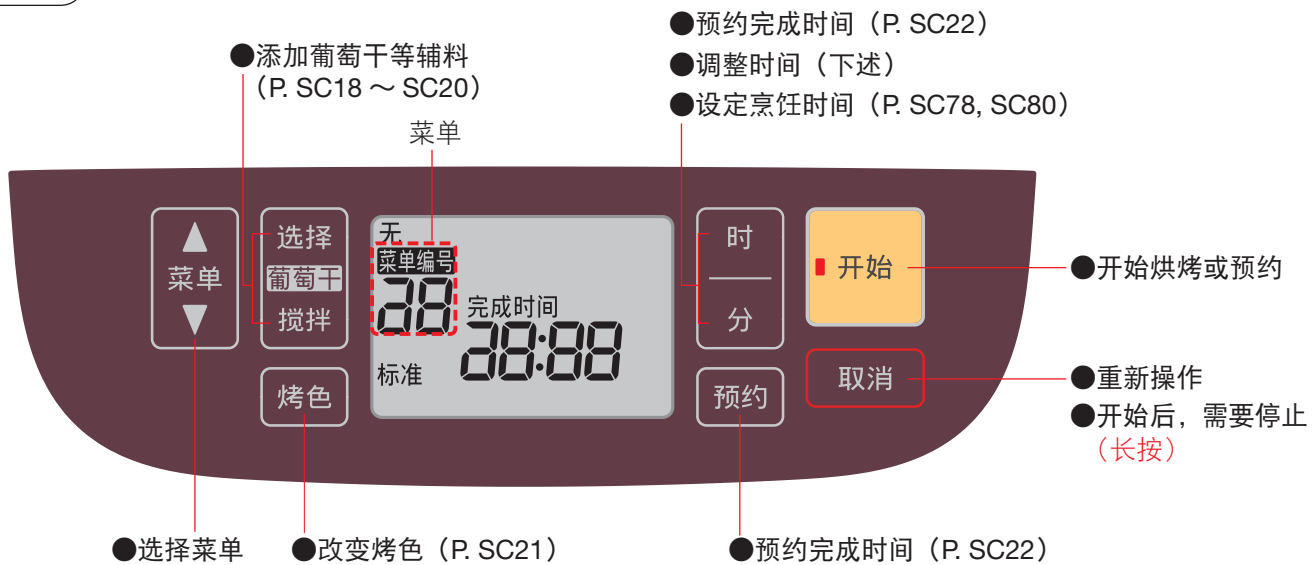
约 $\frac{1}{4}$ 量的线

(大计量匙)

(小计量匙)



操作部 (拔掉电源插头时, 液晶显示会消失。)



确认

各部件的名称和配件

## 时间调整 (时钟显示)

- 事先拔出塑料隔板 (P. SC6)
- 时间显示为24小时制。

### ①插入电源插头

※如果不插电源则无法调整时间。

### ②按“时”或“分” (时间显示闪烁)



- 听见哔的声音后请放开手指。

### ③调整时间

※时间显示闪烁时可以变更。  
(例: 调整为下午3时30分)



(快进时  
长按)



- 停止闪烁即完成。

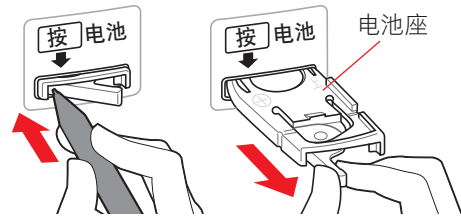
### ④拔出电源插头

※闪烁停止之前拔掉电源插头的话, 时间调整无法变更完成。

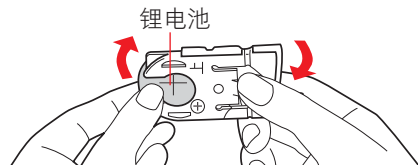
## 更换锂电池

锂电池 (市售品), 型号: CR2354 (Panasonic)  
※使用锂电池可使面包机记忆当前时间和上次使用过的设定等。

### ①取出电池座。



### ②左手固定电池, 将电池座取至跟前, 拿出电池。



### ③将电池座反转后放入电池, 再将电池座装入本体。

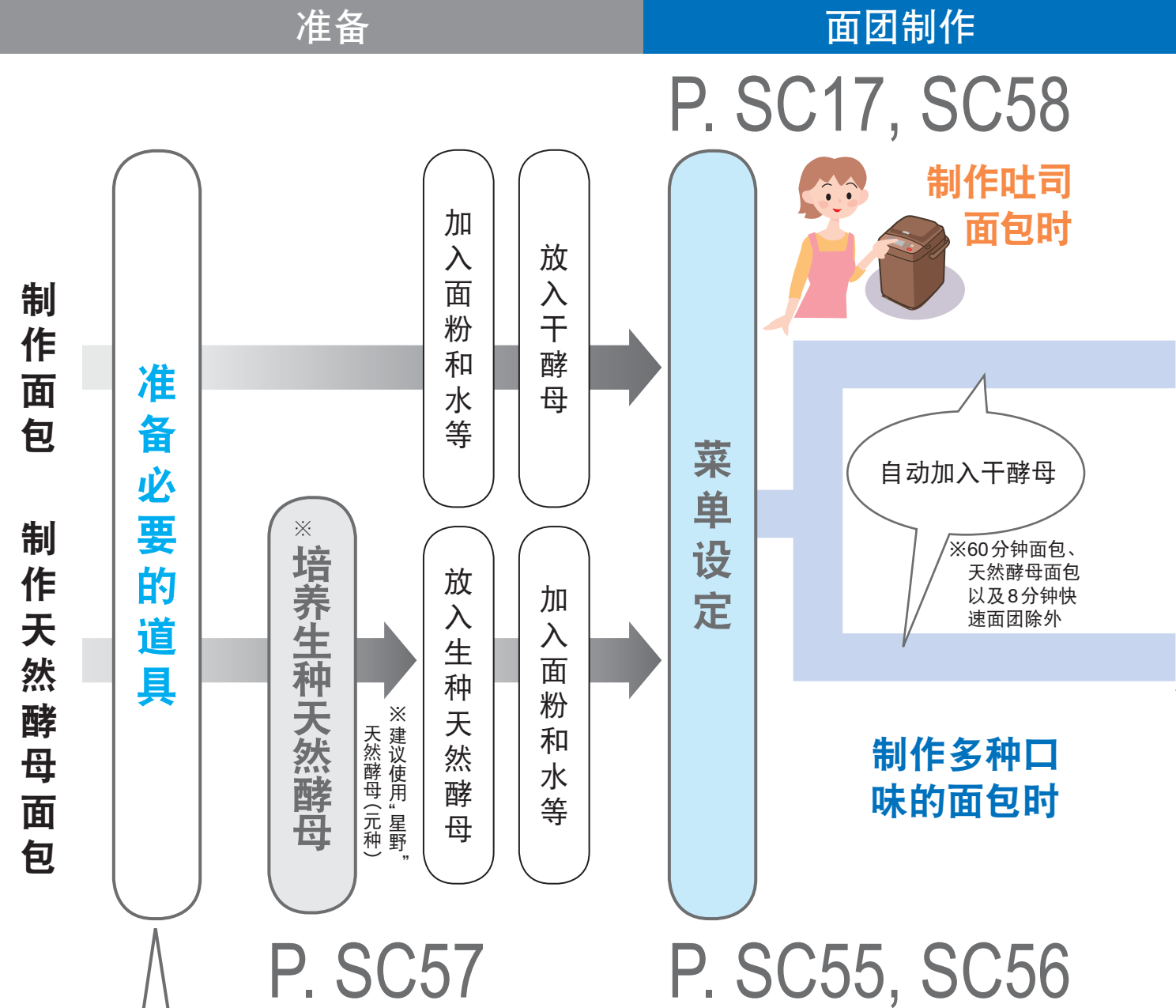


※请确认电池没有掉落。

※没有放入锂电池也可以烘烤面包。

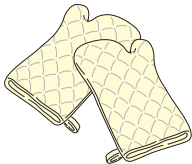
※电池寿命约2年。

# 制作面包的流程及要领



## 请准备下列工具

- 厚手套 (市售)



- 电子秤 (1 g 以下为单位) (市售)

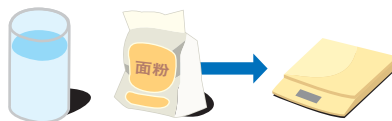


## 顺利制作面包的要领!



水、面粉以“重量”称量是基本!

必须用秤以重量称量。请使用以1 g 以下为单位的秤正确称量。

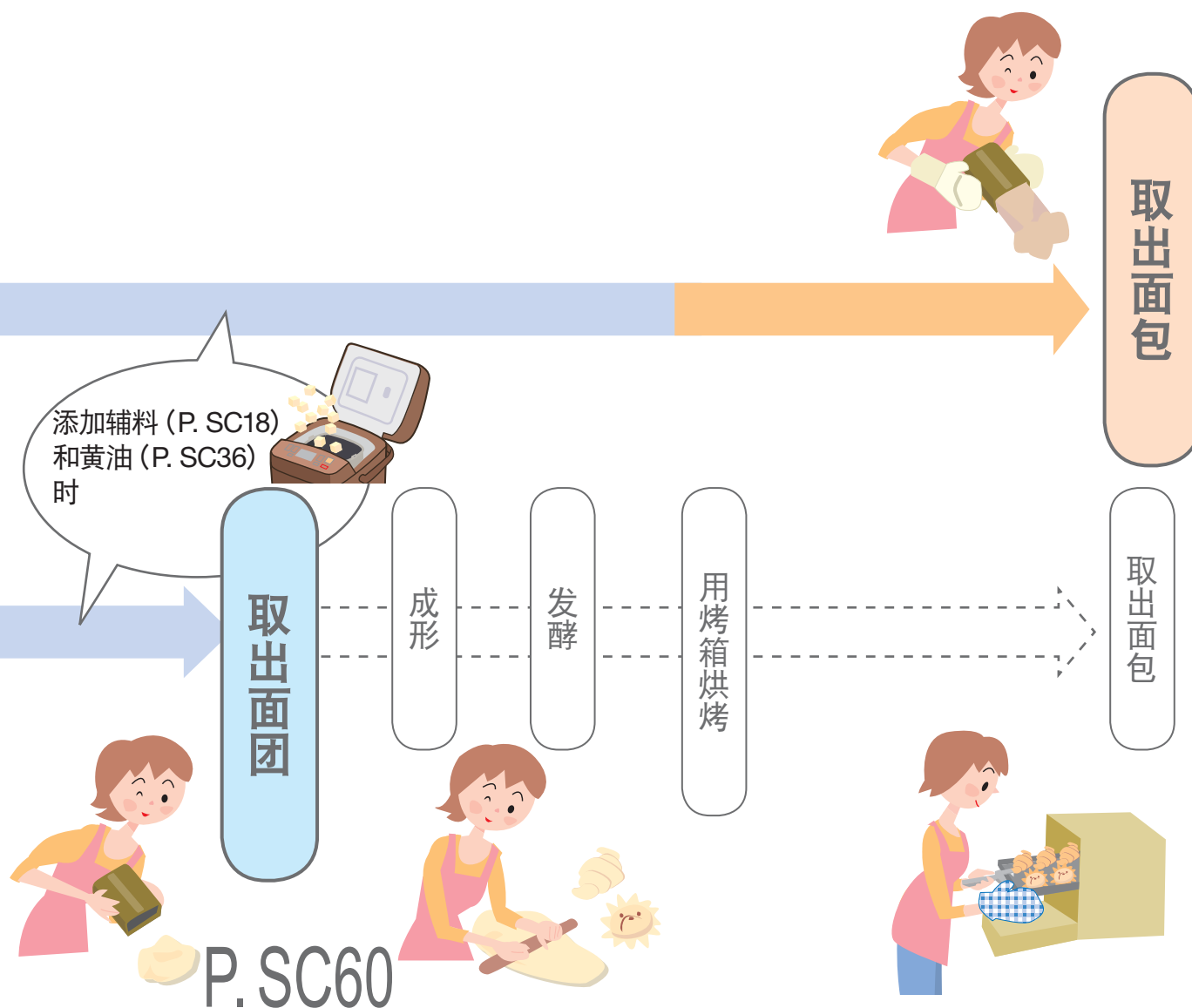


请用电子秤!



## 烘烤

基本材料与准备  
制作面包的流程及要领



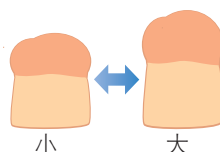
夏天或室温高的时候，  
请事先冷却水

水对面团的膨胀程度有很大影响。夏天或室温超过25℃时，材料的温度也会上升，因此在水中加入冰块，将其冷却至5℃左右。（将冰块取出后再使用）



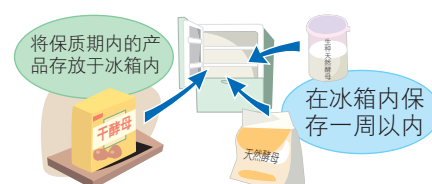
膨胀程度和形状每次都会变的自家制面包

制作自家制面包容易受温度、湿度、材料及预约时间等因素的影响。即使一直都是以相同的做法去烘烤，上述因素稍微有点变化，膨胀程度和形状也会发生改变。(P. SC90, SC91)



材料的新鲜程度影响很大！  
材料保存是否有问题？

使面包发酵和膨胀的酵母 (P. SC12) 和鱼肉同样都是新鲜食品。干酵母、天然酵母（元种）及生种天然酵母等必须放置冰箱内冷藏！（特别是生种天然酵母要在一周内用完）开封后，干酵母要密封保存，生种天然酵母别忘了盖上上盖！



# 菜单一览

菜单编号 (参照页)	菜单	可用功能 葡萄干 粗搅拌 烤色 预约	所需时间 (大约)	面包机制作过程
1 (P. SC16)	吐司面包	<div><div></div><div></div><div></div><div></div></div>	4小时	<div><div>揉面※1</div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
2 (P. SC23)	庞多米(法式超软面包)	<div><div></div><div></div><div></div><div></div></div>	4小时50分	<div><div>揉面※1</div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
3 (P. SC24)	汤种庞多米	<div><div></div><div></div><div></div><div></div></div>	5小时	<div><div>揉面※1</div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
4 (P. SC26)	松软庞多米	<div><div></div><div></div><div></div><div></div></div>	5小时	<div><div>揉面※1</div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
5 (P. SC27)	软式面包	<div><div></div><div></div><div></div><div></div></div>	4小时20分	<div><div>醒面※2</div><div>揉面</div><div>醒面</div><div>揉面</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
6 (P. SC28)	快速面包	<div><div></div><div></div><div></div><div></div></div>	1小时55分	<div><div>揉面</div><div>醒面※3</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
7 (P. SC29)	60分钟面包	<div><div></div><div></div><div></div><div></div></div>	1小时	<div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
8 (P. SC30)	米饭面包	<div><div></div><div></div><div></div><div></div></div>	4小时	<div><div>揉面※1</div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
9 (P. SC31)	法国米饭面包	<div><div></div><div></div><div></div><div></div></div>	4小时40分	<div><div>揉面※1</div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
10 (P. SC32)	法国面包	<div><div></div><div></div><div></div><div></div></div>	5小时	<div><div>揉面※1</div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
11 (P. SC33)	全麦面包	<div><div></div><div></div><div></div><div></div></div>	5小时	<div><div>揉面※1</div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
12 (P. SC34)	北海道香浓面包	<div><div></div><div></div><div></div><div></div></div>	4小时	<div><div>揉面</div><div>醒面</div><div>揉面</div><div>面团添加</div><div>揉面</div><div>发酵</div><div>烘烤</div></div> <div>●手动投入卡仕达面皮在开始64分钟后(或84分钟后, 89分钟后)</div>
13 (P. SC36)	布里欧修	<div><div></div><div></div><div></div><div></div></div>	3小时15分	<div><div>揉面</div><div>醒面</div><div>投入黄油</div><div>揉面</div><div>发酵</div><div>烘烤</div></div> <div>●手动投入黄油在开始35分钟后(或45分钟后)</div>
14 (P. SC37)	大理石面包	<div><div></div><div></div><div></div><div></div></div>	4小时	<div><div>揉面</div><div>醒面</div><div>揉面</div><div>投入材料</div><div>发酵</div><div>烘烤</div></div> <div>●大理石面包材料在开始69~94分钟后手动投入</div>
15 (P. SC38)	菠萝面包	<div><div></div><div></div><div></div><div></div></div>	2小时15分	<div><div>揉面</div><div>醒面</div><div>揉面</div><div>发酵</div><div>铺上面皮</div><div>发酵</div><div>烘烤</div></div> <div>●在开始55分钟后手动放入曲奇面团</div>
16 (P. SC40)	红豆面包	<div><div></div><div></div><div></div><div></div></div>	2小时15分	<div><div>揉面</div><div>醒面</div><div>揉面</div><div>发酵</div><div>手工作业</div><div>发酵</div><div>烘烤</div></div> <div>●在开始55分钟后手工作业加入红豆</div>
17 (P. SC41)	半份面包	<div><div></div><div></div><div></div><div></div></div>	3小时35分	<div><div>揉面※1</div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>
18 (P. SC42)	米粉面包	<div><div></div><div></div><div></div><div></div></div>	2小时30分	<div><div>醒面※2</div><div>醒面</div><div>揉面</div><div>发酵</div><div>烘烤</div></div>



▼ 干酵母落入面团的时间。（发出声音）  
▼ 添加葡萄干等辅料的时间。（发出声音）  
显示“搅拌”。

菜单 编号 (参照页)	菜单	可用功能 葡萄干 粗搅拌 烤色 预约	所需时间 (大约)	面包机制作过程
			(所需时间及酵母添加时，因室温、烤色、预约等条件而变化)	
19 (P. SC54)	天然酵母面包	● ● ● ●	7小时 (+24小时 ※5)	醒面※2 揉面 发酵 揉面 发酵 烘烤
20 (P. SC58)	面包面团	● ● — —	1小时	揉面 醒面※4 揉面 发酵
21 (P. SC56)	天然酵母面包面团	● ● — —	4小时 (+24小时 ※5)	揉面 发酵 揉面 发酵
22 (P. SC57)	生种天然酵母	— — — —	24小时	发酵
23 (P. SC59)	8分钟快速面团	— — — —	8分	揉面 ●将全部材料放入面包容器
24 (P. SC58)	披萨面团	— — — —	45分	揉面 发酵 揉面 发酵
25 (P. SC65)	饺子皮面团	— — — —	15分	揉面
26 (P. SC66)	乌冬面、意大利面面团	— — — —	15分	揉面
27 (P. SC68)	英式茶饼	— — ● —	54分	清除面粉※1 揉面※3 烘烤 追加烘烤 ●在开始2分钟后手动清除面粉再1分钟后手动成形
28 (P. SC70)	蛋糕	— — ● —	1小时30分	清除面粉※1 揉面※3 烘烤 追加烘烤 ●在开始12分钟后手动清除面粉
29 (P. SC72)	蔬菜蛋糕	— — — —	55分	烘烤 追加加热
30 (P. SC76)	巧克力点心	— — — —	17分	搅拌 追加搅拌
31 (P. SC78)	果酱	— — — —	1小时30分 ~ 2小时30分	加热 追加加热 ●根据菜单手动设定时间
32 (P. SC80)	蜜糖水果	— — — —	1 ~ 2小时	加热 追加加热 ●根据菜单手动设定时间
33 (P. SC75)	红豆馅	— — — —	1小时	揉面
34 (P. SC82)	麻糬	— — — —	1小时 (+30分 ※6)	烹调 开盖 揉面 ●在开始50分钟后（或55分钟后）手动打开上盖

揉面	叶片旋转，搅拌面团（发出声音） ※最长可达到12分钟不进行搅拌。
醒面	将面粉和水融合（基本不动作）
发酵	调控温度，面团发酵（几乎不动作）
烘烤	烘烤面团

- ※1 预约设定时，只有“揉面”在预约后立即进行，搅拌后进入待机状态。
- ※2 预约设定时，在下个行程开始之前保持待机状态。最多可待机11小时。
- ※3 有时会省略该过程。
- ※4 有时会省略，有时也会连续“揉面”。
- ※5 制作生种天然酵母需要花费24小时。
- ※6 请事前将糯米洗净，用筛子沥干水份30分钟。

# 面包的基本材料

除了基本材料之外，也可以添加自己喜欢的辅料，制作各种口味的面包。  
(根据制作面包的不同，使用不同的材料与份量)

## 面粉

(高筋面粉、低筋面粉)



### 作用

与水搅拌后，蛋白质会结合在一起生成面团。

### 要点

- 面粉无需过筛。
- 因蛋白质含量不同，不同面粉的膨胀程度会有所差异。
- 尽量使用较新鲜的产品。
- 存放在干燥阴凉之处。
- 务必使用秤测量。



### 为了制作面包

一般使用富含蛋白质(12~15%)的高筋面粉。非面包用面粉的膨胀较小，做出的面包较硬。此外，自发粉做出的面包不膨胀。  
※包装袋上附有成分表。

## 食盐



### 作用

除了调味，还可增加面包的嚼劲，而且还可以防止细菌繁殖。

## 鸡蛋

### 作用

改善面包的味道、香味、色泽。也具有增强面包弹性的作用。

## 泡打粉

在制作英式茶饼、蛋糕及蔬菜蛋糕时使用。  
※即使放入吐司面包或软式面包中也不会膨胀。

## 油脂

(黄油、无盐黄油、人造黄油、起酥油)



### 作用

使面包细腻松软湿润。

- 在固体形状下使用，无需融化。
- ※推荐使用无盐黄油。

## 乳制品

(奶粉、牛奶)



### 作用

改善面包的味道以及香味，并使面包的色泽更佳。而且还能防止面包硬化。

### 要点

- 使用牛奶时，要扣除与添加量同量的水。
- 请使用营养成分未经加工的脱脂奶粉或者全脂奶粉。

## 面包酵母

### 作用

面包酵母以糖分为营养来源，产生二氧化碳使面包膨胀起来。



面包的组织

将产生的二氧化碳包起来而膨胀

### 要点

- 酵母是活的。新鲜程度不同，膨胀发酵程度也会出现差异，因此请使用保存期内的酵母，并务必密封后置于冰箱内保存。
- 干酵母在受潮后膨胀能力就会急剧下降。

## 干酵母

为了制作松软可口的面包，通常使用无需提前发酵的干酵母。

※不可使用新鲜酵母或是泡打粉。



### 为了制作面包

- 推荐使用安琪酵母公司的干酵母。(真空包装产品)
- ※糖分较多的配方(每100g面粉中，含有8g以上糖分)时，请使用安琪酵母公司的面包专用干酵母。非面包专用的干酵母膨胀较小，做出的面包较硬。



## 糖

(砂糖、红糖、蜂蜜)



### 作用

糖是面包酵母的营养来源，可加速发酵完成。而且还可改善口味、香味、面包表皮的烤色。

### 要点

- 颗粒大的糖要研碎为细小颗粒。
- 不要使用冰糖等结晶状的糖。
- 若增加糖的份量，则烤色会变深，减少用量则会稍稍变浅。
- 不可使用低卡路里的甜味剂。

## 水

### 作用

添加在面粉中，搅拌后生成面团。

### 要点

- 以下情况使用冷水（大约5℃：类似冰水的温度）

- 汤种庞多米
  - 快速面包
  - 法国米饭面包
  - 法国面包
  - 全麦面包
  - 布里欧修
  - 菠萝面包
  - 红豆面包
  - 室温在25℃以上
- 碱性水不适用。

### 为了制作面包

- 请使用饮水机的水。
- 蒸馏水（distilled water）不利于面包膨胀，不宜使用。

## 天然酵母 (元种)

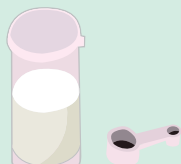
为了制作出具有独特口感的天然酵母，使用由天然食物（谷类等）培养出的酵母。面包酵母须由“生种天然酵母培养”的行程培养（P. SC57）发酵成为生种天然酵母后使用。

- 建议使用“星野”天然酵母（元种）保证面包品质及成功。

### 星野天然酵母温馨提示：

使用星野天然酵母制作面包时，请注意下列事项：

- 制作前，请将生种酵母培养容器及工具消毒，并放置风干。
- 刺鼻气味或颜色变异，均反映食材不慎被污染，如发现时请即丢弃有关食材。
- 生种天然酵母储藏不慎，将可能导致面包品质下降，下列说明为制作（仅一次用量）之生种天然酵母。  
“操作步骤”（P. SC57）



## 米粉

(含面粉)

### 要点

米粉中不含有面包在膨胀时需要的蛋白质，所以只使用米粉的话无法做成面包。

根据选择菜单的不同，有必要区分使用不同的粉。



※面包用米粉含有小麦成分（面筋），因此对小麦过敏的使用者不可食用。

※请一定要注意材料及清洁保养问题，并在咨询过医生后使用。

※所谓面筋…

是在面粉中加水搅拌，面粉中的蛋白质结合而成的物质。面筋包裹着面包酵母活动时产生的二氧化碳而膨胀，从而产生面包组织。

## 温馨提醒

请注意以下事项防止伤害到面包容器，叶片之氟素涂层：

- 添加较硬材料，可能会使面包容器等氟素涂层剥落。
- 干果及坚果辅料需切成5 mm以下小块。
- 若使用颗粒结晶较大的糖（如蔗糖），海盐等，请先置于常温水中充分溶化后再使用，而原本的水量，请减去与溶液相等的份量。
- 水量过少会导致面团硬化，揉面时伤害涂层。
- 食材放入面包容器请按面粉 → 其他材料 → 水的顺序投放。
- 取出面包时不要使用小刀，叉子，筷子等坚硬物品。
- 切面包前请先确认面包用叶片是否粘附在面包内（底部），防止切花叶片。
- 请勿使用金属刷、百洁布、海绵布的尼龙面、包在尼龙网里的海绵块擦拭容器或叶片，请以柔软的海绵布清洗。

※面包容器和叶片属消耗品，长期使用致涂层剥落属正常现象。误食剥落的氟素涂层，并不会对人体造成影响。

# 面包的基本材料（续）

## 配件计量匙每1匙的重量基准

	大计量匙	小计量匙
砂糖	约12 g	约4 g
奶粉	约6 g	约2 g
食盐	—	约5 g
干酵母	—	约2.8 g
天然酵母（元种）	约10 g	—
生种天然酵母	约12.5 g	—

## 想改变材料配方和种类时

以下列份量为基准，根据个人口味调配。

材料	想增加时	想减少时
黄油	可增加至2.5倍 (布里欧修除外)	可减少至½
砂糖	可增加至2倍	可减少至½
奶粉	可增加至2倍	可以不加
食盐	不可	可以不加 (米粉面包、天然酵母面包可减少至½)

- 若增加砂糖的份量，会使烤色变深。减少用量烤色会变淡，高度也会变低。
- 不放盐的话，面包会变得没有嚼劲。  
天然酵母的酶活性很强，盐有抑制酶活性的作用。  
如果没有放盐的话，酶过度发挥作用，面包会因面筋断裂而无法漂亮成形。
- 也可以用人造黄油代替黄油，用蜂蜜代替砂糖，用牛奶代替奶粉。（P. SC12, SC13）
  - 蜂蜜最多不超过25 g
  - 奶粉大1相当于70 g（约70 mL）牛奶

## 想添加蛋或牛奶时

减少相当于蛋或牛奶份量的水。

- 蛋（最多1个）
- 牛奶（最多添加水量的一半）

- 把蛋等放入杯子后再加水称量。
- 不要使用预约。  
（在夏季可能会变质）



# 相关材料的准备



以基本的吐司面包为基础（P. SC16），介绍搭配的材料和份量的基准。

除了基本材料之外，还可添加自己喜欢的辅料，制作多种风味的面包。

● 材料不同，烤色及发酵高度也有所不同。

在基本的材料基础上



添加喜欢的材料…



基本材料与准备

面包的基本材料/相关材料的准备

## 蔬菜



：面粉重量的15～20%  
（标准：50 g）

例）· 胡萝卜 → 研碎  
· 南瓜 → 煮熟后捣碎冷却  
· 菠菜 → 煮熟后切碎冷却

## 谷物类



：面粉重量的 10～20%  
（标准：30 g）

例）· 米粉 · 燕麦片  
· 糯米粉 · 黑麦 · 全麦粉  
· 黄豆粉 · 芝麻

## 果汁



：最多不超过水的份量  
例）· 橙汁 · 苹果汁  
· 番茄等100%果汁  
→ 事先放在冰箱内充分冷藏

### 面粉的量



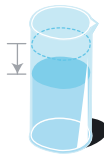
（保持原来的份量不变）

### 扣除谷物类的重量

例）┌ 黑麦30 g（250 g的12%）  
└ 高筋面粉220 g

（保持原来的份量不变）

### 水的量



### 扣除蔬菜重量的80%的水份

例）┌ 煮熟的南瓜50 g  
└ 水140 g（mL）  
（180 g（mL）－ 50 g（mL）的80%）

（保持原来的份量不变）

### 扣除果汁的份量

例）┌ 橙汁100 g（约100 mL）  
└ 水80 g（mL）  
（180 g（mL）－ 100 g（mL））

● 不要使用预约功能。

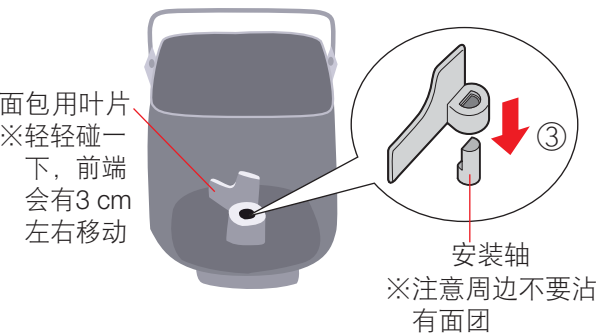
● 不要使用预约功能。

# 制作基本的吐司面包

## 放入材料



### 1 取出面包容器 安装面包用叶片



#### 吐司面包

高筋面粉	250 g
黄油	10 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	190 g (mL)
干酵母	2.8 g (小1)

※室温超过25℃时，使用5℃的水并减少10 g (mL)。

### 2 在面包容器内放入干酵母以外的高筋面粉和水等

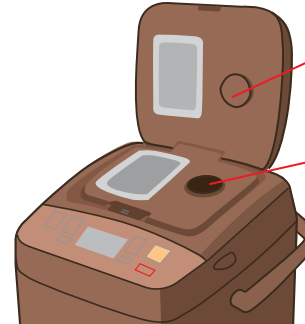


- ①放入高筋面粉等材料（干酵母以外），并使中央部分高于周边。
- ②绕着容器的周边添加水。



※面包容器的把手中途会卡住。（为了方便取出面包容器）无需降到最下面。

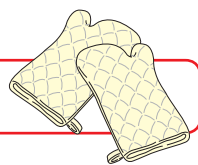
### 3 往酵母容器添加干酵母





所需时间：约4小时

请务必使用厚手套



## 设定

## 取出



### 4 选择菜单“1”



■选择其他种类的面包 → 菜单 (P. SC23)

■添加葡萄干等辅料 → 选择 (P. SC18)

■选择烤色 → 烤色 (P. SC21)

■预约完成时间 → 预约 (P. SC22)

### 5 开始



闪烁→灯亮



●大约完成的时间。

- 开始后，请不要打开上盖。否则干酵母会洒落出来。但是，在手动放入其他辅料时 (P. SC19)，因为干酵母已经放入完毕，所以可以打开上盖。
- 干酵母投入时会发出声音。



### 6 烘焙结束后（发出哗哗的声音） 切断电源



- ①按下“取消”键
- ②拔掉电源插头。

### 7 冷却（2分钟左右）

- ※注意面包容器的放置地点。（面包容器仍为高温状态）
- ※如果超出时间，面包会收缩下塌。

### 8 取出面包 静置等待温度下降

厚手套  
(注意不要弄湿)

面包容器



- 抓住把手，用力晃动数次。
- ※不要使用小刀、叉子、筷子（会划伤到氟素涂层）
- ※请不要触摸面包容器底部（叶片转动会弄坏面包）

- 取出后，确认面包容器内是否有面包用叶片。如果没有的话，就是粘附在面包内（底部），请取出来。



烤网或类似的网架

确认面包内是否有叶片

（直接切下去的话，可能会损坏面包用叶片）

面包

制作基本的吐司面包

# 便利的功能

## 葡萄干

### 制作含有自己喜欢的辅料的面包“葡萄干”

可添加自己喜欢的辅料。

根据添加的辅料，选择自动投入（液晶显示“有”），或者手动投入（液晶显示“有♪”）。

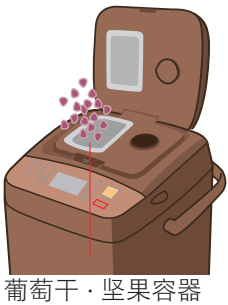
- 葡萄干和核桃等自己喜欢的辅料，可放置在葡萄干·坚果容器中自动添加。
- 奶酪和巧克力等无法自动添加的辅料（P. SC19），请在蜂鸣器发出哔哔声后手动放入。
- 想保留辅料形状时，请选择“粗搅拌”。（P. SC20）

请遵照各菜单的调配比例与辅料用量。若不遵守，辅料可能会从面包容器中飞出，被加热器烤焦，发出异味或烟雾。

#### 自动投料（由面包机完成）

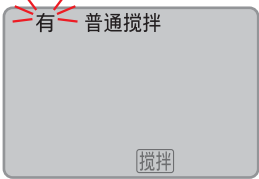
**准备** 先把您喜欢的辅料放入葡萄干·坚果容器。

放入容器的总量不可超过100 g



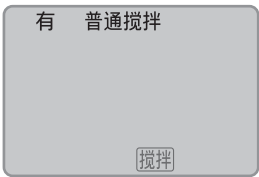
葡萄干·坚果容器

① 按下“葡萄干：选择”功能键，选择“有”（使“有”闪烁）



■选择“粗搅拌”时 → 葡萄干 搅拌 (P. SC20)

② 开始



（自动投入辅料）

※“揉面”暂时停止。

- 有时在葡萄干·坚果容器内会沾有少量的辅料。
- 表面有砂糖的水果，在夏季或者预约烘烤时，可能会因砂糖融化粘在容器上而无法投放。

#### 可自动投入的材料 干燥的辅料、不易融化的辅料

水果干类

（不超过100 g）



→ 切成5 mm以下的小块

葡萄干、西梅、陈皮等

坚果类

（不超过100 g）



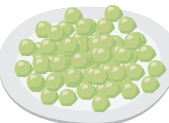
→ 打碎为5 mm以下的小块

腰果、核桃等

不需要事先烘烤

豌豆※

（不超过100 g）



→ 将水份擦拭干净

橄榄※

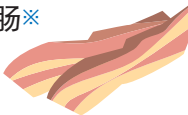
（不超过100 g）



→ 去核，切成1/4大小并将水份擦拭干净

火腿、培根、香肠※

（不超过100 g）



→ 切成10 mm宽度

●辅料请铺平放置。

堆积如山放置时，葡萄干·坚果容器有可能无法打开掉落。

※预约烘烤面包时，请不要添加辅料。（尤其夏季等可能会造成变质）

选择菜单功能后…



●添加葡萄干等辅料时

■不可自动添加的辅料，请手动放入。

发出蜂鸣声（♪）后，手动放入

① 按下“葡萄干：选择”功能键，选择“有♪”（使“有♪”闪烁）



■选择“粗搅拌”时 → 葡萄干 搅拌 (P. SC20)

② 开始



●显示材料投入前所剩的时间。

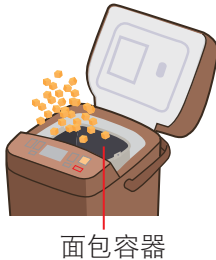
③ 发出哔哔声后打开上盖

●葡萄干·坚果容器保持打开状态。



④ 在面包容器中放入辅料，关闭上盖

3分钟内



面包容器

⑤ 重新开始



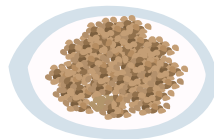
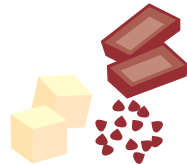
●即使没有按下“开始”，3分钟后蜂鸣器发出声音，并自动开始。

不可自动添加的辅料（会附着在容器上，难以投放）  
有水份、黏性的辅料、容易溶化的辅料

酒渍水果，洋葱等切碎的蔬菜



奶酪、巧克力等



※芝麻等细小的材料可以一开始就放入面包容器内。  
（最多添加面粉重量的20%左右）

- 材料放入越多，面包的膨胀程度越差。
- 因材料的种类不同，会有无法保持原来形状的情况。

■制作含有辅料的面包时，辅料投入的时间…

发出哔哔声的时间会因菜单及室温的变化而变化。

- 吐司面包：约1小时～1小时30分钟后
- 庞多米：约1小时5分钟～1小时45分钟后
- 汤种庞多米：约1小时10分钟～1小时45分钟后
- 松软庞多米：约1小时20分钟～1小时50分钟后
- 软式面包：约1小时55分钟～2小时15分钟后
- 快速面包：约30～35分钟后
- 米饭面包：约1小时5分钟～1小时35分钟后
- 法国米饭面包：约50分钟～1小时20分钟后
- 法国面包：约40分钟～1小时25分钟后
- 全麦面包：约1小时35分钟～2小时50分钟后
- 布里欧修：约1小时～1小时10分钟后
- 菠萝面包：约35～40分钟后
- 红豆面包：约35～40分钟后
- 米粉面包：约45分钟～1小时后
- 天然酵母面包：约3小时30分钟～3小时35分钟后
- 面包面团：约20～35分钟后
- 天然酵母面包面团：约3小时30分钟～3小时35分钟后

面包

便利的功能（葡萄干）

# 便利的功能

## 粗搅拌

选择菜单功能后…



●粗搅拌辅料时

■首先, 请参阅P. SC18 ~ SC19的“葡萄干”功能

### 保留容易变形辅料形状的搅拌“粗搅拌”

- ① 按下“葡萄干：选择”键，选择“有”或“有♪”后，  
按下“葡萄干：搅拌”键，  
选择“粗搅拌”



●每次按下即在“普通搅拌”“粗搅拌”之间变换。

- ② 开始



●可以设定“粗搅拌”的选项 ➡ (P. SC10 ~ SC11)

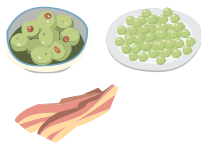
- ※使用“粗搅拌”功能时，  
●请增加10 g (mL) 的水量。（布里欧修除外）  
●巧克力请先冷冻。

#### 适合“粗搅拌”的材料

##### 柔软、容易变形的材料

###### 自动投入…“有”

橄榄、豌豆、  
火腿、培根、  
香肠



###### 手动投入…“有♪”

奶酪  
巧克力  
加热过的蔬菜（地瓜、马铃薯、南瓜等）  
水煮豆、番茄干…等



●有的材料可能不会保持原来的形状。

### 放入这些辅料时请小心！



- 添加较硬的材料，可能会使面包容器等的氟素涂层剥落。  
请小心使用。  
※误食剥落的氟素涂层，并不会对人体造成影响。

· 谷物	· 枫糖块	
· 水果麦片	· 珍珠糖	
· 有糖衣的坚果	· 冰糖	等

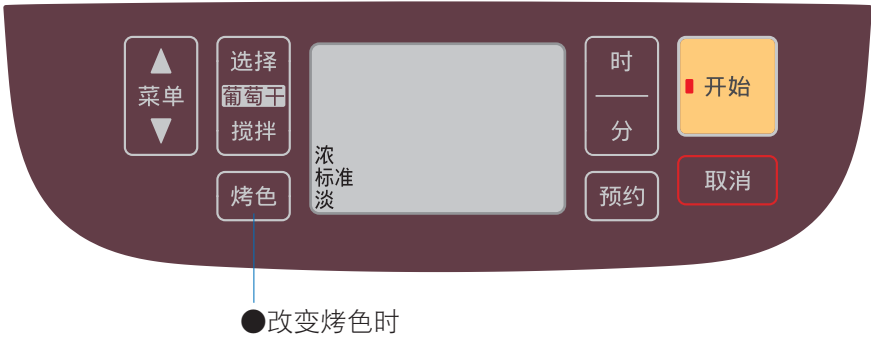
- 添加富含蛋白质分解酵素的鲜果时，面包不会膨胀。

· 蜜瓜、哈密瓜	· 无花果	· 菠萝
· 奇异果	· 芒果	· 木瓜
		等



# 烤色

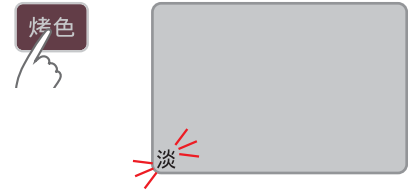
选择菜单功能后…



## 调整自己喜欢的烤色时的“烤色”功能

烤色可设定为“淡”、“标准”、“浓”三种。

### ① 按下“烤色”键 选择自己喜欢的烤色



### ② 开始



- 可以设定“烤色”的选项 ➡ (P. SC10 ~ SC11)
- 若增加砂糖的份量，则使烤色变深。减少用量烤色会变淡，高度也会变低。

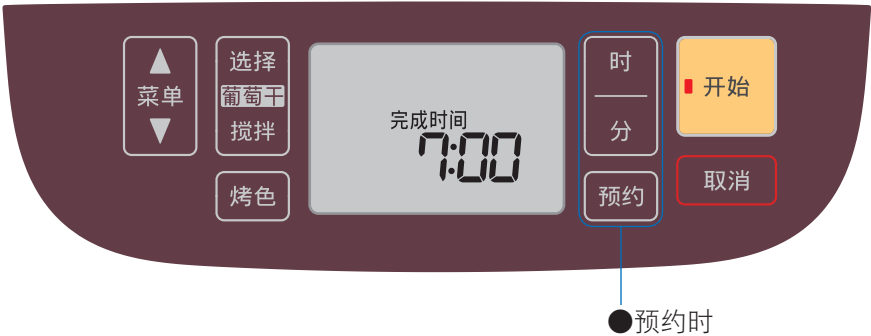
面包

便利的功能（粗搅拌/烤色）

# 便利的功能

## 预约

选择菜单功能后…



### 在指定时间完成烘烤的“预约”功能

为了方便早上能吃到刚刚烤好的面包。

#### ① 确认是否与当前时间相符

● 不符合时，调整至当前时间（P. SC7）

#### ② 按下“预约”键



#### ③ 调至烘烤完成的预定时间



(快进时长按此键)

※仅显示可预约的时间。

(可预约的时间参照右侧所述)

#### ④ 开始（预约完成）



#### ●使用“葡萄干”和“烤色”功能时

- ① 设定“葡萄干：选择”、“葡萄干：搅拌”、“烤色”功能
- ② 设定“预约”功能

#### 【可预约的时间标准】

\* 可以从现在时间开始预约至

吐司面包	： 4小时10分钟 ~ 13小时后
庞多米	： 5小时 ~ 13小时后
汤种庞多米	： 5小时10分钟 ~ 13小时后
松软庞多米	： 5小时10分钟 ~ 13小时后
软式面包	： 4小时30分钟 ~ 13小时后
米饭面包	： 4小时10分钟 ~ 13小时后
法国米饭面包	： 4小时50分钟 ~ 13小时后
法国面包	： 5小时10分钟 ~ 13小时后
全麦面包	： 5小时10分钟 ~ 13小时后
半份面包	： 3小时40分钟 ~ 13小时后
米粉面包	： 2小时40分钟 ~ 13小时后
天然酵母面包	： 7小时10分钟 ~ 10小时后

※超出上述预约时间则可能会腐坏或使面包品质变差，因此无法预约。

※只能预约上述菜单。（P. SC10 ~ SC11）

#### 【可预约时间示例】

菜单：吐司面包

现在时间：晚上8点30分（液晶显示“20:30”）

可预约时间：凌晨0点40分 ~ 9点30分  
（“0:40” ~ “9:30”）

※只能在上述时间段设置。

※面皮薄脆，只使用了少量酵母保持小麦原有风味的庞多米（法式超软面包）

# 庞多米（法式超软面包）

所需时间：约4小时50分



- 准备**
- ①在面包容器安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

庞多米（法式超软面包）	
高筋面粉	250 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	200 g (mL)
干酵母	1.4 g (小½)

※室温超过25℃时，使用5℃的水并减少10 g (mL)。

## 1 选择菜单“2”



- 添加葡萄干等辅料 → **选择** (P. SC18)  
**葡萄干** (P. SC20)  
**搅拌**
- 选择烤色 → **烤色** (P. SC21)
- 预约完成时间 → **预约** (P. SC22)

## 2 开始



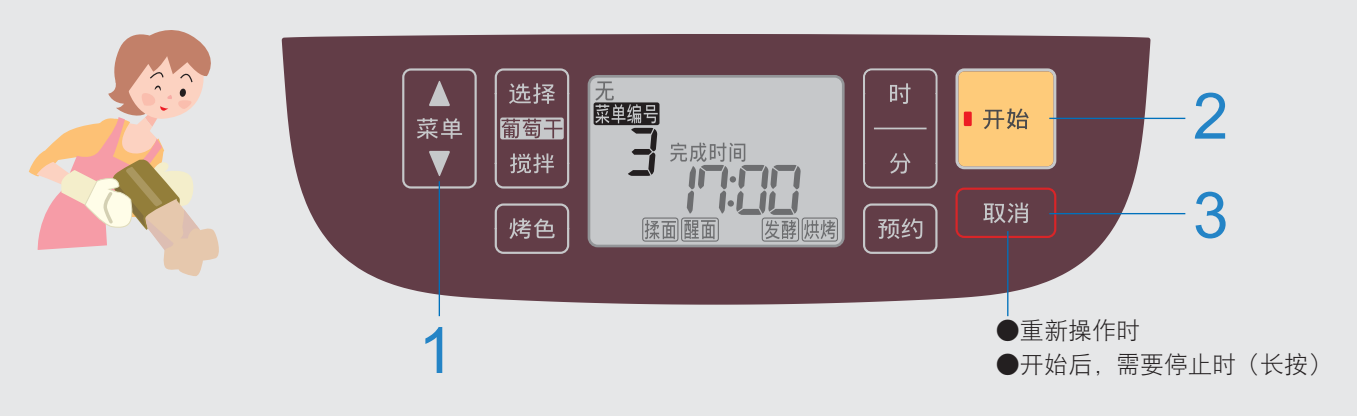
## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

便利的功能（预约）

面包

庞多米（法式超软面包）

# 汤种庞多米



**准备** ①制作汤种。（P. SC24 ①～④ 或 ①～⑤）

## 材料

### 汤种的制作方法

- 高筋面粉-----10 g
- 水-----70 g (mL)

●汤种面糊不易长时间保存。

### 微波炉加热法

①在较深的耐热容器中放入10 g高筋面粉，加入70 g (mL) 水将面粉溶解，搅拌至没有粉粒为止。



②放入微波炉（600 W）加热约30～40秒，表面稍稍鼓起则暂停。



③充分搅拌均匀后，再次放入微波炉加热约20秒，待表面再次稍稍鼓起后，从微波炉中取出，搅拌成柔软的糊状。



④待③冷却至与皮肤基本相同的温度后，加入冷水（5℃）混合。（总重为220 g）

●请根据耐热容器及微波炉的种类调整加热时间。

### 蒸锅加热法

①在较深的耐热容器中放入10 g高筋面粉，加入70 g (mL) 水将面粉溶解，搅拌至没有粉粒为止。

②在蒸锅里加入充足的水，放上蒸架，用大火将水沸腾。当水煮开时放入盛有充分搅拌好的面糊的容器。



③放入蒸锅后加热5分钟左右，然后取出搅拌均匀。



④充分搅拌均匀后，再次放入蒸锅大火加热约2分钟，之后再次取出充分搅拌均匀。



⑤待④冷却至与皮肤基本相同的温度后，加入冷水（5℃）混合。（总重为220 g）

●请根据耐热容器及电磁炉火力的种类调整加热时间。

### 制作汤种时请注意！

※制作汤种的容器请选择耐热容器。尤其是使用玻璃器皿时要分清材质，选择耐热玻璃碗。普通的钢化玻璃碗在加热过程中由于温差变化容易发生爆裂。





所需时间：约5小时



- 准备**
- ②在面包容器内安装面包用叶片。
  - (P. SC16)
  - ③在面包容器内放入（除干酵母以外）面粉和水等。
  - ④将面包容器装入本体内，并将干酵母放入酵母容器。

#### 汤种庞多米

冷水 (5 °C) ※1	220 g
+汤种※2	
高筋面粉	240 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
干酵母	1.4 g (小½)

※1室温超过25 °C时，水量减少10 g (mL)。

●室温超过30 °C时做出的面包品质较差。

## 1 选择菜单“3”



■添加葡萄干等辅料



(P. SC18)

(P. SC20)

■预约完成时间



(P. SC22)

## 2 开始



## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

面包

汤种庞多米

# 松软庞多米

所需时间：约5小时



- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

松软庞多米	
高筋面粉	200 g
低筋面粉	50 g
黄油	20 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	190 g (mL)
干酵母	1.4 g (小½)

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

## 1 选择菜单“4”



■添加葡萄干等辅料



(P. SC18)  
(P. SC20)

■预约完成时间



(P. SC22)

## 2 开始



## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

# 软式面包

所需时间：约4小时20分



- 重新操作时
- 开始后，需要停止时（长按）

- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

### 软式面包

高筋面粉	250 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	190 g (mL)
干酵母	2.8 g (小1)

※室温超过25℃时，使用5℃的水并减少10 g (mL)。

- 使用预约功能时，从醒面开始。因此开始时面包用叶片不会立即转动。

## 1 选择菜单“5”



- 添加葡萄干等辅料 → 选择葡萄干 (P. SC18) 搅拌 (P. SC20)
- 选择烤色 → 烤色 (P. SC21)
- 预约完成时间 → 预约 (P. SC22)

## 2 开始



## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

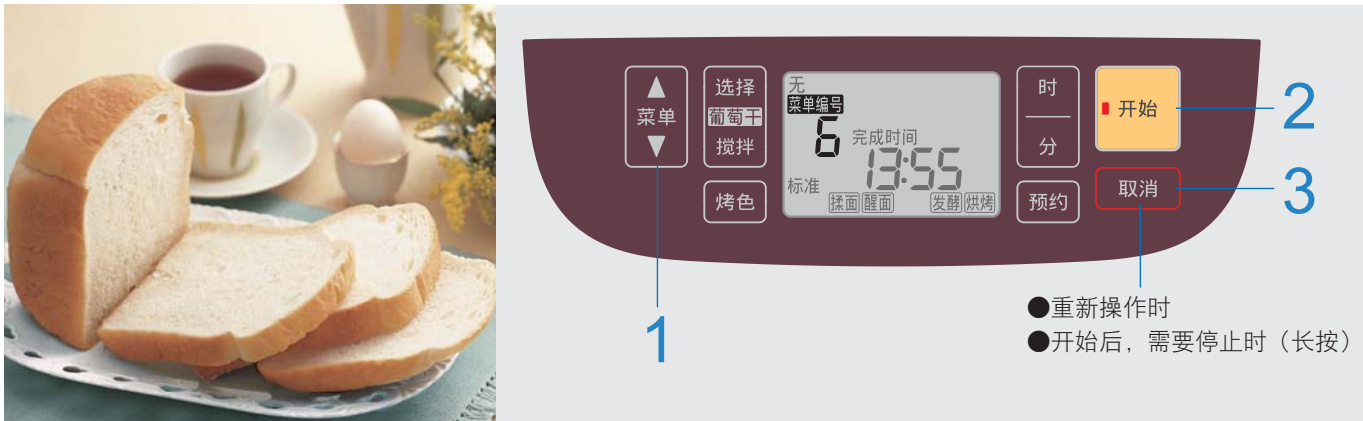
松软庞多米

面包

软式面包

# 快速面包

所需时间：约1小时55分



- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

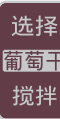
快速面包	
高筋面粉	280 g
黄油	10 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
冷水 (5 °C) ※	210 g (mL)
干酵母	4.2 g (小1½)

※室温超过25 °C时, 水量减少10 g (mL)。

## 1 选择菜单“6”



■添加葡萄干等辅料



(P. SC18)  
(P. SC20)

■选择烤色



(P. SC21)

## 2 开始



## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包



# 60分钟面包

所需时间：约1小时



- 重新操作时
- 开始后，需要停止时（长按）

**准备** ①加入30 g (mL) 温水充分溶解干酵母4.2 g (小1½)，搅拌至没有粉粒为止。  
(P. SC16) ②在面包容器内安装面包用叶片。  
③将面粉等材料（①与温水除外）放入面包容器。  
④将面包容器装入本体内，放入①与温水。



快速面包

## 材料

### 60分钟面包

温水※	30 g (mL)
干酵母	4.2 g (小1½)
高筋面粉	280 g
黄油	25 g
砂糖	24 g (大2)
奶粉	12 g (大2)
食盐	5 g (小1)
鸡蛋 (打匀)	25 g
温水※	150 g (mL)

※温水的温度为35℃～40℃。

## 1 选择菜单“7”



## 2 开始



## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

面包

60分钟面包

# 米饭面包

所需时间：约4小时



- 重新操作时
- 开始后，需要停止时（长按）

- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

米饭面包	
高筋面粉	230 g
冷米饭（白米）	100 ~ 150 g
黄油	10 g
砂糖	18 g（大1½）
奶粉	6 g（大1）
食盐	5 g（小1）
水※	160 g（mL）
干酵母	2.1 g（小¾）

※室温超过25℃时，使用5℃的水并减少10 g（mL）。

- 还可用糙米或五谷饭代替白米使用。
- 由于米饭量的不同，高度及口感也会有所不同。
- 米饭的量越多，烘烤出的面包越柔软。（米饭以外的辅料如上所示）
- 可以使用预约功能，但请勿使用煮熟后（或解冻后）超过1天的米饭。
- 室温超过30℃时，请将面粉放到冰箱内冷却。
- 有时候饭粒会保持原状。

## 1 选择菜单“8”



- 添加葡萄干等辅料 → 选择葡萄干 搅拌 (P. SC18) (P. SC20)
- 选择烤色 → 烤色 (P. SC21)
- 预约完成时间 → 预约 (P. SC22)

## 2 开始



## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

- 米饭面包含有较多水份，容易变质，因此请尽快食用。（夏季：当天，冬季：二天内）

# 法国米饭面包

所需时间：约4小时40分



- 重新操作时
- 开始后，需要停止时（长按）

相比其他菜单烘烤出的面包，法国米饭面包有时较难取出。请按照以下步骤3取出面包。

- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

### 法国米饭面包

高筋面粉	210 g
冷米饭（白米）	80～130 g
砂糖	6 g（大½）
食盐	5 g（小1）
冷水（5℃）※	150 g（mL）
干酵母	2.1 g（小¾）

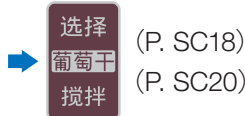
※室温超过25℃时，水量减少10 g（mL）。

- 还可使用糙米饭或五谷饭代替白米饭使用。
- 由于米饭量的不同，高度及口感也会有所不同。
- 米饭的量越多，烘烤出的面包越柔软。（米饭以外的辅料如上所示）
- 可以使用预约功能，但请勿使用煮熟后（或解冻后）超过1天的米饭。
- 室温超过30℃时做出的面包品质较差。
- 有时候饭粒会保持原状。
- 法国米饭面包含有较多水份，容易变质，因此请尽快食用。（夏季：当天；冬季：二天内）

## 1 选择菜单“9”



■添加葡萄干等辅料



■预约完成时间



## 2 开始



## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

■取出法国米饭面包…

在下面铺上毛巾等，用力向下甩，甩的同时应用手抵住台子。（参照右图）

●请确认面包用叶片是否黏在面包底部。



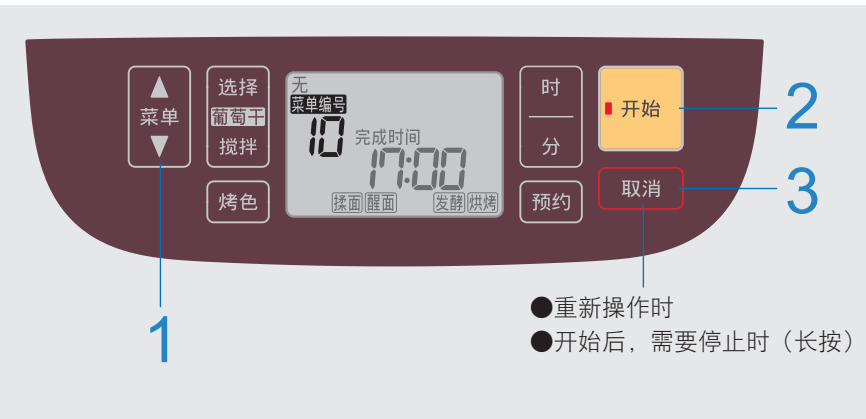
米饭面包

面包

法国米饭面包

# 法国面包

所需时间：约5小时



相比其他菜单烘烤出的面包，法国面包有时较难取出。请按照以下步骤3取出面包。

- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

法国面包	
高筋面粉	225 g
低筋面粉	25 g
食盐	5 g (小1)
冷水 (5 ℃) ※	190 g (mL)
干酵母	1.4 g (小½)

※室温超过25 ℃时，水量减少10 g (mL)。

●室温超过30 ℃时做出的面包品质较差。

## 1 选择菜单“10”



■添加葡萄干等辅料 → 选择 (P. SC18)



(P. SC20)

■预约完成时间 → 预约 (P. SC22)



## 2 开始



## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右 取出面包

■取出法国面包…  
在下面铺上毛巾等，用力向下甩，  
甩的同时应用手抵住台子。  
(参照右图)

●请确认面包用叶片是否黏在面包底部。





# 全麦面包

所需时间：约5小时



- 重新操作时
- 开始后，需要停止时（长按）

- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

全麦面包（全麦粉 50%）	
全麦粉（面包专用）※1	125 g
高筋面粉	125 g
黄油	10 g
砂糖	18 g（大1½）
奶粉	6 g（大1）
食盐	5 g（小1）
冷水（5℃）※2	210 g（mL）
干酵母	2.8 g（小1）

※1不能使用点心专用（低筋面粉）或小麦以外的全麦面粉。

※2室温超过25℃时，水量减少10 g（mL）。

- 室温超过30℃时做出的面包品质较差。
- ※全麦粉种类不同，面包的品质与膨胀程度也有所差别。

## 1 选择菜单“11”



- 添加葡萄干等辅料 → 选择葡萄干 搅拌 (P. SC18) (P. SC20)
- 预约完成时间 → 预约 (P. SC22)

## 2 开始



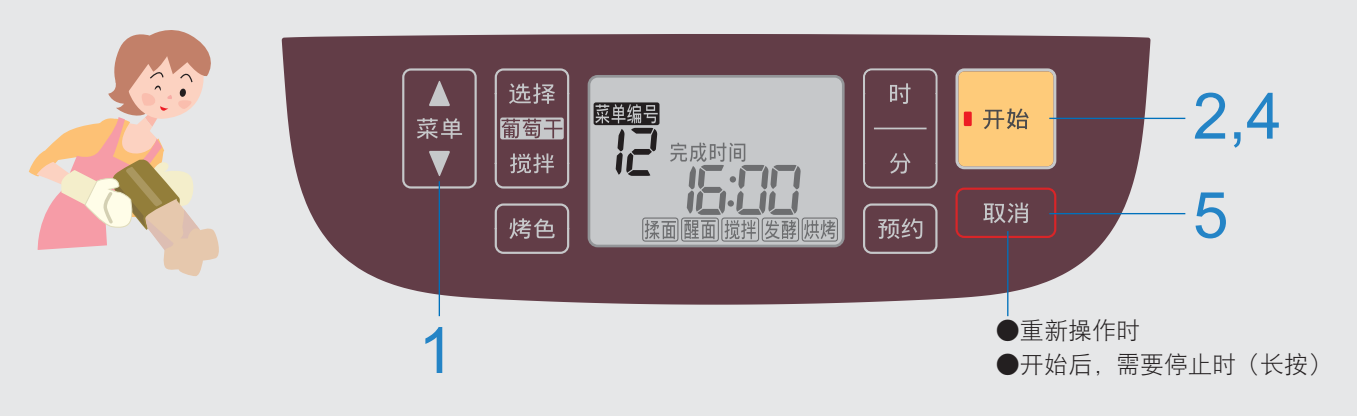
## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

法国面包

面包

全麦面包

# 北海道香浓面包



- 准备**
- ①制作卡仕达面皮，并放入冰箱冷藏。（P. SC35 ①～⑥）
  - ②在面包容器内安装面包用叶片。
  - ③在面包容器内放入（除干酵母以外）面粉和水等。
  - ④将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

北海道香浓面包	
高筋面粉	230 g
黄油	20 g
砂糖	30 g (大2½)
奶粉	12 g (大2)
食盐	5 g (小1)
水※	160 g (mL)
干酵母	2.8 g (小1)

※室温超过25℃时，使用5℃的水并减少10 g (mL)。

卡仕达面皮	
高筋面粉	10 g
A 砂糖	30 g (大2½)
鸡蛋1个+牛奶	70 g
黄油	20 g
香草精	少许

- 在步骤3误按了“取消”键时  
在10分钟内按下“开始”即可恢复。  
（仅限1次。按其他键无效）
- 在步骤3经过10分钟后，即使还未操作完，  
也会发出蜂鸣声，并自动重新启动。

1 选择菜单“12”

2 开始

烘焙工序  
请参阅P. SC10

※室温不同时，也可能是84分钟后或89分钟后。

所需时间：约4小时



### 3 发出哔哔声后打开上盖 放入卡仕达面皮

15分钟内

●将卡仕达面皮分成2～3块放入，并覆盖住面包面团上部。

●不要按“取消”键



### 4 关闭上盖 再次开始

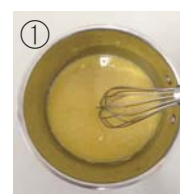


### 5 发出哔哔声后按下“取消”键， 取出面包容器，冷却2分钟左右 取出面包

## 卡仕达面皮的制作方法

### 制作面皮

①将A的材料放入锅中充分搅拌。



②用中火加热约1分钟后，放入黄油，用余温使其融化并充分搅拌。  
※加热时同时进行搅拌，否则易结块。



③加入香草精后充分搅拌。



④用中火加热并充分搅拌，直至其可以成团。（约2分钟）  
※加热时间因锅炉而异，可根据情况进行调整。



### 擀面

⑤用擀面杖擀成20 × 20 cm的正方形。  
※用保鲜膜将面皮包在中间，便于擀平。

⑥冷却至人体温度后，放入冰箱冷藏至少30分钟以上。



### 制作北海道香浓面包的诀窍！

※卡仕达面皮在长时间冷藏后会变硬，可以将面皮重新擀过，可更好地做出面包。

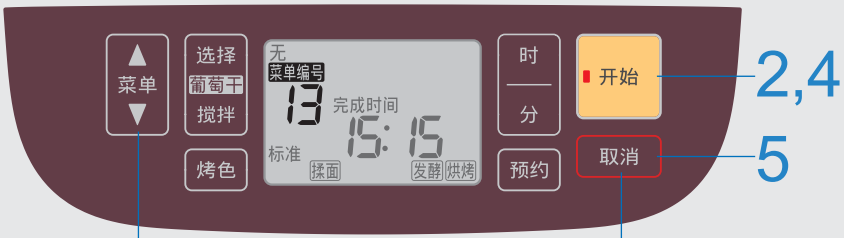


面包

北海道香浓面包

# 布里欧修

所需时间：约3小时15分



- 重新操作时
- 开始后，需要停止时（长按）

- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以及后放黄油以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

布里欧修	
高筋面粉	170 g
低筋面粉	30 g
黄油	30 g
砂糖	24 g (大2)
奶粉	6 g (大1)
食盐	3.8 g (小¾)
鸡蛋1个、蛋黄1个、冷水 (5℃)的混合物	150 g
干酵母	2.1 g (小¾)
后放黄油 (推荐使用无盐黄油)	40 g

- 室温超过30℃时做出的面包品质较差。
- 在前一天准备好后放黄油！
  - ①将黄油（后放用）切成1 cm的块状。
  - ②将黄油块用保鲜膜包起来或放入密闭容器中，避免黄油黏在一起。
  - ③加入之前请一直放在冰箱里冷藏。
- ※室温超过25℃时，要冷冻不少于一晚（10小时）的时间
- 在步骤3误按了“取消”键时  
在10分钟内按下“开始”即可恢复。  
(仅限1次。按其他键无效)
- 在步骤3经过10分钟后  
即使没有放入黄油，也会发出蜂鸣声，  
并自动重新启动。  
(之后即使再放入黄油也不会搅拌，请勿放入。)
- 后放黄油即使一开始放入也可烘烤  
在面包容器内放入干酵母以外的所有材料，  
并开始。(步骤1, 2, 5)  
※风味、口感及膨胀程度有所不同。

## 1 选择菜单“13”



- 添加葡萄干等辅料 → 选择 (P. SC18)  
葡萄干 搅拌 (P. SC20)
- 选择烤色 → 烤色 (P. SC21)

## 2 开始



室温较高时，显示为“45分钟后”

## 3 发出哔哔声后打开上盖， 拆开保鲜膜放入切好的后放黄油

- 不要按“取消”键

关闭上盖

## 4 再次开始



10分钟内



## 5 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

※取出用力过猛时会破坏面包形状。



# 大理石面包

所需时间：约4小时



- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母和速溶咖啡粉以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

大理石面包	
高筋面粉	250 g
砂糖	18 g (大1½)
食盐	5 g (小1)
奶粉	6 g (大1)
黄油	10 g
水※	190 g (mL)
干酵母	2.8 g (小1)
后放	
速溶咖啡粉	3 g

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

- 不要使用炒过的咖啡豆。
- 在步骤2误按了“取消”键时  
在10分钟内按下“开始”即可恢复。  
(仅限1次。按其他键无效)
- 在步骤3经过5分钟后  
即使没有放入速溶咖啡粉, 也会发出蜂鸣声, 并自动重新启动。  
(之后即使再放入速溶咖啡粉也不会搅拌。)  
(请勿放入。)
- 所形成大理石纹的样子, 每次都不同

## 1 选择菜单“14”



## 2 开始



室温较高时, 显示为“94分钟后”  
室温较低时, 显示为“69分钟后”

## 3 发出哔哔声后打开上盖, 将速溶咖啡粉放入面包容器底部

●不要按“取消”键

## 4 关闭上盖 再次开始



## 5 发出哔哔声后按下“取消”键 取出面包容器, 冷却2分钟左右后 取出面包

烘焙工序  
请参阅P. SC10

5分钟内

※作业时, 请注意不要撒到面团上。速溶咖啡粉要放在面团底下。(可将面团取出或移出一角, 放入速溶咖啡粉后, 再将面团放入)

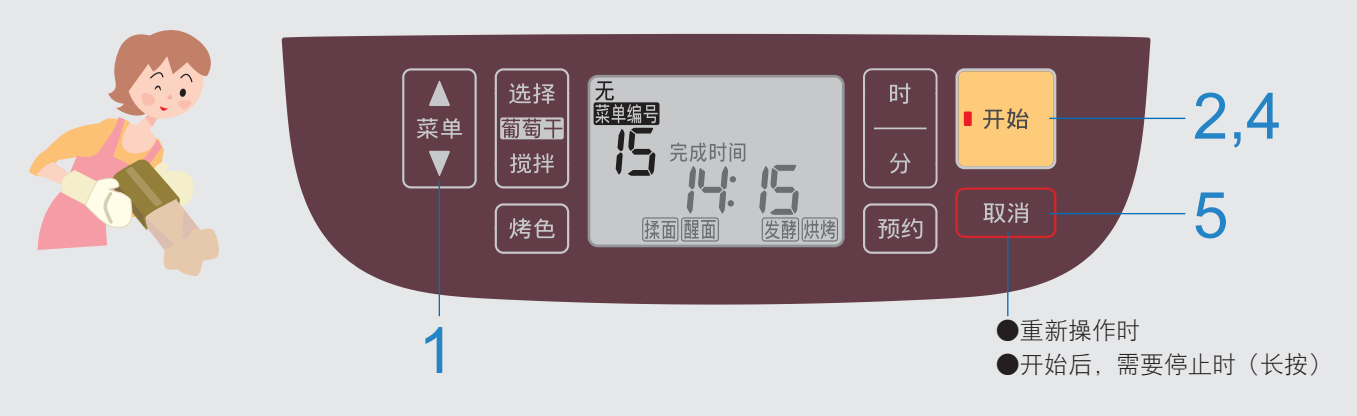
布里欧修

面包

大理石面包



# 菠萝面包



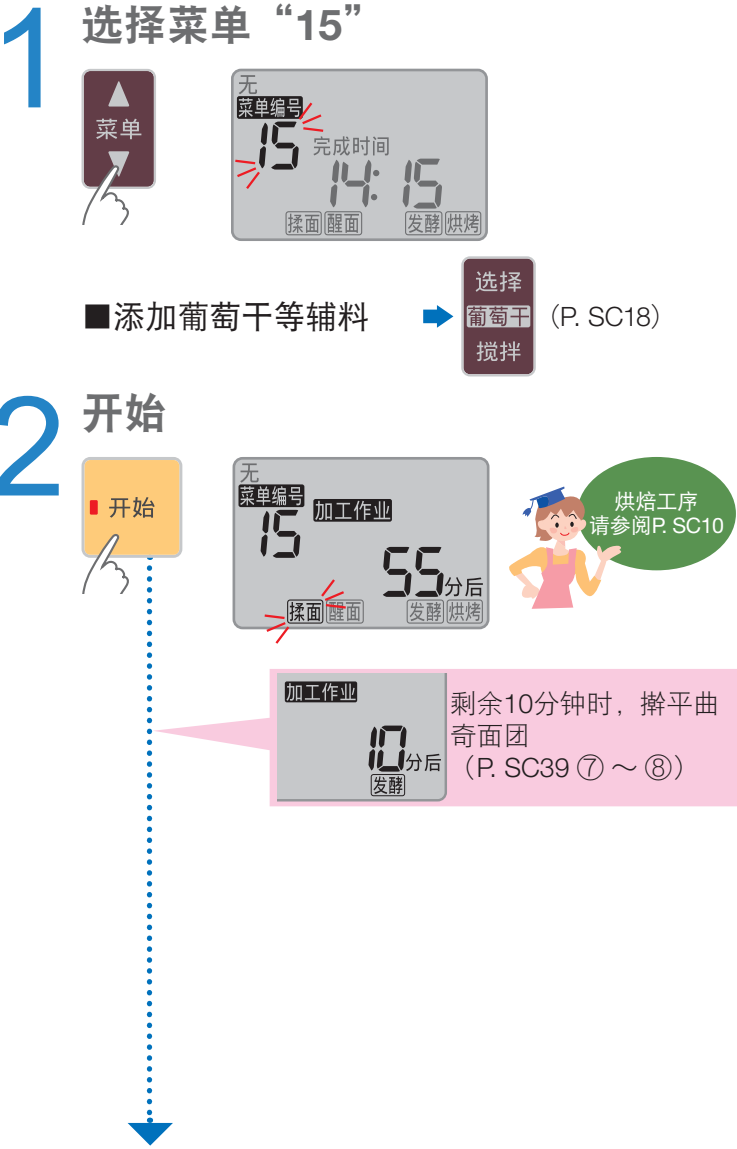
- 准备**
- ①制作曲奇面团，并放入冰箱冷藏。（P. SC39 ①～⑥）
  - (P. SC16) ②在面包容器内安装面包用叶片。
  - ③在面包容器内放入（除干酵母以外）面粉和水等。
  - ④将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

菠萝面包	
高筋面粉	150 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	2.5 g (小½)
冷水 (5℃)	100 g (mL)
干酵母	2.1 g (小¾)

曲奇面团（菠萝面包面皮）	
黄油	60 g
砂糖	30 g (大2½)
鸡蛋（打匀）	25 g
低筋面粉	110 g
泡打粉	5 g
香草精	少量
粗砂糖	小2～小3

- 请务必遵守上述份量规定。  
若份量过多，会导致面团从面包容器中溢出，烤焦冒烟或散发焦味。
- 在步骤3误按了“取消”键时  
在10分钟内按下“开始”即可恢复。  
（仅限1次。按其他键无效）
- 在步骤3经过15分钟后，即使还未操作完，也会发出蜂鸣声，并自动重新开始。
- 在进行步骤3时（15分钟）添加自己喜欢的辅料，则可以制作出多种风味的面包。  
▶ P. SC51, SC52



所需时间：约2小时15分



### 3 发出哔哔声后打开上盖 放入曲奇面团

15分钟内

- ①将面包面团放置在面包容器中央
- ②将涂有鸡蛋液的曲奇面团的一面朝下，放在面包面团上面
- ③轻轻按面团周围（不要太用力按下去）
- ④从上面撒上粗砂糖

●不要按  
“取消”键



### 4 关闭上盖 再次开始






### 5 发出哔哔声后按下“取消”键， 取出面包容器，冷却2分钟左右后 取出面包

※取出用力过猛时会破坏面包形状。


## 曲奇面团的制作方法

### 制作面团

- ①将低筋面粉与泡打粉混在一起筛。
- ②用木铲等工具将恢复回室温而软化的黄油搅拌成泥状。
- ③分次放入少量砂糖（分2～3次），一直搅拌到黄油泛白且光滑。
- ④分3～4次一点点加入蛋液后充分搅拌。最后添加香草精。  
※蛋液预留小 $\frac{1}{2}$ 。
- ⑤将①的材料放入，搅拌至均匀成团。

- ⑥面团成形后，将面团揉成光滑的圆盘，包上保鲜膜放入冰箱醒面20分钟以上。

### 擀面

- ⑦用擀面杖擀成直径14～15 cm的圆形。  
※用保鲜膜将面团体包在中间，便于擀平。

- ⑧将剩余的小 $\frac{1}{2}$ 鸡蛋液涂在面团的表面。

### 制作菠萝面包的诀窍！

- 也可以在曲奇面团的表面做出格子图案。  
用竹签等工具轻轻刻出深度不超过1 mm的图案。  
（刻得太深的话，则曲奇面团会裂开滑落下来。）
- 要做出好的曲奇面团，硬度最好控制在柔软并且能够弯曲的程度。



面包

菠萝面包

# 红豆面包

所需时间：约2小时15分



- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

红豆面包	
高筋面粉	180 g
黄油	15 g
砂糖	18 g (大1½)
A 奶粉	6 g (大1)
食盐	2.5 g (小1½)
鸡蛋(打匀)	25 g
冷水(5℃)※	120 g (mL)
干酵母	2.1 g (小¾)
红豆馅(约20℃)	100 g

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

- 红豆馅的量越多，膨胀程度越差。  
(最大可加到150 g) 另外，红豆的温度一定要在20℃左右。  
(否则会影响面包的发酵。)
- 面团与红豆馅之间形成空洞这是为了让面包面团膨胀而预留的空间。



- 面团太黏，很难擀时……
- 在手上或擀面杖上沾些高筋面粉，则会变得比较容易。

## 1 选择菜单“16”



■添加葡萄干等辅料 (P. SC18)

## 2 开始



## 3 发出哔哔声后打开上盖，从面包容器中取出面团，拆下叶片。

- 不要按“取消”键
- ①将面包面团擀得细长（约8 cm×30 cm）  
(面团的宽度要比面包容器的宽度小)
- ②在面团上均匀铺上红豆馅  
(为免从边缘溢出，周边留出1 cm左右)
- ③从近身开始挤出空气卷起来，接缝紧紧黏住
- ④接缝朝下放入面包容器

15分钟内



## 4 再次开始

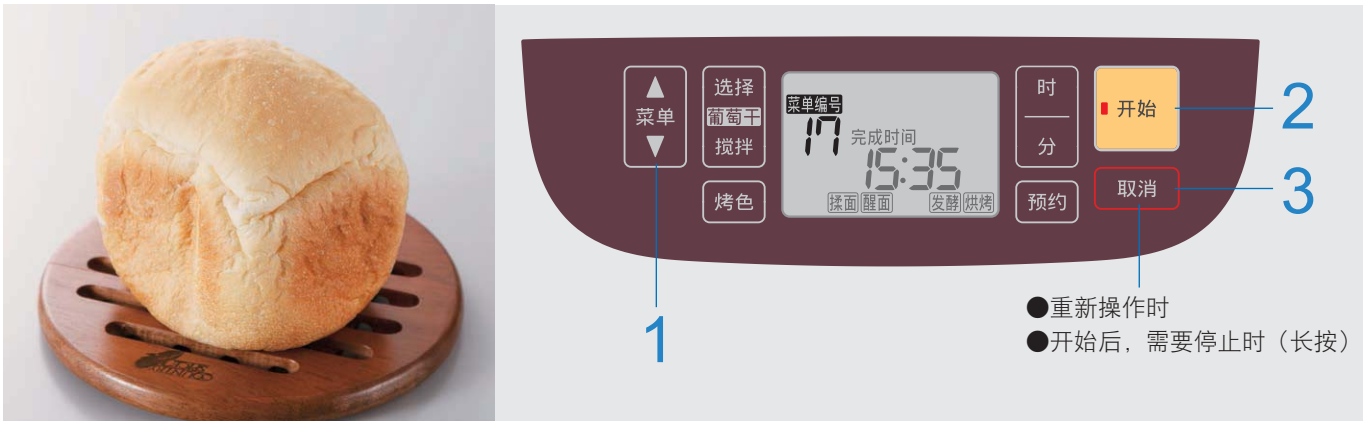


## 5 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包

※取出用力过猛时会破坏面包形状。

# 半份面包

所需时间：约3小时35分



- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

半份面包	
高筋面粉	180 g
黄油	10 g
砂糖	12 g (大1)
食盐	2.5 g (小½)
奶粉	6 g (大1)
水※	140 g (mL)
干酵母	2.1 g (小¾)

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

- 1 选择菜单“17”**  
  
■ 预约完成时间 → 预约 (P. SC22)
- 2 开始**
- 3 发出哔哔声后按下“取消”键  
取出面包容器，冷却2分钟左右后  
取出面包**

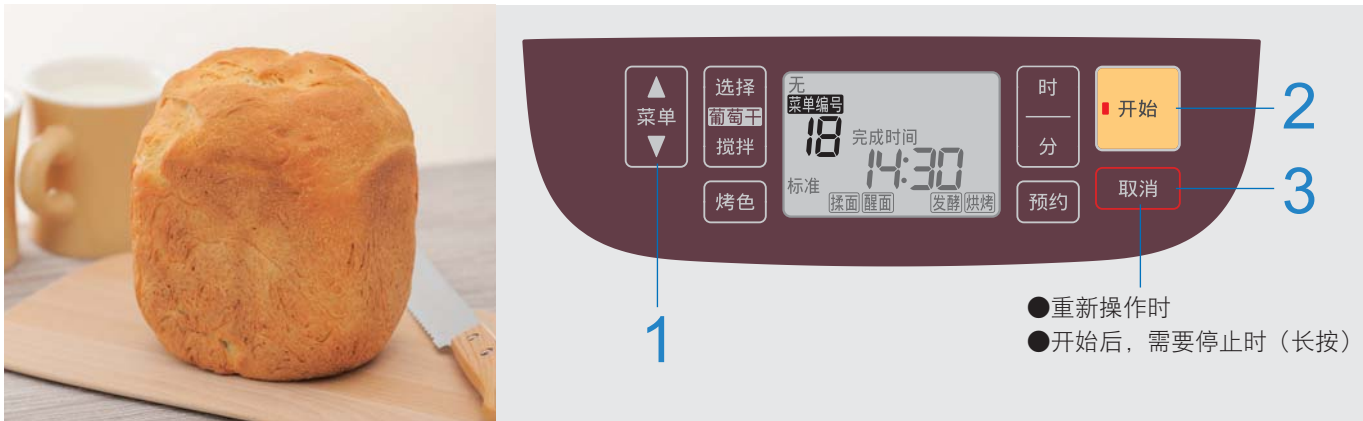
红豆面包

面包

半份面包

# 米粉面包

所需时间：约2小时30分



- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）米粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

米粉面包	
米粉	50 g
高筋面粉	200 g
黄油	20 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	190 g (mL)
干酵母	4.2 g (小1½)

※室温超过25℃时, 请使用约5℃的冷水。

- 室温超过25℃时, 使用预约功能做出的面包品质不好。(P. SC92)
- 室温超过30℃时, 请将米粉等材料放到冰箱内冷藏。

## 1 选择菜单“18”

■添加葡萄干等辅料 → 选择葡萄干 搅拌 (P. SC18)

■选择烤色 → 烤色 (P. SC21)

■预约完成时间 → 预约 (P. SC22)

## 2 开始

■开始

烘焙工序 请参阅P. SC10

## 3 发出哔哔声后按下“取消”键 取出面包容器，冷却2分钟左右后 取出面包



# 各种口味的面包



## 丹麦风吐司面包

### 菜单“1” 烤色“浓”

高筋面粉	200 g
低筋面粉	50 g
黄油 (推荐使用无盐黄油)	10 g
砂糖	24 g (大2)
奶粉	6 g (大1)
食盐	5 g (小1)
鸡蛋 (打匀)	25 g
冷水 (5 °C)	150 g (mL)
干酵母	2.1 g (小¾)
*后放黄油 (切成1 cm的小块后放入冰箱保存一晚)	100 g

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)

## 干果面包

### 菜单“1”

高筋面粉	250 g
黄油	10 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	200 g (mL)
干酵母	2.8 g (小1)
*干果 (无花果、杏) (4等分)	各40 g
*干果 (蔓越莓)	20 g

※室温超过25 °C时, 使用5 °C的水并减少10 g (mL)。

\*使用“葡萄干”功能。(P. SC18) ➡ 选择“粗搅拌” (P. SC20)

## 葵花籽蜂蜜面包

### 菜单“1”或“5”

高筋面粉	250 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
蜂蜜	21 g (大1)
水※	180 g (mL)
干酵母	2.8 g (小1)
*葵花籽	20 g

※室温超过25 °C时, 使用5 °C的水并减少10 g (mL)。

\*使用“葡萄干”功能。(P. SC18)



## 庞多米：巧克力面包

### 菜单“2”

高筋面粉	230 g
黄油	10 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
可可粉	6 g (大1)
水※	190 g (mL)
干酵母	1.4 g (小½)
*巧克力豆 (事先冷冻)	60 g

※室温超过25 °C时, 使用5 °C的水并减少10 g (mL)。

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌” (P. SC20)

## 庞多米：优质浓郁风

### 菜单“2”

高筋面粉	250 g
黄油	25 g
砂糖	18 g (大1½)
食盐	5 g (小1)
水※	150 g (mL)
含糖炼奶	15 g
鲜奶油 (乳脂肪47%左右)	50 g
干酵母	1.4 g (小½)

※室温超过25 °C时, 使用5 °C的水并减少10 g (mL)。

## 庞多米：无乳制品

### 菜单“2”

高筋面粉	250 g
起酥油	10 g
砂糖	18 g (大1½)
食盐	5 g (小1)
水※	200 g (mL)
干酵母	1.4 g (小½)

※室温超过25 °C时, 使用5 °C的水并减少10 g (mL)。

米粉面包

面包

各种口味的面包

# 各种口味的面包



## 德国马铃薯风汤种庞多米

### 菜单“3”

冷水 (5 °C) ※1+汤种※2	220 g
高筋面粉	240 g
黄油	15 g
砂糖	9 g (大¾)
食盐	5 g (小1)
干酵母	1.4 g (小½)
黑胡椒	1 g
欧芹	0.5 g
罗宋汤汤粒	1 g
* 培根 (切成1 cm的小块)	50 g
* 马铃薯 (切成1 cm的小块后水煮但不煮烂)	30 g
* 洋葱 (切成1 cm的小块后水煮但不煮烂)	20 g

※1 室温超过25 °C时, 水量减少10 g (mL)。

※2 汤种的制作方法 (P. SC24)

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌” (P. SC20)

## 玉米汤种庞多米

### 菜单“3”

冷水 (5 °C) ※1+汤种※2	170 g
高筋面粉	240 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
干酵母	1.4 g (小½)
牛奶	60 g (约60 mL)
欧芹	0.5 g
* 玉米 (粒)	60 g
高筋面粉 (玉米粒在投入前裹上高筋面粉, 以完全去除其水分)	适量

※1 室温超过25 °C时, 水量减少10 g (mL)。

※2 汤种的制作方法 (P. SC24)

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌” (P. SC20)



## 奶油奶酪蓝莓汤种庞多米

### 菜单“3”

冷水 (5 °C) ※1+汤种※2	220 g
高筋面粉	240 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
干酵母	1.4 g (小½)
* 奶油奶酪 (切成1 cm的小块, 在投入前放入冰箱保存)	50 g
* 蓝莓干	40 g

※1 室温超过25 °C时, 水量减少10 g (mL)。

※2 汤种的制作方法 (P. SC24)

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌” (P. SC20)

## 地瓜芝麻汤种庞多米

### 菜单“3”

冷水 (5 °C) ※1+汤种※2	220 g
高筋面粉	240 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
干酵母	1.4 g (小½)
* 地瓜 (切成1 cm的小块后水煮但不煮烂)	80 g
肉桂粉 (撒在煮好后的地瓜上)	1 g
* 黑芝麻	10 g

※1 室温超过25 °C时, 水量减少10 g (mL)。

※2 汤种的制作方法 (P. SC24)

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌” (P. SC20)



### 黄豆粉甜纳豆松软庞多米

#### 菜单“4”

高筋面粉	200 g
低筋面粉	30 g
黄豆粉	20 g
黄油	20 g
砂糖	24 g (大2)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	200 g (mL)
干酵母	1.4 g (小1½)
*煮熟的甜豆	70 g

※室温超过25 °C时, 使用5 °C的水并减少10 g (mL)。

\*使用“葡萄干”功能。(P. SC18) ➡ 选择“粗搅拌”(P. SC20)

### 番茄罗勒松软庞多米

#### 菜单“4”

高筋面粉	200 g
低筋面粉	30 g
黄油	20 g
砂糖	24 g (大2)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	100 g (mL)
干酵母	1.4 g (小1½)
番茄汁 (无盐添加)	90 g (约90 mL)
罗勒干	0.3 g

※室温超过25 °C时, 使用5 °C的水并减少10 g (mL)。

### 生姜酒酿松软庞多米

#### 菜单“4”

高筋面粉	200 g
低筋面粉	50 g
黄油	20 g
砂糖	24 g (大2)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	140 g (mL)
干酵母	1.4 g (小1½)
生姜 (磨碎)	20 g
酒酿	50 g (约50 mL)

※室温超过25 °C时, 使用5 °C的水并减少10 g (mL)。



### 黑糖米粉60分钟面包

#### 菜单“7”

温水※	30 g (mL)
干酵母	4.2 g (小1½)
高筋面粉	230 g
米粉	50 g
黄油	25 g
黑糖 (粉末)	34 g (大4)
奶粉	12 g (大2)
食盐	5 g (小1)
鸡蛋 (打匀)	25 g
温水※	150 g (mL)

※温水的温度为35 ~ 40 °C。

- 请勿使用糯米粉。
- 装饰用糖衣。  
将25 g的粉砂糖以及2.5 g (小½) 的水放入小碗中, 将其放入60 °C的水中隔水搅拌。最后浇在做好的面包上。

### 白味噌 & 柚子60分钟面包

#### 菜单“7”

温水※	30 g (mL)
干酵母	4.2 g (小1½)
高筋面粉	280 g
黄油	25 g
砂糖	24 g (大2)
食盐	2.5 g (小½)
鸡蛋 (打匀)	25 g
温水※	150 g (mL)
白味噌	25 g
柚子 (将柚子绿色表皮冷冻后磨碎)	2.5 g

※温水的温度为35 ~ 40 °C。



# 各种口味的面包



## 红茶柳橙60分钟面包

### 菜单“7”

温水※	30 g (mL)
干酵母	4.2 g (小1½)
高筋面粉	280 g
黄油	25 g
砂糖	24 g (大2)
奶粉	12 g (大2)
食盐	5 g (小1)
鸡蛋(打匀)	25 g
温水※	90 g (mL)
100%柳橙汁(温)	60 g (约60 mL)
柳橙表皮(磨碎)	5 g (¼个的量)
红茶茶叶(切碎)	2 g

※温水的温度为35 ~ 40 °C。



## 五谷乡村风法国米饭面包

### 菜单“9”

高筋面粉	190 g
裸麦粉	20 g
冷米饭(杂粮)	100 g
砂糖	6 g (大½)
食盐	5 g (小1)
冷水(5 °C)※	150 g (mL)
干酵母	2.1 g (小¾)

※室温超过25 °C时, 水量减少10 g (mL)。

## 地瓜&生姜法国米饭面包

### 菜单“9”

高筋面粉	210 g
冷米饭(玄米)	100 g
黑糖(粉末)	8.5 g (大1)
食盐	5 g (小1)
冷水(5 °C)※	140 g (mL)
干酵母	2.1 g (小¾)
* 地瓜(切成1 cm的小块)	80 g
* 生姜末	5 g

※室温超过25 °C时, 水量减少10 g (mL)。

※当使用白砂糖以及白米时, 请增加10 g (mL)。

\* 使用“葡萄干”功能。(P. SC18) ➡ 选择“粗搅拌”(P. SC20)

## 咖喱饭面包

### 菜单“8”

高筋面粉	210 g
冷米饭(白米)	100 g
黄油	20 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
咖喱粉	5 g
精制干酪(切成小块)	30 g
黑胡椒粉	3 g (小½)
水※	110 g (mL)
干酵母	2.1 g (小¾)
* 马铃薯(切成小块, 水煮但不煮烂)	20 g
* 胡萝卜(切成小块, 水煮但不煮烂)	20 g
* 培根	20 g

※室温超过25 °C时, 水量减少10 g (mL)。

\* 使用“葡萄干”功能。(P. SC18)

## 全麦芝麻60分钟面包

### 菜单“7”

温水※	30 g (mL)
干酵母	4.2 g (小1½)
高筋面粉	230 g
全麦粉	50 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	12 g (大2)
食盐	5 g (小1)
鸡蛋(打匀)	25 g
温水※	160 g (mL)
白芝麻	10 g

※温水的温度为35 ~ 40 °C。

## 果汁面包

### 菜单“6”

高筋面粉	250 g
黄油	25 g
砂糖	8 g (小2)
奶粉	12 g (大2)
食盐	3.8 g (小¾)
鸡蛋(打匀)	50 g
100%番瓜果汁(放入冰箱冷藏)※	120 g (约120 mL)
干酵母	4.2 g (小1½)
* 什锦蔬菜(水煮后沥干水分, 冷却至室温)	70 g

※室温超过25 °C时, 水量减少10 g (mL)。

\* 使用“葡萄干”功能。(P. SC18)



### 红椒&番茄法国米饭面包 菜单“9”

高筋面粉	210 g
冷米饭（白米）	100 g
砂糖	6 g（大½）
食盐	5 g（小1）
冷水（5℃）※	70 g（mL）
番茄汁（无盐添加）	70 g（约70 mL）
干酵母	2.1 g（小¾）
*甜椒（红椒、黄椒）（切成5 mm的小块）	各20 g

※室温超过25℃时，水量减少10 g（mL）。

\*使用“葡萄干”功能。（P. SC18） ➡ 手动放入（P. SC19）

### 毛豆&奶酪法国米饭面包 菜单“9”

高筋面粉	210 g
冷米饭（白米）	100 g
砂糖	6 g（大½）
食盐	5 g（小1）
冷水（5℃）※	150 g（mL）
干酵母	2.1 g（小¾）
*毛豆（剥开） （充分沥干水分后切半）	40 g
*奶酪	60 g

※室温超过25℃时，水量减少10 g（mL）。

\*使用“葡萄干”功能。（P. SC18） ➡ 手动放入（P. SC19）  
➡ 选择“粗搅拌”（P. SC20）



含红椒、橄榄

### 意大利风味面包 菜单“10”

高筋面粉	225 g
低筋面粉	25 g
食盐	5 g（小1）
橄榄油	24 g（大2）
冷水（5℃）※	170 g（mL）
干酵母	1.4 g（小½）

※室温超过25℃时，水量减少10 g（mL）。

根据个人喜好，也可放入切成5 mm小块的红辣椒（或番茄干）20 g及橄榄20 g（或罗勒干小1）

\*使用“葡萄干”功能。（P. SC18）

### 番茄&奶酪法国面包 菜单“10”

高筋面粉	225 g
低筋面粉	25 g
食盐	5 g（小1）
罗勒干	2 g（小1）
水※	190 g（mL）
干酵母	1.4 g（小½）
*莫扎雷拉奶酪（切块）	75 g
*番茄干（干硬后分成4等分）	10 g（干燥）

※室温超过25℃时，使用5℃的水并减少10 g（mL）。

\*使用“葡萄干”功能。（P. SC18） ➡ 手动放入（P. SC19）  
➡ 选择“粗搅拌”（P. SC20）

面包

各种口味的面包



# 各种口味的面包



## 栗子 & 坚果全麦面包

### 菜单“11”

高筋面粉	125 g
全麦粉	125 g
黄油	10 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	210 g (mL)
干酵母	2.8 g (小1)
*糖渍栗子、核桃	各50 g

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌” (P. SC20)

## 培根 & 奶酪 & 橄榄全麦面包

### 菜单“11”

高筋面粉	160 g
全麦粉	70 g
黄油	10 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
冷水 (5℃) ※	180 g (mL)
干酵母	2.8 g (小1)
*培根	40 g
*奶酪	30 g
*橄榄	30 g

※室温超过25℃时, 水量减少10 g (mL)。

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌” (P. SC20)



## 椰蓉奶香面包

### 菜单“12”

#### 面包面团

高筋面粉	230 g
黄油	15 g
砂糖	30 g (大2½)
奶粉	12 g (大2)
食盐	5 g (小1)
水※	160 g (mL)
干酵母	2.8 g (小1)

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

#### 椰蓉面皮

砂糖	24 g (大2)
奶粉	6 g (大1)
鸡蛋 (打匀)	30 g
黄油	20 g
椰蓉	45 g

●将椰蓉面皮的材料混合搅拌后, 擀成直径15 mm的圆, 放入冰箱冷藏。待作业提醒音响起后, 放入椰蓉面皮, 平铺在面团表面, 并再次按下开始键。

※椰蓉面皮须事先做好。

## 花生酱风味面包

### 菜单“12”

#### 面包面团

高筋面粉	230 g
黄油	20 g
砂糖	30 g (大2½)
奶粉	12 g (大2)
食盐	5 g (小1)
花生酱	30 g
水※	170 g (mL)
干酵母	2.8 g (小1)

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

#### 卡仕达面皮

高筋面粉	10 g
砂糖	30 g (大2½)
鸡蛋1个+牛奶	70 g
黄油	20 g
香草精	少许

●按照P. SC35步骤作成卡仕达面皮, 放入冰箱冷藏。待作业提醒音响起后, 放入卡仕达面皮, 平铺在面团表面, 并再次按下开始键。

※卡仕达面皮须事先做好。



### 红茶炼乳面包

#### 菜单“12”

##### 面包面团

高筋面粉	230 g
黄油	20 g
砂糖	30 g (大2½)
奶粉	12 g (大2)
食盐	5 g (小1)
红茶茶叶 (切碎)	2 g
炼乳	20 g
水※	150 g (mL)
干酵母	2.8 g (小1)

※室温超过25 °C时, 使用5 °C的水并减少10 g (mL)。

##### 卡仕达面皮

高筋面粉	10 g
砂糖	30 g (大2½)
鸡蛋1个+牛奶	70 g
黄油	20 g
香草精	少许

●按照P. SC35步骤作成卡仕达面皮, 放入冰箱冷藏。待作业提醒音响起后, 放入卡仕达面皮, 平铺在面团表面, 并再次按下开始键。

※卡仕达面皮须事先做好。

### 布里欧修 (富含黄油鸡蛋)

#### 菜单“13”

高筋面粉	170 g
低筋面粉	30 g
黄油	40 g
砂糖	36 g (大3)
食盐	3.8 g (小¾)
鸡蛋1个、蛋黄2个、牛奶的混合物	160 g
干酵母	2.1 g (小¾)
后放黄油	50 g



### 加入黑豆 & 栗子的抹茶布里欧修

#### 菜单“13”

高筋面粉	170 g
低筋面粉	30 g
黄油	30 g
砂糖	36 g (大3)
奶粉	6 g (大1)
食盐	3.8 g (小¾)
抹茶粉	6 g (大1)
鸡蛋1个、蛋黄1个、冷水 (5 °C) 的混合物	160 g
干酵母	2.1 g (小¾)
后放黄油	40 g
*蜜黑豆 (充分沥干水分)	50 g
*糖渍栗子 (充分沥干水分)	50 g

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌” (P. SC20)



### 潘妮朵尼

#### 菜单“13”

高筋面粉	170 g
低筋面粉	30 g
黄油	40 g
砂糖	24 g (大2)
食盐	3.8 g (小¾)
朗姆酒	13 g (大1)
鸡蛋1个、蛋黄2个、原味酸奶 (无糖) 的混合物	160 g
干酵母	2.8 g (小1)
后放黄油	40 g
*干果	100 g

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)

面包

各种口味的面包

# 各种口味的面包



## 抹茶大理石面包 菜单“14”

高筋面粉	250 g
砂糖	24 g (大2)
食盐	5 g (小1)
奶粉	6 g (大1)
黄油	10 g
干酵母	2.8 g (小1)
水※	190 g (mL)
后放	
A	抹茶
	砂糖
	水
	3 g
	17 g
	5 g (mL) (小1)

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

●将A搅拌成糊状。

## 可可大理石面包 菜单“14”

高筋面粉	250 g
砂糖	24 g (大2)
食盐	5 g (小1)
奶粉	6 g (大1)
黄油	10 g
干酵母	2.8 g (小1)
水※	190 g (mL)
后放	
A	可可粉
	砂糖
	水
	10 g
	18 g (大1½)
	10 g (mL) (小2)

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

●将A搅拌成糊状。



## 黑芝麻大理石面包 菜单“14”

高筋面粉	250 g
砂糖	24 g (大2)
食盐	5 g (小1)
奶粉	6 g (大1)
黄油	10 g
干酵母	2.8 g (小1)
水※	190 g (mL)
后放	
黑芝麻酱	10 g

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

## 柳橙巧克力大理石面包 菜单“14”

高筋面粉	250 g
砂糖	24 g (大2)
食盐	5 g (小1)
奶粉	6 g (大1)
黄油	10 g
干酵母	2.8 g (小1)
水※	100 g (mL)
100%柳橙汁	90 g (约90 mL)
后放	
巧克力酱	10 g

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。





### 材料

A	高筋面粉	200 g
	黄油	15 g
	砂糖	24 g (大2)
	奶粉	6 g (大1)
	食盐	3.8 g (小¾)
	鸡蛋 (打匀)	25 g
	冷水 (5 °C)	110 g (mL)
	干酵母	3.5 g (小1¼)
<b>辅料</b>		
	干果 (朗姆酒腌渍)	100 g
	牛奶	5 g (小1)
	肉桂糖	适量
<b>糖霜材料</b>		
B	糖粉	25 g
	水	2.5 g (小½)

面团太黏，难以擀平……  
在手上或擀面杖上沾些  
高筋面粉，则会变得比  
较容易。



### 用菜单“15”制作各种口味的面包时

面包面团和辅料的总重量最多不能超过600 g！

※辅料太多则会出现面包不膨胀或烘烤不足等情况。

### 避免使用水份多的辅料！

(可事先将水份多的辅料水煮沥干，冷却至常温)

※会影响面包面团的发酵。

### 辅料要事先准备好！

※操作时间15分钟。

## 肉桂卷

### 选择菜单“15”制作面包面团

①将A放入已安装面包用叶片的面包容器内，再将面包容器放入本体内。

②在酵母容器内放入干酵母，选择菜单“15”，并按下  。

### 取出面团

操作要在15分钟以内完成！

③发出哔哔声后打开上盖，从面包容器中取出面团，拆下叶片。

●不要按“取消”键

### 擀面

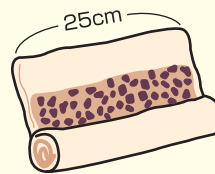
④擀成 (宽) 15 cm × (长) 25 cm 的面饼。

### 成形

⑤从靠近身体的一方开始，将¾的面饼涂上牛奶，撒上肉桂砂糖和干果。

⑥从靠近身体的一方这边开始将面饼卷起来。

⑦切成均等的4等分，放入面包容器内。



### 烘烤 (再次按下 键)

### 做糖霜

⑧将B放入金属碗里，用60 °C 的热水隔水加热同时搅拌制作成糖霜。

### 最后加工

⑨烘烤结束后，从面包容器中取出来，将糖霜浇上去。

面包

各种口味的面包

# 各种口味的面包




## 材料

A	高筋面粉	200 g
	黄油	15 g
	砂糖	18 g (大1½)
	奶粉	6 g (大1)
	食盐	3.8 g (小¾)
	抹茶	2 g (小1)
	鸡蛋(打匀)	25 g
	冷水(5℃)	110 g (mL)
	干酵母	3.5 g (小1¼)
辅料		
	蜜黑豆	120 g

## 抹茶黑豆面包卷

### 选择菜单“15”制作面包面团

- ①将A放入已安装面包用叶片的面包容器内，再将面包容器放入本体内。
- ②在酵母容器内放入干酵母，选择菜单“15”，并按下 。

### 取出面团

- ③发出哔哔声后打开上盖，从面包容器中取出面团，拆下叶片。

●不要按“取消”键

操作要在15分钟以内完成！

### 擀面

- ④将面团擀成细长的面饼，宽度略小于面包容器宽度。

### 放上辅料，成形

- ⑤将已被充分沥干的黑豆均匀地撒上去。
- ⑥从靠近身体的一方开始将面饼卷起来。
- ⑦放入面包容器内。

### 烘烤

(再次按下  键)

还可用可可粉代替抹茶。  
如果在面团里再加入巧克力片、杏仁片，就成了孩子们非常喜欢的巧克力杏仁面包卷。




## 材料

A	高筋面粉	200 g
	黄油	35 g
	砂糖	18 g (大1½)
	奶粉	6 g (大1)
	食盐	3.8 g (小¾)
	鸡蛋(打匀)	25 g
	冷水(5℃)	100 g (mL)
	干酵母	3.5 g (小1¼)
	馅料	12个(15 g/个)

## 馅料面包

### 选择菜单“15”制作面包面团

- ①将A放入已安装面包用叶片的面包容器内，再将面包容器放入本体内。
- ②在酵母容器内放入干酵母，选择菜单“15”，并按下 。

### 取出面团

- ③发出哔哔声后打开上盖，从面包容器中取出面团，拆下叶片。

●不要按“取消”键

操作要在15分钟以内完成！

### 成形

- ④将面团分成均等的12份。

### 将辅料包起来

- ⑤将辅料放入一个个切开的面团中包好。
- ⑥放入面包容器内。

### 烘烤

(再次按下  键)

选择自己喜欢的辅料  
(严禁带有水份的材料！)  
咖喱(熬煮收汁)、肉丸、马铃薯沙拉、香肠、金枪鱼(去掉水份)、奶酪(切成块状)等





## 巧克力豆 &amp; 栗子庞多米

## 菜单“2”

高筋面粉	250 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	200 g (mL)
干酵母	1.4 g (小½)
*巧克力豆(白巧克力)	45 g
*糖渍栗子(糖水煮也可)	55 g

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌”(P. SC20)

## 含全麦粉庞多米

## 菜单“2”

高筋面粉	200 g
全麦粉	50 g
黄油	5 g
砂糖	9 g (大¾)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	200 g (mL)
干酵母	1.4 g (小½)

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

## 布里欧修咸面包

## 菜单“13” 烤色“浓”

高筋面粉	170 g
低筋面粉	30 g
黄油	30 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
鸡蛋1个、蛋黄1个、冷水(5℃)的混合物	160 g
干酵母	2.8 g (小1)
后放黄油	40 g
*培根(焙炒)	50 g
*核桃	20 g
*乳酪	20 g
*炸洋葱	10 g

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌”(P. SC20)

## 含米粉布里欧修

## 菜单“13”

高筋面粉	150 g
米粉	50 g
黄油	30 g
砂糖	24 g (大2)
奶粉	6 g (大1)
食盐	3.8 g (小¾)
鸡蛋1个、蛋黄1个、冷水(5℃)的混合物	160 g
干酵母	2.1 g (小¾)
后放黄油	40 g

## 硬面包

## 菜单“2” 烤色“浓”

高筋面粉	225 g
低筋面粉	25 g
起酥油	5 g
砂糖	4 g (小1)
奶粉	4 g (小2)
食盐	5 g (小1)
水※	210 g (mL)
干酵母	1.4 g (小½)

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

## 甜豆庞多米

## 菜单“2”

高筋面粉	250 g
黄油	15 g
砂糖	18 g (大1½)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	200 g (mL)
干酵母	1.4 g (小½)
*您所喜欢的熟豆(充分沥干煮出来的汤汁)	100 g

※室温超过25℃时, 使用5℃的水并减少10 g (mL)。

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌”(P. SC20)

## 柳橙巧克力布里欧修

## 菜单“13”

高筋面粉	170 g
低筋面粉	30 g
黄油	30 g
砂糖	24 g (大2)
奶粉	6 g (大1)
食盐	3.8 g (小¾)
柳橙表皮(磨碎)	2 g
鸡蛋1个、蛋黄1个、橙汁(1个份)、冷水(5℃)的混合物	150 g
干酵母	2.8 g (小1)
后放黄油	40 g
*糖渍橙皮(切成5 mm块状)	20 g
*巧克力豆(事先冷冻)	30 g

\*使用“葡萄干”功能。(P. SC18) ➡ 手动放入 (P. SC19)  
➡ 选择“粗搅拌”(P. SC20)

根据喜好, 可加糖霜。  
预留5 g (约小1) 柳橙汁, 与过筛的砂糖粉25 g混合搅拌, 趁热刷涂在刚烤好的布里欧修上。

## 橘香米粉面包

## 菜单“18”

高筋面粉	200 g
米粉	50 g
*橘子果酱	20 g
黄油	20 g
奶粉	6 g (大1)
食盐	5 g (小1)
水※	170 g (mL)
干酵母	4.2 g (小1½)

※室温超过25℃时, 请使用约5℃的冷水。

\*最开始即放入面包容器。

# 制作天然酵母面包

## 制作生种天然酵母



## 放入材料

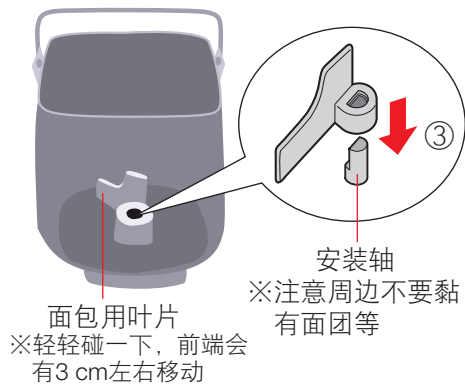


**1** 用面包机制作  
生种天然酵母  
(P. SC57)  
●制作生种天然酵母需要24小时。

**2** 取出面包容器，  
安装面包用叶片

面包容器

①将面包容器往箭头方向转动。  
②向上取出。  
③将面包用叶片塞入安装。



天然酵母面包	
高筋面粉	300 g
砂糖	18 g (大1½)
食盐	5 g (小1)
水※	190 g (mL)
生种天然酵母	25 g (大2)

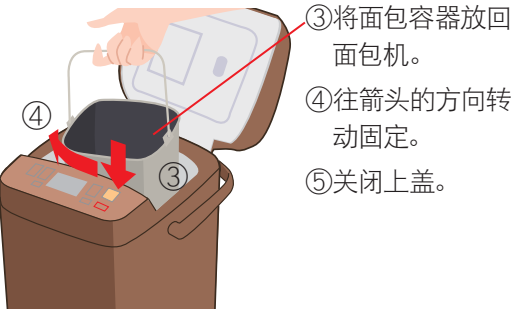
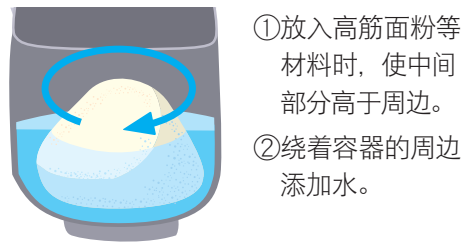
※室温超过25℃时，请使用约5℃的冷水。

●室温超过30℃时做出的面包品质较差。

**3** 在面包容器内  
放入生种天然酵母

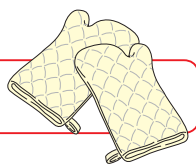


**4** 在面包容器内  
放入高筋面粉和水等



所需时间：约7小时

请务必使用厚手套



## 设定

## 取出



### 5 选择菜单“19”



■ 添加葡萄干等辅料



(P. SC18)  
(P. SC20)

■ 选择烤色



(P. SC21)

■ 预约完成时间



(P. SC22)

### 6 开始



闪烁→灯亮



● 大约完成的时间。

### 7 烘焙结束后（发出哗哗的声音） 切断电源



① 按下“取消”键  
② 拔掉电源插头。

### 8 将面包容器取出， 放在铺有抹布的台上， 冷却（2分钟左右）

※ 注意面包容器的放置地点。  
（面包容器仍为高温状态）  
※ 如不迅速取出，面包会收缩而从中间腰折。

### 9 取出面包 静置等待温度下降

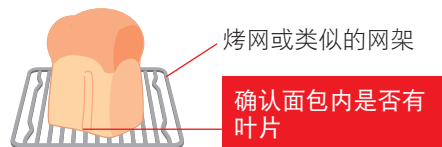
厚手套  
（注意不要弄湿）  
面包容器



抓住把手，用力晃动数次。

※ 不要使用小刀、叉子、筷子  
（会伤害到氟素涂层）  
※ 请不要触摸面包容器底部  
（叶片转动会弄坏面包）

● 取出后，确认面包容器内是否有面包用叶片。如果没有的话，就是黏附在面包内（底部），请取出来。



（直接切下去的话，可能会损伤面包用叶片）

面包

制作天然酵母面包

# 制作天然酵母面包面团

所需时间：约4小时



- 准备**
- ①制作生种天然酵母。(P. SC57)
  - (P. SC16) ②在面包容器内安装面包用叶片。
  - ③先放生种天然酵母, 再放入面粉和水等材料。
  - ④将面包容器安装入本体内。

## 材料

生种天然酵母  
搅拌后再  
称重!

天然酵母面包面团	
高筋面粉	300 g
黄油	10 g
砂糖	18 g (大1½)
食盐	5 g (小1)
水※	170 g (mL)
生种天然酵母	25 g (大2)

※室温超过25℃时, 请使用约5℃的冷水。

### ■面包面团发黏时

- (生种天然酵母做的面团比干酵母做的)  
面团更容易黏手
- ➡将取出的面团放入金属碗内, 覆上保鲜膜, 放入冰箱冷藏30 ~ 60分钟。
  - ➡撒上高筋面粉  
(将高筋面粉撒在揉面板、擀面杖、面团上)
  - 黏手时, 多撒几次高筋面粉。



## 1 选择菜单“21”



■添加葡萄干等辅料

选择  
葡萄干  
搅拌  
(P. SC18)  
(P. SC20)

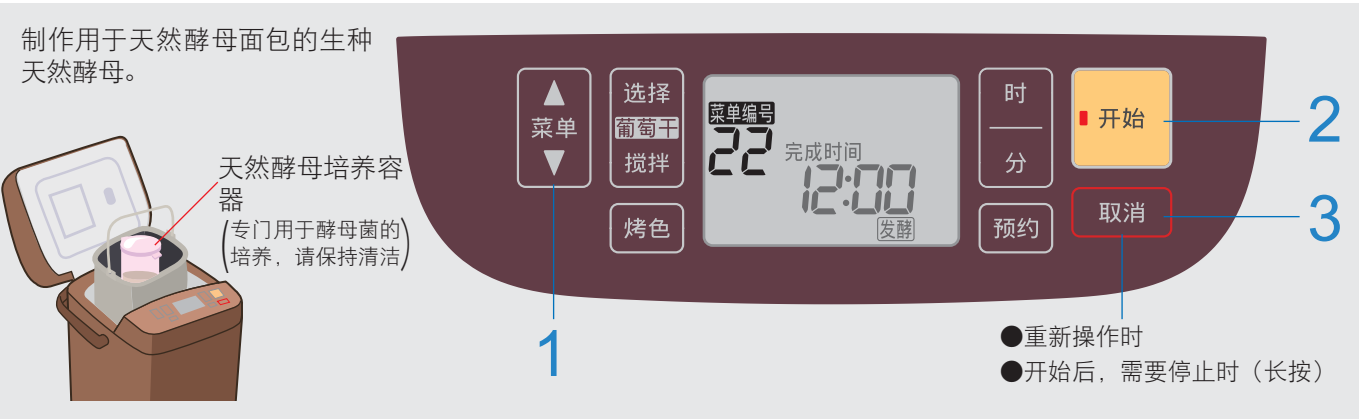
## 2 开始



## 3 发出哔哔声后按下“取消”键 立即取出面团

# 生种天然酵母培养

所需时间：约24小时



- 准备**
- ①在天然酵母培养容器内添加水。
  - ②放入“星野”天然酵母（元种）后充分搅拌。
  - ③盖上天然酵母培养容器的盖子。
  - ④将天然酵母培养容器放入面包容器内。（不安装叶片）
  - ⑤将面包容器安装入本体内。

**材料**

1周内用完！

<b>生种天然酵母</b>	
●烘焙面包（约4～5次的用量）	
星野天然酵母（元种）	50 g（大5）
水（约30℃）	100 g（mL）
●烘焙面包（约3次的用量）	
星野天然酵母（元种）	30 g（大3）
水（约30℃）	60 g（mL）

●水温太高或太低时, 都可能无法很好地培养生种天然酵母。

■生种天然酵母是生鲜食品！

➡必须放入冰箱冷藏保存, 并在1周内用完！  
(在冷冻或常温下无法进行发酵)

➡请不要把新的生种天然酵母和旧的混合在一起。

●培养好的话, 会发出酒糟似的酒味, 有酸酸的味道。  
(室温超过30℃, 有时会培养不好)



## 1 选择菜单“22”



## 2 开始



●完成之前请不要中途取出。

## 3 发出哔哔声后按下“取消”键, 迅速取出天然酵母培养容器, 放入冰箱中保存

●放置在常温下则发酵能力减弱, 面包就发不起来了。

菜单选择错误, 则天然酵母培养容器可能会溶化。

制作天然酵母面包面团

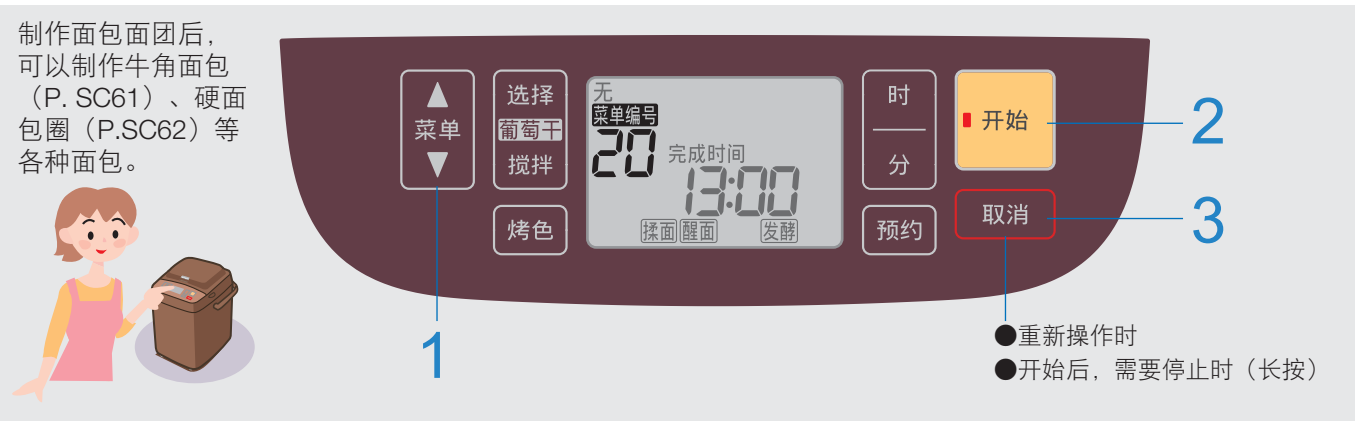
面团

生种天然酵母培养



# 制作面包面团/披萨面团

所需时间：  
面包面团 约1小时  
披萨面团 约45分



- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②在面包容器内放入（除干酵母以外）面粉和水等。
  - ③将面包容器装入本体内，并将干酵母放入酵母容器。

## 材料

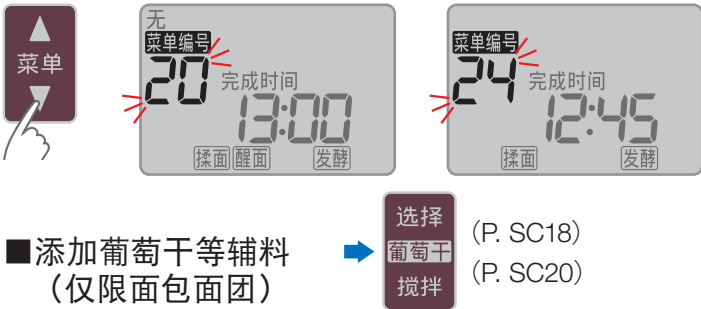
面包面团	
高筋面粉	280 g
黄油	50 g
砂糖	24 g (大2)
奶粉	12 g (大2)
食盐	5 g (小1)
鸡蛋 (打匀)	25 g
水※	160 g (mL)
干酵母	2.8 g (小1)

※室温超过25℃时，请使用约5℃的冷水。

披萨面团	
高筋面粉	280 g
黄油	15 g
砂糖	8 g (小2)
奶粉	6 g (大1)
食盐	5 g (小1)
水※	190 g (mL)
干酵母	2.8 g (小1)

※室温超过25℃时，请使用约5℃的冷水。

## 1 选择菜单“20”“24”



## 2 开始

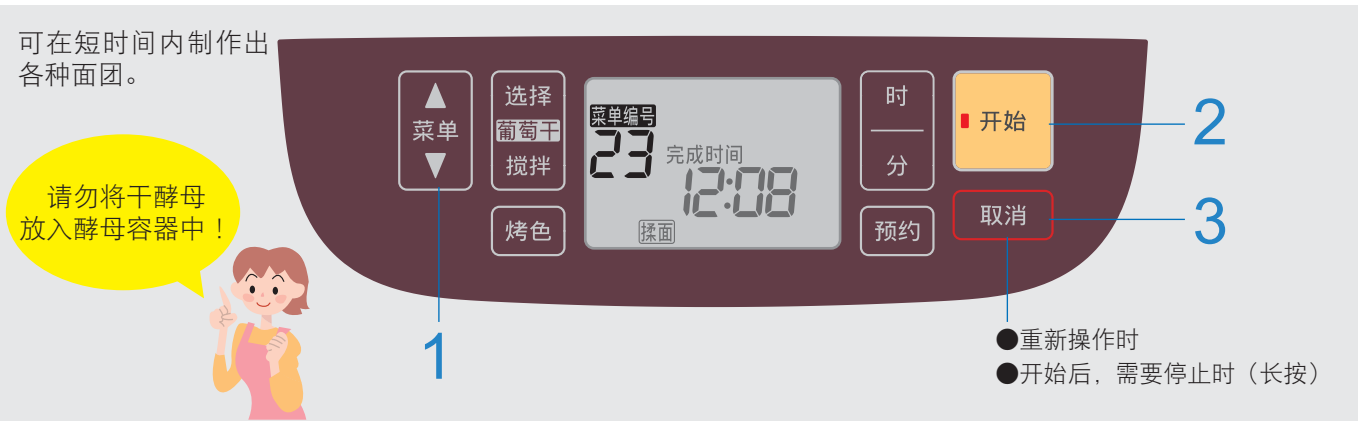


## 3 发出哔哔声后按下“取消”键 立即取出面团

※就这样放着，让面团进一步发酵。  
改变面团材料的配比，可能会造成发酵速度变慢。(P. SC88)

# 制作8分钟快速面团

所需时间：约8分



- 准备**
- ①在面包容器内安装面包用叶片。
  - (P. SC16) ②将全部材料放入面包容器内。
  - ③将面包容器装入本体内。

## 材料

<b>脆式披萨面团</b>	
高筋面粉	250 g
橄榄油	30 g
食盐	2.5 g (小½)
水※	170 g (mL)
干酵母	1.4 g (小½)

※室温超过25℃时，请使用约5℃的冷水。

<b>印度烤饼面团</b>	
高筋面粉	280 g
橄榄油	13 g
砂糖	9 g (大¾)
食盐	2.5 g (小½)
水※	200 g (mL)
干酵母	2.8 g (小1)

※室温超过25℃时，请使用约5℃的冷水。

<b>墨西哥卷面团</b>	
玉米粉※	100 g
高筋面粉	100 g
食盐	2.5 g (小½)
水	130 g (mL)

※根据玉米粉的种类和粗幼度，制作出的面团硬度可能会有所不同。

<b>豆沙包面团</b>	
低筋面粉	180 g
高筋面粉	70 g
沙拉油	13 g
砂糖	18 g (大1½)
食盐	2.5 g (小½)
蛋白(1个)+牛奶的混合物	160 g
泡打粉	5 g
干酵母	2.8 g (小1)

## 1 选择菜单“23”



## 2 开始



## 3 发出哔哔声后按下“取消”键 立即取出面团

制作面包面团 / 披萨面团

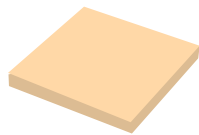
面团

制作8分钟快速面团

# 各种口味的面包

使用面包面团

## 使用面团制作面包时使用的工具



●揉面板



●秤(1 g 以下为单位)



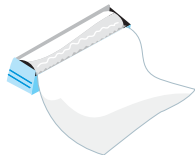
●刮板



●擀面杖



●小毛巾  
(浸湿后拧干)



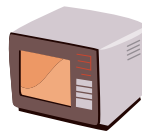
●烘焙纸



●喷雾器



●毛刷



●烤箱

### 制作时可能使用的工具

- 厨房剪刀
- 面包模具
- 保鲜膜
- 温度计 等

※制作面包面团时使用的工具, 顾客应自行购买。



### 材料 (12 个的量)

面包面团 (P. SC56, 58)	1 次的量
蛋液 (蛋汁)	25 g

## 奶油卷

### 成形

- ①用刮板将面团分割成约 45 g 的大小 (12 等分), 搓成圆球状, 盖上小毛巾后放置约 15 分钟。
- ②搓成椭圆形, 再盖上小毛巾放置 10 ~ 15 分钟, 静置。
- ③用手轻轻按压, 再用擀面杖擀薄。
- ④抓住面团一端, 向靠近身体的方向拉伸, 同时紧紧的卷起来。  
(如果没有卷紧的话, 发酵时容易横向胀起)

### 发酵

- ⑤把收口朝下放置, 并喷洒水。
- ⑥在 30 ~ 35 °C 温度条件下, 使面团发酵 40 ~ 60 分钟 (膨胀到大约 2 倍大小为止) 涂上蛋液。

### 烘烤

- ⑦在预热到 170 ~ 200 °C 的烤箱内烘烤大约 15 分钟。剩下的面团放在冰箱内避免过度发酵。



### 豆沙面包

- ① (在奶油卷步骤①后) 将面团擀成直径 10 cm 的面饼。
- ②用①制作好的面饼, 将豆沙馅包起来, 揉成团, 将中间压得比周边低。
- ③排放好②, 喷洒水, 在 30 ~ 35 °C 温度条件下, 使面团发酵 20 ~ 30 分钟 (膨胀到大约 2 倍大小止)。
- ④涂上蛋液 (蛋汁), 撒上白芝麻, 在预热到 170 ~ 190 °C 的烤箱内烘烤大约 15 分钟。



材料 (12 个的量)

●使用干酵母

#### 面包面团

※1	高筋面粉	225 g
	低筋面粉	55 g
	黄油	15 g
	砂糖	24 g (大2)
	奶粉	6 g (大1)
	食盐	5 g (小1)
	鸡蛋 (打匀)	25 g
	水	140 g (mL)
	干酵母	2.8 g (小1)
	黄油 (切成1 cm厚)	140 g
	蛋液 (蛋汁)	25 g

※1 按照 P. SC58 的步骤制作。

●使用天然酵母

#### 面包面团

※2	高筋面粉	230 g
	低筋面粉	50 g
	黄油	15 g
	砂糖	24 g (大2)
	奶粉	6 g (大1)
	食盐	5 g (小1)
	鸡蛋 (打匀)	25 g
	水	130 g (mL)
	生种天然酵母	25 g (大2)
	黄油 (切成1 cm厚)	140 g
	蛋液 (蛋汁)	25 g

※2 按照 P. SC56 的步骤制作。

## 牛角面包

### 加入黄油

- ①把面团放在碗中，用保鲜膜封住，放入冰箱冷藏 30 ~ 60 分钟。  
(室温较高时，延长冷藏时间)
- ②在黄油上涂抹面粉，放在保鲜膜上，擀成 20×20 cm 的正方形，放入冰箱冷藏 15 ~ 30 分钟。
- ③用擀面杖敲打按压面团，擀成 30×30 cm 的正方形。
- ④用面饼包裹②做好的黄油，再包上保鲜膜，放入冰箱冷藏 10 ~ 20 分钟。
- ⑤用擀面杖敲打按压，让面团稍微变薄，并擀平。
- ⑥把面饼折三折，包上保鲜膜，放入冰箱冷藏 10 ~ 20 分钟。
- ⑦重复⑤和⑥两次，冷藏 30 ~ 60 分钟。

### 成形

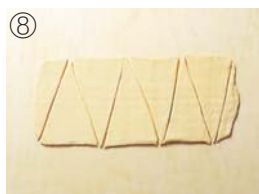
- ⑧把面团 2 等分，分别擀成 18×40 cm 的长方形，平均分成 6 个等腰三角形。
- ⑨抓住面团的一端卷起来。
- ⑩把收口朝下放置。

### 发酵

- ⑪喷洒水后用保鲜膜封住，在室温环境下发酵 40 ~ 60 分钟 (膨胀到大约 2 倍大小为止) 后，涂上蛋液。

### 烘烤

- ⑫在预热到 200 ~ 220 °C 的烤箱内烘烤大约 10 分钟。剩下的面团放在冰箱内避免过度发酵。



面团

各种口味的面包



### 甜甜圈

- ①把面团分成每个约 35 g，揉成团，盖上小毛巾后放置 10 ~ 20 分钟。
- ②擀成薄薄的圆形，用甜甜圈模子压在面饼上。
- ③在 30 ~ 35 °C 温度条件下，使面团发酵 20 ~ 30 分钟 (膨胀到大约 2 倍大小为止)。
- ④用约 170 °C 的油炸，最后撒上加了肉桂的精制白糖。



# 各种口味的面包

使用面包面团



材料 (8 个的量)

面包面团	
A	高筋面粉
	280 g
	砂糖
食盐	24 g (大2)
	5 g (小1)
沙拉油	8 g (小2)
水	180 g (mL)
干酵母	2.8 g (小1)



硬面包圈可直接食用，但如果把面包圈横切成两半，夹入生菜、火腿、奶酪、果酱等一起吃会更美味！



材料 (10 个的量)

面包面团	
A	高筋面粉
	250 g
	全麦粉
黄油	30 g
	15 g
砂糖	18 g (大1½)
	5 g (小1)
原味酸奶	150 g
牛奶	70 g (约70 mL)
干酵母	2.8 g (小1)
蛋液 (蛋汁)	25 g

## 硬面包圈

### 制作面包面团

- ①按顺序将A→沙拉油→水放入装有叶片的面包容器中，把干酵母放入酵母容器。
- ②按照“制作面包面团”(P. SC58)的步骤制作面团。

### 成形

- ③把取出的面团分成约60 g (8等分)，揉成团，盖上小毛巾后放置10分钟。
- ④用手指按入面团中央，并转动使中间的洞变大，形成甜甜圈状。

### 发酵

- ⑤放在撒了面粉的烘焙纸上，在30～35℃温度条件下，使面团发酵约40分钟（膨胀到大约2倍大小为止）。

### 水煮

- ⑥用开水将两面各煮30秒，沥干水分。

### 烘烤

- ⑦放在铺有烘焙纸的烤盘上，在预热到170～190℃的烤箱内烘烤大约15～20分钟。



## 酸奶面包

### 制作面包面团

- ①在面包容器内依次添加A→酸奶→牛奶，在酵母容器内放入干酵母。
- ②按照“制作面包面团”(P. SC58)的步骤制作面团。

### 成形

- ③将取出的面团分成每个约50 g (10等分)，揉成团，盖上布后放置10分钟。
- ④将面团摆好划出小口，洒上水。

### 发酵

- ⑤在30～35℃的温度条件下使面团发酵约40～60分钟（膨胀后的大小约为原来的2倍）。

### 烘烤

- ⑥涂上蛋液，放入预热至180～200℃的烤箱内烘烤约15分钟。





# 使用披萨面团



材料 (2个直径25 cm的披萨的量)

披萨面团 (P. SC58)	1次的量
披萨调味汁	72 g (大4)
披萨用奶酪	200 g
辅料 (例)	
洋葱 (切薄片)	1小个
香肠 (切薄片)	10片
培根	2片
蘑菇 (切薄片)	6个
青椒 (切薄片)	2个



材料 (直径25 cm 2个份)

披萨面团		
A	高筋面粉	280 g
	砂糖	9 g (大¾)
	食盐	5 g (小1)
	橄榄油	12 g (大1)
	水	180 g (mL)
	干酵母	2.8 g (小1)
B	迷迭香	适量
	精盐 (海盐或粗盐)	适量

## 披萨

### 成形

- ①用刮板将面团2等分,揉成团。  
(如果是薄披萨面团就分成3等分)
- ②盖上小毛巾后放置10~20分钟。
- ③放在烘焙纸上,擀成25 cm直径的大小。
- ④用叉子在面饼上戳洞。



### 添加辅料

- ⑤涂上披萨调味汁,加调料,再放上披萨奶酪。

### 烘烤

- ⑥在预热到180~200℃的烤箱内烘烤大约15分钟。  
剩下的面团放在冰箱内避免过度发酵。

## 佛卡夏

### 制作披萨面团

- ①在面包容器内依次添加A→橄榄油→水,在酵母容器内放入干酵母。
- ②按照“制作披萨面团”(P. SC58)的步骤制作面团。

### 成形

- ③将取出的面团等分成2份,揉成团,盖上布放置10分钟。

### 发酵

- ④将面团放在烘焙纸上,擀成直径25 cm的圆形面皮。
- ⑤在30~35℃的温度条件下发酵40~60分钟。

### 烘烤

- ⑥用手指在面团表面按出小坑,涂上橄榄油(规定份量以外)。
- ⑦撒上B,用已预热到180~200℃的烤箱烘烤约15分钟。

面团

各种口味的面包

# 各种口味的面包

使用8分钟快速面团



**材料** (2个直径25 cm的披萨的量)

脆式披萨面团 (P. SC59)	1次的量
披萨调味汁	80 g
披萨用奶酪	200 g
<b>辅料 (例)</b>	
罗勒干	适量



**材料** (6个的量)

印度烤饼面团 (P. SC59)	1次的量
手粉	适量



**材料** (8个的量)

墨西哥卷面团 (P. SC59)	1次的量
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**材料** (12个的量)

豆沙包面团 (P. SC59)	1次的量
红豆馅	300 g

## 脆式披萨

### 成形

- ①用刮板将面团2等分，揉成团。
- ②盖上小毛巾后放置10 ~ 20分钟。
- ③放在烘焙纸上，擀成25 cm直径的大小。
- ④用叉子在面饼上戳洞。



### 添加辅料

- ⑤涂上披萨调味汁，加调料，再放上披萨奶酪。

### 烘烤

- ⑥在预热到200 °C的烤箱内烘烤大约15分钟。  
剩下的面团放在冰箱内避免过度发酵。

## 印度烤饼

### 成形

- ①用刮板将面团分割成约80 g的大小（6等分），揉成团。
- ②盖上小毛巾后放置10分钟。
- ③擀成厚度约6 ~ 7 mm的圆形面皮。

### 煎烤

- ④将印度烤饼放入平底锅中后盖上锅盖将两面煎至金黄色。
  - 平底锅中不放油
  - 以中火单面约煎3 ~ 5分钟

## 墨西哥卷

### 成形

- ①用刮板将面团分割成约40 g的大小（8等分），揉成团。
- ②擀成15 cm直径的大小。



### 煎烤

- ③在平底锅内均匀的铺上一层薄薄的油膜后将两面煎至金黄色。

## 豆沙包

### 成形

- ①用刮板将面团分割成约36 g的大小（12等分），揉成团。
- ②盖上小毛巾后放置10分钟。
- ③将红豆馅分割成约25 g的大小（12等分）。



### 发酵

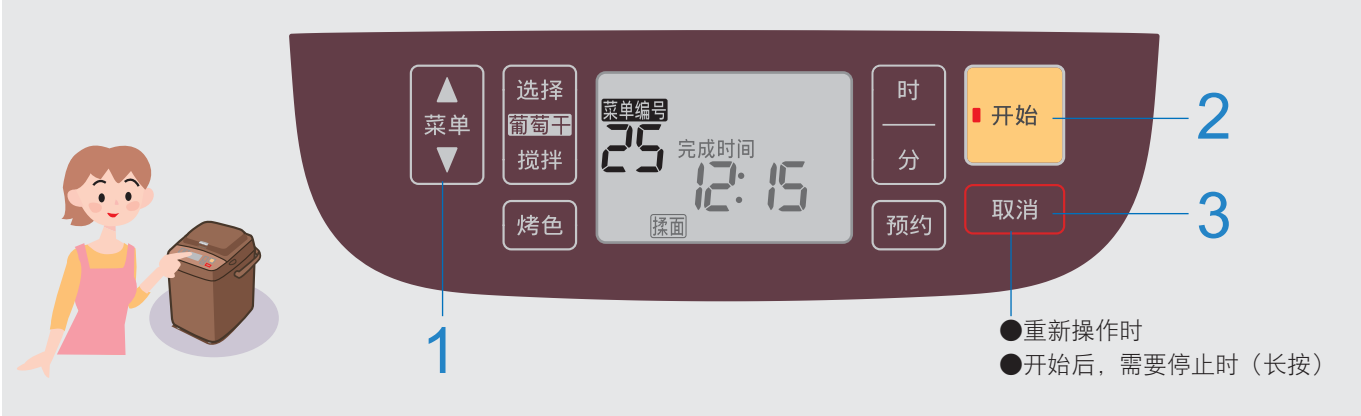
- ④面团包入红豆馅后以常温发酵15分钟。  
(如果想要发酵更充足膨胀更大的话，建议发酵至原先面团的2倍大为止)

### 蒸

- ⑤将④放在蒸容器中，用中火蒸约10分钟。

# 制作饺子皮面团

所需时间：约15分



- 准备**
- ①在面包容器内安装面包用叶片。
  - ②将材料放入面包容器内。
  - ③把面包容器装入本体内。

## 材料

饺子皮面团	
饺子粉	280 g
温水 (35 ℃左右)	150 g (mL)

或

高筋面粉	140 g
低筋面粉	140 g
温水 (35 ℃左右)	170 g (mL)

## 1 选择菜单“25”



## 2 开始



## 3 发出哔哔声后，按下“取消”立即取出面团



## 材料 (30 ~ 40个的量)

花生油	15 g (大1)
八角	5 g
韭菜	125 g
五花肉	250 g
食盐	2 g
味精	2 g
五香粉	6 g
酱油	18 g (大1)

(可根据需要，自行调整配方)

## 水饺

### 制作水饺馅

- ①用花生油炸八角，将油炸八角的油冷却后，与韭菜混合搅拌均匀(防止韭菜渗水)，再与五花肉以及调味料混合搅拌均匀即可。

### 擀面

- ②取出面团后，搓成直径3 cm的长条，并切成2 cm宽。用擀面杖将制成的面团，擀成直径约8 cm的圆形。  
※ 每个饺子皮大约重9 g，大约可制成30 ~ 40个饺子。

### 制作饺子

- ③将饺子馅置于饺子皮中，制成饺子。  
※ 可根据个人喜好将饺子制成月牙形或三角形等。

### 煮水饺

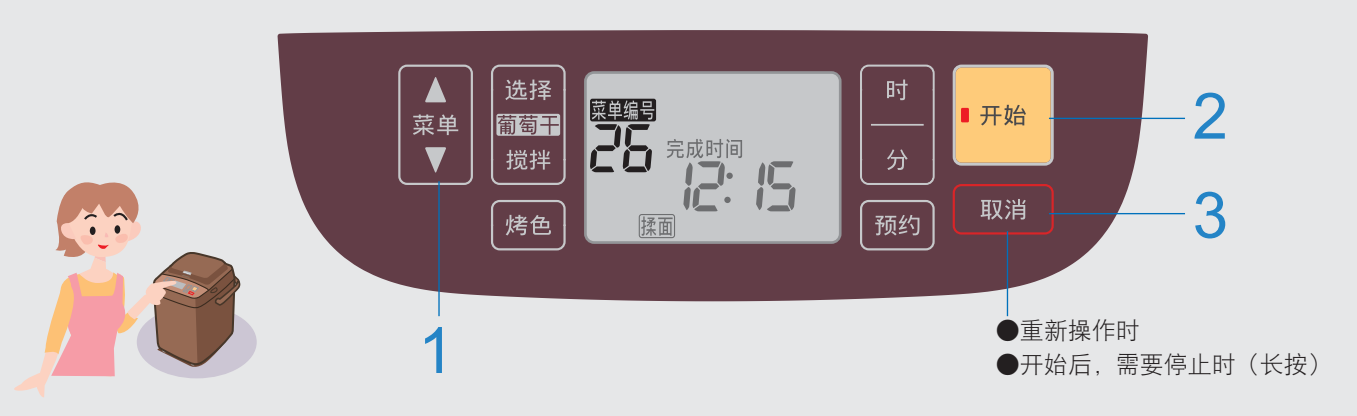
- ④盛上半锅水烧开，然后将饺子置于沸水中，等再次沸腾后向锅中加入半碗冷水，依次重复3次。(此动作可以提高饺子皮的韧性、弹性)

各种口味的面包

面团

制作饺子皮面团

# 制作乌冬面、意大利面面团



- 准备**
- ①在面包容器内安装**制作面条、麻糬用叶片**。
  - ②在金属碗等容器中搅拌A。
  - ③在另一个容器中搅拌B。
  - ④在面包容器内依次放入A→B。(最后, 在意大利面面团里加入橄榄油)

**材料** (不能用于制作荞麦面和拉面面团)

乌冬面面团 (3 ~ 4人份)	
A	高筋面粉 150 g
	低筋面粉 150 g
B	食盐 10 g (小2)
	温水※1 160 g (mL)
	手粉※2 适量
※1 温水的温度在 35 ~ 40 ℃。	
※2 手粉可使用淀粉或高筋面粉等代替。	

意大利面面团 (3 ~ 4人份)	
A	高筋面粉 150 g
	低筋面粉 150 g
B	食盐 5 g (小1)
	鸡蛋 (打匀) 50 g
	水 120 g (mL)
	橄榄油 4 g (小1)
	手粉※1 适量
※1 手粉可使用淀粉或高筋面粉等代替。	

■还可调配成色彩鲜艳的面食！

➡将蔬菜等材料汆烫过, 再用食物处理机搅成糊状放入面包容器内。

➡减少添加材料对应的水分10 ~ 30 g (mL)。(基本量120 g (mL))

※黑芝麻粉 大1  
……水量120 g (mL)  
番茄泥 47 g (大3) ……水量90 g (mL)  
菠菜糊 50 g ……水量90 g (mL)



## 1 选择菜单“26”



## 2 开始



## 3 发出哔哔声后按下“取消”键, 立即取出面团

## 4 将光滑的一面朝上, 揉成团, 用保鲜膜等包起来放置

- 乌冬面…室温条件下放置约 2 小时 (温度高时放入冰箱保存)
- 意大利面…放入冰箱冷藏约 1 小时



■保存时

- 冷藏室 (保存时间2 ~ 3天)  
➡撒上高筋面粉后用保鲜膜包起来。
- 冷冻库 (保存时间约1个月)  
➡切成面的宽度 (P. SC67) 后用保鲜膜包起来。



所需时间：约15分



## 乌冬面

### 擀面

- ① 用菜刀或刮刀切成2 ~ 4等分。
- ② 撒上高筋面粉后，用擀面杖从中心向周边擀成厚约3 mm的面饼。  
(冷藏的面团要等其恢复到常温后再擀)



### 切面

- ③ 将面团折起来，从一端开始切成宽约3 mm的面条。  
(不好切时，在面团上撒上高筋面粉)



### 煮面

- ④ 将大锅盛满水、烧开，拍掉面团上沾的高筋面粉放进锅里煮。  
(煮面的时间基准为8 ~ 13分钟)
- ⑤ 用冷水冲掉黏液，沥干水份。



- 与市场出售的意大利面相比，外观、面条柔软度、口感都不同。

## 意大利面

### 擀面

- ① 用菜刀或刮刀切成4等分。
- ② 撒上高筋面粉后，用擀面杖从中心向周边擀成厚约1 mm的面饼。



### 切面

- ③ 在表面撒上高筋面粉，从一端开始卷起来，之后切成宽约5 mm的面条。  
(煮后会稍稍变大，所以面切细些)
- ④ 抖开面条，撒上高筋面粉。



### 煮面

- ⑤ 将大锅盛满水、烧开，拍掉面团上沾的手粉放进锅里煮。  
(煮面的时间基准为3 ~ 5分钟)
- 步骤① ~ ③也可使用制面机制作。  
(在面团上撒上足够的高筋面粉)



面团

制作乌冬面、意大利面团

# 制作英式茶饼



- 准备**
- ①在面包容器内安装面包用叶片，依次放入鸡蛋与牛奶的混合物，原味酸奶。
  - ②将材料放入面包容器内。
  - ③将面包容器装入本体内。

## 材料

英式茶饼	
鸡蛋1个与牛奶的混合物	80 g
原味酸奶（无糖）	50 g（约50 mL）
低筋面粉	120 g
高筋面粉	60 g
泡打粉	5 g
黄油（切成1 cm块状）※	35 g
砂糖	24 g（大2）
食盐	2.5 g（小½）

※若室温在15℃以下，切成5 mm块状。

- 可选用喜欢的材料及辅料烘焙！  
（一开始放入面包容器的辅料总重量）  
（不要超过120 g）
- 在步骤3中误按“取消”键时  
10分钟以内按下“开始”键，即可恢复  
（仅限1次，按其他键无效）
- 在步骤3经过3分钟后  
蜂鸣器会响起，并自动开始“揉面”。
- 在步骤5中误按了“取消”键时  
10分钟内按下“开始”键，即可恢复  
（仅限1次，按其他键无效）
- 在步骤5经过3分钟后  
蜂鸣器响起，并自动开始“烘烤”。  
（因为外型不易成形，烘烤出炉后）  
（英式茶饼的表面凹凸不平）
- 英式茶饼与用干酵母制成的面包不同。  
※盖子容易因油烟变脏，使用完后请务必  
擦拭。（P. SC84）

## 1 选择菜单“27”



■ 选择烤色 → 烤色（P. SC21）

## 2 开始



（约2分钟后）



## 3

发出哔哔声后，  
打开上盖进行 **手动去粉**

在3分钟以内

- 使用橡皮刮刀等工具刮除四周的粉。  
（使用金属铲容易刮伤氟素涂层）
- 不要按下“取消”键



## 4

关闭上盖，**再次开始**



（约1分钟后）

所需时间：约54分

## 5 发出哔哔声后打开上盖 整理面包面团的表面

在3分钟以内

- 用橡皮刮刀等整理周围的面团，整成山的形状。（参照右图）  
（使用金属铲容易刮伤氟素涂层）
- 不要按“取消”键



## 6 关闭上盖，再次开始



- 显示时间范围为45 ~ 51分钟

## 7 发出哔哔声后按下“取消”键，取出面包容器， 冷却2分钟左右后 取出英式茶饼

- 请确认面包用叶片是否粘在面包底部。
- 烘烤不足时，进行“追加烘烤”。（下述）
- 取出用力过猛时会破坏面包形状。

### 烘烤不足时“追加烘烤”

烘焙结束后，最多可进行2次追加烘烤。

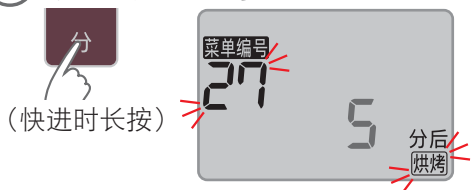
※“追加烘烤”要在烘烤结束后的15分钟内进行。

库内温度一旦变低就无法追加烘烤。

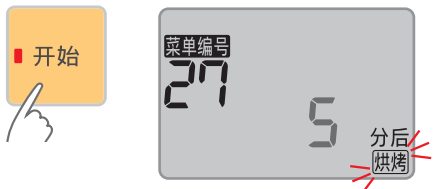
### ① 选择菜单“27”



### ② 设定烘烤时间



### ③ 开始



- 可设定1 ~ 20分钟。

■取消追加烘烤时，➡ 长按“取消”键

■还可通过以下方法进行“追加烘烤”。

※在步骤7（上述）未按下“取消”键时

① 按下 ，设定烘烤时间

② 按下 ，开始



### 法式咸味面包

#### 菜单“27”烤色“浓”

鸡蛋1个与牛奶的混合物	60 g
低筋面粉	150 g
泡打粉	5 g
黄油（切成1 cm小块）※	20 g
砂糖	8 g（小2）
食盐	2.5 g（小½）
马铃薯（剥皮磨碎）	90 g
黑胡椒（粗粒）	少量
培根（切5 mm的块状）	30 g
奶酪（切5 mm的块状）	30 g
胡萝卜 （切成5 mm小块，水煮但不煮烂）	20 g
玉米（粒）	20 g
毛豆（剥开的豆粒）	20 g

※室温低于15℃时，切成5 mm小块。

- 按从上到下的顺序将所有材料放入面包容器。

### 番茄与毛豆英式茶饼

#### 菜单“27”

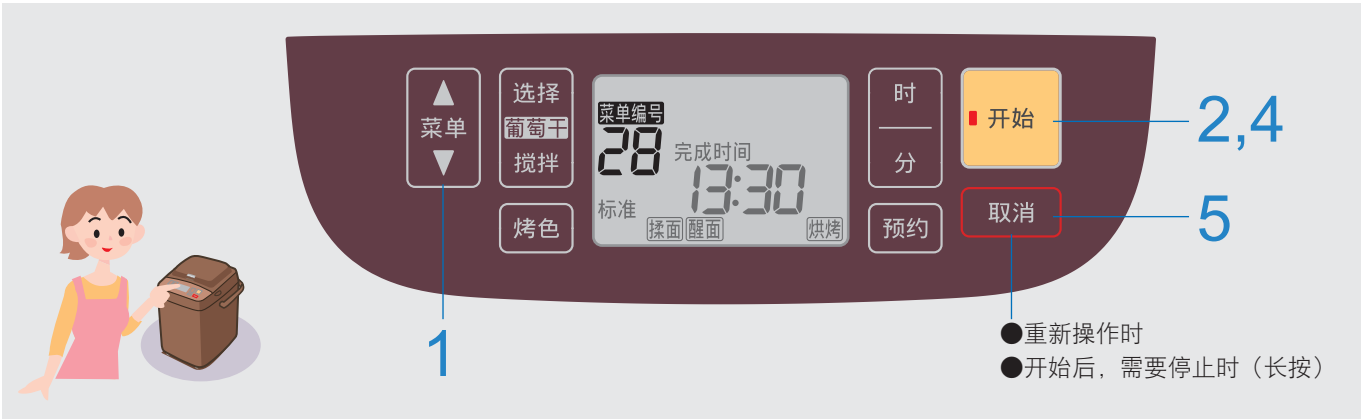
鸡蛋1个与番茄汁的混合物	100 g
橄榄油	24 g（大2）
低筋面粉	120 g
高筋面粉	60 g
泡打粉	5 g
砂糖	18 g（大1½）
食盐	2.5 g（小½）
黑胡椒（粗粒）	少量
您所喜欢的干香草 （罗勒）	小½
番茄干（干燥） （等干硬后分成4等分）	10 g
毛豆（剥开的豆粒）	50 g
奶酪（切成1 cm的块状）	50 g

- 按从上到下的顺序将所有材料放入面包容器。

甜品

制作英式茶饼

# 制作蛋糕



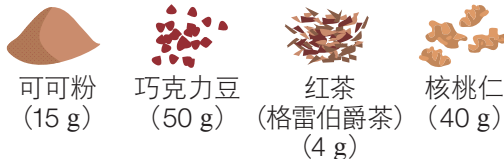
- 准备**
- ①在面包容器内安装面包用叶片。
  - ②在面包容器内依次放入黄油、砂糖、牛奶、鸡蛋。
  - ③放入一起筛过的 A，再将面包容器安装到本体内。

## 材料

蛋糕		
无盐黄油※	110 g	
砂糖	100 g	
牛奶	15 g (大1)	
鸡蛋 (打匀)	100 g	
A {	低筋面粉	180 g
	泡打粉	7 g

※切成1 cm小块, 恢复至常温。

■可以添加自己喜欢的材料或辅料！  
(固体形状的辅料可在清除面粉时均匀地放进去)



■在步骤3误按了“取消”键时  
在10分钟内按下“开始”即可恢复。  
(仅限1次。按其他键无效)

■在步骤3经过15分钟后，会发出蜂鸣，并自动开始“搅拌”功能。  
(如果不清除掉面粉，烤好的)  
蛋糕表面会残留面粉)

●做出的蛋糕接近黄油蛋糕。  
(但与市场销售的海绵蛋糕)  
并不完全相同)

## 1 选择菜单“28”



■选择烤色 → 烤色 (P. SC21)

## 2 开始



## 3 发出哔哔声后，清除面粉

- 使用橡皮刮刀等清除周围的面粉。  
(使用金属铲容易刮伤氟素涂层)
- 不要按“取消”键



## 4 再次开始



## 5 发出哔哔声后按下“取消”键，取出面包容器，冷却2分钟左右后取出蛋糕

- 烘焙不足时，进行“追加烘烤”。(P. SC71)
- 取出用力过猛时会破坏蛋糕形状。



所需时间：约1小时30分



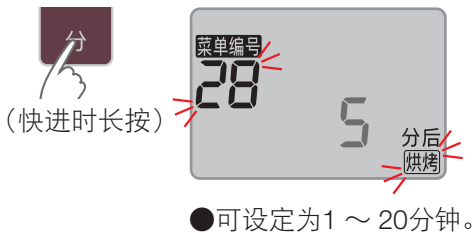
## 烘烤不足时，进行“追加烘烤”

烘烤结束后，最多可进行2次追加烘烤。  
※“追加烘烤”要在烘烤结束后的15分钟内进行。  
库内温度一旦变低就无法追加烘烤。

### ① 选择菜单“28”

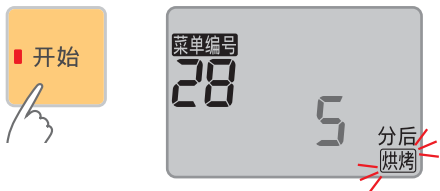


### ② 设定烘烤时间



●可设定为1～20分钟。

### ③ 开始



■取消追加烘烤时，➡ 长按“取消”键

■还可通过以下方法进行“追加烘烤”。  
※在步骤5（P. SC70）没有按下“取消”键时

- ① 按下 ，设定烘烤时间
- ② 按下 ，开始



#### 柠檬蛋糕

无盐黄油（切成1 cm小块）	110 g
砂糖	100 g
牛奶	15 g（大1）
鸡蛋（打匀）	100 g
朗姆酒（或白兰地）	13 g（大1）
A 低筋面粉	180 g
泡打粉	7 g
柠檬皮（磨碎）※	1 个份

※在清除面粉时放入

#### 巧克力蛋糕

无盐黄油（切成1 cm小块）	100 g
砂糖	100 g
鸡蛋（打匀）	100 g
可可粉	15 g（大2½）
A 低筋面粉	180 g
泡打粉	7 g
巧克力豆※	50 g
糖渍桔皮（切成5 mm～1 cm的块状）※	40 g

※在清除面粉时放入

#### 南瓜蛋糕

无盐黄油（切成1 cm小块）	100 g
砂糖	80 g
牛奶	30 g（约30 mL）
鸡蛋（打匀）	100 g
南瓜（切成2 cm小块，加热弄软）	100 g
A 低筋面粉	180 g
泡打粉	7 g

#### 抹茶红豆蛋糕

无盐黄油（切成1 cm小块）	80 g
砂糖	100 g
鸡蛋（打匀）	150 g
抹茶	3 g（小1½）
A 低筋面粉	180 g
泡打粉	7 g
红豆洗净煮熟并沥干（切成大小5 mm左右）※	50 g

※在清除面粉时放入

甜品

制作蛋糕

# 制作蔬菜蛋糕



- 准备**
- ①制作蔬菜蛋糕面糊。
  - ②将面包用叶片从面包容器中取出，倒入面糊。
  - ③将面包容器装入本体。

## 材料

蔬菜蛋糕	
A	鸡蛋 50 g
	胡萝卜（磨碎） 50 g
	A+无糖豆浆 200 g
	砂糖 60 g
	沙拉油 40 g（大3+小1）
B	低筋面粉 130 g
	泡打粉 5 g

## 蔬菜蛋糕面糊的制作方法

- ①调整豆浆重量，使A与豆浆的总重量达到200 g。
- ②将A与砂糖放入碗中，用打蛋器充分混合。
- ③添加沙拉油，搅拌均匀。
- ④添加过筛后的B，搅拌至均匀且光滑。



低筋面粉、砂糖、  
泡打粉可以用150 g  
茶饼粉代替

## 1 选择菜单“29”



## 2 开始



## 3 发出哔哔声后按下“取消”键， 取出面包容器，冷却2分钟左右后 取出蔬菜蛋糕

- 烘焙不足时，进行“追加烘烤”。（P. SC73）

所需时间：约55分

# 烘烤不足时，“追加烘烤”

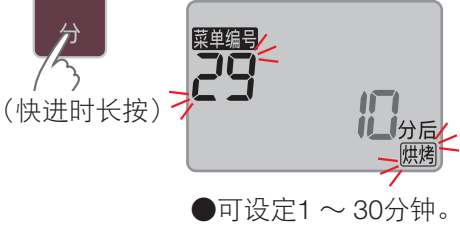
添加辅料等导致烘烤不足时（将竹签插进去，面团会黏住时），在烤好后最多可进行2次追加烘烤。  
※“追加烘烤”要在烘烤结束后的15分钟内进行。  
库内温度一旦降低就无法追加烘烤。



## ① 选择菜单“29”





## ② 设定烘烤时间



## ③ 开始



■取消追加烘烤时 ➡ 长按“取消”键

- 还可通过以下方法进行“追加烘烤”。  
※在步骤3（P. SC72）未按下“取消”键时
- ① 按下 , 设定烘烤时间
  - ② 按下 , 开始

甜品

制作蔬菜蛋糕

# 蔬菜蛋糕菜单



## 菠菜蔬菜蛋糕

### 菜单“29”

A	鸡蛋	50 g
	菠菜※	50 g
A+无糖豆浆		200 g
砂糖		60 g
沙拉油		40 g (大3+小1)
B	低筋面粉	130 g
	泡打粉	5 g

添加豆浆，确保与A的总重量为200 g，其它材料一起加入过筛后的B后与之混合均匀。

※必须进行如下准备。

用保鲜膜包好，放入微波炉（600 W）加热约1分钟，或煮熟并滤掉水分后剁碎。



## 南瓜蔬菜蛋糕

### 菜单“29”

A: 鸡蛋		50 g
A+无糖豆浆		150 g
南瓜(切碎)※		50 g
砂糖		60 g
沙拉油		40 g (大3+小1)
B	低筋面粉	130 g
	泡打粉	5 g

在150 g鸡蛋与豆浆的混合物中，加入其他材料、过筛后的B并搅拌均匀。

※必须进行如下准备。

用保鲜膜包好，放入微波炉（600 W）加热约2分钟，或煮熟并滤掉水分后打碎。

## 地瓜蔬菜蛋糕

### 菜单“29”

A: 鸡蛋		50 g
A+无糖豆浆		150 g
地瓜(切成1 cm的块状)※		50 g
砂糖		60 g
沙拉油		40 g (大3+小1)
B	低筋面粉	130 g
	泡打粉	5 g

在150 g鸡蛋与豆浆的混合物中，加入其他材料、过筛后的B并搅拌均匀。

※必须进行下列准备工作。

切成1 cm的小块，放入微波炉（600 W）加热约1分钟，或煮熟后用厨房用纸擦干水分。

●请根据微波炉的种类调整加热时间。

## 洋葱玉米蔬菜蛋糕

### 菜单“29”

A	鸡蛋	50 g
	洋葱(剁碎)※1	50 g
A+无糖豆浆		200 g
砂糖		60 g
食盐		5 g
沙拉油		40 g (大3+小1)
芝士粉		10 g
玉米(粒)		20 g
B	低筋面粉	130 g
	泡打粉	5 g
芝士粉※2		5 g

添加豆浆，确保与A的总重量为200 g，加入其他材料、过筛后的B并搅拌均匀。

※1 必须进行下列准备工作。

用保鲜膜包好，放入微波炉（600 W）加热约1分钟，或煮熟并滤掉水分后剁碎。

※2 将面糊倒入面包容器后，从上方撒下。



# 制作红豆馅

所需时间：约1小时



- 准备**
- ①**水煮红豆**。（参照下述“水煮红豆的制作方法”）
  - ②在面包容器内安装面包用叶片。
  - ③放入砂糖，再在上面放入水煮红豆。
  - ④将面包容器安装至本体上。

**材料**（制成后重量约为 450 g 的份量）

红豆馅	
水煮红豆※	（约360 g）
└干燥红豆	150 g
└水	450 ~ 600 g (mL)
砂糖	200 g

※用市面上销售的水煮红豆制作质量不太好。

●请务必遵守上述份量规定。

## 水煮红豆的制作方法

- ①清洗红豆，挑出虫蛀豆及杂质。
- ②在锅内放入红豆与水，大火煮开。
- ③煮开后改中火，煮4 ~ 5分钟。
- ④用筛子沥干水份。（去除杂质）
- ⑤在锅中加入④及充分的水，用中火煮开。煮开后改小火，稍微搅拌，盖上上盖小火慢煮。（标准：60分钟…时间将因火力及红豆的质量不同而有所差异。  
※如果水不够的话，加入适量的水，保持水高过红豆
- ⑥煮到轻轻用手一压就可以将红豆压碎后，用筛子沥干水份。

## 1 选择菜单“33”



## 2 开始



## 3 发出哔哔声后按下“取消”键，用橡皮刮刀取出红豆馅

- ※请务必用橡皮刮刀等柔软的工具取出。  
（使用坚硬的工具可能会损伤面  
包容器的氟素涂层）
- 根据个人喜好也可加少量的食盐
  - 刚煮完后很软，冷却后会变硬

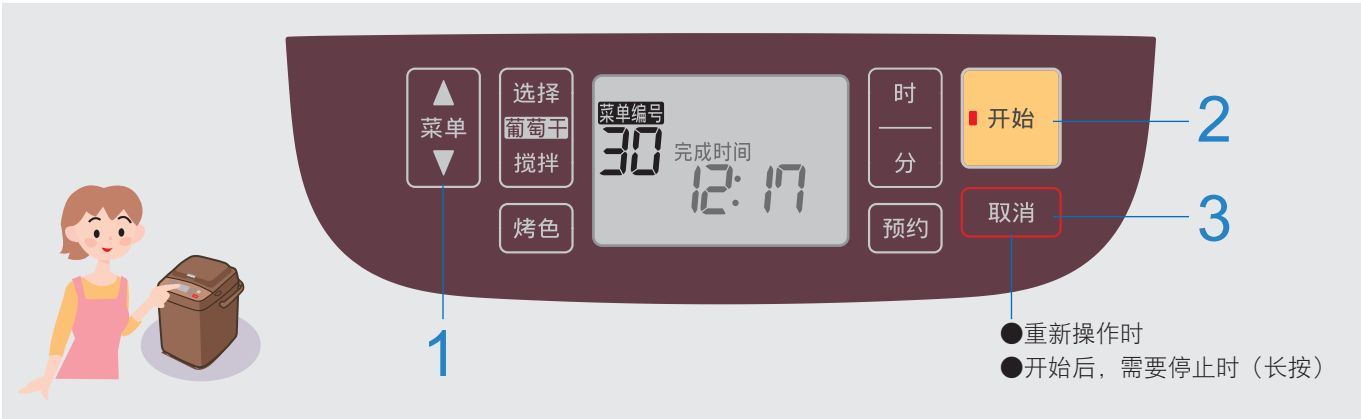
- 保存时  
用保鲜膜包住，
- ➡放冷藏室（保存时间约1星期）
  - ➡放冷冻库（保存时间约1个月）

蔬菜蛋糕菜单

甜品

制作红豆馅

# 制作巧克力点心



- 准备**
- ①在面包容器内安装面包用叶片。
  - ②在面包容器内放入掰碎的巧克力块。
  - ③加入鲜奶油、蜂蜜，再将面包容器放入本体内。

**材料** (约为宽13 cm×长13 cm×高1 cm的份量)

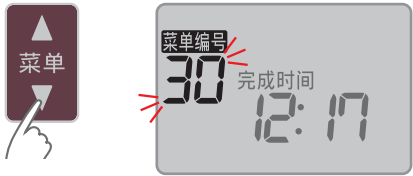
<b>巧克力点心 (牛奶)</b>	
牛奶巧克力 (市面销售的巧克力板)	165 ~ 174 g (3块)
鲜奶油 (乳脂肪含量35%)	50 g (mL)
蜂蜜	10 g

<b>巧克力点心 (白)</b>	
白巧克力 (市面销售的巧克力板)	160 ~ 180 g (4块)
鲜奶油 (乳脂肪含量35%)	50 g (mL)
蜂蜜	10 g

<b>巧克力点心 (黑)</b>	
黑巧克力 (市面销售的巧克力板)	165 ~ 174 g (3块)
鲜奶油 (乳脂肪含量35%)	70 g (mL)
蜂蜜	10 g

※奶鲜奶油使用乳脂肪含量在41%以上时，鲜奶油含量内的10 mL改为牛奶。  
【例】黑巧克力时  
鲜奶油：60 g (mL)，  
牛奶：10 g (约10 mL)  
●请务必遵守上述份量规定。  
否则可能会造成油水分离或太软。

## 1 选择菜单“30”



## 2 开始



## 3 发出哔哔声后，按下“取消”键，取出面包容器，用橡皮刮刀清除黏在面包用叶片上的巧克力，再手动拆下面包用叶片

- 还有部分未溶化时，选择“追加搅拌”。(P. SC77)
- 使用金属等刮铲及夹具等时，可能会有损伤。

## 4 使用橡皮刮刀将巧克力装在铺有保鲜膜及烘焙纸的平底容器中

## 5 在冰箱内冷藏凝固 2小时以上

## 6 切成适当大小

- 切好的巧克力，上面可以撒上速溶咖啡粉及糖粉等。

所需时间：约17分



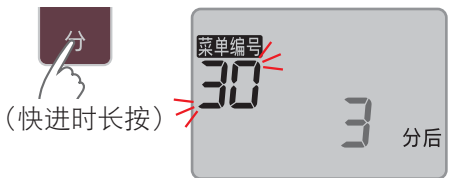
### 搅拌不足时，进行“追加搅拌”

搅拌结束后，最多可进行2次追加搅拌。  
※“追加搅拌”要在搅拌结束后的5分钟内进行。  
库内温度一旦变低就无法追加搅拌。  
※“追加搅拌”前用橡皮刮刀铲下面包容器周围黏附的巧克力，再充分搅拌。

#### ① 选择菜单“30”



#### ② 设定搅拌时间



●可设定为1～5分钟。

#### ③ 开始



■取消追加搅拌时，➡按“取消”键

■还可通过以下方法进行“追加搅拌”。  
※在步骤3 (P. SC76) 没有按下“取消”键时

- ① 按下 **分**，设定搅拌时间
- ② 按下 **开始**，开始

#### 草莓巧克力

白巧克力(板)	160 g (4块)
黄油	20 g
蜂蜜	10 g
草莓 (捣碎/泥状)	40 g



#### 玉米脆片巧克力 (一口一个约20个的量)

黑巧克力(板)	116 g (2块)
A 鲜奶油(乳脂肪含量35%)	40 g (mL)
蜂蜜	10 g
玉米脆片	100 g

- ①使用A制作巧克力。(P. SC76)
- ②将①与玉米脆片混合在一起。
- ③用汤勺将巧克力分别放到烘焙纸上。大小可按个人喜好，放在冰箱，使其凝固。



#### 慕斯巧克力 (约玻璃杯五杯的量)

黑巧克力(板)	116 g (2块)
A 鲜奶油 (乳脂肪含量35%)	60 g (mL)
蜂蜜	10 g
鲜奶油	180 g (mL)
您喜欢的水果(装饰用)	适量

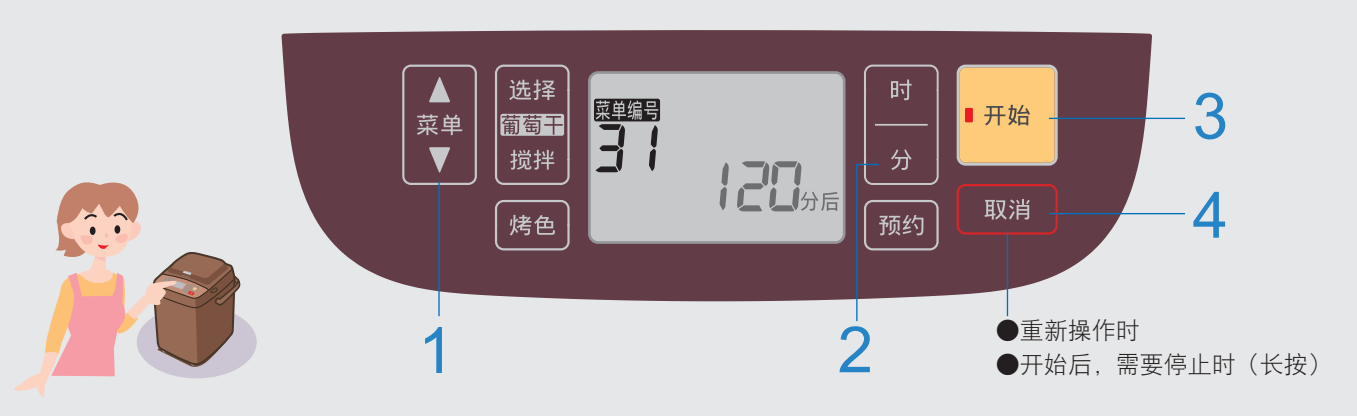
- ①使用A制作生巧克力。(P. SC76)
- ②将鲜奶油打至发泡。
- ③在②中加入温热的①搅拌。
- ④盛到玻璃杯中，冷却，根据个人喜好装饰水果。

●根据个人喜欢，还可将切碎的巧克力与坚果(10～20 g)混合搅拌。

甜品

制作巧克力

# 制作果酱



- 准备**
- ①在面包容器内安装面包用叶片。
  - ②在面包容器内依次放入砂糖、水果、柠檬汁。
  - ③再安装至本体内。

## 材料

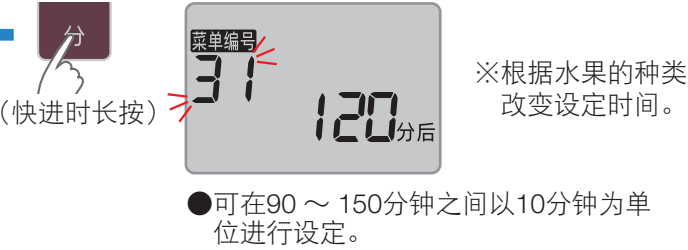
草莓果酱	
草莓 (洗净去蒂) (大的切成1/2)	净重400 g
砂糖	140 g
柠檬汁	38 g (约38 mL)

- 请务必遵守上述份量规定。  
否则可能导致辅料飞出及烧焦。
- 注意不要煮过头！  
果酱冷却后，会变浓稠。
- 通过控制砂糖的量，不使用添加物，  
可以制成稀软的果酱。  
无法长期保存！  
请放到冰箱保存，并尽快享用。
- 保存时间：约1星期

## 1 选择菜单“31”



## 2 设定烹饪时间（草莓果酱120分钟）



## 3 开始



## 4 发出哔哔声后按下“取消”键，取出面包容器，冷却（约10分钟）

- ※请注意不要放置在会倾倒的地方。
- 加热不足（水分较多、不够黏稠）时，  
进行“追加加热”。（P. SC79）

## 5 将面包容器倾倒的同时，用橡皮刮刀使之慢慢流入容器

- 使用金属等刮铲时，可能会造成损伤。



所需时间：约2小时



### 加热不足时，进行“追加加热”

加热结束后，最多可进行2次追加加热。  
※“追加加热”要在加热结束后的5分钟内进行。  
库内温度一旦变低就无法追加加热。

#### ① 选择菜单“31”



#### ② 设定烹饪时间



●可在10分钟～30分钟之间以1分钟为单位进行设定。

#### ③ 开始



■取消追加加热时，➡ 长按“取消”键

■还可通过以下方法进行“追加加热”。  
※在步骤4（P. SC78）没有按下“取消”键时

- ① 按下 ，设定烹饪时间
- ② 按下 ，开始



#### 蓝莓果酱

冷冻蓝莓	400 g
砂糖	140 g
柠檬汁	38 g (约38 mL)

■烹饪设定时间…150分钟  
(使用新鲜蓝莓时)  
110分钟

#### 苹果果酱

苹果 (削皮切成8块, 去芯, 切成1 cm宽)	净重400 g
砂糖	140 g
柠檬汁	38 g (约38 mL)

■烹饪设定时间…100 分钟

#### 水蜜桃果酱

水蜜桃 (削皮去核 切成2 cm小块)	净重400 g
砂糖	140 g
柠檬汁	38 g (约38 mL)

■烹饪设定时间…120 分钟

#### 橘子果酱

橘子 (洗净后, 将果瓣与果皮分开。 将果瓣再去白膜后, 取出果肉 并分成2～3等分。而果皮去 掉白色部分后再切碎。)	400 g
砂糖	140 g

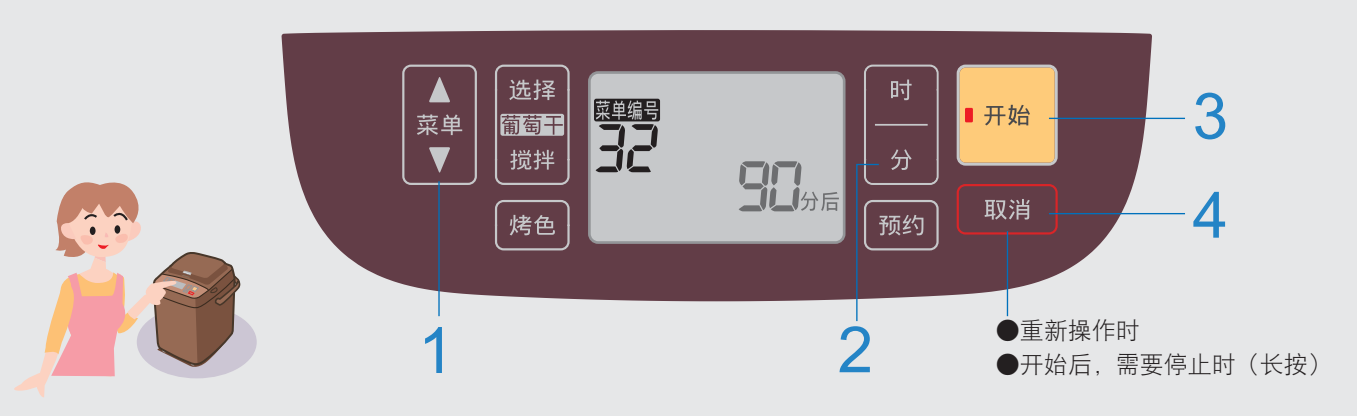
- ①在锅中放入皮, 以及高过皮的水, 水煮15分钟。
- ②将煮过的水沥出, 再加水继续水煮。
- ③重复3次, 沥干水分。
- ④在面包容器内依次放入果皮、砂糖、果肉。
- ⑤安装面包容器

■烹饪设定时间…120 分钟

甜品

制作果酱

# 制作蜜糖水果



- 准备**
- ①在面包容器（拿走叶片）中加入水、砂糖、柠檬汁，用橡皮刮刀充分搅拌。（直到砂糖完全融化）
  - ②将水果一个一个放进去，不要叠放。
  - ③将烘焙纸切成面包容器大小，且中心开一个1 cm左右的孔，当作上盖。
  - ④再安装至本体内。

## 材料

蜜糖水果	
苹果※ （切成4等分，去皮去芯）	约200 g （中等大小1个）
水	250 g (mL)
砂糖	60 g
柠檬汁	10 g (小2)

※有的品种容易煮烂。  
推荐使用果实比较结实的“富士”苹果等。

- 请务必遵守上述份量规定。  
否则可能导致加热不均或烤焦。

### ●水果的摆放方法（准备②）



### ●用烘焙纸当上盖（准备③）



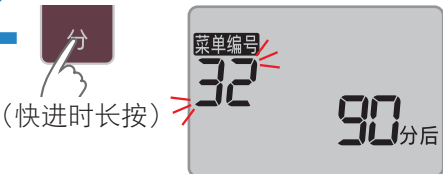
### ■食用时

应在完成后再放置半天左右再食用。  
（为了让糖浆渗入水果内）

## 1 选择菜单“32”



## 2 设定烹饪时间（蜜糖水果为90分钟）



※根据水果的种类  
改变设定时间。

- 可在60分钟 ~ 120分钟之间以10分钟  
为单位进行设定。

## 3 开始



## 4 发出哔哔声后按下“取消”键， 取出面包容器，冷却（约10分钟）

- ※请注意放置场所，以防倾倒。
- 加热不足（颜色偏白，用竹签插入时较硬）时，  
进行“追加加热”。（P. SC81）

## 5 慢慢移入容器， 连汤汁一起冷却

- 使用金属等刮铲及夹具等时，可能会有损伤。
- 取出容器后，将水果上下翻转，与糖浆一起慢慢冷却。  
冷却时，糖浆会慢慢渗入水果。



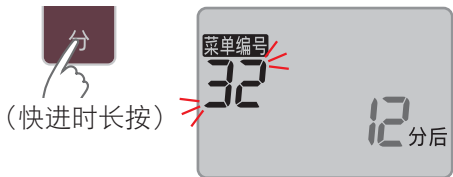
加热不足时，进行“追加加热”

加热结束后，最多可进行2次追加加热。  
※“追加加热”要在加热结束后的5分钟内进行。  
库内温度一旦变低就无法追加加热。

① 选择菜单“32”



② 设定烹饪时间



●可在10分钟～30分钟之间以1分钟为单位进行设定。

③ 开始



■取消追加加热时，➡ 长按“取消”键

■还可通过以下方法进行“追加加热”。  
※在步骤4 (P. SC80) 没有按下“取消”键时

- ① 按下 ，设定烹饪时间
- ② 按下 ，开始

所需时间：约1小时30分



蜜糖番茄

小番茄 (水煮后剥皮，将蒂头除去)	3个 (1个约100 g)
水	300 g (mL)
砂糖	60 g
生姜 (切薄片)	10 g

■烹饪设定时间…60 分钟

蜜糖枇杷

枇杷 (去皮，切成2块去芯)	3个 (1个约50 g)
水	250 g (mL)
砂糖	60 g
柠檬汁	10 g (小2)

■烹饪设定时间…60 分钟

蜜糖洋梨

洋梨 (去皮，切成4块去芯)	约180 g (中等大小1个)
水	250 g (mL)
砂糖	60 g
柠檬汁	10 g (小2)

■烹饪设定时间…60 分钟

蜜糖蜜枣

蜜枣 (干燥)	250 g
水	100 g (mL)
红酒	125 g (约125 mL)
砂糖	40 g
柠檬汁	10 g (小2)
肉桂	适量

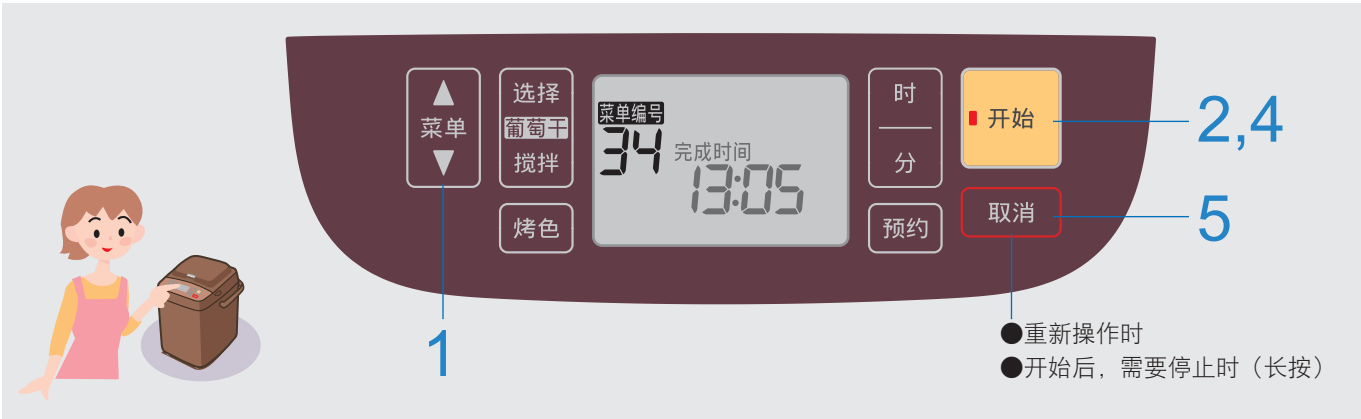
■烹饪设定时间…60 分钟

甜品

制作蜜糖水水果

# 制作麻糬

糯米无需用水泡。  
(用水泡过则麻糬会太软)

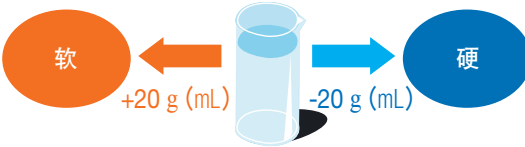


- 准备**
- ①洗糯米。(洗到水变清为止)  
※糯米不用泡水。(否则麻糬会变软)
  - ②用筛子将水沥干30分钟。
  - ③在面包容器内安装制作面条、麻糬用叶片。
  - ④放入糯米、水。

## 材料

麻糬		
(1个圆麻糬约35g)	约12个	约18个
糯米	280g	420g
水	长粒米 (190g (mL)) 短粒米 (200g (mL))	长粒米 (270g (mL)) 短粒米 (280g (mL))
手粉※	适量	适量
※ 可使用淀粉、或玉米粉代替。		

■如果想做出自己喜欢的软硬程度, 就要调整水的份量!



■在步骤3误按了“取消”键时, 在10分钟内按下“开始”即可恢复。  
(仅限1次。按其他键无效)

■步骤3经过30分钟后, 发出蜂鸣声, 自开始下一步。  
(上盖盖着的情况下)  
※麻糬变软, 则难以取出。

■糯米若泡过水时, 请减去相应的糯米吸收的水量。  
<减少基准>  
【12个】80g (mL) 【18个】140g (mL)

## 1 选择菜单“34”



## 2 开始



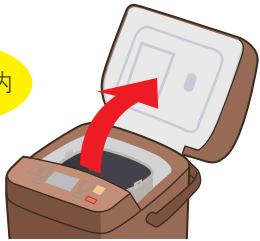
室温较低时, 显示为“55分钟后”

●叶片有时会转动。

## 3 打开上盖

●不要按“取消”键

在30分钟以内



## 4 马上开始



※为了让多余的水分散出, 将上盖打开

可在开始制作麻糬时放入艾草等。  
※不要放豆类等坚硬的材料! (会使面包容器的氟素涂层脱落)



所需时间：约1小时

■在刚做好的麻糬上放上自己喜欢的材料…



红豆麻糬



花生麻糬



萝卜麻糬

■中途混合些其他材料…

### 黑芝麻麻糬

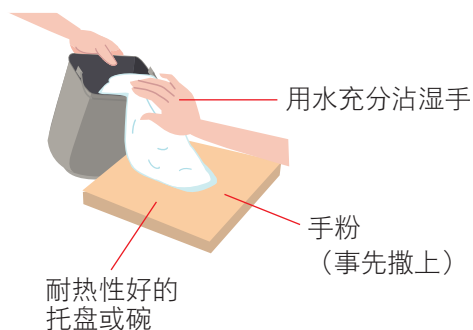
开始做麻糬后，一点点地放入2～3小计量匙的黑芝麻和少量的盐。

### 柚香麻糬

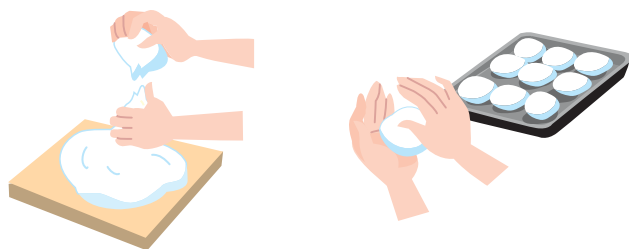
开始做麻糬后，一点点地放入捣碎的½个柚子皮（黄色部分）和少量的盐。

**5** 发出哔哔声后，按下“取消”键，  
**迅速取出面包容器，并放置等到面包容器可以用手触摸的程度（5～10分钟）**

**6** **取出麻糬**  
（从底部拿起来）



**7** **用手捏些麻糬，搓成团**



■马上食用时  
■保存时

■事先用水沾湿手。  
■事先在手上撒些手粉。

●麻糬的口感会受到水的用量、糯米的用量及种类、用了新米还是旧米等因素，而有所不同。

●放置时间过长，麻糬表面会变硬。

■麻糬的妥善保存方法…

①麻糬冷却后，拍掉麻糬粉。

②“放在室内时”

在湿度和温度较低的场所，可保存2天。

“放入冰箱时”

放入两层塑胶袋内，并封口，可保存1个月。

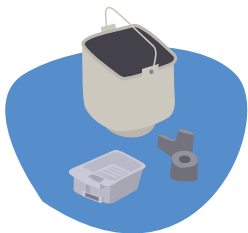
从面包容器中直接取出放置在保鲜膜上包起来保存，做成日式麻糬更简单。



甜品

制作麻糬

# 清洁保养



为了避免损伤  
氟素涂层……

- 尽快洗干净擦干！  
（不可在没洗干净或沾有水的环境下放置）
- 用柔软的海绵清洗！  
（不要使用去污粉、金属刷、  
海绵的尼龙面、百洁布、不要  
使用洗碗机清洗）

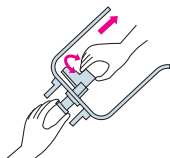


## 面包容器·叶片

清除剩余的面团，用水  
冲洗



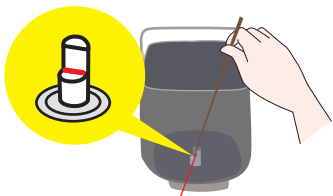
- ① 在面包容器内加入少量热水，放置一会。
- 叶片难以拆下时，左右转动一下再拔出来。



- ② 用水清洗面包容器和叶片。
- 安装轴周围不要残留面团等。面团等残留下来会损伤面包容器的氟素涂层。



- ③ 用竹签将粘在叶片处和安装轴上的面团清除干净。



- 面团若黏附在安装轴上，易造成叶片脱落，或残留于面包中。
- 若很脏时，请用厨房专用洗涤剂（中性）清洗。

## 上盖

用拧干的  
湿抹布擦拭



- 用湿抹布将黏在酵母容器的干酵母擦掉，然后再确认投放干酵母的孔已关闭。



## 天然酵母培养容器

用厨房专用洗涤剂（中性）  
充分清洗，晾干



- 生种酵母残留的话，细菌会繁殖腐烂，下次的生种酵母培养时会失败。
- 万一发生腐烂情况
- ① 撒上稀释过的厨房专用含氯漂白粉。
- ② 充分洗刷。

## 盖容器盖

### 取下，用水冲洗

【拆卸方法】



●打开上盖容器盖至70度角后，再将右侧向上提拉。

## 酵母容器

用拧干的  
湿抹布擦干净后，自然  
晾干。



**酵母容器不能用  
干布擦拭！**

产生的静电会导致  
干酵母不易落下

## 葡萄干·坚果容器

拆下后，用厨房的专用洗涤剂（中性）  
清洗



●向上拉。



- 用手指压，  
打开开闭板。
- 不要留下油脂。



## 本体

用拧干的  
湿抹布擦拭

●清除掉在库内散落的干  
酵母以及辅料等。



清洁保养

小帮手

SC85

# 常见问题

## 材料

可以用专用的面粉制作吗？

### 吐司面包

可以制作，但是需要调整水量。因为可能发生面包过度膨胀，或面包上方出现凹陷的情况。请减少5 ~ 10%的水量。

### 法国面包

可以制作，但是面包的质量与膨胀程度因专用面粉的种类而异。

### 乌冬面团（多用途面粉）

面团太硬的话可加入10 g (mL) 的水，如面团太软的话可减少10 g (mL) 的水。

可以用其他材料代替黄油和奶粉吗？

可以。

请使用等量的人造黄油、起酥油等固体油脂来代替黄油。

（因油脂种类不同，烤色有浓淡差别）

奶粉6 g (大1)，相当于70 g (约70 mL) 的牛奶。

●使用牛奶时，请减少相当于牛奶份量的水份。

可以按照市面销售的烹饪书中份量制作吗？

本说明书中的份量是针对本型号制面包机的情况制订的，若按其他份量进行烘烤的话，可能会烘烤不佳。



可以制作半斤的面包吗？

只能做“半份面包” (PSC41)。

其他菜单功能虽然材料可以取一半，但是“揉面”和“排气”的力度都很难把握，无法与面包机的烘焙相配合，所以无法制作。

可以用自己做的天然酵母吗？

因为发酵能力不稳定，不容易发酵成功。

► 建议使用发酵力比较稳定的“星野”天然酵母。



天然面包酵母及生种天然酵母如何保存？

### 天然酵母（元种） (P. SC13)

不耐高温，故密封后放入冰箱内保存。

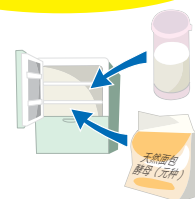
●请在保存期间（未开封状态下，依保存方法进行保存的有效期限）使用。

### 生种天然酵母 (P. SC57)

放入生种天然酵母的容器中盖上上盖，放进冰箱内冷藏保存。

●请在一周内用完。

禁止在冷冻，常温下保存  
（发酵能力丧失）



如何保存干酵母？

请放入冰箱保存。（开封后必须密封，并尽快用完）

●请在保质期间（未开封状态下，依保存方式进行保存的有效期限）使用。

●请勿放入冷冻库内冷冻保存。

（干酵母会吸湿结块，无法从酵母容器中脱落）

可用什么样的米饭制作米饭面包以及法国米饭面包？

放凉的米饭温度标准在30 °C 以下。

放入冰箱冷藏的米饭也可使用，但是变硬后难以软化时，要先加入水软化后再放入，这样比较容易搅拌。（P. SC91）

冷冻后的米饭，请在解冻后恢复至常温后再使用。

保温在12小时以内的米饭，请在冷却后再使用。

冷冻过的菠萝面包的曲奇面团可以用吗？

可以使用。

请事先自然解冻，注意放在面包面团上时不能太硬。



撒手粉时使用什么面粉比较好？

面包成形时，建议使用高筋面粉。  
制作麻糬时，建议使用淀粉。（还可以使用玉米粉及高筋面粉等。）

在水里泡了一晚的糯米还能用吗？

虽然可以使用，但做出来的麻糬会太软，因此一般不建议使用。  
请减少糯米吸收的那部份水量（12个：80 g（mL），18个：140 g（mL））。

吐司面包可以烘烤成方形吗？

用面包机烘烤出来的面包，在烘烤时面团会向上膨胀扩张，形成山形（“锅底”）状的面包。



如何切好面包？

烘烤结束后马上切会比较困难，建议待30分钟后再切。  
●把面包放倒后，前后移动用面包刀切开面包。



面包是否不好取出？

取出面包容器后，冷却2分钟仍难以取出时，请再将面包容器放入本体内，放置5～10分钟后再取出。  
●如果超出时间，面包会收缩下塌。  
●请勿使用刀叉、筷子等取出面包。  
（会伤害到氟素涂层）

面包叶片上是否残留了面团？

当面团的粘度较低的情况下，会发生面团残留在面包叶片上的情况。  
若介意的话，请在将面包叶片安装在本体之前，可以涂上一些油脂或者覆上一层面粉后再使用。

面包与面团可以冷冻保存吗？

#### 吐司面包

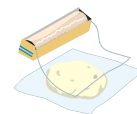
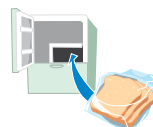
切成薄片，每片用保鲜膜包起来冷冻。  
尽可能将刚烤好的面包冷冻起来，味道会更好。  
●保持面包美味的冷冻时间大约为1个月。

#### 奶油卷

将成形、发酵好的面包摆放在托盘上，覆上保鲜膜放于冷冻库，冻好后放入塑胶袋中保存。  
烘烤时，在30～35℃下解冻后，涂上蛋液（打匀的鸡蛋）烘烤。  
●若急的话，直接在未解冻的状态下涂上蛋液，烘烤时间延长约5分钟。

#### 披萨

将擀好的面团用保鲜膜包起来冷冻。  
烘烤时，直接拿出来放上辅料烘烤。



使用天然酵母与干酵母做出来的面包感觉有些不一样？

使用天然酵母做出来的面包具有以下特征。  
●高度稍矮，颜色略深。  
●独特的口味。面包皮散发出炒年糕和甜酱油似的香气，具有微微的酸味和甜味。  
●面团的纹路稍稍粗一些。  
●吃起来有嚼劲。  
烘焙时还会散发出“类似酸奶的发酵气味”。

在面包或披萨面团的制作过程中，干酵母没有进行混合？

面团搅拌后，干酵母会在分割、成形及二次发酵中起到作用，所以没有问题。

# 常见问题

烘烤完成后相关事项

面包面团菜单做出的面包面团很软？

请将水的用量减少5 ~ 10 g (mL)。  
若撒上高筋面粉的话，会比较容易处理。

在面包或披萨面团的制作过程中，不怎么发酵

发酵的程度可能因比例不同而变慢。  
若面包面团披萨面团制作结束后，不打开上盖，继续放置时，可以继续发酵。  
(基准：20 ~ 30分钟)

在取面包时，叶片一起取下来了么？

面包烤制成型时,面包叶片有可能与面包一起被取出。若是直接切面包时，会损伤叶片，因此一定要将叶片取出。

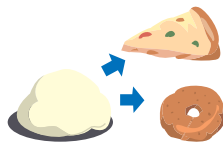
失败的面团还可以再用吗？

④ 仍为面团状态，未被烘烤时  
...等

可以用来做甜甜圈或披萨等食品。  
请确认是停止在以下的哪种状态后，再按照下述的做法进行操作。

使用干酵母的菜单

- 干酵母残留在酵母容器内时
  - ➡ 调到菜单“24”(披萨面团)后重新开始制作面团，做成甜甜圈(P. SC61)或披萨(P. SC63)！
- 酵母容器内没有残留干酵母时
  - ➡ 取出面团，做成甜甜圈(P. SC61)或披萨(P. SC63)！



使用天然酵母的菜单

- ➡ 取出面团后做成甜甜圈(P. SC61)！

口感与市场出售的意大利面不同？

与干意大利面的制作方法不同，因此在外形、面团的柔软度、弹性上都有所差异。

怎么也切不好面条？

请正确称量，并在面团上撒上足够的手粉。

# 面包形状异常！

手工制作面包真难把握  
每次做出来的形状  
都不一样…



## 出现以下情况时

## 请确认以下内容

面包（膨胀程度）

### 膨胀不足



高度标准

（吐司面包、快速面包、布里欧修、全麦面包）



不足  
14 cm

（庞多米、汤种庞多米、松软庞多米、软式面包、米粉面包、大理石面包）



不足  
13 cm

（米饭面包、北海道香浓面包）



不足  
12 cm

（天然酵母面包）



不足  
11 cm

（法国米饭面包）



不足  
10 cm

（法国面包、60分钟面包、红豆面包、菠萝面包、半份面包）



不足  
9 cm

- 受温度、湿度、材料、预约时间等条件的影响，面包的形状和蓬松度都会发生变化。
- 是否放入太多葡萄干之类的辅料？
- 室温是否太高了呢？（室温过高，则形状会变差）  
→ 请将面粉等材料放入冰箱内冷藏。

### 面粉

- 是否用秤称重了？
- 是否使用了蛋白质含量超过12～15%之间的面粉？
- 是否使用了高筋面粉？
- 是否使用了过期的面粉？  
<法国面包、布里欧修…>
- 是否弄错了高筋面粉和低筋面粉的比例？

### 水

- 是否太少？  
<汤种庞多米、快速面包、法国米饭面包、法国面包、全麦面包、菠萝面包、布里欧修、红豆面包…>
- 使用的是否都是约5℃的冷水？  
<室温超过25℃时…>
- 是否使用约5℃的冷水？

### 砂糖

- 是否太少？

### 干酵母

- <天然酵母面包以外…>
- 使用的是不需提前发酵的干酵母吗？
- 是否放入酵母容器内？
- 是否太少？
- 是否在冰箱内保存？（P. SC9）
- 是否使用了过期的干酵母呢？

### 天然酵母

- <天然酵母面包>
- 是否使用“星野”天然酵母来制作？
- 生种天然酵母是混合后再称重的吗？
- 放入面包容器内了吗？
- 是否太少？

### 过度膨胀



高度标准



20 cm  
以上

### 面粉

- 是否太多？
- 是否使用了面包的专用面粉？（P. SC86）

### 水

- 是否太多？

### 干酵母 生种天然酵母

- 是否太多？  
→ 按照指定份量操作却出现过度膨胀时，请尝试将干酵母、生种天然酵母或砂糖减少1/4～1/2的量。
- 在海拔超过1000 m的地区，有时会出现过度膨胀的现象。
- 面包过度膨胀而接触到上盖内侧，可能会导致涂层剥落。误食剥落的涂层，并不会对人体造成影响。

常见问题 / 面包形状异常！

小帮手

# 面包形状异常！

## 出现以下情况时

## 请确认以下内容

### 面包（形状）

完全不膨胀  
（整体偏白，面团状）



干酵母  
生种天然酵母

- 是否忘记放入干酵母或生种天然酵母了呢？
- 是否使用了保存不好、或过期的干酵母？
- 是否误使用了泡打粉？

- 是否忘记安装面包叶片？
- 中途是否出现了停电情况？

每次做出的形状和膨胀程度都不同

- 手工制作的面包因以下条件，每次做出的形状和膨胀程度都会发生改变！

室 温

- 夏季等室温高时
- 运转时室温发生变化（如中途关闭空调等）

材料的种类、性质

- 使用了蛋白质含量较少的面粉烘烤时
- 使用了保存不善、过期的干酵母时

底部发粘，  
侧面收缩  
下塌



- 是否将烘烤好的面包迅速从面包容器内取出，放在网架上散热呢？
- 室温高时，将水量减少10 g（mL）会有效果。

上部凹陷  
（外皮烤焦）  
上部平坦，呈四  
角形凹陷



- 面粉是否太少呢？
- 水是否太多呢？

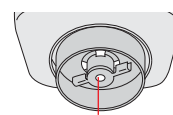
<全麦面包...>

- 当全麦面粉的比例过多或面粉的种类不同时易发生这种情况。

底部凹陷大  
坑，直立不  
起



- 留下了面包用叶片的形状。
- 取出面包时，是否碰到了面包容器的底部？  
（有时因叶片转动会弄坏面包）



不要转动

周围有多余的面粉

- 面粉是否太多呢？
- 水是否太少呢？

### 面包（其他）

不能烘烤出自己希望  
的颜色，上部有部分  
烤焦

- 请改变烤色（P. SC21），或者调整砂糖的用量。  
减少砂糖的用量，则烤色会变淡，增加则烤色会变深。
- 面包溢出面包容器时，请减少干酵母与水量。
- 若面包上部超出面包容器太多，有可能造成剥离等现象。

面包外皮太硬

- 等外皮冷却到人体肌肤温度后，放入保鲜袋，则面包外皮会变软。

即使选择“粗搅拌”，  
巧克力还是融化了

- 面包面团的发酵温度比巧克力的融化温度高，因此可能会融化。在放入之前请事先将巧克力冷冻。  
巧克力如果太大，则会妨碍叶片转动，因此请使用粒状的巧克力豆或切成5 mm以内的块状。




出现以下情况时		请确认以下内容
面包（其他）	辅料偏向一边	●由于辅料的种类及面团的硬度等，可能出现偏向一边的情况。
	成形、发酵后的面团有黏性	●发酵时间太长，会使面团松弛，就会变得有黏性。 虽然不同种类的面包的发酵时间不同，但一般的辨别方法是用手指轻轻按一下膨胀的面团侧面，如果慢慢弹起来，就说明发酵完成。
	做不好牛角面包	●黄油如果融化，就难以包覆在面团中，将不能形成层次感。 请将面团放入冰箱充分冷却后再包入黄油。 ※特别是在室温高时，黄油容易融化，需要延长冷却时间。 
汤种庞多米	成品质量不佳	●使用预约功能时，做出的面包质量较差。 ●汤种是否加热过头了？ ●汤种是否变成了面疙瘩？
60分钟面包	没有膨胀 	●是否使用了温水（35℃～40℃）？ ●在开始的准备阶段是否将干酵母溶解了？
类瓷包/渍菜瓷包	发现有米粒残留	●请在另一个容器内放入米饭和水，将米饭充分软化后再放入面包容器内。
北海道香浓面包	发现外皮烤色太黑	●可将面包面团中砂糖的量减少 $\frac{1}{2}$ 。
菠萝面包	菠萝面包的曲奇面团裂开	●是否充分搅拌了曲奇面团？ ●是否将曲奇面团揉到光滑状态？ ●是否将曲奇面团强行压在面包面团上呢？ ※只需将曲奇面团放在面包面团上。（轻轻按压使之贴紧后则形状会保持得更好。） ●格子图案是否刻太深了？
	菠萝面包的曲奇面团软绵绵的	●原因在于黄油在软化时出现了融化，使面团液体含量过多。 ※若黄油融化的话，即使将面团冷藏后，还是会松软易碎。
	菠萝面包的曲奇面团偏向一边	●是否将面包面团重新放到中央位置了呢？
	曲奇面团不在上面	●曲奇面团是否冷却过度变硬？ ※根据“加工作业剩余10分钟时”的显示，将曲奇面团从冰箱中取出，用擀面杖擀薄。 曲奇面团达到柔软且可以完全弯曲的程度时较好。
	曲奇面团从面包容器中溢出来	●放曲奇面团时，是否轻轻按过周围？ ※如果按压面团太过用力，烘焙时曲奇面团的表面会裂开。

面包形状异常！

小帮手

# 面包形状异常！

	出现以下情况时	请确认以下内容
红豆面包	中间有空洞	<ul style="list-style-type: none"><li>●面包面团膨胀起来了，但是红豆馅没有像面包面团那样膨胀起来。空洞是由于红豆馅散出的水蒸气压而造成的。出现空洞并无太大的问题。</li></ul>
布里欧修	底部积油，出现黄油斑。	<ul style="list-style-type: none"><li>●是否使用后放黄油，并切成1 cm的小块？</li><li>●后放黄油是否在蜂鸣器响起的10分钟之内放入？</li><li>●是否已将后放黄油掰开零散放入容器？</li><li>●室温超过25℃时，是否放入事先冷冻过的后放黄油？</li></ul>
米粉面包	米粉面包的形状不好看	<ul style="list-style-type: none"><li>●室温是否过高？ （室温过高的情况下，做出的面包质量较差。）</li><li>●是否在室温超过25℃时预约时间呢？ ※室温高时，材料的温度也会过高，因此做出来的面包形状会变差。请不要设置过长的预约时间。</li></ul>
8分钟快速面团	周围有面粉残留	<ul style="list-style-type: none"><li>●是否面粉过多？</li><li>●是否水量过少？</li></ul>
英式茶饼	膨胀不足 	<ul style="list-style-type: none"><li>●是否加入了泡打粉？ （即使放入干酵母也无法膨胀。）</li><li>●材料的份量是否正确？</li></ul>
	出现黄油斑 (色斑、空洞等)	<ul style="list-style-type: none"><li>●是否将黄油切成1 cm的块状呢？</li><li>●室温低于15℃时，是否将黄油切成5 mm的块状呢？</li></ul>
	周围残留有面粉	<ul style="list-style-type: none"><li>●是否清除了面粉？</li><li>●是否进行了成形步骤呢？</li></ul>
乌冬面、意大利面团	面团中有面疙瘩	<ul style="list-style-type: none"><li>●是否错将面包用叶片当成面条·麻糬用叶片安装上去？</li><li>●面粉是否太少呢？</li><li>●是否充分搅拌面粉后才放入面包容器内？</li><li>●水是否太多呢？</li><li>●做乌冬面时，是否使用了温水？</li></ul>
	面团黏在手上，无法成形	<ul style="list-style-type: none"><li>●面粉是否太少呢？</li><li>●撒手粉了吗？</li><li>●水是否太多呢？</li></ul>
	面条粘在一起	<ul style="list-style-type: none"><li>●切成面条状后放置的时间是否太长？</li><li>●是否撒了足够多的手粉？</li></ul>
蛋糕	膨胀不足	<ul style="list-style-type: none"><li>●材料的份量是否正确？</li><li>●是否加入了泡打粉？</li><li>●是否将低筋面粉与泡打粉筛过后再放入？</li></ul>

	出现以下情况时	请确认以下内容
蛋糕	上部残留了黄油	<ul style="list-style-type: none"> <li>●是否将黄油切成1 cm的块状呢？</li> <li>●黄油是否恢复常温？</li> <li>●是否按顺序放入材料？</li> </ul>
	周围带有面粉	<ul style="list-style-type: none"> <li>●是否清除面粉了？</li> <li>●材料的投入次序是否正确？</li> </ul>
	制作出的蛋糕与预想的不一樣	<ul style="list-style-type: none"> <li>●做出来的蛋糕类似于黄油蛋糕，但达不到市场出售的海绵蛋糕的烘焙程度。若将低筋面粉减至160 g，蛋糕会变得松软些。</li> </ul>
蔬菜蛋糕	成品较粘稠	<ul style="list-style-type: none"> <li>●是否豆浆用量过多？</li> </ul>
巧克力点心	鲜奶油和巧克力无法融合	<ul style="list-style-type: none"> <li>●乳脂肪含量高（41%以上）的鲜奶油与可可含量多的巧克力一起使用，可能无法融合。增加10 g（约小2）的牛奶，有助于二者融合。</li> </ul>
	太软	<ul style="list-style-type: none"> <li>●使用牛奶成分多的巧克力则会变软。请减少10 ~ 20 g（约10 ~ 20 mL）的鲜奶油。</li> </ul>
	面包容器内周围沾有巧克力	<ul style="list-style-type: none"> <li>●请在5分钟内用橡皮刮刀将面包容器的巧克力刮下，再追加搅拌2 ~ 3分钟。</li> </ul>
果酱	不凝固（不黏稠）	<p>由于砂糖量不够，而且没有使用添加物，因此制成的果酱较稀。</p> <ul style="list-style-type: none"> <li>●未成熟的水果、熟透了的水果、不新鲜的水果由于果胶含量较少，因此可能出现难以凝固的情况。</li> <li>●是否放入太多水果？</li> <li>●是否减少砂糖与柠檬汁的量？（果酱凝固需要适度的糖度、酸度、果胶量）</li> </ul>
蜜糖水	没煮好	<ul style="list-style-type: none"> <li>●水果是否过于成熟？</li> <li>●因水果种类不同，有些品种容易煮烂。</li> </ul>
	有些部分糖浆的渗透性不好	<ul style="list-style-type: none"> <li>●是否被烘焙纸盖住了？</li> <li>●从糖浆中取出后，将渗透性不好的部分朝下放置，使之浸在糖浆中，再冷却。</li> <li>●放置半天 ~ 1天即可食用。</li> </ul>
红豆馅	做不成红豆馅	<ul style="list-style-type: none"> <li>●红豆是否煮软？</li> <li>●红豆的量是否太多了？</li> </ul>
麻糬	做好的麻糬上沾有米粒	<ul style="list-style-type: none"> <li>●糯米是否太多呢？</li> <li>●水是否太少呢？</li> <li>●沥干糯米水分时，糯米是否过分干燥？（比如直接正对冷气风口等）</li> <li>●是否夹杂了粳米？</li> <li>●是否使用了旧米？</li> </ul>

面包形状异常！

小帮手

# “操作错误！” 的补救措施

忘记放入材料就按了开始！  
60分钟面包，8分钟快速面团无法补充放入材料。

生种天然酵母以外的材料可在下列时间内放入。  
但是，由于最初在“揉面”时，材料没有充分搅拌，可能无法成功做出面包。

忘放的材料	放入的时间
黄油 砂糖 奶粉 食盐	<p>●使用干酵母的菜单</p> <p>干酵母被投入之前，左列材料还可放入面包容器内。</p> <ul style="list-style-type: none"><li>• 披萨面团 ..... 1分钟以内</li><li>• 布里欧修 ..... 5分钟以内</li><li>• 半份面包、面包面团 ..... 10分钟以内</li><li>• 米粉面包 ..... 35分钟以内</li><li>• 其他菜单 ..... 20分钟以内</li></ul> <p>※尽可能以小的幅度打开上盖，避免干酵母洒落。</p> <p>●使用天然酵母的菜单</p> <p>在10分钟以内放入面包容器以保证在最初的揉面中被搅拌。</p>
干酵母	<p>投入干酵母前，将干酵母放入酵母容器内。</p> <ul style="list-style-type: none"><li>• 披萨面团 ..... 1分钟以内</li><li>• 布里欧修 ..... 5分钟以内</li><li>• 半份面包、面包面团 ..... 10分钟以内</li><li>• 米粉面包 ..... 35分钟以内</li><li>• 其他菜单 ..... 20分钟以内</li></ul>

选错了菜单、葡萄干、烤色等功能就按了开始！

若是刚刚开始，可以重新操作。请长按“取消”键中止操作，选择正确的菜单※・葡萄干功能及烤色后重新开始。  
※“米粉面包”若选错了菜单，即使重新选择正确的菜单也无法制作成功。（因为最初的制作工序不同）

安装了错误的叶片并启动！

请长按“取消”键停止操作，重新安装正确的叶片后再开始。（不更换正确的叶片，则可能会停止转动。）

拔掉了电源插头！

即使拔掉电源插头，在10分钟内插回去，仍可以恢复。  
※请勿按下“开始”键。

中途错按了“取消”键！

在10分钟内按下“开始”即可恢复。  
※只有一次有效。请不要按其他键。

■失败的面团可以再做成披萨或甜甜圈。（P. SC61，SC63）



# 故障诊断

请先确认以下事项  
如果仍有异常，请立即联络Panasonic客户咨询服务中心

出现以下情况时	原因	修理方法
无法进行按键操作	●电源插头是否松脱？	插上电源插头。
按了开始键也不运转（不揉面）	●米粉面包的流程是从“醒面”开始的，一开始不运转。	
干酵母没有落下	●干酵母自动放入的时间因菜单和室温等条件不同而有差异。	
	●酵母容器潮湿或带有静电。	用拧干的湿抹布擦拭，自然风干。
	●干酵母是否受潮？	使用新的干酵母。
葡萄干以及干果无法投入	●是否将辅料像山形一样堆放？	请将辅料平铺。
中途运转停止 （显示当前的时间）	●运转中，若出现10分钟以上的停电，则会停止运转。	若是在面团状态下停止，可以再利用。（P. SC87）
无法调整到想要预约的时间	<p>●是否调整的时间是无法预约的时间呢？ 菜单不同，烘烤结束所需的时间也不同。</p> <p>【可设置的时间例】 菜单：吐司面包 当前时间：晚上8点30分 （液晶时刻显示“20:30”） 可设置时间：凌晨0点40分～上午9点30分 （“0:40”～“9:30”） ※只能在上述时间段设置。</p>	<p>请在下列范围内调整时间。</p> <p>现在时间的</p> <ul style="list-style-type: none"><li>●吐司面包：4小时10分钟～13小时后</li><li>●庞多米：5小时～13小时后</li><li>●汤种庞多米：5小时10分钟～13小时后</li><li>●松软庞多米：5小时10分钟～13小时后</li><li>●软式面包：4小时30分钟～13小时后</li><li>●米饭面包：4小时10分钟～13小时后</li><li>●法国米饭面包：4小时50分钟～13小时后</li><li>●法国面包：5小时10分钟～13小时后</li><li>●全麦面包：5小时10分钟～13小时后</li><li>●半份面包：3小时40分钟～13小时后</li><li>●米粉面包：2小时40分钟～13小时后</li><li>●天然酵母面包：7小时10分钟～10小时后</li></ul>
预约后马上就开始揉面了	●使用干酵母菜单的吐司面包、庞多米、汤种庞多米、松软庞多米、米饭面包、法国米饭面包、法国面包、全麦面包、半份面包，只有最开始的“揉面”程序是在预约后马上进行。（P. SC10）	
正在使用或预约时，发出声音	<p>发出以下声音并不是异常现象。</p> <p>●在做麻糬，或在面团“揉面”或“排气”时</p> <ul style="list-style-type: none"><li>• “吱吱”“啪嗒啪嗒”…………… 面团搅拌的声音</li><li>• “嗡嗡”…………… 马达运转的声音</li><li>• “咯恰咯恰”…………… 做麻糬的声音</li></ul> <p>●干酵母或葡萄干容器的材料放入面包容器时</p> <ul style="list-style-type: none"><li>• “噶恰噶恰”…………… 开闭阀、开闭板的声音</li></ul>	
中途运转停止 （叶片不转了）	<p>●材料过多，或叶片被坚硬材料卡住，造成马达负担过重，则保护装置开始运作，中途就会停止转动。 （即使操作完成，也是粉状，未烘烤好） ※请联系Panasonic客户咨询服务中心进行维修。</p>	

“操作错误！”的补救措施 / 故障诊断

小帮手

# 故障诊断

请先确认以下事项  
如果仍有异常，请立即联络Panasonic客户咨询服务中心

出现以下情况时	原因	修理方法
叶片咯哒咯哒响	●由于在叶片与主轴之间有缝隙。（前端活动3 cm左右）	
当插上电源插头后，显示现在时间为“0:00”	●锂电池达到寿命期限。 ※在更换电池前，插上电源还是可以使用。 但要装上电池座。 （否则可能会有异物混入） ※使用预约功能时，就必须调整当前的时间。	拆下电池更换。（P. SC7）
仍然是粉状，无法烘烤	●是否忘记安装叶片了？	安装好叶片。（P. SC16）
	●面包容器内部叶片的安装轴是否太紧无法转动？	安装了叶片，但叶片的安装轴不转动时，要更换主轴的轴承。 （请与Panasonic客户咨询服务中心联系）
面包容器底部有面团漏出	●使用过程中，面包容器的排出口会排出少量面团。 （为了不妨碍转动，进入到转动部位的面团会被排出，这并不是异常。但请确认叶片安装轴是否处于转动状态。） 	
面包容器的底部变黑	●面包容器底部可能会因搅拌摩擦而变黑。 当变黑时，请用湿的厨房用纸擦拭。	

●开始使用时，会冒烟、散发出气味，随著继续使用会逐渐消失。这并不影响使用。

## 出现下列情况时…

停电发生 显示	●表示在使用中出现停电。 如果停电时间在10分钟以内，则来电后会自动进行运转。 （有时会做出不良面包） ●即使在使用中拔掉电源，重新插电启动后也会显示。	
U50 显示	●表示由于连续使用，机器内处于高温状态（40℃以上）。	打开上盖，让库内充分冷却。 （烘烤结束后冷却1小时左右）
U53 显示	●马达超负荷。	正确称量材料。 核桃等大颗粒的食材在碾碎后放入。 （按“取消”）
H01 ~ H54 显示	●这是故障。 ※请联系Panasonic客户咨询服务中心进行维修。	

# 规格

电源		220 V ~ 50 Hz	防止温度过高装置		温度保险丝
功率	加热器	360 W	尺寸 (约)	长	30.4 cm
	电机	60 W		宽	24.1 cm
				高	34.7 cm
净重 (约)		5.8 kg	电源线长度		0.9 m
容量	面包/面包面团	(面粉) 最大使用量: 300 g			
	酵母	(干酵母) 最大使用量: 4.2 g (生种天然酵母) 最大使用量: 25 g			
	葡萄干、坚果	(葡萄干/坚果类) 最大使用量: 100 g			

功能	菜单	容量	预约
面包	吐司	(面粉) 最大: 250 g	可预约至13小时
	庞多米	(面粉) 最大: 250 g	可预约至13小时
	汤种庞多米	(面粉) 最大: 250 g	可预约至13小时
	松软庞多米	(面粉) 最大: 250 g	可预约至13小时
	软式	(面粉) 最大: 250 g	可预约至13小时
	快速	(面粉) 最大: 280 g	—
	60分钟	(面粉) 最大: 280 g	—
	米饭	(面粉) 最大: 230 g	可预约至13小时
	法国米饭	(面粉) 最大: 210 g	可预约至13小时
	法国	(面粉) 最大: 250 g	可预约至13小时
	全麦	(面粉) 最大: 250 g	可预约至13小时
	北海道香浓	(面粉) 最大: 230 g	—
	布里欧修	(面粉) 最大: 200 g	—
	大理石	(面粉) 最大: 250 g	—
	菠萝	(面粉) 最大: 200 g	—
	红豆	(面粉) 最大: 180 g	—
	半份	(面粉) 最大: 180 g	可预约至13小时
	米粉	(面粉) 最大: 250 g	可预约至13小时
	天然酵母	(面粉) 最大: 300 g	可预约至10小时
面团	面包面团	(面粉) 最大: 280 g	—
	天然酵母面包面团	(面粉) 最大: 300 g	—
	生种天然酵母	天然酵母 (元种): 50 g	—
	8分钟快速面团	(面粉) 最大: 280 g	—
	披萨面团	(面粉) 最大: 280 g	—
	饺子皮面团	(面粉) 最大: 280 g	—
	乌冬面、意大利面团	(面粉) 最大: 300 g	—
其他	英式茶饼	(面粉) 最大: 180 g	—
	蛋糕	(面粉) 最大: 180 g	—
	蔬菜蛋糕	(面粉) 最大: 130 g	—
	巧克力点心	巧克力160 ~ 180 g	—
	果酱	水果400 g	—
	蜜糖水果	水果150 ~ 300 g	—
	红豆馅	红豆150 g	—
	麻糬	糯米280 ~ 420 g	—

产品中有害物质的名称及含量

部件名称	有害物质					
	铅(Pb)	汞(Hg)	镉(Cd)	六价铬(Cr(VI))	多溴联苯(PBB)	多溴二苯醚(PBDE)
塑料部件	○	○	○	○	○	○
金属部件	○	○	○	○	○	○
电源线、内部配线	×	○	○	○	○	○
电气回路组件	×	○	○	○	○	○
马达	×	○	○	○	○	○
加热组件	○	○	○	○	○	○

本表格依据SJ/T 11364的规定编制。  
○: 表示该有害物质在该部件所有均质材料中的含量均在GB/T 26572规定的限量要求以下。  
×: 表示该有害物质至少在该部件的某一均质材料中的含量超出GB/T 26572规定的限量要求。

故障诊断 / 出现下列情况时

小帮手

# Make various delicious breads manually in a simple and convenient way!

For more fancy menus!

Please check  
<http://home.panasonic.cn>

## Soft and delicious Bread (Instant dry yeast)



Crispy crust and delicious taste **Bread** (P. EN16)



Thin crust **Pain de mie** with less yeast, which keeps the original wheat flavor (P. EN23)



**Yudane pain de mie** is made by Yudane dough which gives moist and fluffy texture (P. EN24)



Low gluten flour is added into **Chiffon pain de mie** which give extra soft and fluffy texture (P. EN26)



Soft and fine crust **Soft bread** (P. EN27)



**60-min bread** is sweet and can be finished in 60 minutes. (P. EN29)



Add in rice to make a high water content and soft **Rice bread** (P. EN30)



**French rice bread** is fat free and with crispy crust (P. EN31)



Crispy crust and original flour aroma **French bread** (P. EN32)



Slightly hard crust, fragrant, healthy and nutritious **Whole wheat bread** (P. EN33)



Crispy, rich cream and egg **Brioche** (P. EN36)



**Marble bread** with marble patterns in various colors can be easily made (P. EN37)



Two-layered bread with a crispy cookie crust **Pineapple bread** (P. EN38)



**Red bean bread** with agreeably sweet, with red bean paste added (P. EN40)



**Half bread** is smaller than usual which can be finished by small family (P. EN41)

## Various taste dedicated Dough dough, pizza dough, 8 minutes dough making



**Rolls** (P. EN60)



**Croissant** (P. EN61)



**Bagel** (P. EN62)



**Yogurt bread** (P. EN62)



**Pizza** (P. EN63)



**Focaccia** (P. EN63)



**Crispy pizza** (P. EN64)

Easy dough due to time constraint  
● Naan (P. EN64)  
● Tortilla (P. EN64)  
● Red bean bun (P. EN64)

## Chewy Natural yeast bread

## Others



**Dumpling skin dough** (P. EN65)



**Udon/Pasta dough** (P. EN66)



Quick and easy **Scone** (P. EN68)



**Cake** (P. EN70)



Various vegetable can be added into the **vegetable cake** and served as dessert (P. EN72)



**Chocolate** (P. EN76)



**Jam** (P. EN78)



**Compote** (P. EN80)



**Mochi** (P. EN82)



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Confirmation

Basic ingredients and preparations

Bread

Dough

Dessert

Tips



Speed up the whole baking progress **Rapid bread** (P. EN28)



Popular **Hokkaido aromatic bread**, beautifully textured and radiating milky aroma (P. EN34)



High water content, soft and chewy **Rice flour bread** (P. EN42)



**Natural yeast bread** with unique flavor, made with natural yeast (P. EN54)



**Red bean** (P. EN75)

# Safety precautions

Please make sure to follow these instructions.

In order to prevent accidents or injuries to the user, other people, and damage to property, please follow the instructions below.

■ The following charts indicate the degree of damage caused by wrong operation.



## Warning

Indicates serious injury or death.



## Caution

Indicates risk of injury or property damage.

■ The symbols are classified and explained as follows.



This symbol indicates prohibition.



This symbol indicates requirement that must be followed.



**In order to avoid fire, burns and electric shocks**

**Do not touch, block or cover the steam vent during use.**



- Especially pay attention to children. (It may cause burns.)



**Properly use the power plug and the power cord.**



- Do not use the sockets and wiring devices beyond their capacity. Do not use any power supply other than 220 V AC. (Because overheating may happen if the rated power of multiple circuits is exceeded.)
- Do not damage the power cord and the power plug. Do not damage, modify and approach hot devices. Do not bend, twist, stretch, load or bundle the cord in force. (Otherwise it may cause fire due to electric shock or short circuit.)
- Do not use when the power cord is damaged and the socket is loosened. (Otherwise it may cause fire due to electric shock or short circuit.)
- ➔ If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified person in order to avoid a hazard.
- Do not plug or unplug the power cord with wet hands. (It may cause an electric shock.)
- Insert the power plug firmly. (Otherwise it may cause electric shock, heating and fire.)
- Please clean away dust on the power plug regularly. (Take special care to see if the pins have too much dust on them. Poor insulations and fire due to moisture may occur.)
- ➔ Unplug the power plug and wipe with a dry cloth.



## Warning



**Please use the lithium battery carefully.**  
(In order to avoid heating, fire and crack.)



- Charging, short circuiting, heating and throwing it into fire are forbidden.
- Do not mix with other metals and batteries.
- Please keep it away from children.



- ➔ Please consult your doctor if it is swallowed accidentally.
- Please wind it with adhesive tape and keep it properly insulated before discarding or storage.



**When an abnormal incident or malfunction takes place, stop using the appliance immediately and pull the plug out from the electrical outlet.**



(Otherwise it may cause smoke, fire, electric shock or burns.)

- Abnormal or breaking down
- The power plug and the power cord become abnormally hot.
  - The power cord is damaged or power failure.
  - The main body is deformed or is abnormally hot.
  - The appliance makes abnormal turning noise during use.
  - ➔ Unplug the appliance immediately and contact the service centre for the check or the repair.

**In order to avoid fire, burns and injury**



This symbol on the products indicates “hot surface and should not be touched without caution”.



## Caution

**The temperature of accessible surfaces may be high when the appliance is operating.**



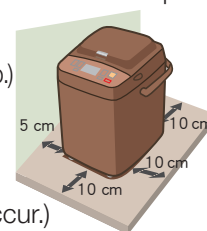
- Do not touch the bread pan, the main unit, the air vent, inner part of the appliance, the heater, the inner side of the lid and other high-temperature parts. Because of the heat while working, do not clean or perform maintenance until bread pan cools down. (Otherwise it may cause burns.)
- ➔ Use thick oven gloves to take out the bread pan.
- \* Do not use wet thick gloves. (They are highly conductive) and may cause burns.

\* Thick oven gloves are not included in this product, please purchase it on the market.

### Do not use the appliance in the following places!



- On carpets and other objects that are non-resistant to heat. (It may cause fire.)
- Uneven surfaces and desktops covered with a tablecloth. (It may cause falling or fire.)
- \* Be careful to find an appropriate place to accommodate the hot bread pan.
- Places that are contaminated with flour, grease, dust and other easily-falling articles. (It may cause the appliance to slip and fall from the worktop.)
- ➔ Remove flour and keep away from the table edge by over 10 cm.
- Near walls and furniture.
- ➔ Keep a buffer space of over 5 cm. (Otherwise deformation and discoloration may occur.)



### Please observe the following instructions to avoid any accident



- Please keep it away from infants and children.
- This appliance is not intended for use by children or persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.

(May cause burns, electric shock and injury.)



- Do not immerse the main unit in water or splash it with water. (Otherwise it may cause electric shock or fire due to short circuit.)



- Do not disassemble, repair or modify this appliance by yourself. (It may cause fire, electric shock and injury.)

➔ Please consult service centre on repairs.



### Properly use the power plug.



- Make sure to hold the power plug when unplugging the power plug. (Otherwise it may cause electric shock or fire due to short circuit.)
- Unplug the power plug when the appliance is not in use. (Otherwise it may cause electric shock, or fire due to electric leakage.)

### Install the lithium battery correctly.



- Do not reverse the anode and cathode of the battery. (It may cause heating, fire and cracking. See P. EN7)

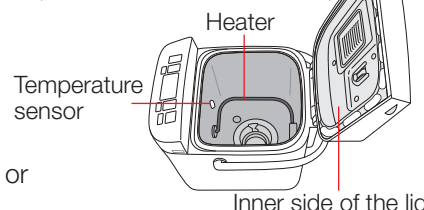
### Please observe the following instructions.



- Please proceed with ingredient measurement and menu settings correctly. (The dough may splash or swell out of the bread pan and in the process get burned by the heater, generate smoke or cause malfunction.)

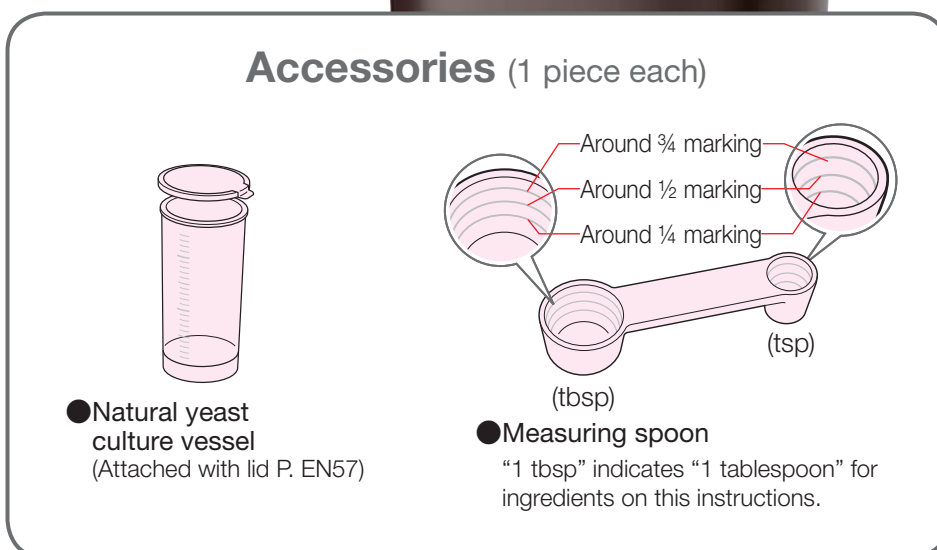
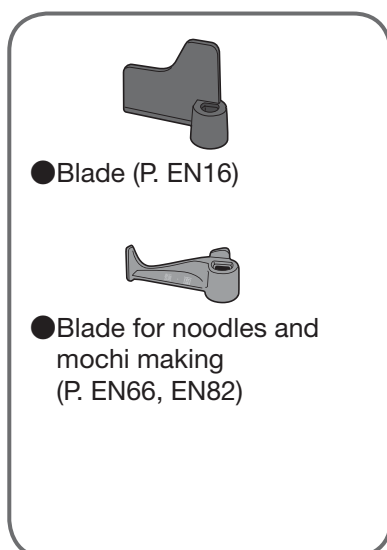
## Operating requirements

- Do not put any towel on the lid. (It may cause a malfunction) or deformation.
- Do not put it near place that is wet or near a fire source. (It may cause a malfunction) or deformation.
- Please consult your doctor before use if you are allergic to any food.
- The appliance is not intended to be operated by means of an external timer or separate remote control system.
- Do not use excessive force on the parts illustrated below. (It may cause a malfunction) or deformation.



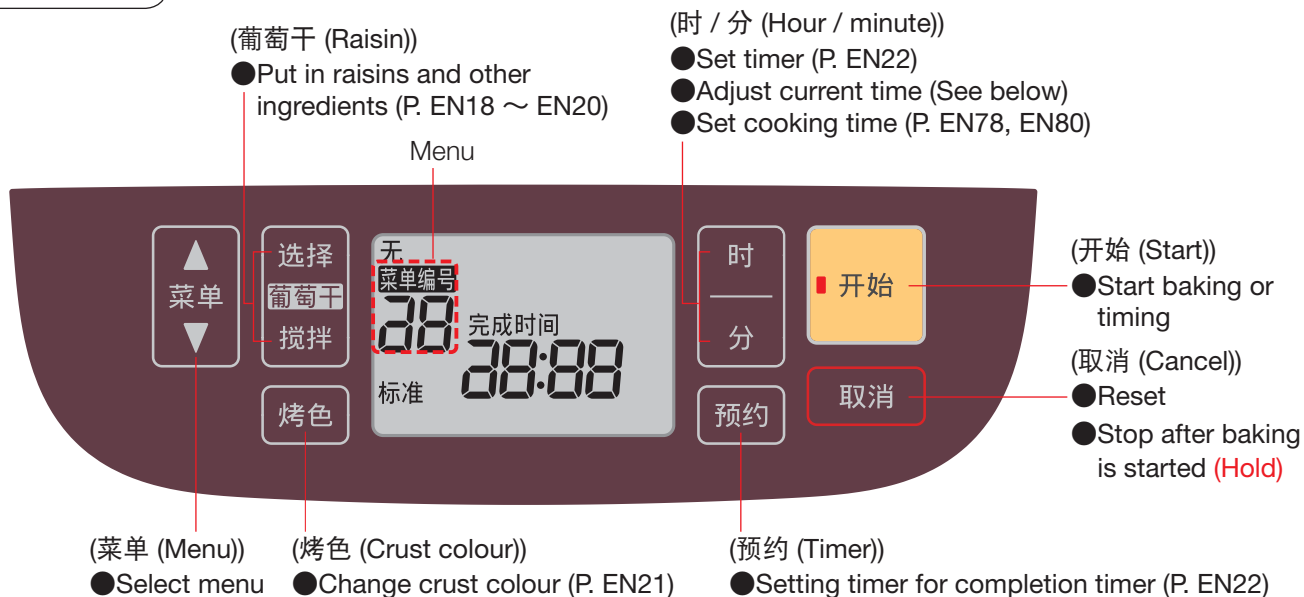
# Parts names and accessories

■ Please clean the bread pan, blades and accessories before initial use (P. EN84)





**Control panel** (The LCD display will disappear when the power plug is unplugged.)



Confirmation

Parts names and accessories

## Current time (clock displays) adjustment

- Pull out the insulating film in advance (P. EN6)
- The time is displayed in the 24 hour system.

### ① Plug in

\* You cannot adjust time if it is not plugged in.

### ② Press 时 (H) or 分 (M) (time display flashes)



- Release fingers when a beep sound is heard.

### ③ Adjust time

\* Adjust time when flashing  
(E.g. adjust the time to 3:30 p.m.)



(Hold for fast forward)



- Completed when flashing stops.

### ④ Pull out the plug

\* Time adjustment cannot be completed if you pull out the power plug before the flicker stops.

## Replace lithium battery

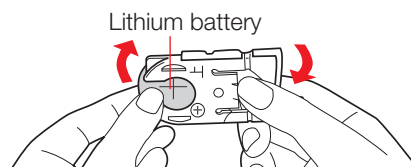
Lithium battery (on market), model: CR2354 (Panasonic)

\* Use the lithium battery to enable the bread maker to memorize current time and previous settings.

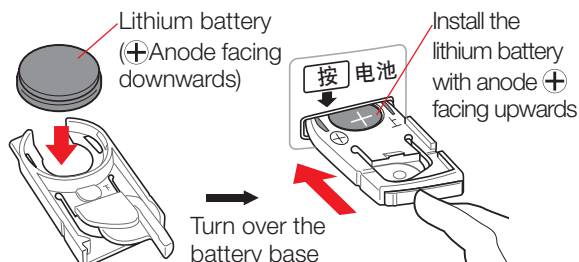
### ① Take out the battery base



### ② Secure the battery with left hand by holding the base in front. Take out the battery.



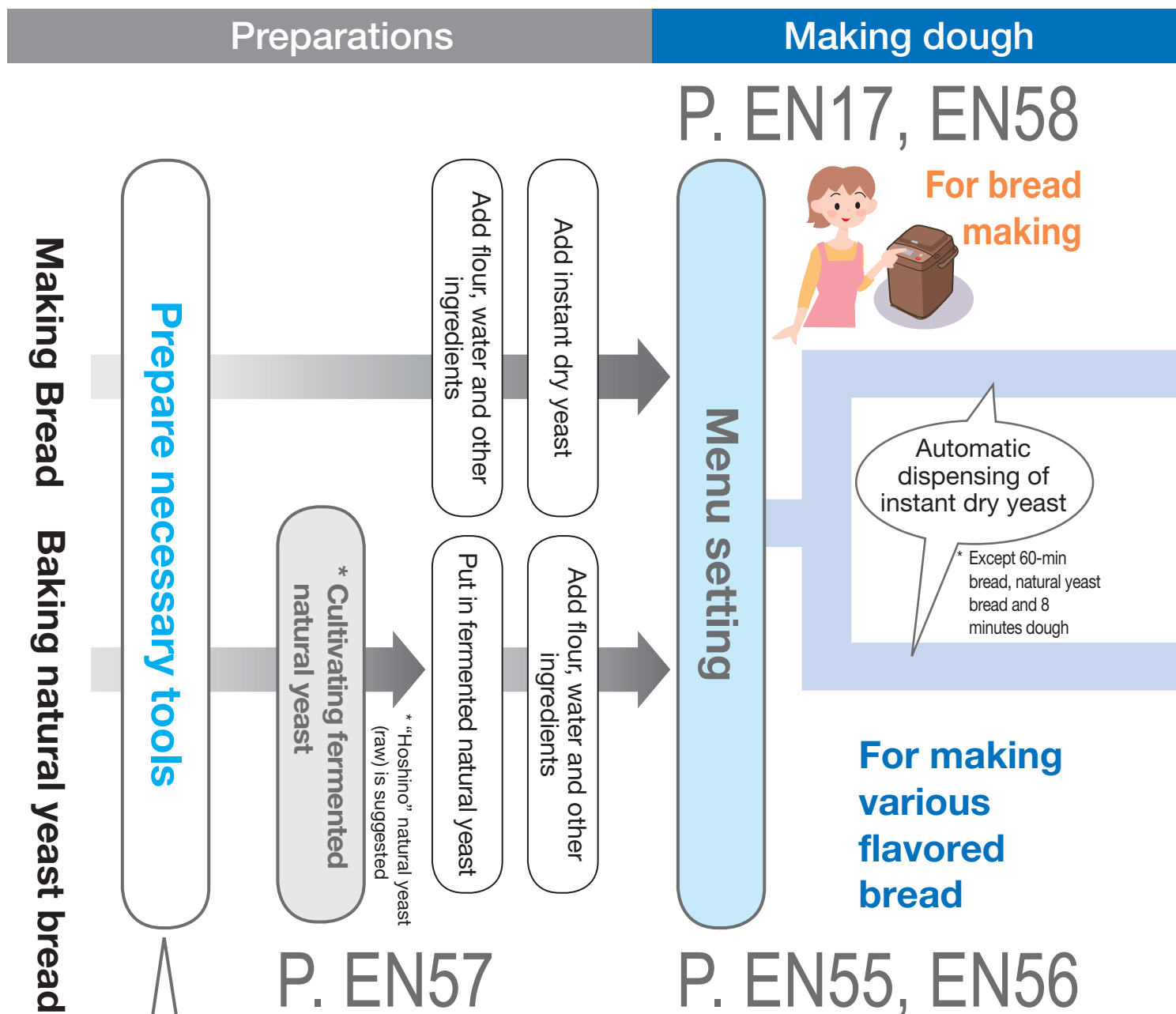
### ③ Turn the battery base upside down and install the battery. Install the battery base back in the main unit.



\* Please confirm that the battery does not drop down.

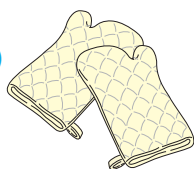
\* Baking can be started even if the lithium battery is not installed.  
\* Battery working life is about 2 years.

# Procedures and key points



Please prepare the following tools

- Thick gloves (from market)



- Scale (unit: 1 g below) (from market)



Key points of making good bread!



Measuring water and flour by "weight" is essential!

Must be scaled by weight. Please correctly weigh with a scale to an accuracy of 1 g below.



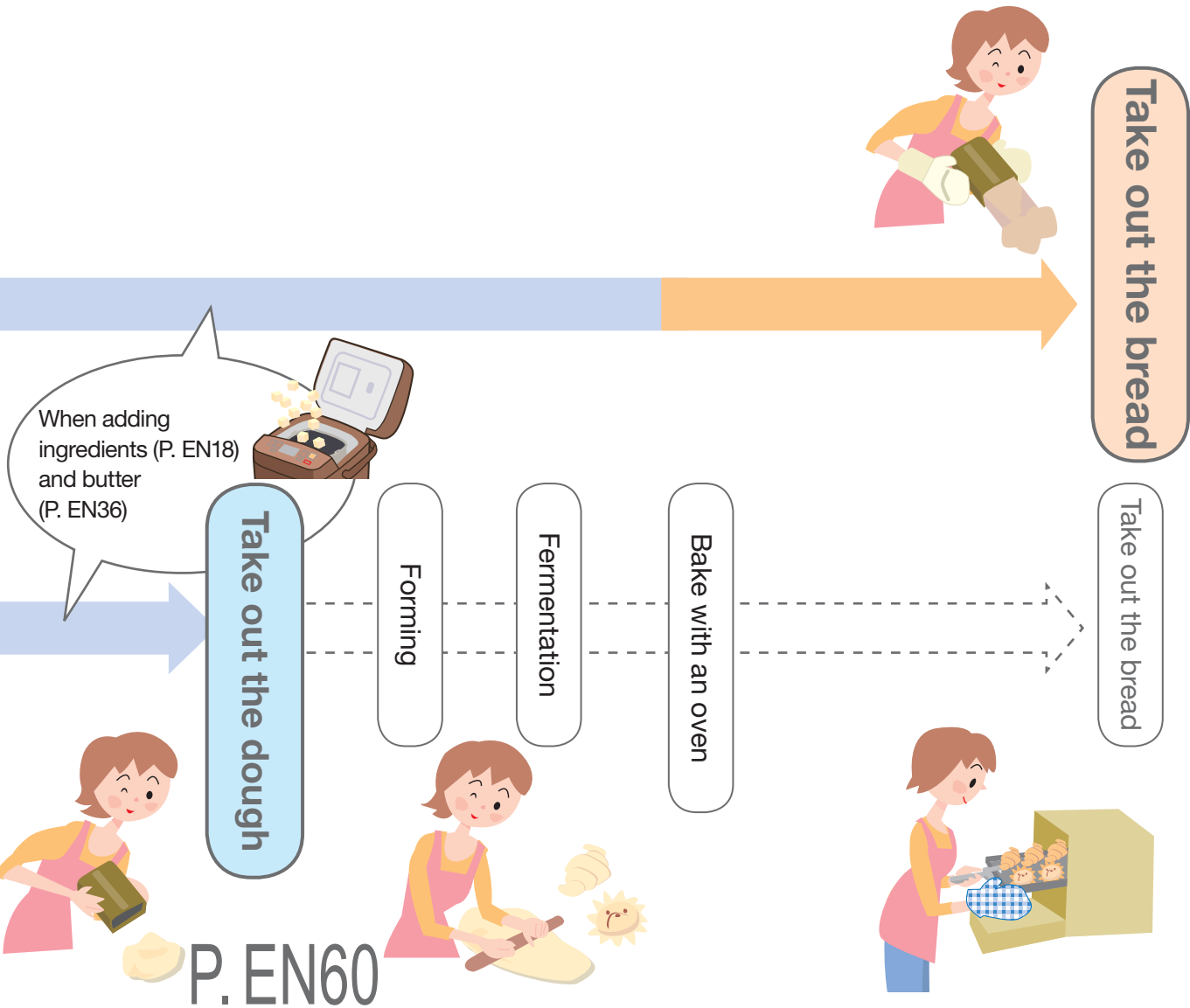
Please correctly weigh!

# of bread-making

Baking

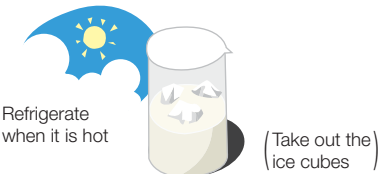
Basic ingredients  
and preparations

Procedures and key points of bread-making



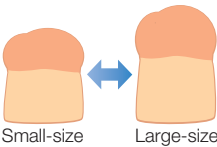
For high room temperature or during the summer, refrigerate before hand

Water substantially affects swelling conditions. The temperature of ingredients will rise when it is summer or the room temperature is over 25 °C. Therefore, please add ice cubes in water and bring temperature down to 5 °C. (Use it after the ice cubes are taken out.)



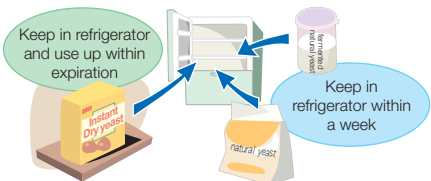
The shape and swelling condition of homemade bread may vary

Bread-making process is highly vulnerable to temperature, humidity, ingredients and setting time. When the above factors change slightly, conditions of shape and swelling extent will change accordingly, even if the same baking method is applied. (P. EN90, P. EN91)



The freshness of ingredients is critical! Is it properly kept?

Yeast for bread fermentation and swelling (P. EN12) is perishable like fish and meat. Therefore, instant dry yeast, natural yeast (raw) and fermented natural yeast must be kept in the refrigerator (fermented natural yeast must be used within one week). Remember to seal instant dry yeast when storing it. Don't forget to seal the lid during fermentation.



EN9

# List of bread types and baking

Menu number (Reference page)	Menu	Available functions Raisins Rough stir Crust colour Timer	Time required (appr.)	Bread-making process of breadmaker
<b>1</b> (P. EN16)	<b>Bread</b>	● ● ● ●	4 h	1 <sup>*A</sup> 2 <sup>*B</sup> 2 1 3 4
<b>2</b> (P. EN23)	<b>Pain de mie (super soft French bread)</b>	● ● ● ●	4 h and 50 min	1 <sup>*A</sup> 2 <sup>*B</sup> 2 1 3 4
<b>3</b> (P. EN24)	<b>Yudane pain de mie</b>	● ● — ●	5 h	1 <sup>*A</sup> 2 <sup>*B</sup> 2 1 3 4
<b>4</b> (P. EN26)	<b>Chiffon pain de mie</b>	● ● — ●	5 h	1 <sup>*A</sup> 2 <sup>*B</sup> 2 1 3 4
<b>5</b> (P. EN27)	<b>Soft bread</b>	● ● ● ●	4 h and 20 min	2 <sup>*B</sup> 1 2 1 2 1 3 4
<b>6</b> (P. EN28)	<b>Rapid bread</b>	● ● ● —	1 h and 55 min	1 2 <sup>C</sup> 1 3 4
<b>7</b> (P. EN29)	<b>60-min bread</b>	— — — —	1 h	1 3 4
<b>8</b> (P. EN30)	<b>Rice bread</b>	● ● ● ●	4 h	1 <sup>*A</sup> 2 <sup>*B</sup> 2 1 3 4
<b>9</b> (P. EN31)	<b>French rice bread</b>	● ● — ●	4 h and 40 min	1 <sup>*A</sup> 2 <sup>*B</sup> 2 1 3 4
<b>10</b> (P. EN32)	<b>French bread</b>	● ● — ●	5 h	1 <sup>*A</sup> 2 <sup>*B</sup> 2 1 3 4
<b>11</b> (P. EN33)	<b>Whole wheat bread</b>	● ● — ●	5 h	1 <sup>*A</sup> 2 <sup>*B</sup> 2 1 3 4
<b>12</b> (P. EN34)	<b>Hokkaido aromatic bread</b>	— — — —	4 h	1 2 1 5 1 3 4
<b>13</b> (P. EN36)	<b>Brioche</b>	● ● ● —	3 h and 15 min	1 3 8 1 3 4
<b>14</b> (P. EN37)	<b>Marble bread</b>	— — — —	4 h	1 2 1 1 1 3 4
<b>15</b> (P. EN38)	<b>Pineapple bread</b>	● — — —	2 h and 15 min	1 2 1 1 3 3 5 3 4
<b>16</b> (P. EN40)	<b>Red bean bread</b>	● — — —	2 h and 15 min	1 2 1 1 3 3 12 3 4
<b>17</b> (P. EN41)	<b>Half bread</b>	— — — ●	3 h and 35 min	1 <sup>*A</sup> 2 <sup>*B</sup> 2 1 3 4
<b>18</b> (P. EN42)	<b>Rice flour bread</b>	● — ● ●	2 h and 30 min	2 <sup>*B</sup> 2 1 3 4
<b>19</b> (P. EN54)	<b>Natural yeast bread</b>	● ● ● ●	7 h (+ 24 h <sup>*E</sup> )	2 <sup>*B</sup> 1 3 1 3 4
<b>20</b> (P. EN58)	<b>Bread dough</b>	● ● — —	1 h	1 2 <sup>*D</sup> 1 3

● Put in the custard crust manually in 64 (or 84 or 89) minutes after the program is started.

● Manually add butter 35 min later (or 45 min)

● Manually add ingredients for the marble bread 69 - 94 min later.

























































● Manually add cookie dough 55 min later

● Manually add red bean 55 min later.



# options

- ▼ Time for adding yeast powder to the dough. (a beep sounds)  
▼ Time for adding raisin and other ingredients. (a beep sounds)  
“Stir” is displayed.

Menu number (Reference page)	Menu	Available functions Raisins Rough stir Crust colour Timer	Time required (appr.)	Bread-making process of breadmaker	
(Required time and time for adding yeasts depend on room temperature, crust colour, timer and other conditions)					
<b>21</b> (P. EN56)	<b>Natural yeast bread dough</b>	   	<b>4 h</b> (+ 24 h *E)		
<b>22</b> (P. EN57)	<b>Fermented natural yeast</b>	   	<b>24 h</b>		
<b>23</b> (P. EN59)	<b>8 minutes dough</b>	   	<b>8 min</b>		● Add all the ingredients into the bread pan
<b>24</b> (P. EN58)	<b>Pizza dough</b>	   	<b>45 min</b>		
<b>25</b> (P. EN65)	<b>Dumpling skin dough</b>	   	<b>15 min</b>		
<b>26</b> (P. EN66)	<b>Udon/Pasta dough</b>	   	<b>15 min</b>		
<b>27</b> (P. EN68)	<b>Scone</b>	   	<b>54 min</b>	 ● Manually eliminate remaining flour 2 min after start up. Form the shape another minute later	
<b>28</b> (P. EN70)	<b>Cake</b>	   	<b>1 h and 30 min</b>	 ● Manually eliminate remaining flour 12 min after start up.	
<b>29</b> (P. EN72)	<b>Vegetable Cake</b>	   	<b>55 min</b>		
<b>30</b> (P. EN76)	<b>Chocolate</b>	   	<b>17 min</b>		
<b>31</b> (P. EN78)	<b>Jam</b>	   	<b>1 h and 30 min ~ 2 h and 30 min</b>	 ● Set timer according to the menu	
<b>32</b> (P. EN80)	<b>Compote</b>	   	<b>1 ~ 2 h</b>	 ● Set timer according to the menu	
<b>33</b> (P. EN75)	<b>Red bean</b>	   	<b>1 h</b>		
<b>34</b> (P. EN82)	<b>Mochi</b>	   	<b>1 h</b> (+ 30 min *F)	 ● Open the lid manually 50 min after start up (or 55 min later)	

\*A Upon setting timer, “kneading” is performed after setting timer and the unit will stay in standby mode after kneading.

\*B Upon setting timer, standby mode is always maintained before the next process is started. Standby period of 11 hours at the maximum.

\*C This process may be skipped sometimes.

\*D May be omitted; continuous “kneading” may take place.

\*E It takes 24 hours to make fermented natural yeast.

\*F Wash the glutinous rice, and then drain the rice on a sieve for 30 minutes.

- Kneading** Blade rotation and dough mixing (audible)  
\* It may occur that the mixing up function does not work for a maximum of 12 minutes.
- Rest** Mix flours with water  
(Basically in standby mode)
- Fermentation** Temperature adjustment and dough fermentation  
(Almost in standby mode)
- Baking** Baking dough
- Adding cookie dough**
- Eliminate remaining flour**

- Additional mixing**
- Adding butters**
- Form the shape**
- Open the lid**
- Adding ingredients**
- Manual operation**

Basic ingredients  
and preparations

List of bread types and baking options

# Bread-making ingredients

In addition to the basic ingredients, you may add your favorite ingredients to make breads of various tastes.  
(Ingredients and quantities may vary depending on the kinds of breads)

## Flour

(High-gluten flour, Low-gluten flour)



### Effects

Mixed with water, the protein will be combined to form gluten.

### Key points

- Flour sifting is not necessary.
- The swelling may vary due to different protein contents.
- Use the ingredient which is produced recently.
- Keep in a cool and dry place.
- Be sure to use a scale to measure it in "weight".



### For making bread

Generally, use high-gluten flour which has high protein content (12% ~ 15%). Non bread flour has an unobvious swelling effect. It will result in harder bread. Furthermore, self-raising flour has no swelling effect.

\* Please check the list of ingredients on the flour package in advance.

## Salt



### Effects

It gives flavor to bread and makes bread chewy. It can also avoid bacterial breeding.

## Egg

### Effects

Improve bread taste, smell and crust conditions. It can also improve the elasticity of the bread.

## Baking powder

For making scones, cakes and vegetable cakes.

\* Even adding it into bread and soft bread would not make it swell.

## Fats and oils

(Butter, unsalted butter, margarine and shortening)



### Effects

It makes the bread texture fine, soft and moist.

- Applicable in solid form, unnecessary to be softened.
- \* Unsalted butter is recommended.

## Dairy products

(Milk powder, milk)



### Effects

Improve bread taste, smell and crust conditions.

Prevent hardening of bread.

### Key points

- Please reduce the same quantity of water if milk is used.
- Please use skim milk powder or whole milk powder with natural nutritional content.

## Bread yeasts

### Effects

Sugar is used as the source of nutrition to create carbon dioxide that makes the dough rise.



Bread texture



The dough rises with the carbon dioxide trapped inside.

### Key points

- The yeast is alive. Freshness of yeast can affect the swelling and fermenting conditions of dough. Therefore, please use yeast within the expiry date and be sure to seal it well and keep it in a refrigerator.
- If instant dry yeast gets wet, its fermentation ability will be reduced.

## Instant Dry yeast

In order to make a soft and delicious bread, it is better to use instant dry yeast that doesn't require advance fermentation.

\* Do not use fresh yeast and baking powder.



### For making bread

- Angel instant dry yeasts are recommended. (vacuum package)
- For recipes of high sugar content (8 g sugar or above 100 g flours), please use Angel instant dry yeasts for bread making. Non instant dry yeasts for bread making have an unobvious swelling effect. They will result in harder bread.

## Sugar

(Granulated sugar, brown sugar and honey)



### Effects

Sugar is the nutrition for bread yeast which can speed up the fermentation. It can also improve taste, smell and the crust of bread.

### Key points

- Big sugar particles should be pulverized.
- Do not use rock sugar and other crystal sugar.
- Increase the amount of sugar to darken the crust; decrease the amount to lighten the crust.
- Do not use low-calorie sugar substitute.

## Water

### Effects

Gluten is produced by adding water in flour.

### Key points

- Cold water is used for the following recipes (about 5 °C: almost the temperature of icy water)
  - Yudane pain de mie
  - French rice bread
  - Whole wheat bread
  - Pineapple bread
  - Other menus with temperature is above 25 °C
- Alkaline water is not applicable.

### For making bread

- Please use the water from water dispenser.
- Distilled water is not applicable for bread swelling.

## Natural yeast (Raw)

Natural yeast made by natural food is used to make natural yeast bread which has a unique texture. Fermented natural yeast can be made through "Cultivating fermented natural yeast" (P. EN57)

- Natural yeast of "Hoshino" brand is recommended to ensure bread quality and successful rate.

### Tips on Hoshino Natural Yeast:

Precautions on the use of Hoshio Natural yeast:

- Sterilize any container or tools to be in contact with natural yeast and leave it to dry before use.
- Irritating smell or abnormal colour serves as a sign of food contamination. Discard ingredients once observed.
- Fermented natural yeast which is unfavorably stored may cause deteriorated bread quality. One-time dosage fermented natural yeast can be prepared through the instructions below.

Operating instructions (P. EN57)



## Rice flour

(include flour)

### Key points

Rice flour does not contain the proteins necessary for dough swelling. Therefore, it is impossible to make breads if only rice flour is added.

It is important to use different flour according to the various menu.



\* As rice flour bread contains wheat (gluten), it is not recommended for people who are allergic to wheat.

\* Be sure to pay attention to the ingredients, cleaning methods, and maintenance. Use after consulting your doctor.

### \* About gluten

The substances resulted from combinations of protein in flour and water. Bread-making yeast generates carbon dioxide to inspire the extension of the dough, hence finally generates the textures of the bread.

## Tips

Please note the following to avoid damaging the fluorine coating of the bread pan and blade:

- Adding hard ingredients may cause the fluorine coating to peel off.
- Before adding dried fruits and nuts, please cut them into small pieces less than 5 mm.
- For large crystalline particles such as raw sugars and sea salts, melt them in room temperature water before use. Deduct the solution amount from the original water amount for making bread.
- Insufficient water may lead to dough hardening, thus damaging the coating during dough kneading.
- Be sure to put ingredients into the bread pan in the following order: flour → other ingredients → water.
- Do not use hard items such as knives, forks and chopsticks to take out the bread.
- Always check whether the blade is attached in the bread (at the bottom) before cutting the bread to avoid damaging the blade.
- Do not clean the bread pan or blade with metal brush, scourer, nylon face of a sponge or sponges wrapped in nylon net. Please wipe with a soft sponge.

\* Bread pan and kneading blade are consumptive parts. Peeling off of coating is normal after prolonged usage. Eating the peeled-off fluorine coating does not affect health.

# Bread-making ingredients (Continued)

## Basic weight of each spoon (Supplied measuring spoon)

	Tablespoon	Teaspoon
Granulated sugar	Approx. 12 g	Approx. 4 g
Milk powder	Approx. 6 g	Approx. 2 g
Salt	—	Approx. 5 g
Instant Dry yeast	—	Approx. 2.8 g
Natural yeast (raw)	Approx. 10 g	—
Fermented natural yeast	Approx. 12.5 g	—

## In case of changes of recipe and type of ingredients

Adjust according to personal preference based on the following quantities.

Ingredients	To increase	To decrease
Butter	May be increased by 150% (except for brioche)	May be decreased by 50%
Granulated sugar	May be increased by 100%	May be decreased by 50%
Milk powder	May be increased by 100%	May be exempted
Salt	—	May be exempted (May be reduced by 50% for rice flour bread and natural yeast bread)

- Increasing the amount of sugar will darken the crust. Decreasing the amount will lighten the crust and reduce the height.
- Bread will be less chewy without salt. Enzymatic activity of natural yeast is strong, while salt can control it. Enzymes will be over-activated without salt. Thus, the bread cannot form properly with gluten broken.
- Margarine can be used to substitute butter, honey can substitute sugar and milk can substitute milk powder. (P. EN12, EN13)
  - Honey shall not exceed 25 g
  - One tablespoon of milk powder is equivalent to 70 g (Approx. 70 mL) milk.

## In case of adding eggs or milk

Reduce the water in the same quantity of eggs or milk.

- Egg (1 at most)
- Milk (half of water amount at most)

- Put egg and other ingredients into the cup and then add water for measurement.
- Do not use timer. (Food may be contaminated in summer)





# Ingredients preparations



You may use your favorite ingredients to make various flavors of bread.

The ingredients and the amount are introduced based on the basic bread (P. EN16).

You may also add your favorite ingredients in addition to the basic ingredients in order to make various flavored bread.

● Crust colour and height of fermentation pile vary with the materials.

Put the ingredients in the bread pan at the beginning!

On top of the basic ingredients



Add your favorite ingredients



Basic ingredients and preparations

## Vegetable



:about 15 ~ 20% of flour weight  
(Standard: 50 g)

- E.g. • Carrot → grated  
• Pumpkin → boil until softened, mashed into pieces and cooled  
• Spinach → boil, cut into pieces and cooled

## Cereals



:about 10 ~ 20% of flour weight  
(Standard: 30 g)

- E.g. • Rice flour • Oat meal  
• Glutinous rice flour  
• Rye  
• Whole wheat flour  
• Beans powder  
• Sesame

## Juice



:cannot exceed the amount of water

- E.g. • Orange juice  
• Apple juice  
• Tomato and other 100% fruit juice  
→ Fully cool in a refrigerator in advance

Bread-making ingredients/Ingredients preparations

Flour quantity



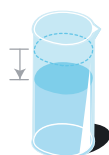
(Remain the same)

Decrease the weight of cereals

- E.g. { Rye 30 g (12% of 250 g)  
High-gluten flour 220 g

(Remain the same)

Water quantity



Deduct 80% of vegetable weight

- E.g. { Cooked pumpkin 50 g  
Water 140 g (mL)  
(180 g (mL) — 80% of 50 g (mL))

(Remain the same)

Decrease the amount of juice

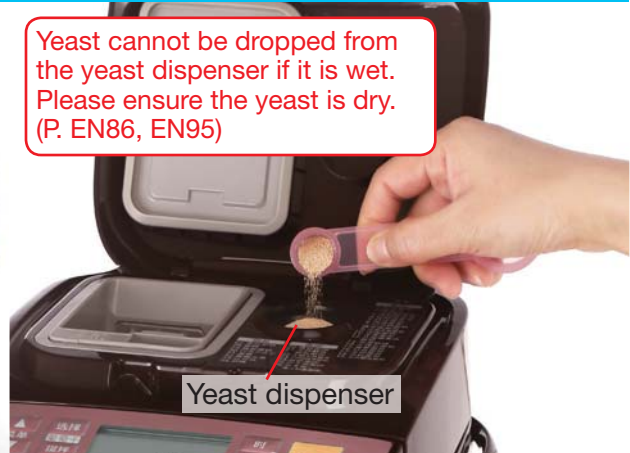
- E.g. { Orange juice 100 g  
(Approx. 100 mL)  
Water 80 g (mL)  
(180 g (mL) — 100 g (mL))

● Do not use timer function.

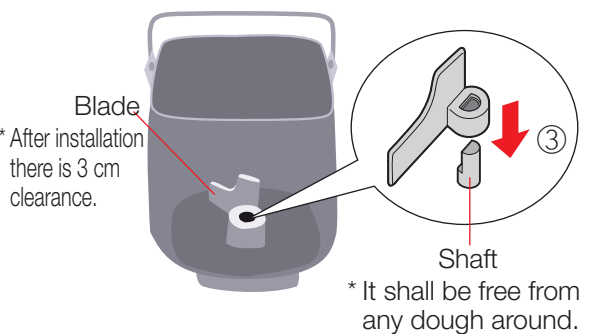
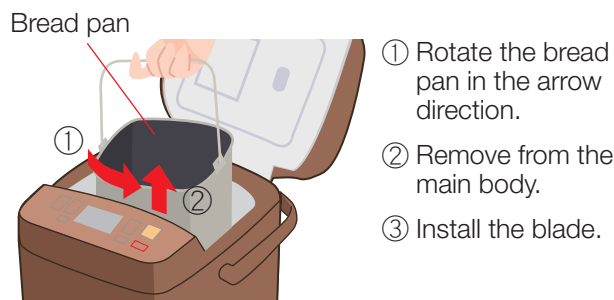
● Do not use timer function.

# Baking basic bread

## Add the ingredients



### 1 Remove the bread pan and Set the kneading blade

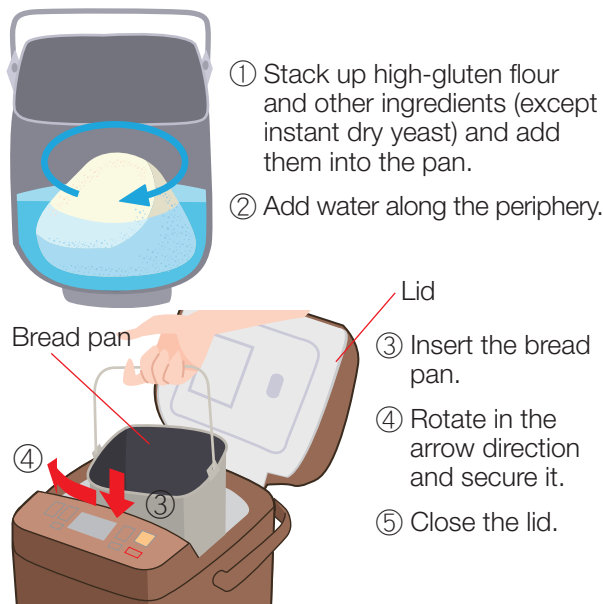


#### Bread

High-gluten flour	250 g
Butter	10 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	190 g (mL)
Instant dry yeast	2.8 g (1 tsp)

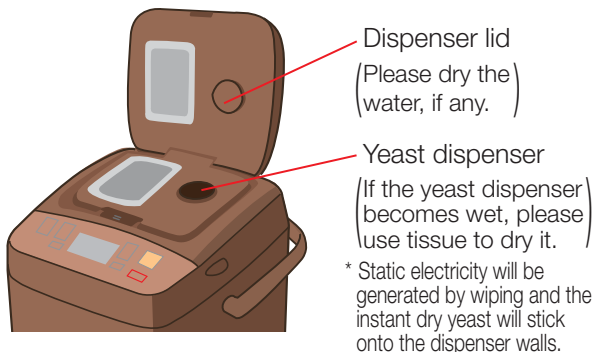
\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

### 2 Add the ingredients other than the instant dry yeasts in the bread pan high-gluten flours, water and other ingredients



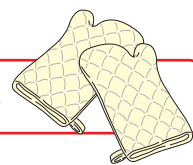
\* The handle of bread pan will stand up. (To make it convenient for taking out the pan) There is no need to press it down to the bottom.

### 3 Add instant dry yeast into the yeast dispenser

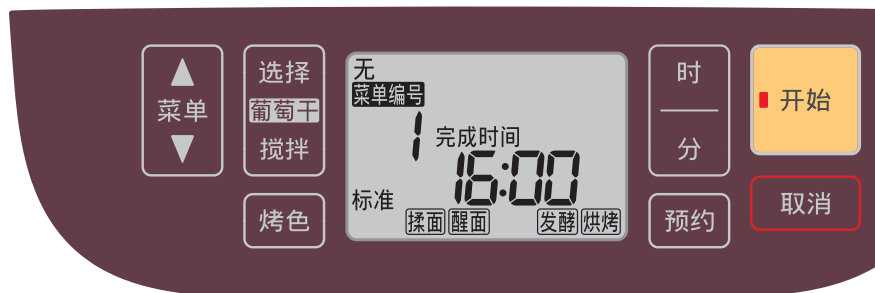


Time required: about 4 h

Be sure to use thick gloves



## Setting



## Take out



### 4 Select menu "1"



■ To select other types of bread → **菜单** (P. EN23)

■ To add raisins and other ingredients → **选择葡萄干 搅拌** (P. EN18) (P. EN20)

■ To select crust colour → **烤色** (P. EN21)

■ To set timer for completion time → **预约** (P. EN22)

### 5 Start



Flash → illuminated



● Approximate time of completion

● Do not open the lid after it is started. Otherwise the instant dry yeast will spill out. However, the instant dry yeast has been added during manual addition of ingredients (P. EN19). Therefore, you may open the lid.

● Sound will be heard while the instant dry yeast is falling through the dispenser.

### 6 Baking completes (Beep sound) Turn off the power



- ① Press 取消 (Cancel)
- ② Pull out the plug.

### 7 Take out the bread pan and put it on a table with a towlette under it. When handling the bread pan, be sure to wear thick oven gloves.

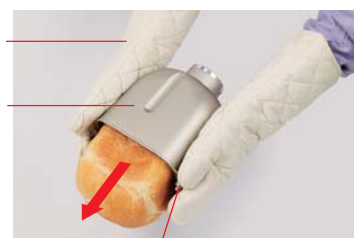
**Cool down** (about 2 min)

\* Pay attention to the rest place of the bread pan. (The bread pan gives out heat)

\* The bread will cave in and shrink, if it is left inside the machine for a while.

### 8 Take out the bread for cooling down

Thick gloves  
(Do not get wet)  
Bread pan



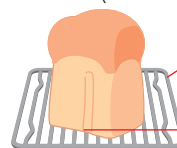
Hold the handle and shake it forcefully several times.

\* Do not use a knife, a fork or chopsticks to take it out. (It will scratch the fluorine coating.)

\* Please don't touch the bottom of bread pan. (Blade rotation may damage bread shape.)

● Make sure blade is in the bread pan after bread is taken out.

The kneading blade may stay inside of the bread (at the bottom). Please take it out.



Baking grille or similar surface

Make sure that the blade is not stuck on it.

(The blade will be damaged if you cut the bread before the blade is taken out.)

Bread

Baking basic bread


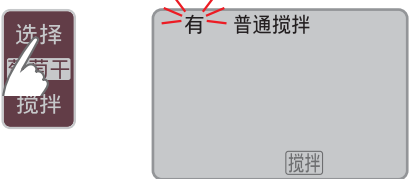



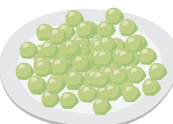

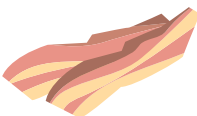
# Convenient functions

Raisin

## 葡萄干 (Raisin) for making bread that contains your favorite ingredients

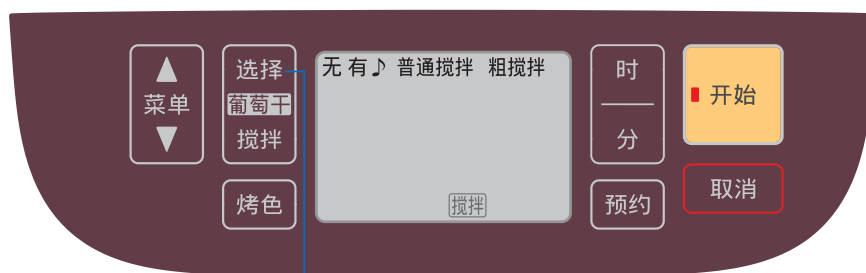
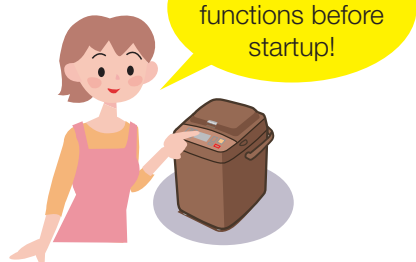
- You can add auxiliary ingredients as you like.  
When adding auxiliary ingredients, you can choose Automatic Input (when the LCD displays 有 (Yes)), or Manual Input (when the LCD displays 有♪ (Yes♪)).
- Your favorite auxiliary ingredients, like raisins and walnuts, can be placed in the raisin and nut dispenser for automatic input.
  - For cheese, chocolates and other ingredients (P. EN19) that cannot be automatically added, add them manually when you hear the beep sound from the buzzer.
  - To retain the shape of auxiliary ingredients, select 粗搅拌 (Rough stir). (P. EN20)

Please follow the ratio and amount of ingredients of various recipes. Otherwise, the ingredients may fly out from the bread pan, to the heater and consequently burn and create smoke.

Automatically added (completed by the automatic bread maker)	Ingredients that can be automatically added Dry ingredients and ingredients that hardly melt
<p><b>Preparations</b> Put your favorite ingredients into the raisin and nut dispenser.</p> <p>The total weight in the dispenser should not exceed 100 g</p>  <p>Raisin and nut dispenser</p> <p>① Press 葡萄干:选择(Raisin: Select), Select 有 (Yes) (make it flash)</p>  <p>■ To select rough stir ➡ 葡萄干 粗搅拌 (P. EN20)</p> <p>② Start</p>  <p>(Ingredients are added automatically) * "Kneading" temporarily stops.</p> <ul style="list-style-type: none"><li>● A small quantity of ingredients will cling to the walls of the raisin and nut dispenser sometimes.</li><li>● The sugar coated fruits may not be added because the sugar may melt and stick onto the dispenser when the weather is hot or when using timer function.</li></ul>	<p>Dried fruits (Not over 100 g)</p>  <p>➡ Cut into small pieces less than 5 mm</p> <p>Raisin, plum, orange peel, etc</p> <p>Nuts (Not over 100 g)</p>  <p>➡ Cut into small pieces less than 5 mm</p> <p>Cashew, walnut and others</p> <p>No need to bake in advance.</p> <p>Green beans* (Not over 100 g)</p>  <p>➡ Sop up water</p> <p>Olive* (Not over 100 g)</p>  <p>➡ Core and cut it into ¼ and sop up the water.</p> <p>Ham, bacon and sausage* (Not over 100 g)</p>  <p>➡ Cut it into pieces of 10 mm wide</p> <ul style="list-style-type: none"><li>● Please place ingredients evenly. When piled up with ingredients, the raisin and nut dispenser may not work normally.</li><li>* Do not add ingredients if the timer function is used. (Particularly in summer, deterioration may occur)</li></ul>



After selecting function and menu...

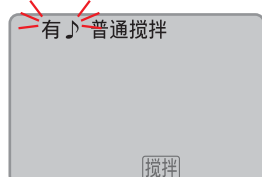


● To add raisins and other ingredients

## ■ Please manually add ingredients that cannot be added automatically.

Manually add when you hear beep sounds (♪)

### ① Press 葡萄干:选择(Raisin: Select), Select 有♪ (Yes♪) (make it flash)



■ To select rough stir → 葡萄干 搅拌 (P. EN20)

### ② Start

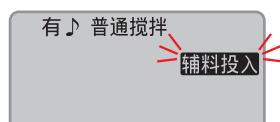


● The time remaining before ingredients input is displayed.

### ③ After hearing beep sounds

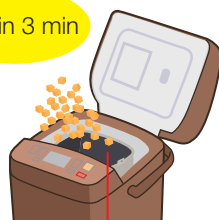
Open the lid

● Raisin and nut dispenser flap will always remain open.



### ④ Add ingredients into the bread pan, then close the lid

Within 3 min



Bread pan

### ⑤ Restart



● Even without pressing 开始 (start) the beeper will sound after 3 min and the unit will restart.

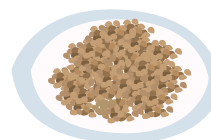
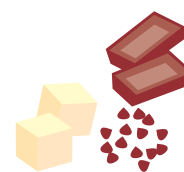
Ingredients that can't be automatically added  
(stick onto walls of dispenser, hard to fall)

Ingredients that are sticky, easily melt or have a high content of water

Macerated fruits, onions and other chopped vegetables



Cheese, chocolate, etc



\* Sesames and other small ingredients ought to be added in the bread pan before beginning.  
(Not over about 20% of flour weights)

- The more ingredients added, the poorer swelling of bread.
- Some ingredients may not keep their original shapes.

### ■ Proper time for adding ingredients when making stuffed breads ...

The time when beep sounds are heard varies with recipe and room temperature.

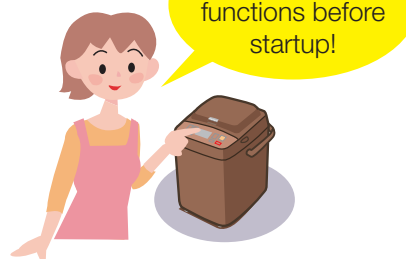
- Bread: after about 1 h ~ 1 h and 30 min
- Pain de mie: after about 1 h and 5 min ~ 1 h and 45 min
- Yudane Pain de mie: after about 1 h and 10 min ~ 1 h and 45 min
- Chiffon Pain de mie: after about 1 h and 20 min ~ 1 h and 50 min
- Soft: after about 1 h and 55 min ~ 2 h and 15 min
- Rapid: after about 30 min ~ 35 min
- Rice: after about 1 h and 5 min ~ 1 h and 35 min
- French rice: after about 50 min ~ 1 h and 20 min
- French: after about 40 min ~ 1 h and 25 min
- Whole wheat: after about 1 h and 35 min ~ 2 h and 50 min
- Brioche: after about 1 h ~ 1 h and 10 min
- Pineapple: after about 35 min ~ 40 min
- Red bean: after about 35 min ~ 40 min
- Rice flour: after about 45 min ~ 1 h
- Natural yeast bread: after about 3 h and 30 min ~ 3 h and 35 min
- Bread dough: after about 20 min ~ 35 min
- Natural yeast bread dough: after about 3 h and 30 min ~ 3 h and 35 min

Bread

Convenient functions (Raisin)

# Convenient functions Rough stir

After selecting function and menu...



● To rough stir the ingredients

■ First, refer to 葡萄干 (Raisin) on Pages EN18 ~ EN19.

粗搅拌 (Rough stir) - Keeps the shape of easily distorted ingredients

- ① Press 葡萄干:选择 (Raisin: select), select 有 (Yes) or 有♪ (Yes♪),  
Press 葡萄干:选择 (Raisin: Stir) and then select 粗搅拌 (Rough stir)



- Each time you press the 葡萄干: 搅拌 (Raisin: Stir), it toggles between 普通搅拌 (Stir) and 粗搅拌 (Rough stir).

- ② Start



- You can set the options of 粗搅拌 (Rough stir).  
➡ (P. EN10 ~ EN11)

\* When using 粗搅拌 (Rough stir),

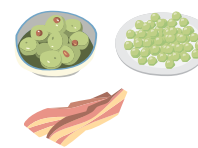
- Add another 10 g (mL) water. (Except for Brioche)
- Freeze the chocolate first.

Ingredients suitable for 粗搅拌 (Rough stir)

Soft and easily distorted ingredients

Auto input... “有 (Yes)”

Olive, Green beans,  
Ham, bacon and  
sausage



Manual input... “有♪ (Yes♪)”

Cheese

Chocolate



Heated vegetables  
(sweet potato, potato, pumpkin, etc.)

Poached beans, dried tomato, etc.

- Some ingredients may not be able to keep their forms.

Please pay attention to the following ingredients during adding!



- Addition of hard ingredients may damage the fluorine coatings inside the bread pan. Please use it carefully.

\* Accidentally eating the fluorine coating will not harm your health.

- Cereal
- Fruit oatmeal
- Sugar-coated nut

- Maple sugar cube
- Pearl sugar
- Sugar cubes and others

- The dough won't rise if any fresh fruits with a rich content of protein-degradation is added.

- Honeydew melon, Hami melon
- Kiwi fruit

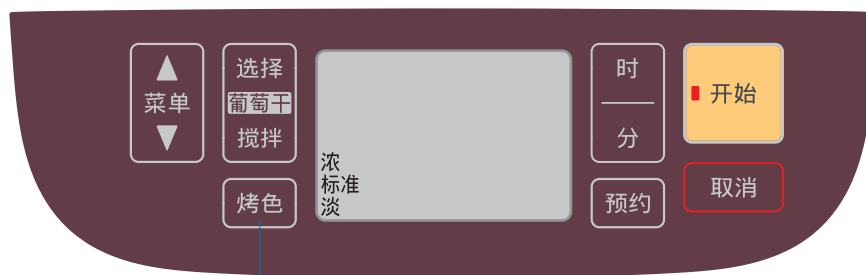
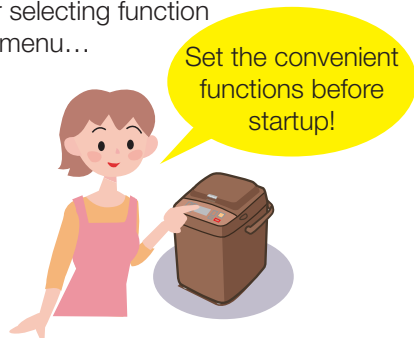
- Fig
- Mango

- Pineapple
- Papaya

Others

## Crust colour

After selecting function and menu...

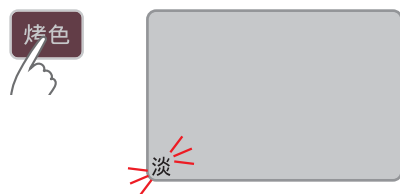


● To change the crust colour

### Bake your favorite 烤色 (Crust colour)

You can set the crust colour as 淡 (light), 标准 (standard) or 浓 (dark).

#### ① Press 烤色 (Crust colour) to select your favorite crust colour



#### ② Start



- You can set options of 烤色 (Crust colour).  
➔ (P. EN10 ~ EN11)
- The more sugar added, the darker the bread crust will be. The height of the bread will be reduced as sugar is reduced.

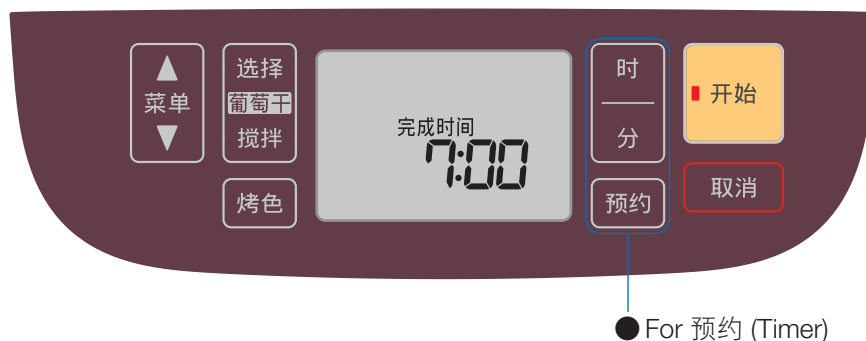
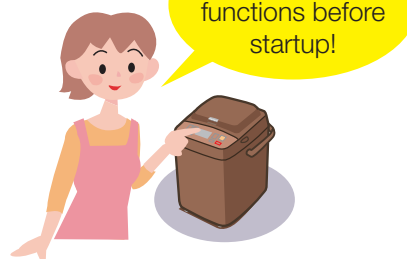
Bread

Convenient functions (Rough stir/Crust colour)

# Convenient functions

## Timer

After selecting function and menu...



Use 预约 (Timer) to complete baking at a specified time

Use this function if you want to enjoy freshly-baked bread in the morning.

### ① Confirm if the current time is correct

● Adjust to current time if it is not (P. EN7)

### ② Press 预约 (Timer)



### ③ Set the time for completion of baking



### ④ Start (timer setting completed)



### ●For 葡萄干 (Raisin) and 烤色 (Crust colour)

- ① Set the 葡萄干: 选择 (Raisin: Select), 葡萄干: 搅拌 (Raisin: Stir), and 烤色 (Crust colour) functions.
- ② Set 预约 (Timer)

#### [Standards on timer]

* Timer can be set from current time to	
Bread	: after 4 h and 10 min ~ 13 h
Pain de mie	: after 5 h ~ 13 h
Yudane Pain de mie	: after 5 h and 10 min ~ 13 h
Chiffon Pain de mie	: after 5 h and 10 min ~ 13 h
Soft bread	: after 4 h and 30 min ~ 13 h
Rice bread	: after 4 h and 10 min ~ 13 h
French rice bread	: after 4 h and 50 min ~ 13 h
French bread	: after 5 h and 10 min ~ 13 h
Whole wheat bread	: after 5 h and 10 min ~ 13 h
Half bread	: after 3 h and 40 min ~ 13 h
Rice flour bread	: after 2 h and 40 min ~ 13 h
Natural yeast bread	: after 7 h and 10 min ~ 10 h

\* You cannot set a time that is beyond the timer limit.

\* Timer is not available for some menus.  
(P. EN10 ~ EN11)

#### [Timer setting examples]

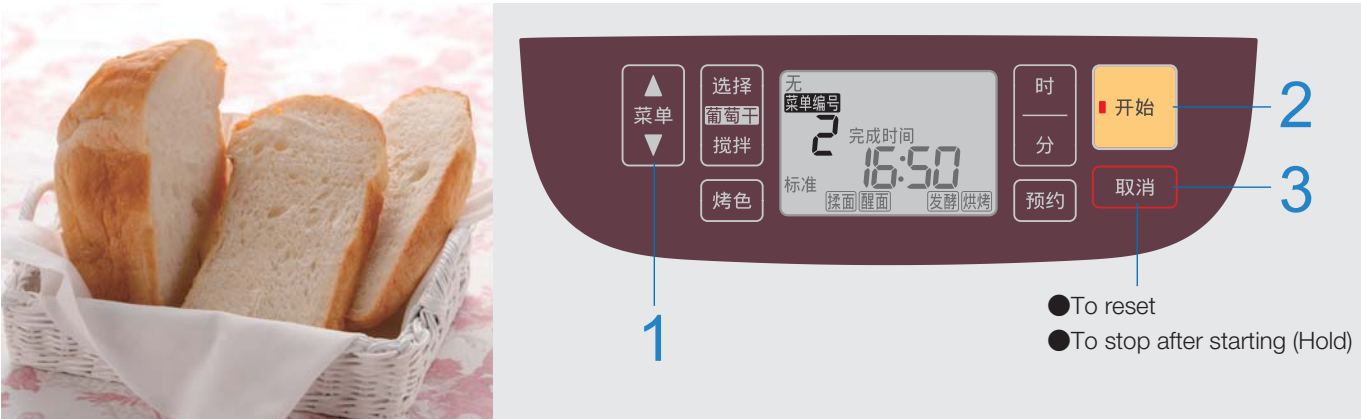
Menu: bread  
Current time: 08:30 p.m.  
(LCD screen displays "20:30")  
Scope of time settings: 00:40 a.m. to 09:30 a.m.  
("0:40" ~ "9:30")  
\* It is impossible to set the time beyond the range above.



\*Thin crust and white crumb Pain de mie (super soft French bread) with half portion of instant dry yeast, keeping the original flavor of wheat.

Time required: about 4 h and 50 min

# Pain de mie (super soft French bread)



- Preparations**
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

Pain de mie (super soft French bread)	
High-gluten flour	250 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	200 g (mL)
Instant dry yeast	1.4 g (½ tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

- 1 Select menu “2”**
- To add raisins and other ingredients → 选择 (P. EN18) 葡萄干 (P. EN20) 搅拌
  - To select crust colour → 烤色 (P. EN21)
  - To set timer for completion time → 预约 (P. EN22)

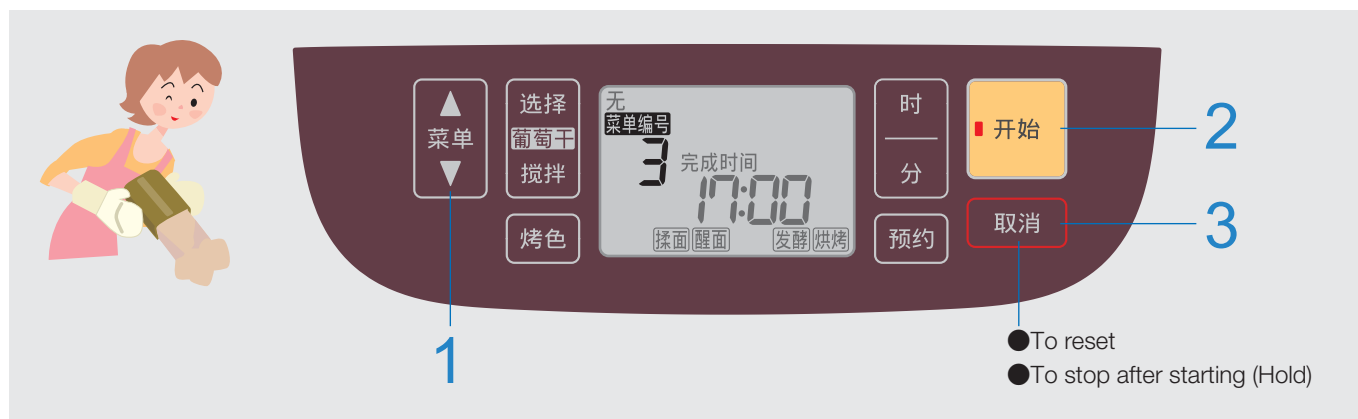
- 2 Start**
- Press 开始 (Start) to begin baking.
- 3** Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then **take out the bread**

Convenient functions (Timer)

Bread

Pain de mie (super soft French bread)

# Yudane pain de mie



**Preparations** ① Make the **Yudane**. (P. EN24 ① ~ ④ or ① ~ ⑤)

## Ingredients

### How to make Yudane

- High-gluten flour ----- 10 g
- Water----- 70 g (mL)

● Yudane paste cannot be preserved too long.

## Heating by a microwave oven

- ① Put 10 g high-gluten flour into the deeper heatresistant pan, add 70 g (mL) water to dissolve the flour, and stir until there are no particles.



- ② Put the mix into the microwave oven (600 W) to heat for about 30 ~ 40 seconds, and suspend heating when the surface of mixture bulges.



- ③ Stir the mixture well and put it into the microwave oven to heat for about 20 seconds, stop heating when the surface of mixture bulges. Take it out and stir it until it becomes pasty.



- ④ Cool the ③ mixture until its temperature is similar to body temperature. Then add cold water (5 °C) and mix. (Total weight: 220 g)

● Adjust the time for heating according to the type of heat-resistant pan and microwave oven.

## Heating by a steamer

- ① Put 10 g high-gluten flour into the deeper heatresistant pan, add 70 g (mL) water to dissolve the flour, and stir until there are no particles.
- ② Fill the steamer with sufficient water, put the steaming rack in place, and then boil the water over high heat. Once the water boils, put the pan containing the well-stirred batter on the rack.



- ③ Heat the steamer for about 5 minutes, take the pan out, and stir the batter evenly.



- ④ Put the pan back in the steamer to heat for about 2 minutes over high heat, and then take it out again for another full stir.



- ⑤ Cool the ④ mixture until its temperature is similar to body temperature. Then add cold water (5 °C) and mix. (Total weight: 220 g)
- Adjust the time for heating according to the type of the heat-resistant pan and the heating power of electromagnetic oven.

## Precautions When Making Yudane !

\* Please use a heat-resistant container when making the Yudane. Especially make sure the glass bowl you are using is heat resistant. This is because a bowl made from tempered glass is likely to crack or even explode due to changes in temperature during heating.



Time required: about 5 h



**Preparations**

- (P. EN16)
- ② Install blade in the bread pan.
  - ③ Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ④ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

**Yudane pain de mie**

Cold water (5 °C)*1 + Yudane*2	220 g
High-gluten flour	240 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Instant dry yeast	1.4 g (1½ tsp)

\*1 Reduce by 10 g (mL) when the room temperature is above 25 °C.

● Bread has a relatively poor quality when the room temperature is above 30 °C.

**1 Select menu “3”**



■ To add raisins and other ingredients



(P. EN18)

(P. EN20)

■ To set timer for completion time



(P. EN22)

**2 Start**



**3** Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then

**take out the bread**

Bread

Yudane pain de mie

# Chiffon pain de mie

Time required: about 5 h



## Preparations

- ① Install blade in the bread pan.
- ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
- ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

### Chiffon pain de mie

High-gluten flour	200 g
Low-gluten flour	50 g
Butter	20 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	190 g (mL)
Instant dry yeast	1.4 g (1½ tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

## 1 Select menu “4”



■ To add raisins and other ingredients

➡ **选择** (P. EN18)  
**葡萄干** (P. EN20)  
**搅拌**

■ To set timer for completion time

➡ **预约** (P. EN22)

## 2 Start



## 3 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then **take out the bread**



# Soft bread

Time required: about 4 h and 20 min



## Preparations

- ① Install blade in the bread pan.  
(P. EN16)
- ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
- ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

Soft bread	
High-gluten flour	250 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	190 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

- The reservation function will not start until after resting of the dough, so the kneading blade will not rotate even if you press 开始 (Start).

## 1 Select menu “5”



- To add raisins and other ingredients → 选择葡萄干 搅拌 (P. EN18) (P. EN20)
- To select crust colour → 烤色 (P. EN21)
- To set timer for completion time → 预约 (P. EN22)

## 2 Start



## 3 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then take out the bread

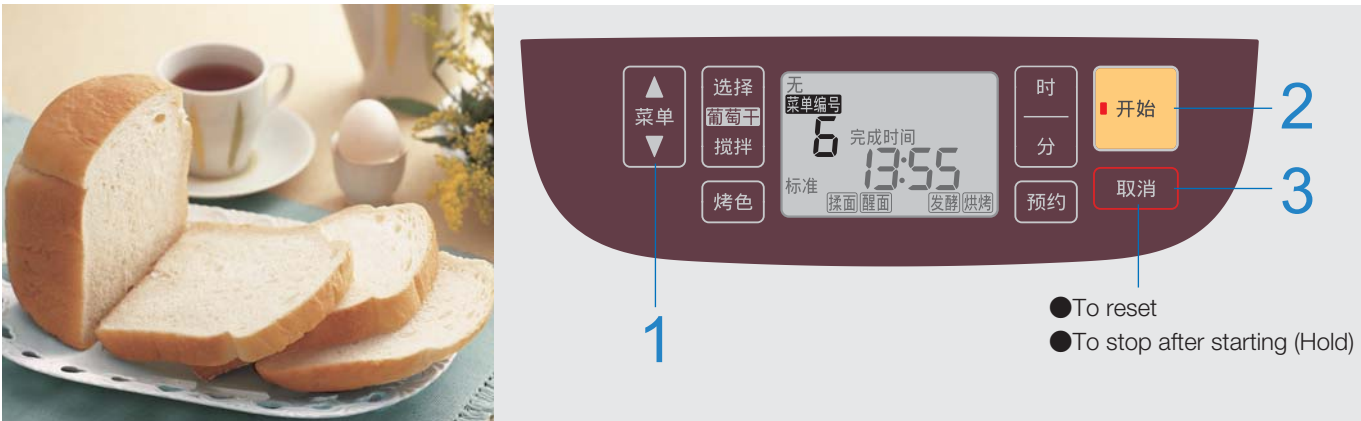
Chiffon pain de mie

Bread

Soft bread

# Rapid bread

Time required: about 1 h and 55 min



- Preparations**
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.  
(P. EN16)
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

Rapid bread	
High-gluten flour	280 g
Butter	10 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Cold water (5 °C)*	210 g (mL)
Instant dry yeast	4.2 g (1½ tsp)

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

## 1 Select menu “6”

▲ 菜单

无菜单编号 6 完成时间 13:55 标准 揉面 醒面 发酵 烘烤

■ To add raisins and other ingredients → 选择葡萄干 搅拌 (P. EN18) (P. EN20)

■ To select crust colour → 烤色 (P. EN21)

## 2 Start

■ 开始

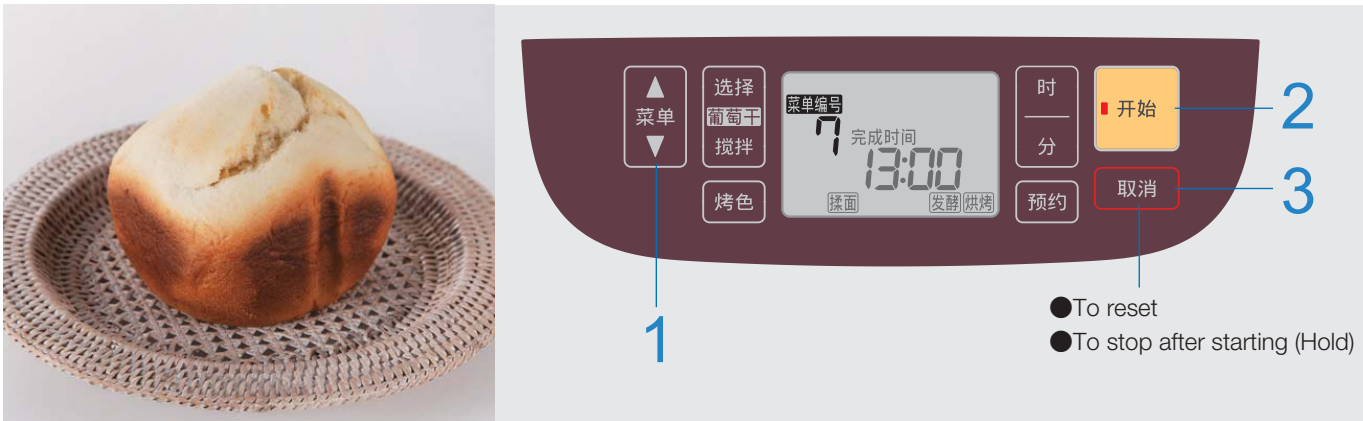
无菜单编号 6 完成时间 13:55 标准 揉面 醒面 发酵 烘烤

Please see P. EN10 for the baking procedure.

## 3 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then take out the bread

# 60-min bread

Time required: about 1 h



## Preparations

(P. EN16)

- ① Add 30 g (mL) warm water to fully dissolve the 4.2 g (less than 1½ tsp) dried yeast until there are no particles.
- ② Install blade in the bread pan.
- ③ Put the flour and other ingredients (except ① and warm water) into the bread pan.
- ④ Put the bread pan into the main body, and then add in ① and warm water.



① The state of dissolved dried yeast

## Ingredients

### 60-min bread

Warm water*	30 g (mL)
Instant dry yeast	4.2 g (1½ tsp)
High-gluten flour	280 g
Butte	25 g
Granulated sugar	24 g (2 tbsp)
Milk powder	12 g (2 tbsp)
Salt	5 g (1 tsp)
Eggs (evenly mixed)	25 g
Warm water*	150 g (mL)

\* Warm water about 35 ~ 40 °C.

## 1 Select menu “7”



## 2 Start



## 3 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then take out the bread

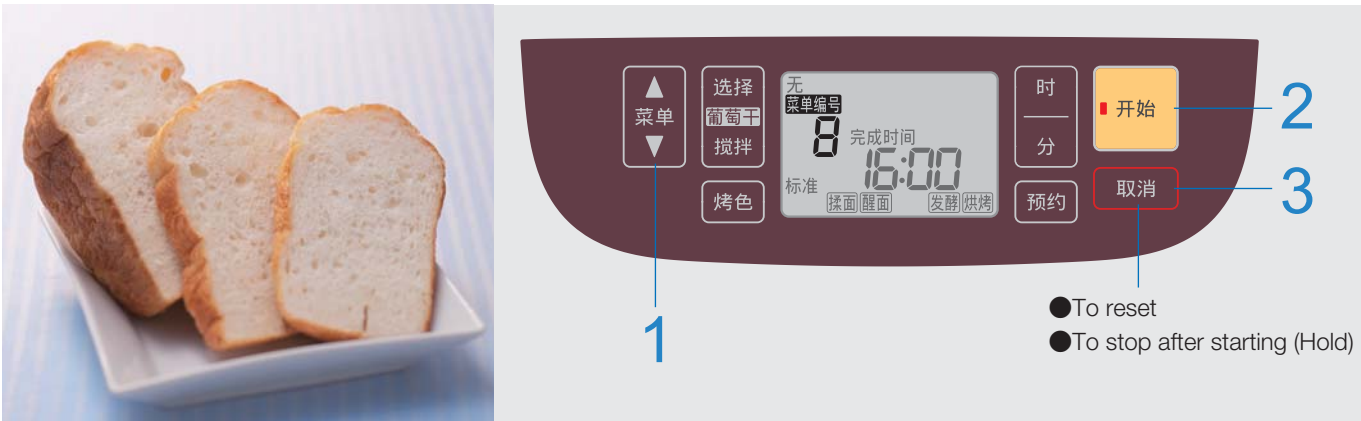
Rapid bread

Bread

60-min bread

# Rice bread

Time required: about 4 h



- Preparations**
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

Rice bread	
High-gluten flour	230 g
Cooled rice	100 ~ 150 g
Butter	10 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	160 g (mL)
Instant dry yeast	2.1 g (¾ tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

- You can also use brown rice or mixed grains to substitute for white rice.
- The height and taste of bread may vary depending on rice quantity.
- The more rice added, the softer the baked bread will be.  
(Please follow the above list for the portion besides rice)
- You may use timer function. But do not use cooked rice that has been stored (or defrosted) for more than one day.
- Keep flours in a refrigerator for cooling when room temperature is above 30 °C.
- Rice may remain in granule form.

## 1 Select menu “8”

▲ 菜单

无菜单编号 8 完成时间 16:00

标准 揉面 醒面 发酵 烘烤

- To add raisins and other ingredients → 选择葡萄干/搅拌 (P. EN18) (P. EN20)
- To select crust colour → 烤色 (P. EN21)
- To set timer for completion time → 预约 (P. EN22)

## 2 Start

■ 开始

无菜单编号 8 完成时间 16:00

标准 揉面 醒面 发酵 烘烤

Please see P. EN10 for the baking procedure.

## 3 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then take out the bread

- Rice bread has a high content of water and may deteriorate easily. Please eat it as soon as possible.  
(Summer: within a day Winter: within two days)



# French rice bread

Time required: about 4 h and 40 min



Compared with other bread, French rice bread may be hard to be taken out from the bread pan. Please take out the bread according to the following Step 3.

- Preparations**
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

### French rice bread

High-gluten flour	210 g
Cold rice (white rice)	80 ~ 130 g
Granulated sugar	6 g (½ tbsp)
Salt	5 g (1 tsp)
Cold water (5 °C)*	150 g (mL)
Instant dry yeast	2.1 g (¾ tsp)

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

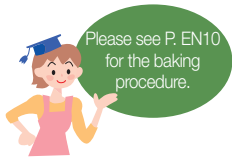
- You may also use brown rice or mixed grains to substitute rice.
- The height and taste of bread may vary depending on rice quantity.
- The more rice added, the softer the baked bread will be. (Please follow the above list for the portion besides rice)
- You may use timer function. But do not use cooked rice that has been stored (or defrosted) for more than one day.
- Bread has a relatively poor quality when the room temperature is above 30 °C.
- Rice may remain in granule form.
- French rice bread has a high content of water and may deteriorate easily. Please eat it as soon as possible.  
(Summer: within a day    Winter: within two days)

## 1 Select menu “9”



- To add raisins and other ingredients → **选择** (P. EN18)  
**葡萄干** (P. EN20)  
**搅拌**
- To set timer for completion time → **预约** (P. EN22)

## 2 Start



## 3 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then take out the bread

- Take out the French rice bread.  
Tap the bread pan downward hard on a towel with your hands against the table.  
(See the figure on the right)
- Please check if the kneading blade remains at the bottom of the blade.



Rice bread

Bread

French rice bread

# French bread

Time required: about 5 h



Compared with other bread, French bread may be hard to be taken out from the bread pan. Please take out the bread according to the following Step 3.

- Preparations**
- ① Install blade in the bread pan.
  - (P. EN16)
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

French bread	
High-gluten flour	225 g
Low-gluten flour	25 g
Salt	5 g (1 tsp)
Cold water (5 °C)*	190 g (mL)
Instant dry yeast	1.4 g (½ tsp)

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

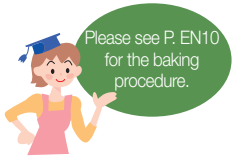
- Bread has a relatively poor quality when the room temperature is above 30 °C.

## 1 Select menu “10”



- To add raisins and other ingredients → **选择** (P. EN18)  
**葡萄干** (P. EN20)  
**搅拌**
- To set timer for completion time → **预约** (P. EN22)

## 2 Start



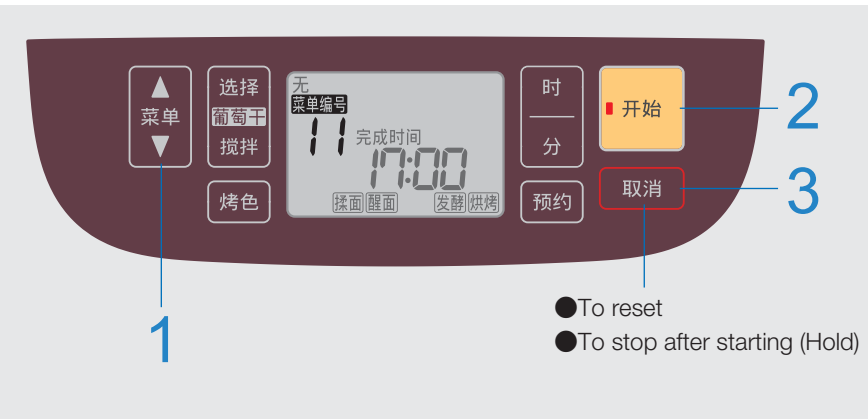
## 3 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then take out the bread

- Take out the French bread.  
Tap the bread pan downward hard on a towel with your hands against the table.  
(See the figure on the right)
- Please make sure whether the kneading blade is stuck at the bottom of the bread.



# Whole wheat bread

Time required: about 5 h



## Preparations

- (P. EN16)
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

### Whole wheat bread (whole wheat flour 50%)

Whole wheat flour (for breads)*1	125 g
High-gluten flour	125 g
Butter	10 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Cold water (5 °C)*2	210 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\*1 Do not use the whole wheat flour which is exclusive for making dim sum bread (low-gluten flour).

\*2 Reduce by 10 g (mL) when the room temperature is above 25 °C.

- Bread has a relatively poor quality when the room temperature is above 30 °C.
- \* Bread shape and swelling degree vary according to the types of whole wheat flour.

## 1 Select menu "11"



- To add raisins and other ingredients



(P. EN18)  
(P. EN20)

- To set timer for completion time



(P. EN22)

## 2 Start



## 3 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then take out the bread

French bread

Bread

Whole wheat bread

# Hokkaido aromatic bread



- Preparations**
- ① **Make the custard crust and store it in the refrigerator.** (P. EN35 ① ~ ⑥)
  - ② Install blade in the bread pan.
  - ③ Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ④ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

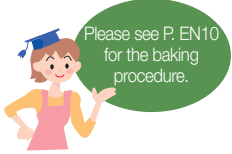
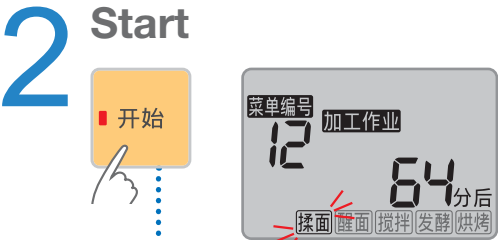
## Ingredients

Hokkaido aromatic bread	
High-gluten flour	230 g
Butter	20 g
Granulated sugar	30 g (2½ tbsp)
Milk powder	12 g (2 tbsp)
Salt	5 g (1 tsp)
Water*	160 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

Custard crust	
High-gluten flour	10 g
Granulated sugar	30 g (2½ tbsp)
One egg + Milk	70 g
Butter	20 g
Vanilla essence	Small quantity

- If 取消 (Cancel) is accidentally pressed in Step 3  
Press 开始 (Start) within 10 min to recover it.  
(This can only be performed once.  
Invalid if any other button is pressed.)
- Beep sound will be heard and it will restart 10 min later in Step 3 even if the operation is not yet completed.



\* It may take 84 or 89 minutes, depending on the room temperature.

Time required: about 4 h



### 3 Open the lid when you hear the beep sound. **Add the custard crust** Within 15 min

● Cut the custard crust into 2-3 pieces, and cover the upper dough with them.

● Do not press 取消 (Cancel)



### 4 Close the lid **Restart**



### 5 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then **take out the bread**

## How to make custard crust

### Making the crust

① Put the ingredients of A into the pot and stir them thoroughly.



② Heat the mix on medium heat for 1 minute, and add butter, melt it, and then stir well.



\*Stir the mix while heating. Otherwise, it may form lumps.

③ Add vanilla essence, and then stir well.



④ Heat it on medium heat and stir it well until the mix can be lumped together. (about 2 minutes)



\*You can adjust the heating time depending on your cooker.

### Rolling flat

⑤ Use a rolling pin to roll it into a 20 cm × 20 cm square.

\*Cover the dough with a plastic wrap for the convenience of rolling.

⑥ When it cools down to body temperature, store it in the refrigerator for at least 30 minutes.



### Tips for making hokkaido aromatic bread!

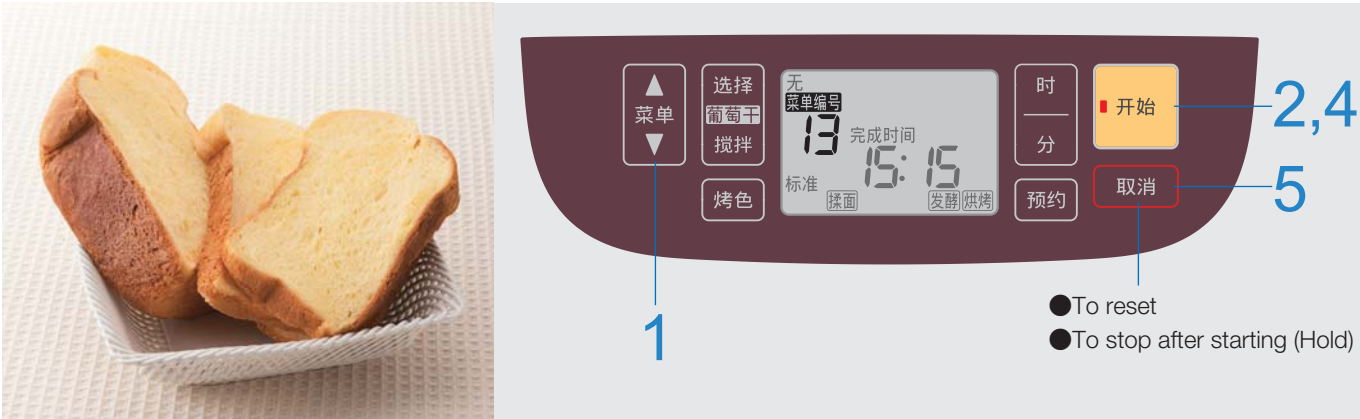
\* The custard crust will be hardened after being stored in the refrigerator for long periods. In this case, just roll the crust again to make better bread.





# Brioche

Time required: about 3 h and 15 min



- Preparations**
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast and frozen butter) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

Brioche	
High-gluten flour	170 g
Low-gluten flour	30 g
Butter	30 g
Granulated sugar	24 g (2 tbsp)
Milk powder	6 g (1 tbsp)
Salt	3.8 g (¾ tsp)
A mix of one egg, an egg yolks and cold water (5 °C)	150 g
Instant dry yeast	2.1 g (¾ tsp)
Frozen butter (for adding later)	40 g
(Unsalted butter is recommended)	

- Bread has a relatively poor quality when the room temperature is above 30 °C.
- **Prepare the frozen butter! (for adding later)**
  - ① Cut the butter (for adding later) into 1 cm pieces.
  - ② Wrap the butter with a plastic wrap or put them in a closed container to avoid the cream stick together.
  - ③ Store them in a refrigerator before adding them.
- \* When the room temperature is over 25 °C, be sure to keep them in a refrigerator at least one night (10 h).
- **If 取消 (Cancel) is accidentally pressed in Step 3**  
Press 开始 (Start) within 10 min to recover it.  
(This can only be performed once.)  
(Invalid if any other button is pressed.)
- **10 min after Step 3 is started.**  
Even without adding butter, the beeper will sound and the unit will restart.  
(And then even after more butter is added, it will not mix the ingredients anymore. Do not add butter.)
- **Baking is also possible even if butter (for adding later) is added at the beginning.**  
Add all ingredients except instant dry yeast in the bread pan, and press Start. (Steps 1, 2 and 5)
- \* The flavor, taste and swelling extent may vary.

- 1 Select menu “13”**
  - ▲ 菜单 (Menu) button
  - To add raisins and other ingredients → 选择 (Select) 葡萄干 (Raisins) 搅拌 (Mix) (P. EN18) (P. EN20)
  - To select crust colour → 烤色 (Crust Color) (P. EN21)
- 2 Start**
  - 开始 (Start) button
  - “45 min later” is displayed when the room temperature is high.
  - Please see P. EN10 for the baking procedure.
- 3** Open the lid when you hear the beep sound.  
Unwrap the plastic wrap and **add in the cut frozen butter.**
  - Do not press 取消 (Cancel)
  - Within 10 min
- 4 Restart**
  - 开始 (Start) button
- 5** Press 取消 (Cancel) when you hear the beep sound.  
Take out the bread pan and cool it down for about 2 min. Then **take out the bread**
  - \* The bread may become deformed upon over-exertion.

# Marble bread

Time required: about 4 h



## Preparations

(P. EN16)

- ① Install blade in the bread pan.
- ② Add flour, water and other ingredients (except instant dry yeast and instant coffee powder) in the bread pan.
- ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

### Marble bread

High-gluten flour	250 g
Granulated sugar	18 g (1½ tbsp)
Salt	5 g (1 tsp)
Milk powder	6 g (1 tbsp)
Butter	10 g
Water*	190 g (mL)
Instant dry yeast	2.8 g (1 tsp)

### For adding later

Instant coffee powder	3 g
-----------------------	-----

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

● Do not use roasted coffee beans.

■ If 取消 (Cancel) is accidentally pressed in Step 3

Press 开始 (Start) within 10 min to recover it.  
(This can only be performed once.  
Invalid if any other button is pressed.)

■ 5 min after Step 3 is started.

Even without adding instant coffee powder, the beeper will sound and the unit will restart.

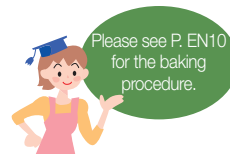
(After than even instant coffee powder is added, it will not mix the ingredients anymore. So do not add in.)

■ The marble patterns vary from each baking.

## 1 Select menu "14"



## 2 Start



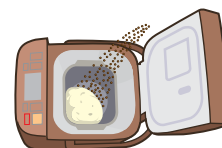
"94 min later" is displayed when the room temperature is high.  
"69 min later" is displayed when the room temperature is low.

## 3

Open the lid when you hear the beep sound.

Within 5 min

Place the instant coffee powder on the bottom of bread pan.



● Do not press 取消 (Cancel)

\* Do not sprinkle the instant coffee powder on the dough. Place the instant coffee powder under the dough. (Take the dough out or move the dough to a corner. Place the instant coffee powder on the bottom of bread pan, and put the dough back.)

## 4

Close the lid

Restart



## 5

Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then

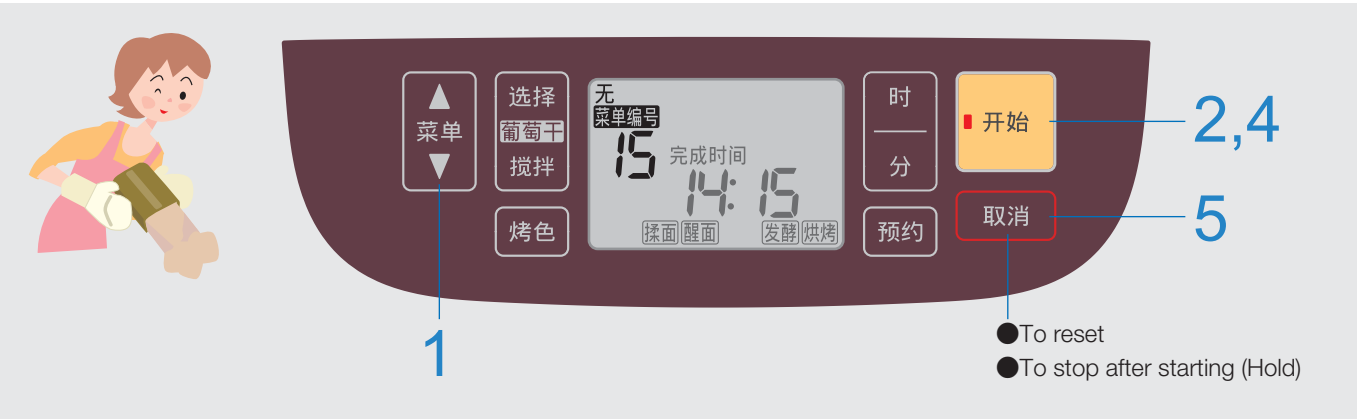
take out the bread

Brioche

Bread

Marble bread

# Pineapple bread



- Preparations**
- ① Put cookie dough in the refrigerator after it is made. (P. EN39 ① ~ ⑥)
  - ② Install blade in the bread pan.
  - ③ Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ④ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

Pineapple bread	
High-gluten flour	150 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	2.5 g (½ tsp)
Cold water (5 °C)	100 g (mL)
Instant dry yeast	2.1 g (¾ tsp)

Cookie dough (crust of pineapple bread)	
Butter	60 g
Granulated sugar	30 g (2½ tbsp)
Eggs (evenly mixed)	25 g
Low-gluten flour	110 g
Baking powder	5 g
Vanilla essence	Small quantity
Coarse + Granulated sugar (for final processing)	2 ~ 3 tsp

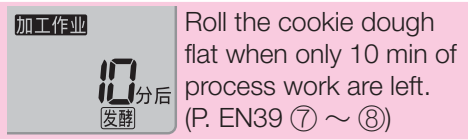
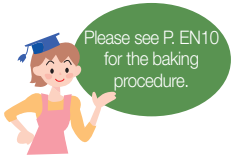
- Be sure to observe the foregoing amount. Excessive amount may cause the bread to spill out of the bread pan, overcooked bread, burning smells and smoke.
- If 取消 (Cancel) is accidentally pressed in Step 3  
Press 开始 (Start) within 10 min to recover it.  
(This can only be performed once.)  
(Invalid if any other button is pressed.)
- Under step 3, even the process hasn't been completed, a beep sound will be heard and the machine will restart operation after 15 min.
- Add different ingredients to make bread of different flavors in Step 3 (15 min).  
➡ P. EN51, EN52

## 1 Select menu "15"



- To add raisins and other ingredients ➡ 选择 葡萄干 搅拌 (P. EN18)

## 2 Start



Time required: about 2 h and 15 min



### 3 Open the lid when you hear the beep sound. **Add the cookie dough.** Within 15 min

- ① Place the bread dough in the middle of the bread pan again.
- ② Place the cookie dough on the bread dough with the egg-coated side facing downward.
- ③ Slightly press the sides of the dough (do not press hard)
- ④ Sprinkle granulated sugar on top of the cookie dough.

● Do not press 取消 (Cancel)



### 4 Close the lid **Restart**



### 5 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then **take out the bread**

\* The bread may become deformed upon over-exertion.

## Method of cookie dough making

### Making Dough

- ① Mix low-gluten flour and baking powder and sift them together.
- ② Use a wooden spatula to mix the butter at room temperature till they become creamy.
- ③ Add granulated sugar in small quantities 2 ~ 3 times. Mix the butter after each addition till the butter becomes whitish and smooth.
- ④ Add eggs in small quantities 3 ~ 4 times. Fully mix after each addition. Finally, add the vanilla essence.  
\* Reserve ½ tsp of egg liquids.



- ⑤ Add the powder mix in Step ① and evenly mix them till the granules of powder disappear.



- ⑥ Make the dough a round shape, cover with plastic wrap and put it in the refrigerator for over 20 min.



### Rolling flat

- ⑦ Use a rolling pin to roll the dough into a flat circle with a diameter of 14 ~ 15 cm.  
\* Cover the dough with a plastic wrap for the convenience of rolling.



- ⑧ Coat one side of the dough with the reserved egg liquids (½ tsp).

### Tips for making pineapple bread!

- You may also cut patterns on the surface of the cookie dough. Use a bamboo stick to cut patterns in a depth of not over 1 mm.  
(The cookie dough may crack and slide down if the patterns are cut too deep.)

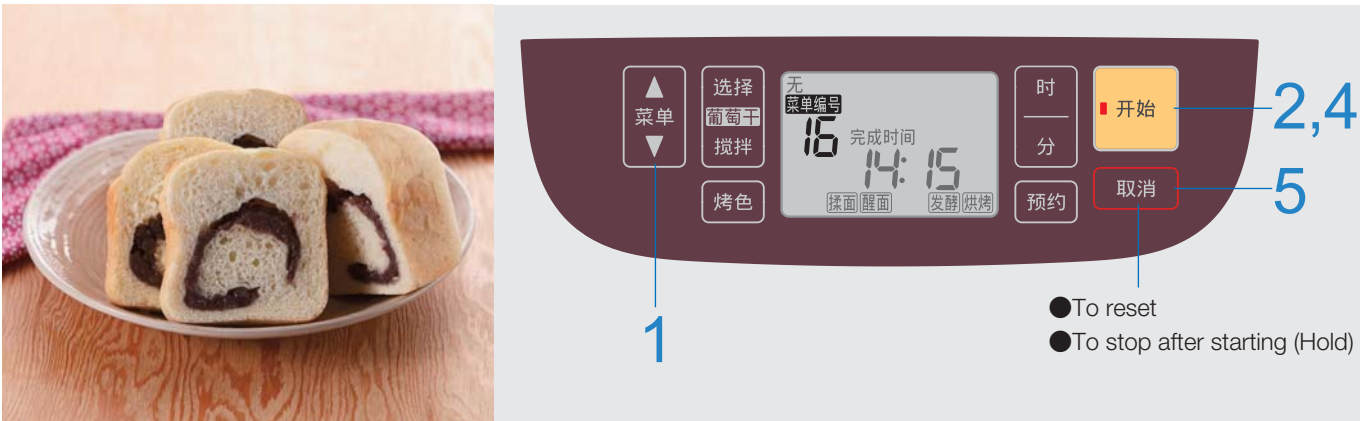
- Do not put in the cookie dough before it is flexible and bendable enough. This helps the cookie dough to form a better shape.





# Red bean bread

Time required: about 2 h and 15 min



- Preparations**
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

Red bean bread	
High-gluten flour	180 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
A Milk powder	6 g (1 tbsp)
Salt	2.5 g (½ tsp)
Egg (evenly mixed)	25 g
Cold water (5 °C)*	120 g (mL)
Instant dry yeast	2.1 g (¾ tsp)
Red bean paste (about 20 °C)	100 g

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

- The fermentation condition of bread becomes poor with more red bean paste added.  
(The maximum volume of red bean paste can be 150 g). The temperature of red bean paste must be about 20 °C.  
(Otherwise the fermentation of bread will be impacted.)

- The gap between the dough and red bean paste is reserved for the fermentation of bread.

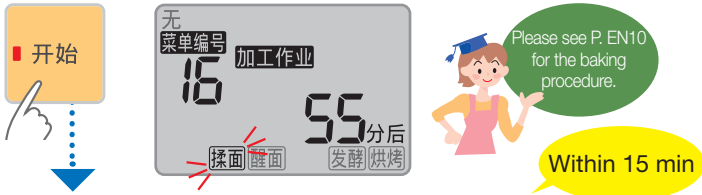


- If the dough is too sticky to roll...  
Sprinkle some high-gluten flour on the hand or rolling pin.

## 1 Select menu “16”



## 2 Start



## 3 When you hear beep sound, open the lid and take out the dough from the bread pan, and remove the blade.

- Do not press 取消 (Cancel)
- ① Roll the dough into a long and thin shape (about 8 cm × 30 cm).  
(The width of dough should be shorter than that of the bread pan)
- ② Place the red bean paste evenly on the dough. (To avoid paste running out, leave a distance about 1 cm from the edge of dough)
- ③ Roll the dough from the side nearby, extrude any air inside the dough. The end seam of dough should be stuck tightly.
- ④ Place the dough with the end seam facing down into the bread pan.



## 4 Restart



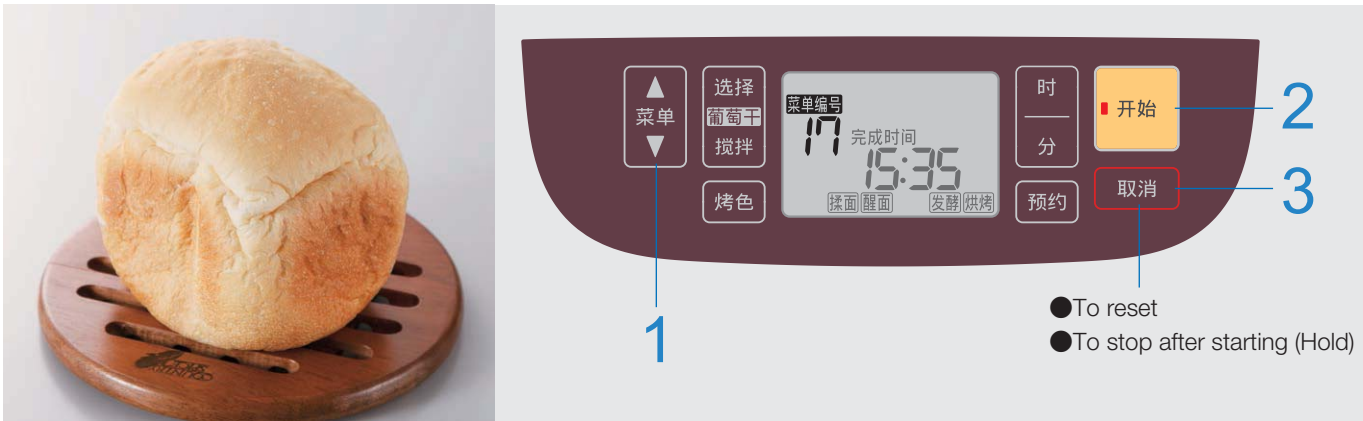
## 5 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then take out the bread

\* The bread may become deformed upon over-exertion.



# Half bread

Time required: about 3 h and 35 min



- Preparations**
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

Half bread	
High-gluten flour	180 g
Butter	10 g
Granulated sugar	12 g (1 tbsp)
Salt	2.5 g (½ tsp)
Milk powder	6 g (1 tbsp)
Water*	140 g (mL)
Instant dry yeast	2.1 g (¾ tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

- 1 Select menu “17”**  

● To set timer for completion time      ➡ 预约 (P. EN22)
- 2 Start**
- 3** Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then **take out the bread**

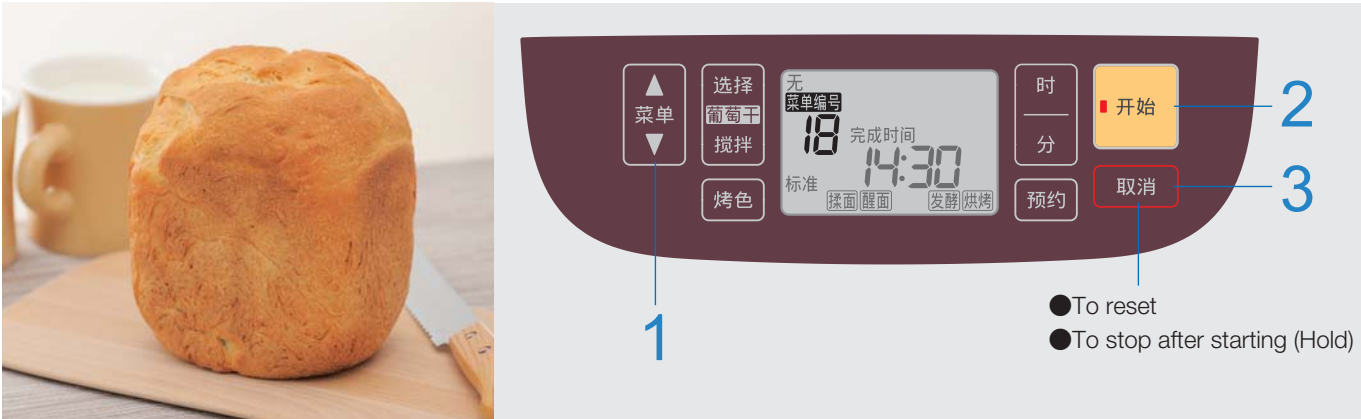
Red bean bread

Bread

Half bread

# Rice flour bread

Time required: about 2 h and 30 min



- Preparations**
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

Rice flour bread	
Rice flour	50 g
High-gluten flour	200 g
Butter	20 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	190 g (mL)
Instant dry yeast	4.2 g (1½ tsp)

\* Use cold water at a temperature of about 5 °C. When the room temperature is above 25 °C.

- Using timer may deteriorate the bread quality when the room temperature is over 25 °C. (P. EN92)
- Be sure to store rice flour and other ingredients in the refrigerator when the room temperature is over 30 °C.

## 1 Select menu “18”

■ To add raisins and other ingredients → **选择葡萄干 搅拌** (P. EN18)

■ To select crust colour → **烤色** (P. EN21)

■ To set timer for completion time → **预约** (P. EN22)

## 2 Start

## 3 Press 取消 (Cancel) when you hear the beep sound. Take out the bread pan and cool it down for about 2 min. Then **take out the bread**

# Various flavored bread



## Bread with Danish flavor

### Menu "1" Crust colour 浓 (dark)

High-gluten flour	200 g
Low-gluten flour	50 g
Butter (Unsalted butter is recommended)	10 g
Granulated sugar	24 g (2 tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Eggs (evenly mixed)	25 g
Cold water (5 °C)	150 g (mL)
Instant dry yeast	2.1 g (¾ tsp)

\* Frozen butter (chopped into 1 cm pieces and frozen in the refrigerator for 1 night) 100 g

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)

## Dried fruit bread

### Menu "1"

High-gluten flour	250 g
Butter	10 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	200 g (mL)
Instant dry yeast	2.8 g (1 tsp)
* Dried fruits (fig, apricot) (4 equal pieces)	40 g each
* Dried fruits (cranberry)	20 g

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Select 粗搅拌 (Rough stir) (P. EN20)

## Sunflower seed honey bread

### Menu "1" or Menu "5"

High-gluten flour	250 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Honey	21 g (1 tbsp)
Water*	180 g (mL)
Instant dry yeast	2.8 g (1 tsp)
* Sunflower seed	20 g

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18)



## Pain de mie: chocolate bread

### Menu "2"

High-gluten flour	230 g
Butter	10 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Cocoa powder	6 g (1 tbsp)
Water*	190 g (mL)
Instant dry yeast	1.4 g (½ tsp)

\* Chocolate chip (frozen in advance) 60 g

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

## Pain de mie: Rich milky flavor

### Menu "2"

High-gluten flour	250 g
Butter	25 g
Granulated sugar	18 g (1½ tbsp)
Salt	5 g (1 tsp)
Water*	150 g (mL)
Sweetened condensed milk	15 g
Whipping cream (a butterfat content of about 47%)	50 g
Instant dry yeast	1.4 g (½ tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

## Pain de mie: Dairy-free

### Menu "2"

High-gluten flour	250 g
Shortening	10 g
Granulated sugar	18 g (1½ tbsp)
Salt	5 g (1 tsp)
Water*	200 g (mL)
Instant dry yeast	1.4 g (½ tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

Rice flour bread

Bread

Various flavored bread

# Various flavored bread



## German potato flavored Yudane pain de mie

### Menu “3”

Cold water (5 °C)* <sup>1</sup> + Yudane* <sup>2</sup>	220 g
High-gluten flour	240 g
Butter	15 g
Granulated sugar	9 g (¾ tbsp)
Salt	5 g (1 tsp)
Instant dry yeast	1.4 g (½ tsp)
Black pepper	1 g
Parsley	0.5 g
Foreign flavored condiments (clear soup seasoning)	1 g
* Bacon (cut into 1 cm pieces)	50 g
* Potato (cut into 1 cm pieces and boiled to a moderate degree)	30 g
* Onion (cut into 1 cm pieces and boiled to a moderate degree)	20 g

\*1 Reduce by 10 g (mL) when the room temperature is above 25 °C.

\*2 How to make Yudane (P. EN24)

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

## Corn Yudane pain de mie

### Menu “3”

Cold water (5 °C)* <sup>1</sup> + Yudane* <sup>2</sup>	170 g
High-gluten flour	240 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Instant dry yeast	1.4 g (½ tsp)
Milk	60 g (about 60 mL)
Parsley	0.5 g
* Corn (kernels)	60 g
High-gluten flour (Flour the corn kernels before adding them in to dry the kernels completely)	An appropriate quantity

\*1 Reduce by 10 g (mL) when the room temperature is above 25 °C.

\*2 How to make Yudane (P. EN24)

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)



## Yudane pain de mie with cream cheese and blueberry

### Menu “3”

Cold water (5 °C)* <sup>1</sup> + Yudane* <sup>2</sup>	220 g
High-gluten flour	240 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Instant dry yeast	1.4 g (½ tsp)
* Cream cheese (chopped into 1 cm pieces and frozen in the refrigerator)	50 g
* Dried blueberry	40 g

\*1 Reduce by 10 g (mL) when the room temperature is above 25 °C.

\*2 How to make Yudane (P. EN24)

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

## Yudane pain de mie with sweet potato and sesame

### Menu “3”

Cold water (5 °C)* <sup>1</sup> + Yudane* <sup>2</sup>	220 g
High-gluten flour	240 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Instant dry yeast	1.4 g (½ tsp)
* Sweet potato (cut into 1 cm pieces and boiled to a moderate degree)	80 g
Cinnamon powder (sprinkled on the cooked sweet potato)	1 g
* Black sesame seeds	10 g

\*1 Reduce by 10 g (mL) when the room temperature is above 25 °C.

\*2 How to make Yudane (P. EN24)

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)





### Chiffon pain de mie with beans powder and sweet natto

#### Menu “4”

High-gluten flour	200 g
Low-gluten flour	30 g
Bean powder	20 g
Butter	20 g
Granulated sugar	24 g (2 tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	200 g (mL)
Instant dry yeast	1.4 g (½ tsp)
* Sweet natto	70 g

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Select 粗搅拌 (Rough stir) (P. EN20)

### Chiffon pain de mie with tomato and basil

#### Menu “4”

High-gluten flour	200 g
Low-gluten flour	30 g
Butter	20 g
Granulated sugar	24 g (2 tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	100 g (mL)
Instant dry yeast	1.4 g (½ tsp)
Tomato sauce (salt free)	90 g (about 90 mL)
Dried basil leaves	0.3 g

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

### Chiffon pain de mie with fermented ginger

#### Menu “4”

High-gluten flour	200 g
Low-gluten flour	50 g
Butter	20 g
Granulated sugar	24 g (2 tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	140 g (mL)
Instant dry yeast	1.4 g (½ tsp)
Ginger (ground)	20 g
Fermented	50 g (about 50 mL)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.



### 60-min bread with brown sugar and rice flour

#### Menu “7”

Warm water*	30 g (mL)
Instant dry yeast	4.2 g (1½ tsp)
High-gluten flour	230 g
Rice flour	50 g
Butter	25 g
Brown sugar (Powder)	34 g (4 tbsp)
Milk powder	12 g (2 tbsp)
Salt	5 g (1 tsp)
Eggs (evenly mixed)	25 g
Warm water*	150 g (mL)

\* Warm water about 35 ~ 40 °C.

- Do not use the glutinous rice flour.
- Decorate it with sugar-coating.  
Add 25 g of brown sugar power and 2.5 g (less than ½ tsp) water into a small bowl, put the bowl in 60 °C water, stir the sugar well in the bowl against the hot water outside, and then pour the sugar paste onto the bread.

### 60-min bread with white miso and shaddock

#### Menu “7”

Warm water*	30 g (mL)
Instant dry yeast	4.2 g (1½ tsp)
High-gluten flour	280 g
Butter	25 g
Granulated sugar	24 g (2 tbsp)
Salt	2.5 g (½ tsp)
Eggs (evenly mixed)	25 g
Warm water*	150 g (mL)
White miso	25 g
Shaddock (frozen green peels of shaddock (mashed))	2.5 g

\* Warm water about 35 ~ 40 °C.



# Various flavored bread



## 60-min bread with black tea and orange

### Menu "7"

Warm water*	30 g (mL)
Instant dry yeast	4.2 g (1½ tsp)
High-gluten flour	280 g
Butter	25 g
Granulated sugar	24 g (2 tbsp)
Milk powder	12 g (2 tbsp)
Salt	5 g (1 tsp)
Eggs (evenly mixed)	25 g
Warm water*	90 g (mL)
100% orange juice (warm)	60 g (about 60 mL)
Orange peels (ground)	5 g (amount for ¼ size)
Black tea leaves (chopped)	2 g

\* Warm water about 35 ~ 40 °C.



## Rustic style French rice bread with mixed grains

### Menu "9"

High-gluten flour	190 g
Rye flour	20 g
Cold rice (coarse grain)	100 g
Granulated sugar	6 g (½ tbsp)
Salt	5 g (1 tsp)
Cold water (5 °C)*	150 g (mL)
Instant dry yeast	2.1 g (¾ tsp)

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

## Whole wheat sesame 60-min bread

### Menu "7"

Warm water*	30 g (mL)
Instant dry yeast	4.2 g (1½ tsp)
High-gluten flour	230 g
Whole wheat flour	50 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	12 g (2 tbsp)
Salt	5 g (1 tsp)
Eggs (evenly mixed)	25 g
Warm water*	160 g (mL)
White sesame	10 g

\* Warm water about 35 ~ 40 °C.

## French rice bread with sweet potato and ginger

### Menu "9"

High-gluten flour	210 g
Cold rice (brown rice)	100 g
Brown sugar (powder)	8.5 g (1 tbsp)
Salt	5 g (1 tsp)
Cold water (5 °C)*	140 g (mL)
Instant dry yeast	2.1 g (¾ tsp)
* Sweet potato (cut into 1 cm pieces)	80 g
* Minced ginger	5 g

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

\* When using sugar and white rice, increase the amount of water by 10 g (mL).

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Select 粗搅拌 (Rough stir) (P. EN20)

## Fruit juice bread

### Menu "6"

High-gluten flour	250 g
Butter	25 g
Granulated sugar	8 g (2 tsp)
Milk powder	12 g (2 tbsp)
Salt	3.8 g (¾ tsp)
Eggs (evenly mixed)	50 g
100% tomato fruit juice (stored in a refrigerator)*	120 g (about 120 mL)
Instant dry yeast	4.2 g (1½ tsp)
* Assorted vegetables (Dry it through trickling and cool down to room temperature)	70 g

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18)

## Curry rice bread

### Menu "8"

High-gluten flour	210 g
Cold rice (white rice)	100 g
Butter	20 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Curry powder	5 g
Refined cheese (cut into small pieces)	30 g
Black pepper powder	3 g (½ tsp)
Water*	110 g (mL)
Instant dry yeast	2.1 g (¾ tsp)
* Potato (cut into small pieces; boiled to a moderate degree)	20 g
* Carrot (cut into small pieces; boiled to a moderate degree)	20 g
* Bacon	20 g

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18)



### French rice bread with red pepper and tomato Menu “9”

High-gluten flour	210 g
Cold rice (white rice)	100 g
Granulated sugar	6 g (½ tbsp)
Salt	5 g (1 tsp)
Cold water (5 °C)*	70 g (mL)
Tomato juice (salt free)	70 g (about 70 mL)
Instant dry yeast	2.1 g (¾ tsp)
* Pimento (red pepper and yellow pepper) (cut into 5 mm pieces)	20 g each

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)

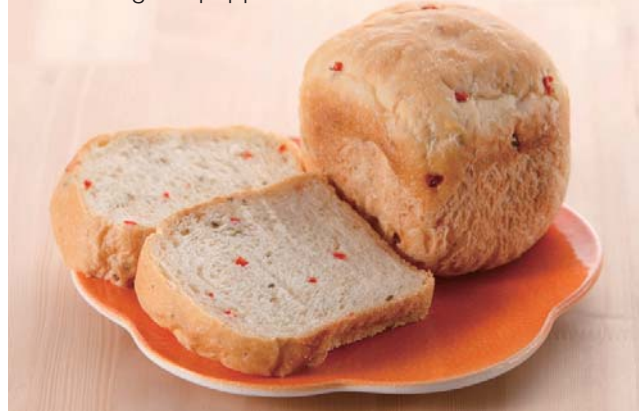
### French rice bread with green soybean and cheese Menu “9”

High-gluten flour	210 g
Cold rice (white rice)	100 g
Granulated sugar	6 g (½ tbsp)
Salt	5 g (1 tsp)
Cold water (5 °C)*	150 g (mL)
Instant dry yeast	2.1 g (¾ tsp)
* Green soybeans (peeled beans) (Drain the water completely and cut into halves)	40 g
* Cheese	60 g

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

Containing red pepper and olive



### Italian bread Menu “10”

High-gluten flour	225 g
Low-gluten flour	25 g
Salt	5 g (1 tsp)
Olive oil	24 g (2 tbsp)
Cold water (5 °C)*	170 g (mL)
Instant dry yeast	1.4 g (½ tsp)

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

You may add 20 g red peppers (or dried tomatoes) chopped into small pieces of 5 mm and 20 g olive (or 1 tsp of dried basil leaves) if you prefer.

\* Use 葡萄干 (Raisin) function (P. EN18)

### French bread with tomato and cheese Menu “10”

High-gluten flour	225 g
Low-gluten flour	25 g
Salt	5 g (1 tsp)
Dried basil leaves	2 g (1 tsp)
Water*	190 g (mL)
Instant dry yeast	1.4 g (½ tsp)
* Mozzarella cheese (diced)	75 g
* Dried tomatoes (Divided into four equal parts after dried)	10 g (dried)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

# Various flavored bread



## Whole wheat bread with chestnuts & nuts

### Menu "11"

High-gluten flour	125 g
Whole wheat flour	125 g
Butter	10 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	210 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\* Sugar-soaked chestnuts and walnuts 50 g each

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)



## Desiccated coconut milky bread

### Menu "12"

#### Bread dough

High-gluten flour	230 g
Butter	15 g
Granulated sugar	30 g (2½ tbsp)
Milk powder	12 g (2 tbsp)
Salt	5 g (1 tsp)
Water*	160 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

#### Desiccated coconut crust

Granulated sugar	24 g (2 tbsp)
Milk powder	6 g (1 tbsp)
Eggs (evenly mixed)	30 g
Butter	20 g
Coconut	45 g

● Mix the materials for making desiccated coconut crust, stir them well, roll the mix into a 15 mm diameter circle, and then store it in the refrigerator. When hearing the prompting sound, take out the desiccated coconut crust, lay it flat on the surface of the dough, and press the 开始 (Start) key again.

\* The desiccated coconut crust must be prepared in advance.

## Whole wheat bread with bacon, cheese and olive

### Menu "11"

High-gluten flour	160 g
Whole wheat flour	70 g
Butter	10 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Cold water (5 °C)*	180 g (mL)
Instant dry yeast	2.8 g (1 tsp)
* Bacon	40 g
* Cheese	30 g
* Olive	30 g

\* Reduce by 10 g (mL) when the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

## Bread with peanut butter

### Menu "12"

#### Bread dough

High-gluten flour	230 g
Butter	20 g
Granulated sugar	30 g (2½ tbsp)
Milk powder	12 g (2 tbsp)
Salt	5 g (1 tsp)
Peanut butter	30 g
Water*	170 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

#### Custard crust

High-gluten flour	10 g
Granulated sugar	30 g (2½ tbsp)
One egg + Milk	70 g
Butter	20 g
Vanilla essence	Small quantity

● Follow the Steps on P. EN35 to make a custard crust, and then put it in a refrigerator. When hearing the prompting sound, take out the custard crust, lay it flat on the surface of the dough, and press the 开始 (Start) key again.

\* The custard crust must be prepared in advance.





### Black tea bread with condensed milk

#### Menu "12"

##### Bread dough

High-gluten flour	230 g
Butter	20 g
Granulated sugar	30 g (2½ tbsp)
Milk powder	12 g (2 tbsp)
Salt	5 g (1 tsp)
Black tea leaves (chopped)	2 g
Sweetened condensed milk	20 g
Water*	150 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

##### Custard crust

High-gluten flour	10 g
Granulated sugar	30 g (2½ tbsp)
One egg + Milk	70 g
Butter	20 g
Vanilla essence	Small quantity

● Follow the Steps on P. EN35 to make a custard crust, and then put it in a refrigerator. When hearing the prompting sound, take out the custard crust, lay it flat on the surface of the dough, and press the 开始 (Start) key again.

\* The custard crust must be prepared in advance.

### Brioche (with rich butter and egg)

#### Menu "13"

High-gluten flour	170 g
Low-gluten flour	30 g
Butter	40 g
Granulated sugar	36 g (3 tbsp)
Salt	3.8 g (¾ tsp)
A mix of one egg, two yolks and milk	160 g
Instant dry yeast	2.1 g (¾ tsp)
Frozen butter (for adding later)	50 g



### Matcha Brioche with black soybean and chestnut

#### Menu "13"

High-gluten flour	170 g
Low-gluten flour	30 g
Butter	30 g
Granulated sugar	36 g (3 tbsp)
Milk powder	6 g (1 tbsp)
Salt	3.8 g (¾ tsp)
Matcha (green tea powder)	6 g (1 tbsp)
Mixture of an egg, an egg yolk and cold water (5 °C)	160 g
Instant dry yeast	2.1 g (¾ tsp)
Frozen butter (for adding later)	40 g
* Preserved black beans (after thorough draining)	50 g
* Sugar soaked chestnuts (after thorough draining)	50 g

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)



### Panettone

#### Menu "13"

High-gluten flour	170 g
Low-gluten flour	30 g
Butter	40 g
Granulated sugar	24 g (2 tbsp)
Salt	3.8 g (¾ tsp)
Rum	13 g (1 tbsp)
A mix of one egg, two yolks and plain yogurt (low fat)	160 g
Instant dry yeast	2.8 g (1 tsp)
Frozen butter (for adding later)	40 g
* Dried fruits	100 g

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)

# Various flavored bread



## Matcha Marble bread

### Menu "14"

High-gluten flour	250 g
Granulated sugar	24 g (2 tbsp)
Salt	5 g (1 tsp)
Milk powder	6 g (1 tbsp)
Butter	10 g
Instant dry yeast	2.8 g (1 tsp)
Water*	190 g (mL)

#### For adding later

A	Matcha (green tea powder)	3 g
	Granulated sugar	17 g
	Water	5 g (mL) (1 tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

● Stir A until it becomes pasty.

## Cocoa Marble bread

### Menu "14"

High-gluten flour	250 g
Granulated sugar	24 g (2 tbsp)
Salt	5 g (1 tsp)
Milk powder	6 g (1 tbsp)
Butter	10 g
Instant dry yeast	2.8 g (1 tsp)
Water*	190 g (mL)

#### For adding later

A	Cocoa powder	10 g
	Granulated sugar	18 g (1½ tbsp)
	Water	10 g (mL) (2 tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

● Stir A until it becomes pasty.



## Black sesame Marble bread

### Menu "14"

High-gluten flour	250 g
Granulated sugar	24 g (2 tbsp)
Salt	5 g (1 tsp)
Milk powder	6 g (1 tbsp)
Butter	10 g
Instant dry yeast	2.8 g (1 tsp)
Water*	190 g (mL)

#### For adding later

Black sesame sauce	10 g
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\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

## Marble bread with orange and chocolate

### Menu "14"

High-gluten flour	250 g
Granulated sugar	24 g (2 tbsp)
Salt	5 g (1 tsp)
Milk powder	6 g (1 tbsp)
Butter	10 g
Instant dry yeast	2.8 g (1 tsp)
Water*	100 g (mL)
100% orange juice	90 g (about 90 mL)

#### For adding later

Chocolate sauce	10 g
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\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.





### Ingredients

	High-gluten flour	200 g
	Butter	15 g
	Granulated sugar	24 g (2 tbsp)
A	Milk powder	6 g (1 tbsp)
	Salt	3.8 g (¾ tsp)
	Egg (evenly mixed)	25 g
	Cold water (5 °C)	110 g (mL)
	Instant dry yeast	3.5 g (1¼ tsp)

### Ingredients

	Dried fruits (pickled with rum)	100 g
	Milk	5 g (1 tsp)
	Cinnamon sugar	An appropriate quantity

### For icing

B	Granulated sugar	25 g
	Water	2.5 g (½ tsp)

If the dough is sticky and it is hard to roll it flat, Sprinkle some high-gluten flour on hands and the rolling pin to make it easier for dough rolling.



### To make various flavored bread on menu "15"

The total weight of the bread dough and the ingredients should not exceed 600 g!

\* The dough may not rise or the baking may not be sufficient if there are too many ingredients.

### Avoid using ingredients with a high content of water!

(Dry the boiled ingredients through trickling and cool them down) to room temperature.


\* Otherwise, the dough fermentation may be affected.

### Prepare the ingredients in advance!

\* The operation time is 15 min.


## Cinnamon brioche

### Select menu "15" to make bread dough

- ① Put A into the blade-installed bread pan and install the bread pan into the main body.
- ② Add instant dry yeast into the yeast dispenser, select menu "15" and press  (start).

This process will be completed within 15 min!

### Take out the dough

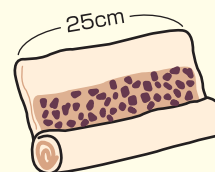
- ③ When you hear beep sounds, open the lid and take out the dough from the bread pan.
- Do not press  (Cancel)

### Rolling flat

- ④ Roll the dough into a size of 15 cm × 25 cm (W × L).

### Forming

- ⑤ Coat milk on ¾ of dough near to you and sprinkle cinnamon sugar and dried fruits on it.
- ⑥ Start rolling from the side close to you.
- ⑦ Cut it into four even pieces and place them in the bread pan.



### Start baking (press (Start) again)

### Making icing

- ⑧ Place B in a bowl and mix them on another bowl with 60 °C hot water inside.

### Final processing

- ⑨ Upon completion of baking, take the bread out from the bread pan and coat the bread with the icing.

# Various flavored bread



## Ingredients


A	High-gluten flour	200 g
	Butter	15 g
	Granulated sugar	18 g (1½ tbsp)
	Milk powder	6 g (1 tbsp)
	Salt	3.8 g (¾ tsp)
	Matcha (green tea powder)	2 g (1 tsp)
	Egg (evenly mixed)	25 g
	Cold water (5 °C)	110 g (mL)
	Instant dry yeast	3.5 g (1¼ tsp)

## Contents

Black beans boiled with sugar	120 g
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## Matcha black beans roll

### Select menu “15” to make bread dough

- ① Put A into the blade-installed bread pan and install the bread pan into the main body.
- ② Add instant dry yeast into the yeast dispenser, select menu “15” and press  (start).

### Take out the dough

- ③ When you hear beep sounds, open the lid, take out the dough from the bread pan and remove the blade.
- Do not press 取消 (Cancel)

This process will be completed within 15 min!

### Dough rolling

- ④ Roll the dough into a slender shape which is slightly narrower than that of bread pan.

### Add the contents and form the bread.

- ⑤ Sprinkle the black beans evenly with water fully drained.
- ⑥ Start rolling from the side close to you.
- ⑦ Put it in the bread pan.

### Baking

(press  (Start) again)

Substitute green tea with cocoa powder. Add chocolate cubes and almond slices to make the chocolate almond bread rolls that are kids' favorites.




## Ingredients

A	High-gluten flour	200 g
	Butter	35 g
	Granulated sugar	18 g (1½ tbsp)
	Milk powder	6 g (1 tbsp)
	Salt	3.8 g (¾ tsp)
	Egg (evenly mixed)	25 g
	Cold water (5 °C)	100 g (mL)
	Instant dry yeast	3.5 g (1¼ tsp)
	Stuffing ingredients	12 pieces (15 g/piece)

## Stuffed bread

### Select menu “15” to make bread dough

- ① Put A into the blade-installed bread pan and install the bread pan into the main body.
- ② Add instant dry yeast into the yeast dispenser, select menu “15” and press  (start).

This process will be completed within 15 min!

### Take out the dough

- ③ When you hear beep sounds, open the lid, take out the dough from the bread pan and remove the blade.
- Do not press 取消 (Cancel)

### Forming

- ④ Divide the dough into 12 even pieces.

### Fill in the stuffing

- ⑤ Fill the ingredients into each piece of dough.
- ⑥ Put it in the bread pan.

Select your favorite ingredients.

(Ingredients with liquid are not allowed!)

Curry (cook till the sauce becomes thick), meat ball, potato salad, sausage, tuna (with water fully drained) and cheese (cut into small pieces) and many more

### Baking

(press  (Start) again)



### Pain de mie with chocolate chip and chestnut Menu "2"

High-gluten flour	250 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	200 g (mL)
Instant dry yeast	1.4 g (½ tsp)
* Chocolate chip (white chocolate)	45 g
* Sugar soaked chestnuts (may also be boiled in sweetened water)	55 g

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

### Whole wheat Pain de mie Menu "2"

High-gluten flour	200 g
Whole wheat flour	50 g
Butter	5 g
Granulated sugar	9 g (¾ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	200 g (mL)
Instant dry yeast	1.4 g (½ tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

### Salty Brioche Menu "13" Crust colour 浓 (dark)

High-gluten flour	170 g
Low-gluten flour	30 g
Butter	30 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Mixture of an egg, an egg yolk and cold water (5 °C)	160 g
Instant dry yeast	2.8 g (1 tsp)
Frozen butter (for adding later)	40 g
* Bacon (roasted)	50 g
* Walnut	20 g
* Cheese	20 g
* Fried onion	10 g

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

### Brioche with rice flour Menu "13"

High-gluten flour	150 g
Rice flour	50 g
Butter	30 g
Granulated sugar	24 g (2 tbsp)
Milk powder	6 g (1 tbsp)
Salt	3.8 g (¾ tsp)
Mixture of an egg, an egg yolk and cold water (5 °C)	160 g
Instant dry yeast	2.1 g (¾ tsp)
Frozen butter (for adding later)	40 g

### Hard bread Menu "2" Crust colour 浓 (dark)

High-gluten flour	225 g
Low-gluten flour	25 g
Shortening	5 g
Granulated sugar	4 g (1 tsp)
Milk powder	4 g (2 tsp)
Salt	5 g (1 tsp)
Water*	210 g (mL)
Instant dry yeast	1.4 g (½ tsp)

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

### Sweet peas Pain de mie Menu "2"

High-gluten flour	250 g
Butter	15 g
Granulated sugar	18 g (1½ tbsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	200 g (mL)
Instant dry yeast	1.4 g (½ tsp)

\* Your favorite cooked beans (soup stewed from the fully drained beans) 100 g

\* Use 5 °C cold water and reduce the amount of water by 10 g (mL) if the room temperature is above 25 °C.

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

### Brioche with flavedo and chocolate Menu "13"

High-gluten flour	170 g
Low-gluten flour	30 g
Butter	30 g
Granulated sugar	24 g (2 tbsp)
Milk powder	6 g (1 tbsp)
Salt	3.8 g (¾ tsp)
Orange peels (ground)	2 g
Mixture of an egg, an egg yolk, orange juice (for 1 piece) and cold water (5 °C)	150 g
Instant dry yeast	2.8 g (1 tsp)
Frozen butter (for adding later)	40 g
* Sugar soaked orange peels (5 mm slices)	20 g
* Chocolate chip (frozen in advance)	30 g

\* Use 葡萄干 (Raisin) function (P. EN18) ➡ Manual feeding (P. EN19)  
➡ Select 粗搅拌 (Rough stir) (P. EN20)

You can add icing sugar as you wish.  
Take 5 grams (less than 1 tsp) of orange juice, mix it with 25 grams of sieved brown sugar powder, and then smear the mix onto the freshly baked Brioche while it is hot.

### Rice flour bread with orange flavor Menu "18"

High-gluten flour	200 g
Rice flour	50 g
* Fresh orange jam	20 g
Butter	20 g
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	170 g (mL)
Instant dry yeast	4.2 g (1½ tsp)

\* Use cold water at a temperature of about 5 °C when the room temperature is over 25 °C.

\* Put it in the bread pan at the very beginning.

# Natural yeast bread making

## Fermented natural yeast making

## Add the ingredients

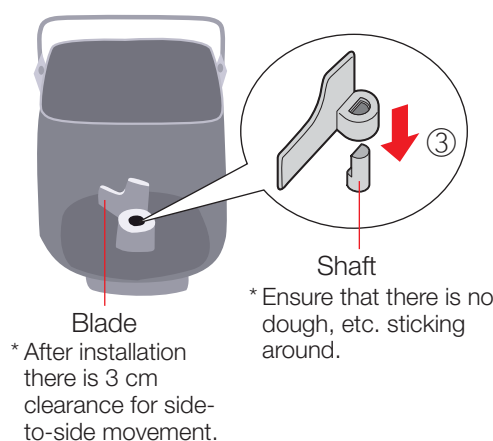
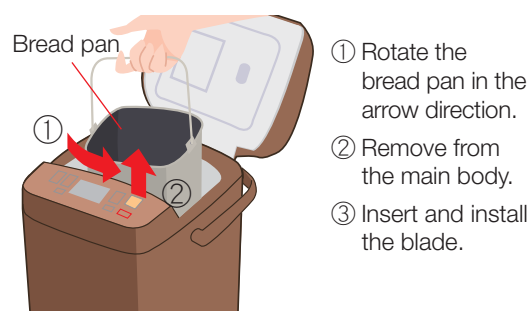


### 1 Fermented natural yeast

with a bread maker  
(P. EN57)

- It takes 24 hours to make fermented natural yeast.

### 2 Remove the bread pan and Set the kneading blade



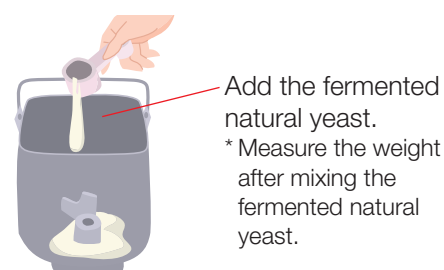
#### Natural yeast bread

High-gluten flour	300 g
Granulated sugar	18 g (1½ tbsp)
Salt	5 g (1 tsp)
Water*	190 g (mL)
Fermented natural yeast	25 g (2 tbsp)

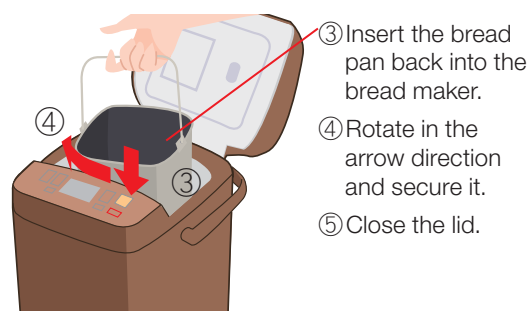
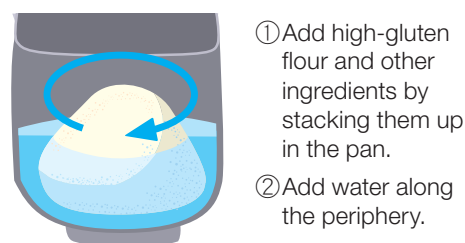
\* Use cold water at a temperature of about 5 °C. When the room temperature is above 25 °C.

- Bread has a relatively poor quality when the room temperature is above 30 °C.

### 3 Add fermented natural yeast in the bread pan.



### 4 Add high-gluten flour, water and other ingredients in the bread pan.

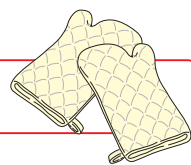


\* The handle of bread pan will stand up.  
(To make it convenient for taking out the bread pan)  
There is no need to press it down to the bottom.



Time required: about 7 h

Be sure to use thick gloves



## Setting

## Take out



### 5 Select menu "19"



■ To add raisins and other ingredients



(P. EN18)  
(P. EN20)

■ To select crust colour



(P. EN21)

■ To set timer for completion time



(P. EN22)

### 6 Start



Flash → illuminated



● Approximate time of completion.

7 After the baking completes (when you hear the beep sound)

### Turn off the power



- ① Press 取消 (Cancel)
- ② Pull out the plug.

### 8

Take out the bread pan and place it on a towel.

**Cool down** (about 2 min)

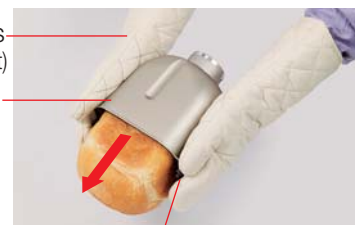
- \* Pay attention to the rest place of the bread pan. (The bread pan gives out heat)
- \* The bread will cave in and shrink after a while.

### 9

**Take out the bread for cooling down**

Thick gloves  
(Do not get wet)

Bread pan



Hold the handle and shake it forcefully several times.

- \* Do not use a knife, a fork or chopsticks to take it out. (It will scratch the fluorine coating.)
- \* Please don't touch the bottom of bread pan. (Blade rotation may damage bread shape.)

- Make sure blade is in the bread pan after bread is taken out.

The kneading blade may stay inside of the bread (at the bottom). Please take it out.



(The blade will be damaged if you cut the bread before the blade is taken out.)

Bread

Natural yeast bread making



# Natural yeast bread dough making

Time required: about 4 h



## Preparations

- ① Carry out fermented natural yeast. (P. EN57)
- ② Install bread blade in the bread pan. (P. EN16)
- ③ Add the fermented natural yeast first and then the flour, water and other ingredients.
- ④ Insert the bread pan into the main body.

## Ingredients

Measure the weight after mixing the fermented natural yeast!

Natural yeast bread dough	
High-gluten flour	300 g
Butter	10 g
Granulated sugar	18 g (1½ tbsp)
Salt	5 g (1 tsp)
Water*	170 g (mL)
Fermented natural yeast	25 g (2 tbsp)

\* Use cold water at a temperature of about 5 °C when the room temperature is over 25 °C.

### ■ If the bread dough is sticky

- (The dough made with fermented natural yeast is stickier than that made with instant dry yeast.)
- ➡ Put the dough in a metal bowl, cover it with a plastic wrap and place it in a refrigerator for 30 ~ 60 min.
  - ➡ Sprinkle high-gluten flour  
(Sprinkle some high-gluten flour on the dough rolling board, the rolling pin and the dough.)
  - If the dough is sticky, sprinkle more high-gluten flour.



## 1 Select menu “21”



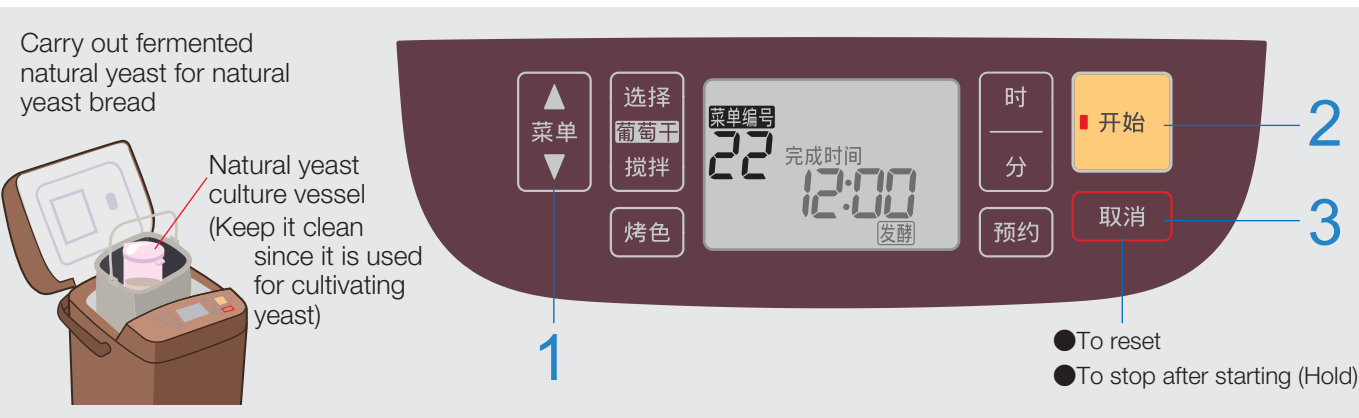
## 2 Start



## 3 Press 取消 (Cancel) when you hear the beep sound, and Take out the dough immediately.

# Fermented natural yeast

Time required: about 24 h



## Preparations

- ① Add some water in the natural yeast culture vessel.
- ② Add the Natural yeast of “星野 (Hoshino)” (Raw), and then mix the ingredients sufficiently.
- ③ Cover the natural yeast culture vessel with the lid.
- ④ Put the natural yeast culture vessel into the bread pan. (Do not install the blade.)
- ⑤ Insert the bread pan into the main body.

## Ingredients

### Fermented natural yeast

#### ● Baking bread (the amount for about 4 ~ 5 times)

“Hoshino” natural yeast (raw)	50 g (5 tbsp)
Water (about 30 °C)	100 g (mL)

#### ● Baking bread (the amount for about 3 times)

“Hoshino” natural yeast (raw)	30 g (3 tbsp)
Water (about 30 °C)	60 g (mL)

- If the water temperature is too high or too low, it may be impossible to cultivate fermented natural yeast well.

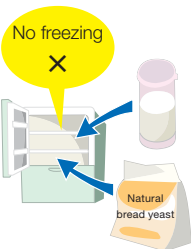
#### ■ Fermented natural yeast is raw and fresh!

- ➡ It must be stored in a refrigerator and used up within one week.

(It cannot ferment when frozen or under room temperature.)

- ➡ Do not mix new and old fermented natural yeast on together.

- When well cultivated, it smells sour like alcohol from distillers' grains.  
(If the room temperature is over 30 °C, it may not be well cultivated.)



## 1 Select menu “22”



## 2 Start



- Do not take it out before the cultivation completes.

## 3 Press 取消 (Cancel) when you hear the beep sound, take out the natural yeast culture vessel quickly, and then store it in a refrigerator immediately

- If it is stored under room temperature, dough fermentation may be affected due to decreased fermentability.

Incorrect menu selection may cause the natural yeast culture vessel to melt.

Natural yeast bread dough making

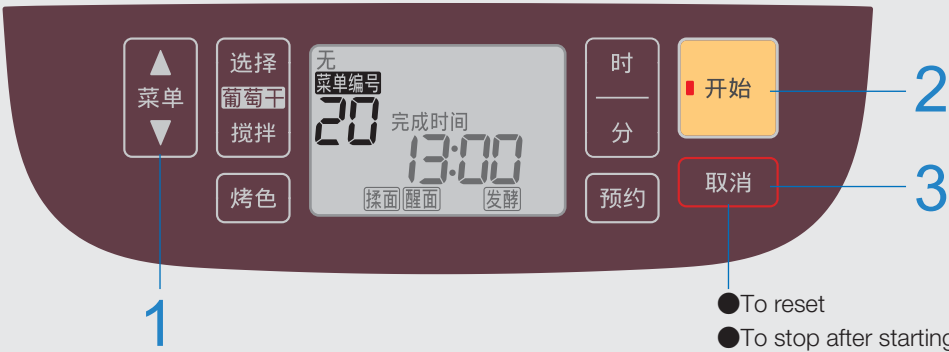
Dough

Fermented natural yeast

# Bread dough/ Pizza dough making

Time required:  
Bread dough about 1 h  
Pizza dough about 45 min

Through the making of bread dough, you can also make croissants (P. EN61), bagels (P. EN62) and other various flavored bread.



- To reset
- To stop after starting (Hold)

- Preparations**
- ① Install blade in the bread pan.
  - ② Add flour, water and other ingredients (except instant dry yeast) in the bread pan.
  - ③ Put the bread pan into the main body and place instant dry yeast in the yeast dispenser.

## Ingredients

### Bread dough

High-gluten flour	280 g
Butter	50 g
Granulated sugar	24 g (2 tbsp)
Milk powder	12 g (2 tbsp)
Salt	5 g (1 tsp)
Egg (evenly mixed)	25 g
Water*	160 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\* Use cold water at a temperature of about 5 °C when the room temperature is over 25 °C.

### Pizza dough

High-gluten flour	280 g
Butter	15 g
Granulated sugar	8 g (2 tsp)
Milk powder	6 g (1 tbsp)
Salt	5 g (1 tsp)
Water*	190 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\* Use cold water at a temperature of about 5 °C when the room temperature is over 25 °C.

## 1 Select menu “20” “24”



- To add raisins and other ingredients (Only for bread dough)

选择 (P. EN18)  
葡萄干 (P. EN20)  
搅拌



## 2 Start

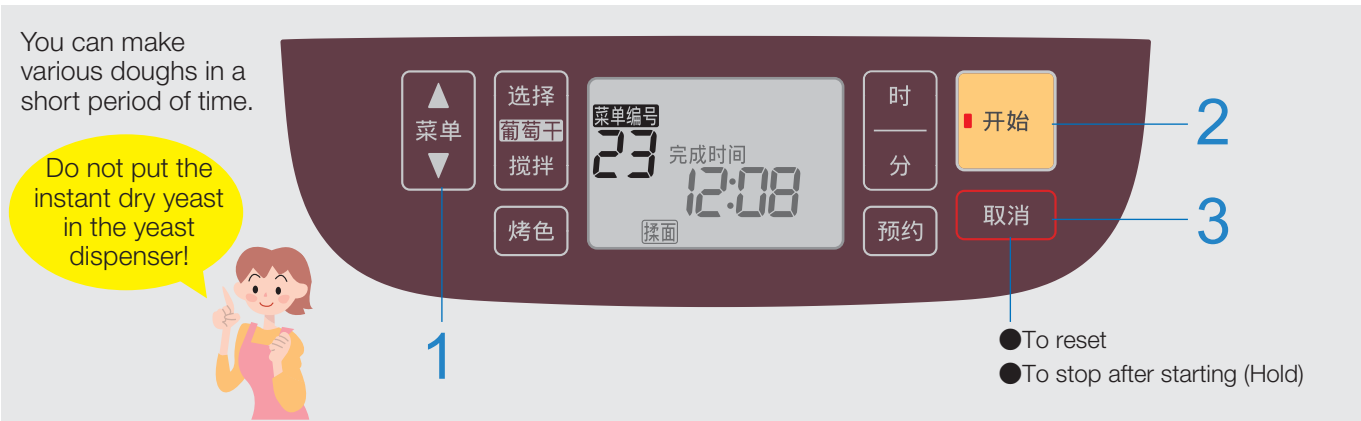


## 3 Press 取消 (Cancel) when you hear beep sounds. Take out the dough right away.

- \* If you leave it in the bread pan, the dough will ferment further. Changing the ratio of dough ingredients may slow down the fermentation process. (P. EN88)

# 8 minutes dough making

Time required: about 8 min



- Preparations**
- ① Install blade in the bread pan.
  - ② Add all ingredients into the bread pan.
  - ③ Put the bread pan into the main body.

## Ingredients

**Crispy pizza dough**

High-gluten flour	250 g
Olive oil	30 g
Salt	2.5 g (½ tsp)
Water*	170 g (mL)
Instant dry yeast	1.4 g (½ tsp)

\* Use cold water at a temperature of about 5 °C when the room temperature is over 25 °C.

**Naan dough**

High-gluten flour	280 g
Olive oil	13 g
Granulated sugar	9 g (¾ tbsp)
Salt	2.5 g (½ tsp)
Water*	200 g (mL)
Instant dry yeast	2.8 g (1 tsp)

\* Use cold water at a temperature of about 5 °C when the room temperature is over 25 °C.

**Tortilla dough**

Corn starch*	100 g
High-gluten flour	100 g
Salt	2.5 g (½ tsp)
Water	130 g (mL)

\* The hardness of the dough may vary with the type and particle size of corn starch.

**Red bean bun dough**

Low-gluten flour	180 g
High-gluten flour	70 g
Vegetable oil	13 g
Granulated sugar	18 g (1½ tbsp)
Salt	2.5 g (½ tsp)
A mixture of the white of one egg and milk	160 g
Baking powder	5 g
Instant dry yeast	2.8 g (1 tsp)

- 1 Select menu “23”**
- 2 Start**
- 3 Press 取消 (Cancel) when you hear the beep sound. Take out the dough immediately.**

Bread dough/Pizza dough making

Dough

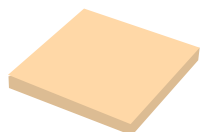
8 minutes dough making



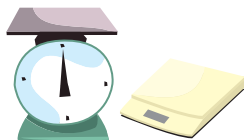
# Various flavored bread

Use bread dough

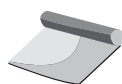
## Tools used for bread-making with dough



● Dough rolling board



● Scale (Unit: 1 g below)



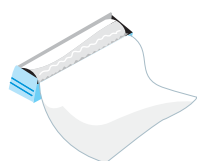
● Scraper



● Rolling pin



● Small towel  
(Soaked and wrung dry)



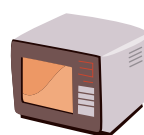
● Baking paper



● Atomizer



● Brush



● Oven

### Tools that may be used for making bread

- Kitchen scissors
- Bread molds
- Plastic wrap
- Thermometer and others

\* Tools used for making bread dough should be separately bought by customer.



### Ingredients (for 12 pieces)

Bread dough (P. EN56, 58)	Quantity at a time
Egg (evenly mixed)	25 g

## Rolls

### Forming

- ① Use the scraper to divide the dough into 12 even pieces with 45 g each, shape them into balls, cover them with the small towel and place them to set for about 15 min.
- ② Shape them into ovals, cover them with the small towel and place them to set for 10 ~ 15 min.
- ③ Press gently with hands and use the rolling pin to roll the dough thin.
- ④ Catch one end of the dough, stretch it towards your body and roll tightly.  
(The dough may rise horizontally upon fermentation if it is not rolled up tightly)



### Fermentation

- ⑤ Place them on the table with the closure facing downwards. Spray water on it.
- ⑥ Allow the dough to ferment for 40 ~ 60 min (till it rises to double its original size) at a temperature of 30 ~ 35 °C and then coat with egg liquids.



### Baking

- ⑦ Bake them in an oven that is preheated to a temperature of 170 ~ 200 °C for about 15 min. Keep the remaining dough in a refrigerator to avoid excessive fermentation.



### Stuffed bread with sweetened beans paste

- ① (After following Step ① of process ) roll the dough into a round plate with a diameter of 10 cm.
- ② Wrap sweetened beans pastes with the dough made from Step ① , shape it into balls and press the middle so that it caves in.
- ③ Properly place balls made as according to ②, sprinkle on water and allow them to ferment for 20 ~ 30 min (till they rise to double their original size) at a temperature of 30 ~ 35 °C.
- ④ Coat with egg (evenly mixed), sprinkle poppy seeds and bake them in an oven that is preheated to a temperature of 170 ~ 190 °C for about 15 min.



## Ingredients (for 12 pieces)

● Instant dry yeast used

### Bread dough

*1	High-gluten flour	225 g
	Low-gluten flour	55 g
	Butter	15 g
	Granulated sugar	24 g (2 tbsp)
	Milk powder	6 g (1 tbsp)
	Salt	5 g (1 tsp)
	Eggs (evenly mixed)	25 g
	Water	140 g (mL)
	Instant dry yeast	2.8 g (1 tsp)
	Butter (cut into 1 cm pieces)	140 g
	Egg (evenly mixed)	25 g

\*1 Make the dough according to the process in P. EN58.

● Natural yeast used

### Bread dough

*2	High-gluten flour	230 g
	Low-gluten flour	50 g
	Butter	15 g
	Granulated sugar	24 g (2 tbsp)
	Milk powder	6 g (1 tbsp)
	Salt	5 g (1 tsp)
	Eggs (evenly mixed)	25 g
	Water	130 g (mL)
	Fermented natural yeast	25 g (2 tbsp)
	Butter (cut into 1 cm pieces)	140 g
	Egg (evenly mixed)	25 g

\*2 Make the dough according to the process in P. EN56.

# Croissant

## Add in butter

- Put the dough in a bowl, cover it with a plastic wrap and place it in a refrigerator for 30 ~ 60 min.  
(Prolong the refrigeration time when the room temperature is high)
- Apply flour on butter, place them on the plastic wrap, roll them into a 20 × 20 cm square and keep them in refrigerator for 15 ~ 30 min.
- Use a rolling pin to tap and press the dough and roll it into a 30 × 30 cm square.
- Wrap the butter of Step ② with the dough of step ③, cover it with the plastic wrap and keep it in a refrigerator for 10 ~ 20 min.
- Tap and press the dough of step ④ with the rolling pin till the dough is thinner and roll it flat.
- Fold up the dough three times, cover it with a plastic wrap and keep it in a refrigerator for 10 ~ 20 min.
- Repeat steps ⑤ and ⑥ twice and keep it in a refrigerator for 30 ~ 60 min.

## Forming

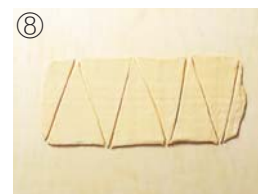
- Divide the dough into two even pieces and roll them into a 18 × 40 cm rectangular shape. Divide them into 6 isosceles triangles.
- Hold one end of the dough and roll it up.
- Face the closure downwards.

## Fermentation

- Sprinkle water on it and cover it with a plastic wrap. Allow it to ferment for 40 ~ 60 min (till it rises to double its original size) at the room temperature and coat with egg liquids.

## Baking

- Bake it in an oven that is preheated to a temperature of 200 ~ 220 °C for about 10 min. Keep the remaining dough in a refrigerator to avoid excessive fermentation.



Dough

Various flavored bread



## Doughnut

- Divide the dough into small pieces that are 35 g each. Cover them with a small towel and place them still for 10 ~ 20 min.
- Roll them into thin round shapes and press the dough with the doughnut mold.
- Allow the dough to ferment for 20 ~ 30 min (till it rises to double its original size) at a temperature of 30 ~ 35 °C.
- Deep-fry them at an oil temperature of 170 °C and sprinkle them with cinnamon and refined white sugar.

# Various flavored bread

Use bread dough



**Ingredients** (for 8 pieces)

## Bread dough

A	High-gluten flour	280 g
	Granulated sugar	24 g (2 tbsp)
	Salt	5 g (1 tsp)
	Vegetable oil	8 g (2 tsp)
	Water	180 g (mL)
	Instant dry yeast	2.8 g (1 tsp)



Bagels are directly edible.  
But it would be more  
delicious to cut the bagel  
into half and add in fresh  
vegetables, hams,  
cheeses and jam.

## Bagel

### Making bread dough

- ① Place A ➡ Vegetable oil ➡ water into the bread pan that is installed with a blade in sequence and add Instant dry yeast into the yeast dispenser.
- ② Make the dough according to the steps specified in "Bread dough making" (P. EN58).

### Forming

- ③ Divide the dough into 8 small pieces that are 60 g each. Shape them into balls, cover them with a small towel and place them still for 10 min.
- ④ Press the middle of the dough with one finger and rotate the dough till the hole becomes bigger and from the shape of a bagel.

### Fermentation

- ⑤ Place them onto a baking paper sprinkled with flour and allow the dough to ferment for about 40 min (till it rises to double its original size) at a temperature of 30 ~ 35 °C.



### Water boiling

- ⑥ Boil both sides of them in boiling water for 30 seconds each and fully drain the water.

### Baking

- ⑦ Put them on a baking pan covered with baking paper and bake it in an oven preheated to a temperature of 170 ~ 190 °C for 15 ~ 20 min.



**Ingredients** (for 10 pieces)

## Bread dough

A	High-gluten flour	250 g
	Whole wheat flour	30 g
	Butter	15 g
	Granulated sugar	18 g (1½ tbsp)
	Salt	5 g (1 tsp)
	Plain yogurt	150 g
	Milk	70 g (about 70 mL)
	Instant dry yeast	2.8 g (1 tsp)
	Egg (evenly mixed)	25 g

## Yogurt bread

### Making bread dough

- ① Place A ➡ yogurt ➡ milk orderly into the bread pan, and add dry yeast into the yeast dispenser.
- ② Make the dough according to the steps specified in "Bread dough making" (P. EN58).

### Forming

- ③ Divide the dough into 10 equal pieces that are 50 g each. Shape them into balls, cover them with a small towel and let them rest for 10 min.
- ④ Place the dough properly, cut it slightly and spray water on it.



### Fermentation

- ⑤ Leave the dough to ferment for 40 ~ 60 min at a temperature of 30 ~ 35 °C (to double its size after rise).

### Baking

- ⑥ Coat with egg liquid onto the dough, then bake it in an oven (preheated to a temperature of 180 ~ 200 °C) for about 15 min.



## Use Pizza dough



### Ingredients

(for 2 pizzas in a diameter of 25 cm each)

Pizza dough (P. EN58)	Quantity at one time
Pizza seasoning	72 g (4 tbsp)
Pizza cheese	200 g
<b>Ingredients (E.g.)</b>	
Onion (thin slices)	1 small
Sausage (thin slices)	10 pieces
Bacon	2 pieces
Mushroom (thin slices)	6 pieces
Green pepper (thin slices)	2 pieces



### Ingredients

(25 cm in diameter, 2 servings)

Pizza dough		
A	High-gluten flour	280 g
	Granulated sugar	9 g (¾ tbsp)
	Salt	5 g (1 tsp)
	Olive oil	12 g (1 tbsp)
	Water	180 g (mL)
	Instant dry yeast	2.8 g (1 tsp)
B	Rosemary	An appropriate quantity
	Refined salt (Sea salt or crude salt)	An appropriate quantity

## Pizza

### Forming

- ① Use the scraper to divide the dough into 2 pieces and shape them into balls. (Divide it into 3 pieces for thin pizza dough)
- ② Cover them with towel and place it still for 10 ~ 20 min.
- ③ Put it on the baking paper and roll it into a round plate with a diameter of 25 cm.
- ④ Make holes on the dough with a fork.



### Add ingredients

- ⑤ Apply pizza sauce, add ingredients and cheese for pizza.

### Baking

- ⑥ Bake it in an oven that is preheated to a temperature of 180 ~ 200 °C for about 15 min.  
Keep the remaining dough in a refrigerator to avoid excessive fermentation.

## Focaccia

### Pizza dough making

- ① Add the A ➡ olive oil ➡ water in order into the bread pan, and put the dry yeast into the yeast dispenser.
- ② Make the dough according to the steps specified in "Pizza dough making" (P. EN58).

### Forming

- ③ Divide the dough into 2 equal pieces. Shape them into balls, cover them with a small towel and let them rest for 10 min.

### Fermentation

- ④ Put the dough on the baking paper and roll it into a round plate with a diameter of 25 cm.
- ⑤ Let it ferment for 40 ~ 60 min at a temperature of 30 ~ 35 °C.

### Baking

- ⑥ Use your fingers to make indents on the dough surface, then apply the olive oil (in addition to the specified amount).
- ⑦ Sprinkle B on it, then bake it in an oven (already preheated to 180 ~ 200 °C) for 15 min.

Dough

Various flavored bread



# Various flavored bread

Use 8 minutes dough



**Ingredients** (for 2 pizzas in a diameter of 25 cm each)

Crispy pizza dough (P. EN59)	Quantity at one time
Pizza seasoning	80 g
Pizza cheese	200 g
<b>Ingredients (E.g.)</b>	
Dried basil	An appropriate quantity



**Ingredients** (for 6 pieces)

Naan dough (P. EN59)	Quantity at one time
Kneading flour	An appropriate quantity



**Ingredients** (for 8 pieces)

Tortilla dough (P. EN59)	Quantity at one time
--------------------------	----------------------



**Ingredients** (for 12 pieces)

Red bean bun dough (P. EN59)	Quantity at one time
Red bean paste	300 g

## Crispy pizza

### Forming

- ① Use the scraper to divide the dough into 2 pieces and shape them into balls.
- ② Cover them with towel and place it still for 10 ~ 20 min.
- ③ Put it on the baking paper and roll it into a round plate with a diameter of 25 cm.
- ④ Make holes on the dough with a fork.



### Add ingredients

- ⑤ Apply pizza sauce, add ingredients and cheese for pizza.

### Baking

- ⑥ Bake it in an oven that is preheated to a temperature of 200 °C for about 15 min.
- Keep the remaining dough in a refrigerator to avoid excessive fermentation.



## Naan

### Forming

- ① Use the scraper to divide the dough into 6 even pieces with 80 g each, shape them into balls.
- ② Cover them with towel and place it still for 10 min.
- ③ Roll it into a round plate with a thickness of 6 ~ 7 mm.

### Frying and roasting

- ④ Put a Naan into a frying pan, cover the pan, and fry the Naan till both sides are golden yellow.
  - Do not add oil into the pan.
  - Fry each side for about 3 ~ 5 min with medium heat.

## Tortilla

### Forming

- ① Use the scraper to divide the dough into 8 even pieces with 40 g each, shape them into balls.
- ② Roll it into a round plate with a diameter of 15 cm.

### Frying and roasting

- ③ Pour a thin layer of oil into the frying pan, and fry the dough till both sides are golden yellow.



## Red bean bun

### Forming

- ① Use the scraper to divide the dough into 12 even pieces with 36 g each, shape them into balls.
- ② Cover them with towel and place it still for 10 min.
- ③ Divide the red bean paste into 12 equal parts (about 25 g each).



### Fermentation

- ④ Fill in the red bean paste, and then allow the dough to ferment for 15 min at room temperature. (It is suggested to ferment till the dough rises to double its original size for sufficient fermentation and swelling)

### Steaming

- ⑤ Put ④ into a steaming vessel, and steam it with medium heat for about 10 min.

# Dumpling skin dough making

Time required: about 15 min



- Preparations**
- ① Install the blade into the bread pan.
  - ② Add ingredients into the bread pan.
  - ③ Put the bread pan into the main unit.

## Ingredients

Dumpling skin dough	
Powder for dumpling	280 g
Warm water (about 35 °C)	150 g (mL)

or

High-gluten flour	140 g
Low-gluten flour	140 g
Warm water (about 35 °C)	170 g (mL)

## 1 Select menu "25"



## 2 Start



## 3 Press 取消 (Cancel) when you hear beep sounds. Take out the dough right away



## Ingredients (for 30 ~ 40 pieces)

Peanut oil	15 g (1 tbsp)
Star aniseed	5 g
Leeks	125 g
Streaky pork	250 g
Salt	2 g
Gourmet powder	2 g
Spice powder	6 g
Soy sauce	18 g (1 tbsp)

(You can adjust the recipe based on your preference)

## Dumpling

### Making dumpling stuffing

- ① Fry star aniseeds with peanut oil. Cool down the peanut oil and mix them with leeks (to prevent water from coming out from leeks). Then evenly mix them with streaky pork and seasonings.

### Rolling dough

- ② Take out the dough, shape it into long strips with a diameter of 3 cm and cut into 2 cm-wide small pieces. Use the rolling pin to roll the dough into a round plate with a diameter of about 8 cm.

\* Each dumpling skin weighs about 9 g and 30 ~ 40 dumplings can be made in total.

### Making dumplings

- ③ Fill stuffing into the skin to make a dumpling.

\* You may make dumplings into a crescent or a triangle shape as you prefer.

### Boiling dumplings

- ④ Boil half pot of water, pour the dumplings into the hot water. When the water boils again add half bowl of cold water into the pot. Repeat this procedure 3 times.

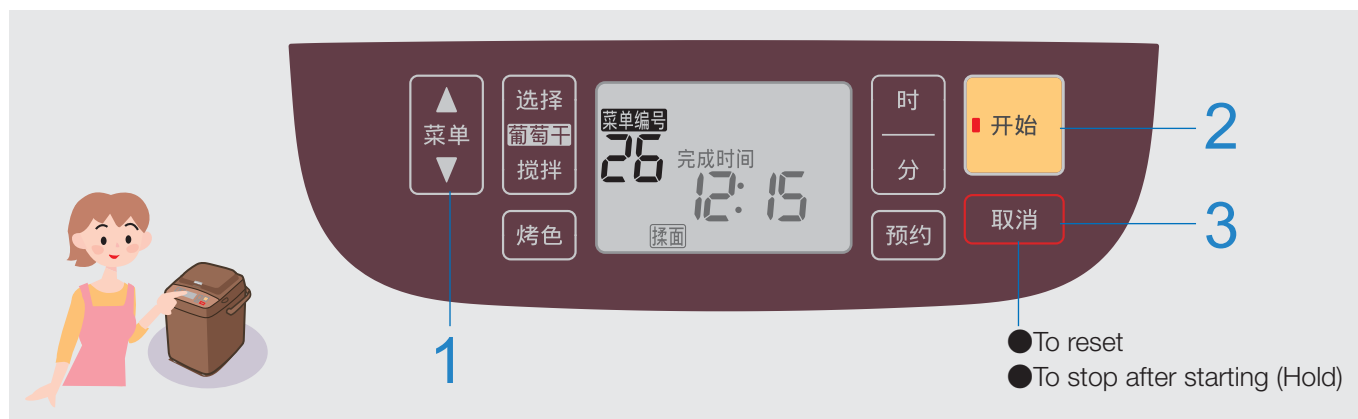
(This can improve the tenacity and elasticity of dumpling skins)

Various flavored bread

Dough

Dumpling skin dough making

# Udon/Pasta dough making



- Preparations**
- ① Install **blade for noodles and mochi making** in the bread pan.
  - ② Mix A in a metal bowl or the like.
  - ③ Mix B in another container.
  - ④ Add A ➡ B in the bread pan sequentially. (Add olive oil to pasta dough last.)

## Ingredients (not for making Soba noodles and ramen dough)

### Udon dough (3 ~ 4 servings)

A	High-gluten flour	150 g
	Low-gluten flour	150 g
B	Salt	10 g (2 tsp)
	Warm water*1	160 g (mL)
	Kneading flour*2	An appropriate quantity

\*1 Warm water about 35 ~ 40 °C.

\*2 You can use starch or high-gluten flour instead of kneading flour.

### Pasta dough (3 ~ 4 servings)

A	High-gluten flour	150 g
	Low-gluten flour	150 g
B	Salt	5 g (1 tsp)
	Eggs (evenly mixed)	50 g
	Water	120 g (mL)
	Olive oil	4 g (1 tsp)
	Kneading flour*1	An appropriate quantity

\*1 You can use starch or high-gluten flour instead of kneading flour.

### ■ You can also make colorful pasta!

- ➡ Boil the vegetables in short time, use food processor to mash them into paste and then pour them into the bread pan.

- ➡ Reduce the same amount of water by 10 ~ 30 g (mL) as that of additional ingredients. (basic amount is 120 g (mL))

- \* Black sesame seed powder 1 tbsp..... water quantity of 120 g (mL)
- Tomato mush 47 g (3 tbsp)..... water quantity of 90 g (mL)
- Spinach mush 50 g..... water quantity of 90 g (mL)



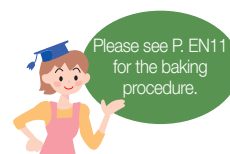
## 1 Select menu "26"



## 2 Start



(About 15 min later)



## 3 Take out the dough immediately.

## 4 Let the smooth surface face up, shape it into a ball and then wrap it with cling film and place still.

- Udon noodles...can be preserved about 2 h in room temperature (keep in a refrigerator in hot weather)
- Pasta...keep in a refrigerator for about 1 h



### ■ When storing

- Refrigerator (can be preserved for 2 ~ 3 days )
  - ➡ Sprinkle high-gluten flour and then wrap it with a cling film.
- Freezer (can be preserved for a month)
  - ➡ Cut it in width of noodles, and wrap it with a cling film. (P. EN67)

Time required: about 15 min



## Udon

### Dough rolling

- ① Cut it into 2 ~ 4 equal parts with a kitchen knife or a spatula.
- ② Sprinkle kneading flour, and use rolling pin to roll the dough into a 3 mm thick round plate.  
(Refrigerated dough must bring to room temperature before rolling.)



### Cut dough

- ③ Fold the dough, and cut it from one side into noodles of 3 mm width.  
(When it is difficult to cut the dough, sprinkle some kneading flour on the dough.)

### Cook noodle

- ④ Boil water in a big pot till bubbling, and then pat off the kneading flour on the noodle and put them in the pot for boiling.  
(The time refer for boiling noodle is 8 ~ 13 min.)
- ⑤ Wash away viscous liquid with cold water and drain the water completely.



- The appearance and softness of dough and the taste of pasta is different from those of the pasta available in the market.

## Pasta

### Dough rolling

- ① Cut it into 4 equal parts with a kitchen knife or a spatula.
- ② Sprinkle kneading flour, and use rolling pin to roll the dough into a 1 mm thick round plate.



### Cut dough

- ③ Sprinkle kneading flour on the dough and roll it from one side. Then cut it into noodles of 5 mm width.  
(The boiled noodles will grow slightly thicker, so it is better to cut the noodle thin.)
- ④ Shake the noodles to separate them from each other, then sprinkle kneading flour on them.

### Cook noodles

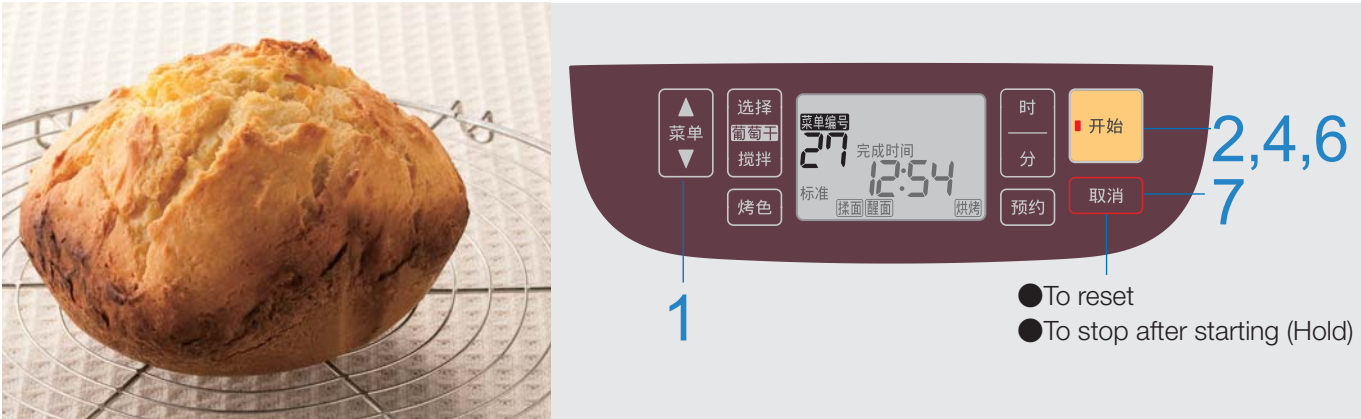
- ⑤ Boil water in a big pot till bubbling. Then pat off the kneading flour on the noodles and put them in the pot for boiling.  
(The time reference for boiling noodle is 3 ~ 5 min.)
- Step ① ~ ③ can be done by noodle machine.  
(Sprinkle sufficient kneading flour on the dough)

Dough

Udon/Pasta dough making



# Scone making



- Preparations**
- ① Install bread blade in the bread pan and add the mixture of egg, milk and plain yogurt in sequence.
  - ② Add ingredients in the bread pan.
  - ③ Put the bread pan into the main unit.

## Ingredients

Scone	
Mixture of an egg and milk	80 g
Plain yogurt (low fat)	50 g (about 50 mL)
Low-gluten flour	120 g
High-gluten flour	60 g
Baking powder	5 g
Butter (cut into 1 cm pieces)*	35 g
Granulated sugar	24 g (2 tbsp)
Salt	2.5 g (½ tsp)

\* Cut it into 5 mm pieces when room temperature is below 15 °C.

- You can select any ingredients or dressings for the baking!  
(The first collection of ingredients placed into the bread pan should not weigh over 120 g in all.)
  - If 取消 (Cancel) is accidentally pressed at Step 3. Press 开始 (Start) button to recover within 10 min.  
(This can only be performed once;  
Invalid if any other key is pressed)
  - 3 min after Step 3 is started, the beeper will sound and the unit will start “kneading”.
  - If 取消 (Cancel) is erroneously pressed at Step 5. Press 开始 (Start) button to recover within 10 min.  
(This can only be performed once;  
Invalid if any other key is pressed)
  - 3 min after Step 5 is started, the beeper sounds and the unit starts “baking”.  
(The surface of finished scone may be uneven due to its difficulty of forming.)
  - Scone is different from the bread made with yeast powder.
- \* The lid may easily become dirty due to the smoky oil, be sure to rub it clean after use. (P. EN84)

## 1 Select menu “27”



■ To select crust colour → 烤色 (P. EN21)

## 2 Start



(About 2 minutes later)

## 3 Beep sounds are heard. Open the lid and clean the remaining flour.

- Use a rubber spatula to eliminate the residual powder around.  
(Using a metal spatula will damage the fluorine coating)
- Do not press 取消 (Cancel) button



## 4 Close the lid and Restart



(About 1 min later)

Time required: about 54 min

## 5 Open the lid when you hear the beep sound. **Finish the surface of the bread dough**

Within 3 min

- Use rubber spatula to finish the round dough and make it into a mountain shape. (See the figure on the right)  
(Using a metal spatula will damage the fluorine coating)



- Do not press 取消 (Cancel) button.

## 6 Close the lid and **Restart**



- The time range displayed is 45 ~ 51 min

## 7 Press 取消 (Cancel) when you hear beep sounds and take out the bread pan for cooling for about 2 min and then **take out the scone**

- Please make sure whether the kneading blade is stuck at the bottom of the bread.
- "Additional baking" in case of insufficient baking. (see the following)
- The bread may become deformed upon overexertion.

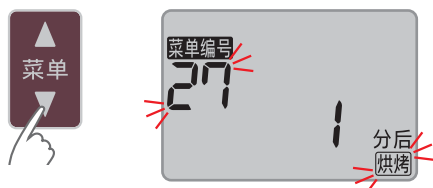
### "Additional baking" in case of insufficient baking

Additional baking is allowed twice after baking is finished.

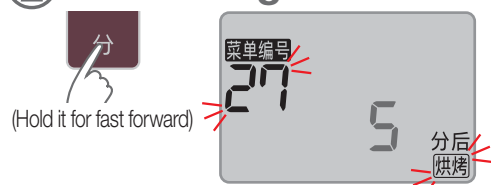
\* "Additional baking" is allowed to be performed within 15 min after previous baking.

It is invalid if the inner temperature drops.

### ① Select menu "27"



### ② Set baking time



### ③ Start



- It can be set to 1 ~ 20 min.

■ Press and hold the 取消 (Cancel) to cancel additional baking.

■ You can perform "additional baking" as following.

\* Without pressing 取消 (Cancel) at step 7

① Press 分 to set baking time

② Press 开始 to start



### French bread

Menu "27" Crust colour 浓 (dark)

Mixture of an egg and milk	60 g
Low-gluten flour	150 g
Baking powder	5 g
Butter (cut into 1 cm pieces)	20 g
Granulated sugar	8 g (2 tsp)
Salt	2.5 g (½ tsp)
Potatoes (peeled and mashed)	90 g
Black pepper (coarse)	Small quantity
Bacon (cut into 5 mm pieces)	30 g
Cheese (cut into 5 mm pieces)	30 g
Carrots (cut into 5 mm pieces and boiled to a moderate degree)	20 g
Corn (kernels)	20 g
Green soybeans (peeled beans)	20 g

\* Cut into 5 mm pieces when the room temperature is below 15 °C.

- Put all the ingredients into the bread pan in the top-to-bottom order.

### Scone with tomatoes and green soybeans

Menu "27"

Mixture of an egg and tomato juice	100 g
Olive oil	24 g (2 tbsp)
Low-gluten flour	120 g
High-gluten flour	60 g
Baking powder	5 g
Granulated sugar	18 g (1½ tbsp)
Salt	2.5 g (½ tsp)
Black pepper (coarse)	Small quantity
Your favorite dry herb (basil)	½ tsp
Dried tomatoes (dried) (Divided into flour equal parts after dried)	10 g
Green soybeans (peeled beans)	50 g
Cheese (cut into 1 cm pieces)	50 g

- Put all the ingredients into the bread pan in the top-to-bottom order.

Dessert

Scone making

# Cake making



- Preparations**
- ① Install blade in the bread pan.
  - ② Add butter, granulated sugar, milk and eggs into the bread pan in sequence.
  - ③ Add in the sieved A, then put the bread pan into main unit.

## Ingredients

### Cake

Unsalted butter*	110 g
Granulated sugar	100 g
Milk	15 g (1 tbsp)
Egg (evenly mixed)	100 g
A { Low-gluten flour	180 g
Baking powder	7 g

\* Cool down to room temperature and cut it into small pieces of 1 cm.

- You may add your favorite ingredients and stuffing!  
(Solid ingredients must be added during cleaning of the residual flour)

Cocoa powder (15 g)	Chocolate chip (50 g)	Black tea (Earl Grey tea) (4 g)	Walnut (40 g)

- If 取消 (Cancel) is accidentally pressed at Step 3 Press 开始 (Start) to recover within 10 min.  
(This can only be performed once;)  
(Invalid if any other key is pressed)

- 15 min after Step 3 is started.  
Beep sounds are heard and kneading is started automatically.  
(If you fail to eliminate the remaining flour, they will be on the surface of the cake when it is completed.)

- The finished cake is similar to butter cake.  
(But not totally the same as the sponge) cake available in the market.

## 1 Select menu "28"



■ To select crust colour → 烤色 (P. EN21)

## 2 Start



Please see P. EN11 for the baking procedure.

## 3

Beep sounds are heard.  
Open the lid and,

Within 15 min

### eliminate the remaining powder.

- Use a rubber spatula to clean the residual flour around.  
(Using a metal spatula will damage the) fluorine coatings.
- Do not press 取消 (Cancel)

## 4

Close the lid and **Restart**



## 5

Press 取消 (Cancel) when you hear beep sounds.

### Take out the cake

- "Additional baking" in case of insufficient baking. (P. EN71)
- Cake shape will be damaged if it is forced out.

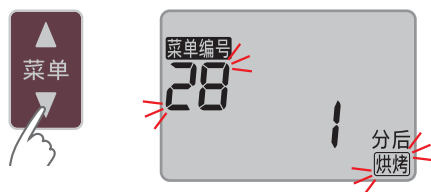
Time required: about 1 h and 30 min



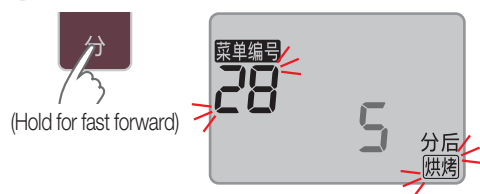
## “Additional baking” in case of insufficient baking

Additional baking is allowed twice after baking is finished.  
\* “Additional baking” is allowed to be performed within 15 min after previous baking. It is invalid if the inner temperature drops.

### ① Select menu “28”



### ② Set baking time



● It can be set to 1 ~ 20 min.

### ③ Start



■ To discontinue ➡ Hold 取消 (Cancel) baking

■ You can perform “additional baking” as following.

\* Without pressing 取消 (Cancel) at step 5 (P. EN70)

- ① Press **分** to set baking time
- ② Press **开始** to start



### Lemon cake

Unsalted butter (cut into small pieces of 1 cm)	110 g
Granulated sugar	100 g
Milk	15 g (1 tbsp)
Egg (evenly mixed)	100 g
Rum (or brandy)	13 g (1 tbsp)
A { Low-gluten flour	180 g
Baking powder	7 g
Lemon peel (ground)*	For 1 piece

\* To be added after residual flour is eliminated.

### Chocolate cake

Unsalted butter (cut into small pieces of 1 cm)	100 g
Granulated sugar	100 g
Egg (evenly mixed)	100 g
A { Cocoa powder	15 g (2½ tbsp)
Low-gluten flour	180 g
Baking powder	7 g
Chocolate chip*	50 g
Citrus peel *	40 g
(cut into small pieces 5 mm ~ 1 cm)*	

\* To be added after residual flour is eliminated.

### Pumpkin cake

Unsalted butter (cut into small pieces of 1 cm)	100 g
Granulated sugar	80 g
Milk	30 g (about 30 mL)
Egg (evenly mixed)	100 g
Pumpkin (cut into small pieces of 2 cm and make it softer)	100 g
A { Low-gluten flour	180 g
Baking powder	7 g

### Matcha red bean cake

Unsalted butter (cut into small pieces of 1 cm)	80 g
Granulated sugar	100 g
Egg (evenly mixed)	150 g
A { Matcha (green tea powder)	3 g (1½ tsp)
Low-gluten flour	180 g
Baking powder	7 g
Red bean*	50 g
(cut into pieces of about 5 mm)*	

\* To be added after residual flour is eliminated.

Dessert

Cake making



# Vegetable cake making



- Preparations**
- ① Make the vegetable cake mixture.
  - ② Remove the kneading blade from the bread pan and pour in the mixture.
  - ③ Put the bread pan into the main unit.

## Ingredients

### Vegetable cake

A	Egg	50 g
	Carrot (ground)	50 g
	A + sugar-free soy milk	200 g
	Granulated sugar	60 g
	Vegetable oil	40 g (3 tbsp + 1 tsp)
B	Low-gluten flour	130 g
	Baking powder	5 g

### How to make vegetable cake mixture

- ① Adjust the weight of soy milk to make the total weight of A and soy milk reaches 200 g.
- ② Place A and granulated sugar into a bowl and use an mixer to whisk A and sugar sufficiently.
- ③ Add some vegetable oil and stir it well.
- ④ Add the sifted B, and stir it well.

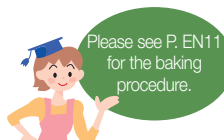


Low-gluten flour, granulated sugar and the baking powder can be replaced by 150 g of muffin mix

## 1 Select menu "29"



## 2 Start



## 3 Press 取消 (Cancel) when you hear beep sounds, Take out the bread pan and cool it down for about 2 min. Then take out the vegetable cake

● "Additional baking" in case of insufficient baking. (P. EN73)

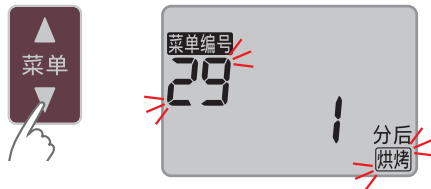
Time required: about 55 min

### “Additional baking” in case of insufficient baking

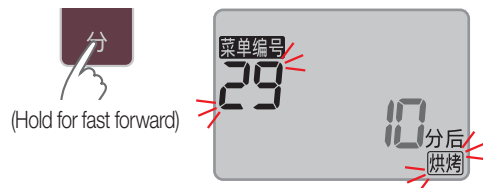
If the baking is insufficient due to the ingredients (judging by inserting a prod into the dough. If the dough stick on to the prod, the baking is insufficient), additional baking is allowed twice after baking is finished.

\* “Additional baking” is allowed to be performed within 15 min after previous baking. It is invalid if the inner temperature drops.

#### ① Select menu “29”

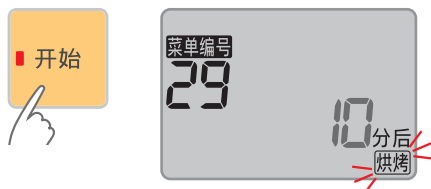


#### ② Set baking time



● It can be set to 1 ~ 30 min.

#### ③ Start



■ To discontinue ➡ Hold 取消 (Cancel) baking.

■ You can perform “additional mixing” as following.

\* Without pressing 取消 (Cancel) at step 3 (P. EN72)

① Press  to set baking time

② Press  to start



# Vegetable cake recipe



## Spinach vegetable cake

### Menu "29"

A	Egg	50 g
	Spinach*	50 g
	A + sugar-free soy milk	200 g
	Granulated sugar	60 g
	Vegetable oil	40 g (3 tbsp + 1 tsp)
B	Low-gluten flour	130 g
	Baking powder	5 g

Adjust the weight of soy milk to make the total weight of A and soy milk reaches 200 g. Add other ingredients into the screened B, and mix them well.

\* The following preparations must be made.

Wrap the ingredients with plastic wrap, put them into microwave (600 W) to heat for about 1 min., or cook thoroughly, filter water, and chop the ingredients.



## Pumpkin vegetable cake

### Menu "29"

A	Egg	50 g
	A + sugar-free soy milk	150 g
	Pumpkin (chopped)*	50 g
	Granulated sugar	60 g
	Vegetable oil	40 g (3 tbsp + 1 tsp)
B	Low-gluten flour	130 g
	Baking powder	5 g

Add other materials and screened B into 150 g mixture of the egg and soy milk, and mix them well.

\* The following preparations must be made.

Use a preservative film to pack the ingredients, put them into microwave (600 W) to heat for about 2 min., or cook thoroughly, filter water, and chop the ingredients.

## Sweet potato vegetable cake

### Menu "29"

A	Egg	50 g
	A + sugar-free soy milk	150 g
	Sweet potato (cut 1 cm cubes)*	50 g
	Granulated sugar	60 g
	Vegetable oil	40 g (3 tbsp + 1 tsp)
B	Low-gluten flour	130 g
	Baking powder	5 g

Add sifted B and other ingredients into 150 g mixture of the egg and soy milk, and mix them well.

\* The following preparations must be made.

Cut the sweet potato into 1 cm cubes, put them into the microwave oven (600 W) to heat for about 1 min, or after boiling, dry them with a paper towel.

● Adjust the time for heating according to the type of microwave oven.

## Onion and corn vegetable cake

### Menu "29"

A	Egg	50 g
	Onion (chopped)*1	50 g
	A + sugar-free soy milk	200 g
	Granulated sugar	60 g
	Salt	5 g
	Vegetable oil	40 g (3 tbsp + 1 tsp)
	Cheese powder	10 g
	Corn (kernels)	20 g
B	Low-gluten flour	130 g
	Baking powder	5 g
	Cheese powder*2	5 g

Add soy milk, and ensure the total weight of soy milk and A is 200 g. Add other ingredients into the screened B, and mix them well.

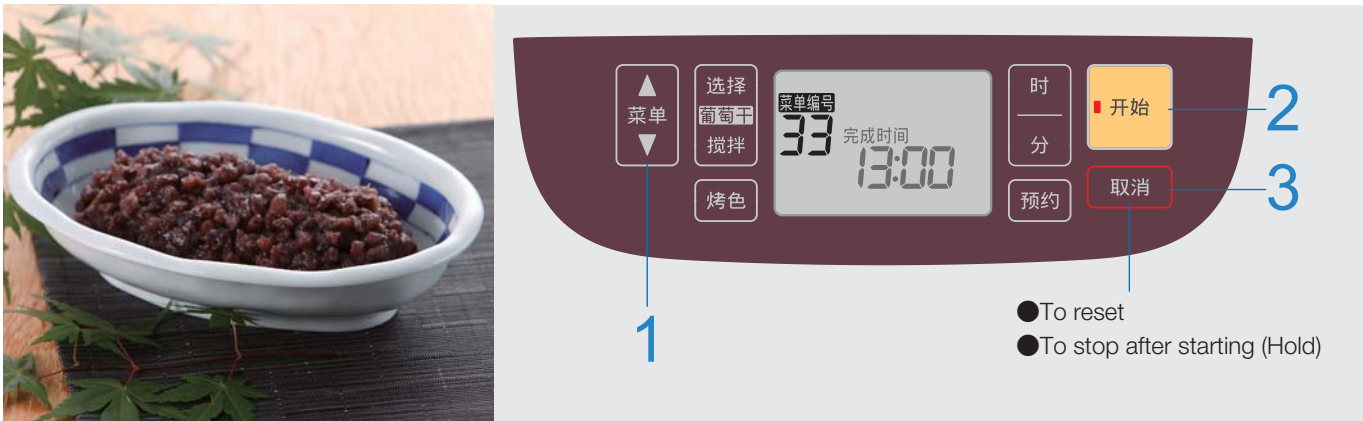
\*1 The following preparations must be made.

Use a preservative film to pack the ingredients, put them into microwave (600 W) to heat for about 1 min., or cook thoroughly, filter water, and chop the ingredients.

\*2 Put the paste into the bread pan, and sprinkle the ingredients from above.

# Red bean making

Time required: about 1 h



- Preparations**
- ① **Poach the red bean.** (Refer to “How to poach the red bean” below)
  - ② Install blade in the bread pan.
  - ③ Add sugar and then the poached red bean.
  - ④ Insert the bread pan into the main unit.

**Ingredients** (The total weight of made cake is 450 g)

## Red bean paste

Poached red bean*	(About 360 g)
└ Dry red bean	150 g
└ Water	450 ~ 600 g (mL)
Granulated sugar	200 g

\* Paste made with the poached red bean sold in the market are of poor quality.

● Be sure to observe the foregoing amount.

## How to poach the red bean

- ① Wash the red bean, and filter the insect-damaged beans and impurities.
- ② Put red bean and water in a pot, and boil with burner on high-temp.
- ③ After boiling, switch the burner to a mid-temp., and boil for 4 ~ 5 min.
- ④ Filter the water. (And remove the impurities)
- ⑤ Add ④ and enough water in the pot, and boil with burner on mid-temp. After boiling, switch the burner to a low-temp., stir slightly, cover the pot and boil still on low-temp. (Standard: 60 min...The time will vary with different heat levels and red bean quality.)
  - \* In case of insufficient water, add some water to keep the water level higher than red bean.
- ⑥ When the red bean can be squashed easily by hand, stop boiling, and filter the water.

## 1 Select menu “33”



## 2 Start



## 3 When you hear beep sound, press 取消 (Cancel), and then take the red bean paste out with a rubber spatula.

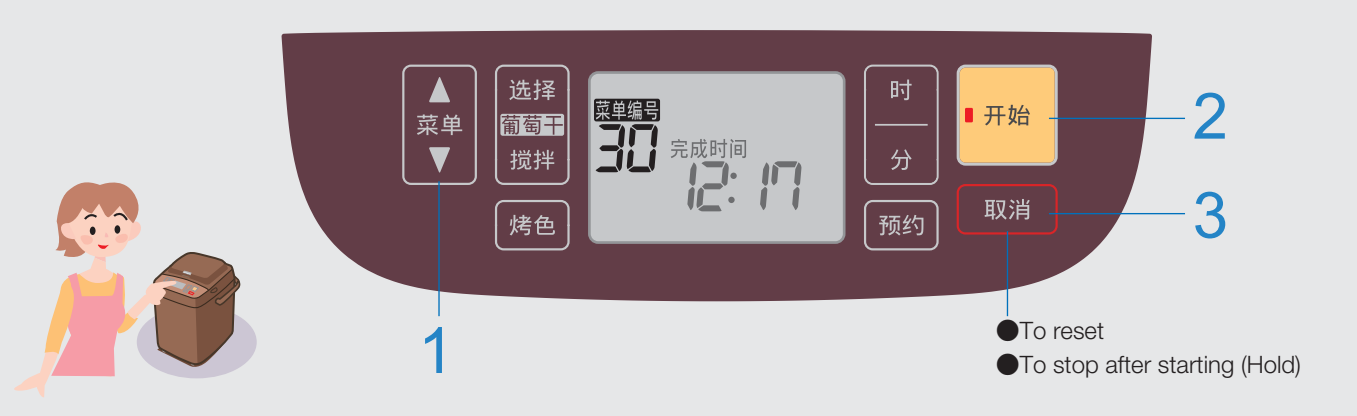
- \* Take the red bean paste out with a soft tool like rubber spatula. (Hard utensils may damage the fluoride coating of bread pan.)
- May add a small amount of salt according to your preference.
- The red bean are very soft after boiling, but will become hard after cooling down.

■ **When storing**  
Pack the red bean paste with a preservative film during reservation.

- ➡ Reserve in refrigerating chamber (storage life: about 1 week)
- ➡ Reserve in freezing chamber (storage life: about 1 month)



# Chocolate making



- Preparations**
- ① Install blade in the bread pan.
  - ② Break the chocolate and put them into the bread pan.
  - ③ Add in cream and honey, and then install bread pen into main unit.

**Ingredients** (for about 13 cm × 13 cm × 1 cm (L × W × H))

Chocolate (milk chocolate)	
Milk chocolate (Chocolate plate available in the market)	165 ~ 174 g (3 pieces)
Whipping cream (a butterfat content of about 35%)	50 g (mL)
Honey	10 g

Chocolate (white chocolate)	
White chocolate (Chocolate plate available in the market)	160 ~ 180 g (4 pieces)
Whipping cream (a butterfat content of about 35%)	50 g (mL)
Honey	10 g

Chocolate (black chocolate)	
Black chocolate (Chocolate plate available in the market)	165 ~ 174 g (3 pieces)
Whipping cream (a butterfat content of about 35%)	70 g (mL)
Honey	10 g

- \* When cream with a butterfat content of over 41% is used, please substitute 10 mL of cream with milk.  
(E.g.) Black chocolate  
Whipping cream: 60 g (mL)  
Milk: 10 g (about 10 mL)
- Be sure to use the amount described above. Otherwise, the grease may become separated or the chocolate will become too soft.

- 1 Select menu “30”**
- 
- 2 Start**
- 
- 3** Press 取消 (Cancel) when you hear beep sounds, take out the bread pan and use a rubber spatula to eliminate the chocolate stuck on the blade.  
**Manually remove the blade.**
- Perform Additional Mixing if the chocolate is not fully melted (P. EN77).
  - Using a metal spatula, tongs, or other metal utensil may damage the surface of blade.
- 4 Pour it using a rubber spatula** into a pan lined with plastic wrap or baking paper.
- 5** Keep in a refrigerator for more than 2 hours for **cooling until it sets**
- 6** **Cut into appropriate sizes**
- Sprinkle cocoa powder or sugar powder on the cut chocolates.

Time required: about 17 min



Perform additional mixing when the mixing is not sufficient

Additional mixing is allowed twice after mixing is finished

\* Start additional mixing within 5 min after mixing is finished.

Additional mixing cannot be continued if the temperature of inner part of automatic bread maker has dropped.

\* Use a rubber spatula to eliminate the chocolates stuck in the bread pan before additional mixing.

### ① Select menu “30”



### ② Set mixing time



● It can be set from 1 ~ 5 min.

### ③ Start



■ To discontinue mixing ➡ Hold 取消 (Cancel).

■ You can perform “additional mixing” as following.

\* Without pressing 取消 (Cancel) at step 3 (P. EN76)

① Press to set mixing time

② Press to start

#### Strawberry chocolate

White chocolate (plate)	160 g (4 pieces)
Butter	20 g
Honey	10 g
Strawberry (pounded into jams)	40 g



#### Corn chips chocolate

(1 piece at each bite, about 20 pieces in total)

A	Black chocolate (plate)	116 g (2 pieces)
	Whipping cream (a butterfat content of about 35%)	40 g (mL)
	Honey	10 g
	Corn chips	100 g

① Use A for making chocolate. (P. EN76)

② Mix ① and corn chips.

③ Use a spoon to pour the chocolate onto a baking paper for cooling in the refrigerator. You may freely decide the size.



#### Mousse chocolate (For about 5 glasses)

A	Black chocolate (plate)	116 g (2 pieces)
	Whipping cream (a butterfat content of about 35%)	60 g (mL)
	Honey	10 g
	Whipping cream	180 g (mL)
	Your favorite fruits (for decoration)	An appropriate quantity

① Use A for making chocolate. (P. EN76)

② Whip the cream.

③ Mix hot ① with ②.

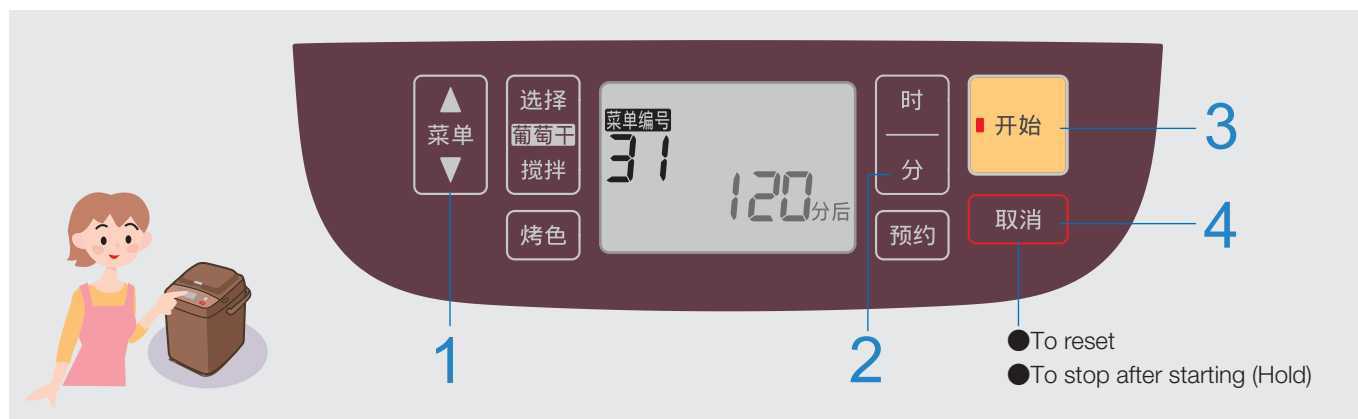
④ Pour it into a glass or other container for cooling and decorate it with your favorite fruits.

● You may also add grated chocolates and nuts if you prefer (10 ~ 20 g).

Dessert

Chocolate making

# Jam making



- Preparations**
- ① Install bread blade in the bread pan.
  - ② Add granulated sugar, fruit and lemon juice in the bread pan sequentially.
  - ③ Then install the bread pan into the main unit.

## Ingredients

### Strawberry jam

Strawberry (Washed and stalks removed) (Cut into halves)	Net weight 400 g
Granulated sugar	140 g
Lemon juice	38 g (about 38 mL)

- Be sure to use the amount described in the above. Otherwise, the ingredients may spill out and be overcooked.
- Be careful not to over cook!  
The jam will be thicker after cooling down.
- Jam becomes more dilute due to less granulated sugar quantity and no additives. It can not be stored for a long time! Please keep it in a refrigerator and eat it soon.
- Storage period: about 1 week

## 1 Select menu "31"



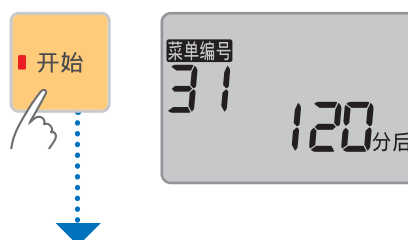
## 2 Set cooking time (120 min for strawberry jam)



\* Set time according to the types of fruits.

- It can be set to 90 ~ 150 min in increments of 10 min.

## 3 Start



## 4 Press 取消 (Cancel) when you hear the beep sound and take out the bread pan for cooling (for about 10 min)

- \* Do not place on an uneven surface.
- If heating is insufficient (too much water and less sticky), perform "additional heating". (P. EN79)

## 5 When dumping the bread pan use a rubber spatula to pour jam into a container slowly

- Using metal spatula or similar utensils will damage the coating.

Time required: about 2 h



### “Additional heating” in case of insufficient heating

Additional heating is allowed twice after first heating.

\* “Additional heating” can be performed within 5 min after previous heating.

Additional heating can't be continued if the temperature of inner part of automatic breadmaker is dropped.

#### ① Select menu “31”



#### ② Set cooking time



● It can be set to 10 ~ 30 min by each press of 1 min.

#### ③ Start



■ Press and hold the 取消 (Cancel) to cancel additional heating.

■ You can perform “additional mixing” as following.

\* Without pressing 取消 (Cancel) at step 3 (P. EN78)

① Press  to set mixing time

② Press  to start



#### Blueberry jam

Refrigerated blueberries	400 g
Granulated sugar	140 g
Lemon juice	38 g (about 38 mL)

■ Set cooking time to 150 min  
(Set to 110 min when using fresh blueberries)

#### Apple jam

Apples (peeled, cored and cut into 8 pieces of 1 cm width)	Net weight 400 g
Granulated sugar	140 g
Lemon juice	38 g (about 38 mL)

■ Set cooking time to 100 min

#### Peach jam

Peaches (peeled, cored and cut into 2 cm pieces)	Net weight 400 g
Granulated sugar	140 g
Lemon juice	38 g (about 38 mL)

■ Set cooking time to 120 min

#### Orange jam

Oranges (After washing, separate the fruit flesh and peel. Remove the flesh film, take out and divide the inner flesh into 2~3 equal parts. Remove the white substance of peel and then shred the peel.)	400 g
Granulated sugar	140 g

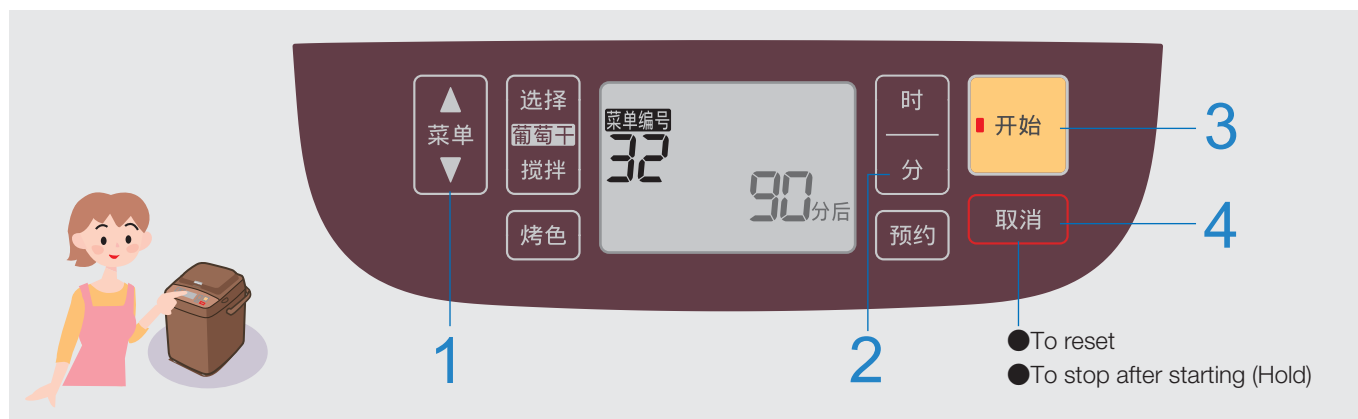
- ① Add peels and the water used for processing peels in the boiler and boil for 15 min.
  - ② Drain the boiled water and add water for boiling again.
  - ③ Repeat 3 times and fully drain the water.
  - ④ Add peels, granulated sugar and fruit flesh in the bread pan sequentially.
  - ⑤ Install the bread pan
- Set cooking time to 120 min

Dessert

Jam making



# Compote making



- Preparations**
- ① Add water, granulated sugar, lemon juice in the bread pan (without bread blade), and use a rubber spatula to mix the ingredients sufficiently. (Till the granulated sugar melts completely)
  - ② Add the fruits one by one and do not stack them.
  - ③ Cut a baking paper in the size of the bread pan with a 1 cm hole in the center as lid.
  - ④ Then install the bread pan into the main unit.

## Ingredients

### Apple compote

Apples* (peeled, cored, and quartered)	about 200 g (A medium sized)
Water	250 g (mL)
Granulated sugar	60 g
Lemon juice	10 g (2 tsp)

\* Some kind of fruits may be easily cooked. "Fuji" apples are recommended for their relatively firm flesh.

● Be sure to observe the foregoing amount. Failure to do so may result in uneven heating or scorching.

● Fruit placement (preparation ②)



● Use a baking paper as lid (preparation ③)



■ For good timing to eat, soak the fruit in the syrup for half a day after finished. (to make the syrup penetrate into the fruits)

## 1 Select menu "32"



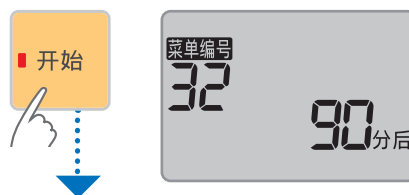
## 2 Set cooking time (90 min for candied apple)



\* Set timer according to the types of fruits.

● It can be set to 60 ~ 120 min in increments of 10 min.

## 3 Start



## 4 Press 取消 (Cancel) when you hear beep sounds Take out the bread pan for cooling (about 10 min)

\* Do not place on uneven surface.

● If heating is insufficient (the colour is too white and it is too hard when inserting a bamboo stick), perform "additional heating". (P. EN81)

## 5 Pour slowly into the container, and cool it down with the syrup.

● Using metal spatula or a similar utensil will damage the coating.

● After pour out into the container, and flip the fruit up and down to cool it down with the syrup. During cooling, the syrup will penetrate into the fruits.

Time required: about 1 h and 30 min



### “Additional heating” in case of insufficient heating

Additional heating is allowed twice after first heating.

\* “Additional heating” is allowed to be performed within 5 min after previous heating.

Additional heating can't be continued if the temperature of inner part of automatic breadmaker is dropped.

#### ① Select menu “32”



#### ② Set cooking time



(Hold it for fast forward)

● It can be set to 10 ~ 30 min by a step of 1 min.

#### ③ Start



■ Press and hold the 取消 (Cancel) to cancel additional heating.

■ You can perform “additional heating” as following.  
\* Without pressing 取消 (Cancel) at step 4 (P. EN80)

① Press  to set cooking time

② Press  to start



#### Tomato compote

Tomatoes (peeled after boiling and stalks removed.)	3 small ones (about 100 g each)
Water	300 g (mL)
Granulated sugar	60 g
Ginger (thin slices)	10 g

■ Set cooking time to 60 min

#### Loquat compote

Loquats (peeled, cored and cut into 2 parts)	3 ones (about 50 g each)
Water	250 g (mL)
Granulated sugar	60 g
Lemon juice	10 g (2 tsp)

■ Set cooking time to 60 min

#### Pear compote

Pear (peeled, cored and quartered)	about 180 g (A medium sized)
Water	250 g (mL)
Granulated sugar	60 g
Lemon juice	10 g (2 tsp)

■ Set cooking time to 60 min

#### Date compote

Date (dried)	250 g
Water	100 g (mL)
Red Wine	125 g (about 125 mL)
Granulated sugar	40 g
Lemon juice	10 g (2 tsp)
Cinnamon	An appropriate quantity

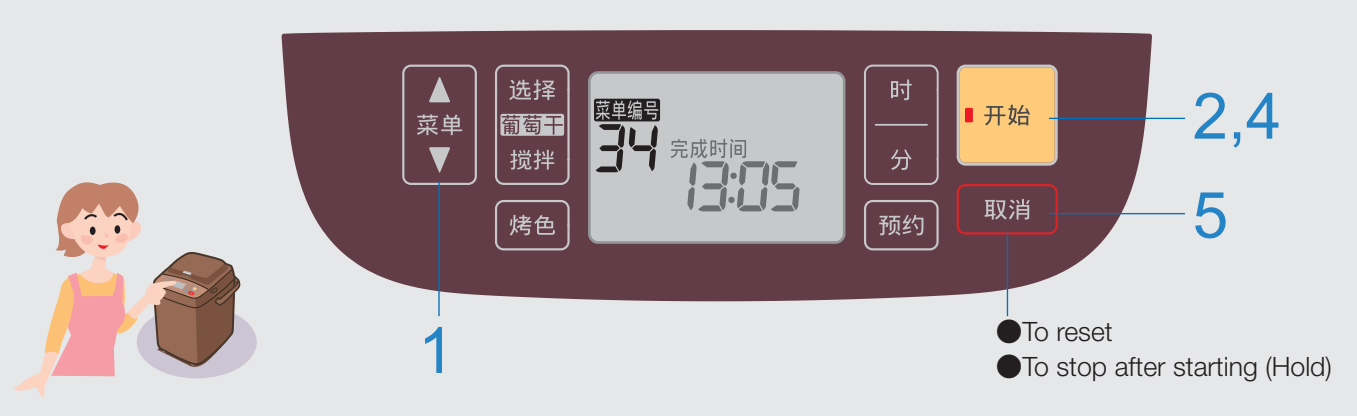
■ Set cooking time to 60 min

Dessert

Compote making

# Mochi making

Soaking sticky rice is not recommended (otherwise it will make the mochi too soft).



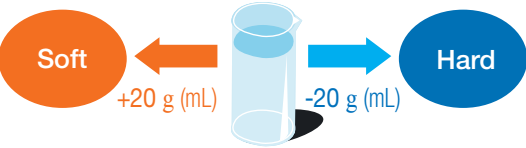
- Preparations**
- ① Wash the sticky rice. (Wash till the water is clear.)  
\* Do not soak the sticky rice in water (otherwise the mochi will become soft).
  - ② Use a screen to drain the water for 30 min.
  - ③ Install blade for noodles and mochi making in the bread pan.
  - ④ Add sticky rice and water.

## Ingredients

Mochi		
(each round mochi is about 35 g)	About 12 pieces	About 18 pieces
Sticky rice	280 g	420 g
Water	Long grain rice (190 g (mL)) Short grain rice (200 g (mL))	Long grain rice (270 g (mL)) Short grain rice (280 g (mL))
Kneading flour*	An appropriate quantity	An appropriate quantity

\* Starch, or corn starch may be used as substitutes.

■ If you want to make a mochi of your favorite hardness, you need to adjust the water amount!



- If 取消 (Cancel) is erroneously pressed in Step 3, press 开始 (Start) within 10 min to recover it.  
(This can only be performed once.)  
(Other buttons are invalid.)
- 30 min after step 3, a beep sound will be heard, and then the unit starts the next process automatically.  
(in case the lid is closed)  
\* If mochi becomes soft, it is difficult to take out.
- If the sticky rice has been soaked in water, deduct the water amount that the sticky rice has absorbed.  
< Reduce quantity reference >  
[12 pieces] 80 g (mL)  
[18 pieces] 140 g (mL)

## 1 Select menu “34”



## 2 Start



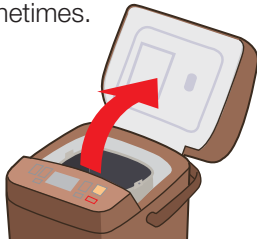
Display “55 min later” when the room temperature is low.

● The blade may rotate sometimes.

## 3 When you hear the beep sounds open the lid

● Do not press 取消 (Cancel)

Within 30 min



## 4 When the lid is open start immediately



\* Open the lid to dissipate extra water.

You can add red cherry shrimps when you begin to make mochi.  
\* Do not add hard ingredients such as beans!  
(may damage the fluorine coating of the bread pan)

Time required: about 1 h

■ Add your favorite ingredients on your fresh mochi...



Red bean mochi



Peanut mochi



Radish mochi

■ Mix with other ingredients in the middle...

### Black sesame seed mochi

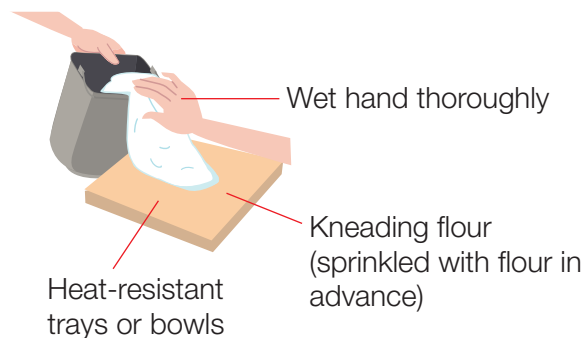
When making mochi, add 2 ~ 3 teaspoons of black sesame seeds and a small amount of salt bit by bit.

### Shad dock mochi

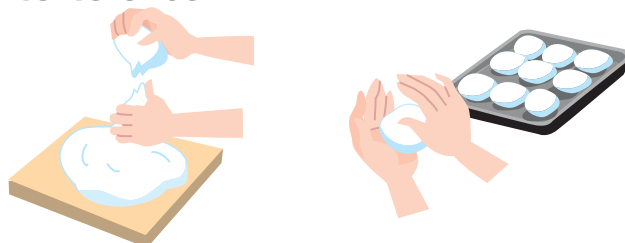
When making mochi, add ½ mashed shad dock peels (the yellow part) and a small amount of salt bit by bit.

**5** When you hear the beep sounds, press 取消 (Cancel),  
**Take out the bread pan quickly and place it still till it can be touched by hand (5 ~ 10 min).**

**6** Take out the mochi  
(from the bottom)



**7** Take some mochi and knead it into to a ball



- Eat immediately
- Store it

- ➡ wet hand with water in advance.
- ➡ sprinkle some kneading flour on hands in advance.

- The taste of mochi may vary due to the amount of water, amount and type of sticky rice, new or old rice used, etc.
- The skin of mochi will become hard if it is left out for a long time.

■ The proper preservation method of mochi.

- ① When it is cooled down, dust off the kneading flour.
- ② “When it is placed indoors”  
It can be preserved for 2 days when placed in a place of low humidity and temperature.  
“When it is kept in a refrigerator”  
It can be preserved for a month when packed in the well-sealed double bags.

Take out mochi from bread pan directly and wrap it with cling film. It is easier to make Japanese mochi.

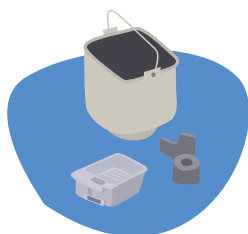


Dessert

Mochi making



# Cleaning



**In order to avoid damaging the fluorine coating of the bread pan ...**

● Please clean and dry as quickly as possible!

( Do not put an unclean or wet bread pan back into the machine. )

● Clean with a soft sponge!

( Do not use cleanser or metal brush to clean the bread pan. And do not use the nylon face of a sponge, sponges wrapped in nylon net or dish dryer as well. )



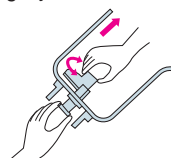
## Bread pan, blade

**Wash with water after the residual dough is cleared.**



① Add a small amount of hot water into the bread pan and let it sit for a while.

● If blade is hard to remove, rotate the blade slightly to remove it.

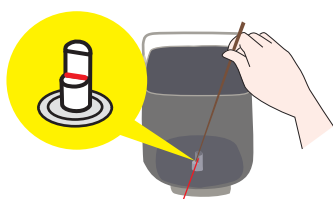


② Clean the bread pan and the blade with water.

● Do not leave any residual dough around the shaft or it may damage the fluorine coating.



③ Use a bamboo stick to remove the dough stuck on the blade and the shaft.



● Any residual dough on the shaft may cause the blade to be easily detached or left in the bread.

● Use kitchen detergents (neutral) to clean the shaft if it is very dirty.

## Lid

**Wipe with a well-wrung cloth.**



● Use a well-wrung cloth to clean away the instant dry yeast on the flap valve and make sure that the vent of yeast dispenser is closed.



## Natural yeast culture vessel

**Use kitchen detergents (neutral) to clean it thoroughly, then air dry it.**



● The remaining yeast (fermented) will decay due to bacteria reproduction which will ruin its cultivation next time.

■ If decay occurs

① Sprinkle diluted chlorine bleach powder.

② Fully clean.

## Dispenser lid

### Remove and wash with water

[Removal method]



- Raise the dispenser lid to an angle of approximately 70 degrees and pull it upwards on the right.

## Yeast dispenser

Wipe with

**a well-wrung cloth and air dry.**



**Do not wipe the yeast dispenser with a dry cloth!**  
Otherwise, instant dry yeast may prove difficult to fall because of static electricity.

## Raisin and nut dispenser

After removal, use kitchen detergents (neutral)

**And wash with water**



- Pull it upwards



- Press and open the dispenser flap.
- No residual grease is allowed.

## Main body

Wipe with

**a well-wrung cloth**

- Clean away the flour, instant dry yeast and ingredients left inside the main body.



Cleaning

Tips

# FAQ

Can I use dedicated bread flours?

## Bread

You can make bread but need to adjust the amount of water. If excessive swelling or a cave-in occur, reduce water amount by 5 ~ 10%.

## French bread

You can make French bread, but the quality and swelling extent of bread may vary.

## Udon dough (all-purpose flour)

Add water by 10 g (mL) when dough is too hard and reduce water by 10 g (mL) when dough is too soft.

Is it possible to use other ingredients to substitute butter and milk powder?

Yes. Please use the same amount of margarine, shortening and other solid grease to substitute butter.  
(Crust colour may vary from different fats.)  
Milk powder 6 g (1 tbsp) is equivalent to 70 g (about 70 mL) milk.  
● Please reduce the same amount of water if milk is used.

Can I use the amount specified in the recipe books available in the market?

The amount specified herein is applicable to this breadmaker.  
The cooking effects may be affected if any other recipes are used.



May I make a half sized loaf?

You can only make half bread. (P.EN41) When a half portion of ingredients is used with other menu, the baking procedures of the bread maker cannot be matched because it is very hard to control the conditions of “kneading” and “air discharge”.

Can I use self-made natural yeast?

The fermentation conditions are unstable and the bread may not be baked successfully.  
➡ “Hoshino” natural yeast (raw) is recommended to ensure bread quality and successful rate.



How do I keep natural yeast and fermented natural yeast?

## Natural yeast (raw) (P. EN13)

Please keep it inside the refrigerator to avoid contamination.

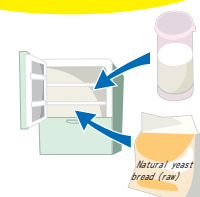
● Please use them before expiry date (expiry date of unopened products which are stored according to instructions).

## Fermented natural yeast (P. EN57)

Please keep it in refrigerator with the lid closed.

● Please use it up within one week.

Storage in freezing or room temperature is forbidden (this will ruin its fermentation)



How do I store instant dry yeast?

Store it in refrigerator. (Be sure to properly seal it and use it up as soon as possible after unpacking.)

● Please use them before expiry date (the expiry date of unopened products which are stored according to instructions).

● Do not store them in a freezer.

(Instant dry yeast may condensate and won't fall down from the yeast dispenser)

What rice can be used to make rice bread and French rice bread?

Cooled rice at a temperature below 30 °C.

The rice kept in a refrigerator is also applicable. Note that rice becomes hard and is not easily softened, so use a certain amount of water to soften it to make kneading easier. (P. EN91)

Frozen rice should be defrosted and recovered to room temperature before use.  
Rice kept warm for less than 12 hours should be cooled down before use.

Is the pineapple bread cookie dough usable after being frozen?

Yes.

Please allow the cookie dough to defrost naturally in advance so that it is not so hard when it is placed on the bread dough.

**What should I use for kneading flour?**

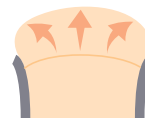
High-gluten flour is recommended for bread forming.  
Starch is recommended for mochi making.  
(Corn starch and high-gluten flour are also applicable.)

**Can I use the sticky rice soaked in water overnight?**

It is applicable too, but the mochi made from it will be too soft, so it is not recommended.  
Deduct the water quantity that the sticky rice has absorbed.  
(12 pieces: 80 g (mL); 18 pieces: 140 g (mL)).

**Can bread be baked in a square shape?**

In the automatic bread maker, the dough rises to become hill-shaped (shape of the bottom of the bread pan) bread during baking.



**How to cut bread properly?**

It is not easy to cut the bread when it is freshly baked. It is recommended that you wait for 30 min before slicing it.  
● Lay the bread horizontally, move the bread knife forward and backward.



**Is it hard to take out the bread smoothly?**

If the bread is hard to take out after the bread pan has been cooled down for about 2 min, place the bread pan into the main unit and keep it there for 5 ~ 10 min before taking it out again.  
● The bread will shrink and cave in if it is kept there for too long.  
● Do not use a knife, a fork, chopsticks or other similar utensils to take out the bread.  
(Otherwise, the fluorine coating may be damaged.)

**Is there any residual dough on the kneading blade?**

If the dough is not sticky, there will be residual dough on the kneading blade. If you want to avoid it, you can apply some grease or sprinkle a layer of flour on the kneading blade before installing the blade in the main unit.

**Can bread and dough be kept frozen?**

#### Bread

Cut it into thin pieces, wrap them with a plastic wrap one by one and keep them frozen.  
The bread will taste better if you freeze it as soon as possible when newly baked.  
● The bread can be kept for 1 month if it is frozen.

#### Rolls

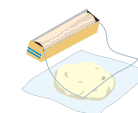
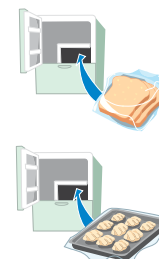
Place formed and fermented dough in a tray, cover it with plastic wrap and keep it frozen. After freezing, place it into a plastic bag for storage.

Defrost at 30 ~ 35 °C and coat with egg liquids before baking.

● If time is limited, coat with egg liquid when it is still frozen and prolong the baking time by about 5 min.

#### Pizza

Wrap the rolled dough with plastic wrap and freeze it.  
Place the ingredients when the dough is still frozen and then bake it.



**Is the bread made by natural yeast different from that made by instant dry yeast?**

The natural yeast bread has the following features:

- The bread is a bit shorter and the crust is a bit darker.
- Unique taste; the crust has a fried rice cake and sweet soy sauce smell: slightly sour and sweet.
- The dough texture is a little coarse.
- The bread is chewy.

The bread gives fermentation smell which similar to yogurt.



# FAQ

Upon completion of baking

**Is instant dry yeast not mixed during execution of bread dough menu?**

The instant dry yeast will work during separation, forming and secondary fermentation as long as it is mixed into the dough.

**The bread dough is too soft.**

Please reduce water amount by 5 ~ 10 g (mL).  
Sprinkle flour for the convenience of operations.

**The dough does not ferment thoroughly during execution of bread dough menu.**

Fermentation process may slow down due to different ratios of ingredients. Do not open the lid after process of bread dough making is over. Keep it there for further fermentation. (Standard: 20 ~ 30 min)

**The blade is coming out along with the bread.**

The lock of the blade comes off when the bread rise, that time, the blade may come off along with the bread. If you slice the bread as it is, the blade will be damaged. Be sure to take out the blade from the bread.

**Can failed dough be used again?**

(E.g) The dough hasn't been baked.  
...etc.

It can be used to make doughnuts, pizza and other food.  
Please confirm at which status baking stopped and resume the subsequent operations.

## Recipe with use of instant dry yeast

● When there is still instant dry yeast in the yeast dispenser

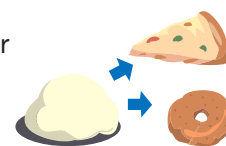
➡ Re-start making dough using the pizza dough procedure (menu "24" ) to make doughnuts (P. EN61) and pizza (P. EN63).

● When there is no instant dry yeast in the yeast dispenser

➡ Take out the dough and make doughnuts (P. EN61) and pizza (P. EN63)!

## Recipe using of natural yeast

➡ Take out the dough and make doughnuts (P. EN61)!



**Is the taste of the pasta made by this bread maker different from that of the dry pasta available in the market?**

Its form, softness and elasticity is different from those of dry pasta due to the different production methods.

**Is it difficult to cut the noodles?**

Weigh properly and sprinkle the dough with sufficient kneading flour.

# Abnormal shape of bread

It is hard to control the bread-making process.  
Shape of bread varies every time ...



When the following conditions happen

Please confirm the following

Bread (swelling)

## Insufficient swelling



Height standards

(Bread, Rapid bread, Brioche,  
Whole wheat bread)



(Pain de mie, Yudane  
pain de mie, Chiffon  
pain de mie, Soft bread,  
Rice flour bread, Marble  
bread)



(Rice bread, Hokkaido aromatic bread)



(Natural yeast bread)



(French rice bread)



(French bread, 60-min  
bread, Red Bean bread,  
Pineapple bread, Half bread)



## Excessive swelling



Height standards



- Shape and swelling conditions vary according to temperature, humidity, ingredient and timer conditions.
  - Too many raisins and other ingredients added?
  - Is the room temperature too high? (the shape will change if the room temperature is too high)
- ➡ Please store flour and other ingredients in the refrigerator.

### Flour

- Do you measure the weight with a scale?
- Have you used flour with a protein content of over 12 ~ 15%?
- Have you used high-gluten flour?
- Have you used expired flour?
- < French bread, Brioche... >
- Is the ratio of high-gluten flour and low-gluten flour correct?

### Water

- Not enough?
- < Yudane pain de mie, Rapid, French rice bread, French bread, Whole wheat, Pineapple bread, Brioche, Red Bean bread... >
- Have you used cold water of 5 °C?
- < When room temperature exceeds 25 °C ... >
- Have you used cold water of 5 °C?

### Granulated sugar

- Not enough?

### Instant dry yeast

- < Except natural yeast bread... >
- Have you used the instant dry yeast that do not require advanced fermentation?
- Is it placed in the yeast dispenser?
- Not enough?
- Is it kept in the refrigerator? (P. EN9)
- Have you used expired instant dry yeast?

### Natural yeast

- < Natural yeast bread >
- Did you use "Hoshino" natural yeast (raw)?
- Is the fermented natural yeast weighed after being mixed?
- Is it put in a bread container?
- Too little?

### Flour

- Too much?
- Do you use the dedicated bread flour? (P. EN86)

### Water

- Too much?

### Instant dry yeast Fermented natural yeast

- Too much?
- ➡ If excessive swelling happens upon stated amount, reduce the quantity of instant dry yeast, fermented natural yeast, or granulated sugars by 1/4 ~ 1/2.
- Excessive swelling may happen sometimes at altitudes over 1,000 metres high.
- Contact between inner part of the lid and the bread due to excessive swelling may damage the lid's coating. Accidentally eating the coating will not harm your health.

FAQ/Abnormal shape of bread

Tips

# Abnormal shape of bread


Bread (shape)

Bread (others)

When the following conditions happen


Please confirm the following

**No swelling at all**  
(Whole bread is whitish (which looks like dough.))




**The bread always has a different shape and swelling condition.**


**Sticky bottom and distinct collapse on the sides**



**Cave-in on the top surface**  
(Burnt crusts)  
**Flat and square top surface**  
**Cave-in**



**Bottom caves in so that the bread cannot stand upright.**



**There is remaining flour around.**

**Expected crust colour is not achieved.**

**Bread crust is too hard**

**Chocolate melt even 粗搅拌 (Rough stir) had been chosen.**

**Instant dry yeast**  
**Fermented natural yeast**

- Have you forgotten to add the instant dry yeast or fermented natural yeast?
- Have you used any improperly stored yeast or expired yeast?
- Did you misuse any baking power?

- Have you forgotten to install the blade?
- Has any power failure occurred during operation?

- Home made bread always has a different shape and swelling condition due to the following conditions!

Room temperature	<ul style="list-style-type: none"><li>▪ The room temperature is high in summer.</li><li>▪ The room temperature has changed during operation. (the air-conditioner is shut down during operation etc.)</li></ul>
Types and properties of ingredients	<ul style="list-style-type: none"><li>▪ Flour with low protein content is used for baking.</li><li>▪ Improperly kept or expired instant dry yeast is used.</li></ul>

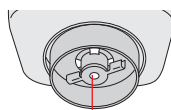
- Have you quickly taken the well-baked bread from the bread pan and put it on the griller for heat radiation?
- Reduce water quantity by 10 g (mL) for better baking effect if the room temperature is high.

- Not enough flour?
- Too much water?

< Whole wheat bread... >

- A high ratio of whole wheat flour or different types of flour will easily lead to such situations.

- Blade shape is visible.
- Have you touched the bottom of bread pan when you took out the bread? (Bread is damaged sometimes due to blade rotations)



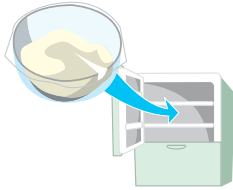

Do not rotate

- Too much flour?
- Not enough water?

- Please change crust colour (P. EN21) or adjust the amount of granulated sugar. Crust colour becomes lighter if amount of granulated sugar is reduced and darkened if the amount is increased.
- If the stove is too hard to hold the bread because the bread is too big, please reduce the quantity of instant dry yeast and water.
- If the bread ferments so much, the top of bread may peel off by sticking on the lid.


- The bread will become soft if it is cooled down and put in a plastic bag.

- The fermentation temperature of bread dough is higher than the melting temperature of chocolate, so it may melt. Please freeze the chocolate before adding it in. If the chocolate pieces are too large, it will hinder the rotation of the blade. So please use chocolate chip or chopped chocolate smaller than 5 mm.

	When the following conditions happen	Please confirm the following
Bread (others)	Ingredients focus on one side	●Such phenomenon may occur due to difference of ingredients and dough hardness.
	Dough becomes sticky after forming and fermentation	●Excessive long fermentation will make the dough loose and sticky. The fermentation time depends on the type of bread. Normally, the fermentation is finished if you touch the rising dough with a finger slightly and it can recover slowly.
	It is hard to make croissants.	●Melted butter cannot be well wrapped in dough. Please keep the dough in a refrigerator for complete cooling before butter is wrapped in it. * Please prolong the cooling time when the room temperature is high because the butter may easily melt down. 
Yudane pain de mie	The baked bread has a relative poor quality.	●When the timer function is used, the toast has a relatively poor quality. ●Is the Yudane over heated? ●Are there any solid particles in the Yudane?
60-min bread	No rising 	●Did you use warm water (35 °C ~ 40 °C)? ●Was the instant dry yeast dissolved during the preparation stage?
Rice bread/ France rice bread	The rice grains are notably visible in the rice bread.	●Please put rice and water in another container. Fully soften the rice before putting it into the bread pan.
Hokkaido aromatic bread	If you find that the crust is rather black.	You can reduce granulated sugar in the dough by ½.
Pineapple bread	The pineapple bread cookie dough cracks.	●Have you fully mixed the cookie dough? ●Have you kneaded the cookie dough till its surface becomes smooth? ●Have you forced the cookie dough into the bread dough? * You only need to place the cookie dough on the bread dough. (Slightly press it so that they stick together and make a good-looking shape.) ●Have you cut the patterns too deep?
	The pineapple bread cookie dough becomes soft.	●The reason is that the butter melts so that the dough has too much liquid in it. * If the butter melts, the dough will become soft and fragile even if the pin dough is cooled down.
	The pineapple bread cookie dough lean to one side.	●Have you repositioned the bread dough in the middle?
	The pineapple bread cookie dough is too hard.	●Has the cookie dough been over cooled and become hardened? * Take out the cookie dough from the refrigerator according to the instructions of "10 min of process work are left" and roll the dough flat with a rolling pin till the cookie dough becomes flexible and soft.
	The pineapple bread cookie dough overflows from the bread pan.	●Did you slightly press the cookie dough on all edges when you put it in? * Excessive pressing may cause the baked cookie dough to crack.



# Abnormal shape of bread

	When the following conditions happen	Please confirm the following
Red Bean bread	There are holes inside.	<ul style="list-style-type: none"> <li>●The bread dough has swelled, but the red bean paste has not. Holes are caused by the water vapor pressure emitted by the red bean paste. Such holes are acceptable.</li> </ul>
Brioche	Observable butter oil gathers on the bottom, with butter spots on it.	<ul style="list-style-type: none"> <li>●Did you use frozen butter cut into 1 cm pieces?</li> <li>●Did you add the frozen butter within 10 min after beep sounds?</li> <li>●Did you break apart the frozen butter first, and then distribute them well in the pan?</li> <li>●Did you add the frozen butter when room temperature was over 25 °C?</li> </ul>
Rice flour bread	The rice flour bread has a bad shape	<ul style="list-style-type: none"> <li>●Is the room temperature too high? (The bread will not be good if the room temperature is too high.)</li> <li>●Have you used the timer at a room temperature of over 25 °C? * Ingredient temperature rises too much when the room temperature is high so that it becomes deformed. Excessively long timing is not recommended.</li> </ul>
8 minutes dough	There are remaining flour around.	<ul style="list-style-type: none"> <li>●Too many flour?</li> <li>●Not enough water?</li> </ul>
Scone	Insufficient swelling 	<ul style="list-style-type: none"> <li>●Did you add any baking powder? (Even instant dry yeast can't make it swell at all.)</li> <li>●Is the amount of ingredients correct?</li> </ul>
	Butter spots appears (colour spots, holes etc.)	<ul style="list-style-type: none"> <li>●Did you cut the butter into 1 cm pieces?</li> <li>●Did you cut the butter into 5 mm pieces when room temperature is below 15 °C ?</li> </ul>
	Remaining flour is left around the scone.	<ul style="list-style-type: none"> <li>●Did you eliminate the residual powder?</li> <li>●Did you perform the forming procedure?</li> </ul>
Udon/pasta dough	There are solid particles in the dough	<ul style="list-style-type: none"> <li>●Did you misuse the blade for bread making as the blade for noodles and mochi making?</li> <li>●Not enough flour?</li> <li>●Did you mix the flours fully before putting it in bread pan?</li> <li>●Did you add too much water?</li> <li>●Did you add warm water when making udon?</li> </ul>
	It is difficult to put dough into shape because it is too sticky.	<ul style="list-style-type: none"> <li>●Not enough flour?</li> <li>●Did you sprinkle kneading flour?</li> <li>●Did you add too much water?</li> </ul>
	Noodles stick together	<ul style="list-style-type: none"> <li>●Has it been placed still for too long time after being cut into noodles?</li> <li>●Did you sprinkle enough kneading flour?</li> </ul>
Cake	Insufficient swelling.	<ul style="list-style-type: none"> <li>●Is the amount of ingredients correct?</li> <li>●Did you add any baking powder?</li> <li>●Did you sieve the low-gluten flour and baking powder before adding them into bread pan?</li> </ul>

	When the following conditions happen	Please confirm the following
Cake	Remaining butter left on cake.	<ul style="list-style-type: none"> <li>●Have you cut butter into small pieces of 1 cm?</li> <li>●Have you brought butter to the room temperature?</li> <li>●Is the adding sequence of ingredients correct?</li> </ul>
	There is remaining flour around cake.	<ul style="list-style-type: none"> <li>●Have you cleared the remaining flour?</li> <li>●Is the adding sequence of ingredients correct?</li> </ul>
	The finished cake is different from expected.	<ul style="list-style-type: none"> <li>●The finished cake looks like butter cake but is still different from the sponge cake available in the market in terms of baking conditions. Reduce low-gluten flour to 160 g to make the cake soft.</li> </ul>
Vegetable cake	The baked bread is sticky.	<ul style="list-style-type: none"> <li>●Too much soy milk had been used?</li> </ul>
Chocolate	Whipping cream and chocolates can not be merged together.	<ul style="list-style-type: none"> <li>●The cream with a high content of butterfat (over 41%) may not merge with chocolates with a high content of cocoa. Adding extra 10 g (about 2 tsp) of milk may help the two ingredients to merge better.</li> </ul>
	Too soft.	<ul style="list-style-type: none"> <li>●Chocolates with high content of milk will soften. Please reduce the amount of whipping cream by 10 ~ 20 g (about 10 ~ 20 mL).</li> </ul>
	Chocolates stick on the inner sides of the bread pan.	<ul style="list-style-type: none"> <li>●Please use a rubber spatula to clean away the chocolates stuck on the bread pan within 5 min and mix for another 2 ~ 3 min.</li> </ul>
Jam	Not coagulated. (not viscous)	<p>Jams become more diluted due to less granulated sugar quantity and no additives.</p> <ul style="list-style-type: none"> <li>●Using unripe fruit, overripe fruit or stale fruit limits fruit pectin content, so it is difficult to become coagulated.</li> <li>●Did you add too much fruit?</li> <li>●Did you reduce the amount of granulated sugar and lemon juice? (Jam must have proper sugar content, acidity and pectin content for coagulation.)</li> </ul>
Compote	Not cooked well.	<ul style="list-style-type: none"> <li>●Did you use overripe fruit?</li> <li>●Some kinds of fruit may be easily cooked.</li> </ul>
	Some part of fruit did not absorb enough syrup.	<ul style="list-style-type: none"> <li>●Did you cover it with baking paper?</li> <li>●Take fruit out of the syrup and then put the part that did not absorb enough sugar into the syrup again and cool it down.</li> <li>●Place still for half a day to 1 day, then it is edible.</li> </ul>
Read bean	The red bean does not turn into paste.	<ul style="list-style-type: none"> <li>●Have you boiled red bean until they become soft?</li> <li>●Too much red bean?</li> </ul>
Mochi	Mochi has remaining grains of rice stuck.	<ul style="list-style-type: none"> <li>●Did you add too much sticky rice?</li> <li>●Did you add enough water?</li> <li>●Was the sticky rice too dry after draining? (e.g. faced the air-conditioner outlet)</li> <li>●Was it mixed with japonica rice?</li> <li>●Did you use old rice?</li> </ul>

# Remedies for misoperations

**Pressed 开始 (Start) before adding any ingredients.**

Ingredients cannot be supplemented when making 60-min bread, 8 minutes dough.

The ingredients other than fermented natural yeast can be added at the following time. However, the bread making process may fail if the ingredients are not fully mixed in the initial 揉面 (kneading) procedure.

Forgotten ingredients	Adding time
Butter Granulated sugar Milk powder Salt	<p>●<b>Tips for recipe of bread with instant dry yeast</b></p> <p>Feed into the bread pan before adding the instant dry yeast.</p> <ul style="list-style-type: none"><li>• Pizza dough ..... within 1 min</li><li>• Brioche ..... within 5 min</li><li>• Half bread, bread dough ..... within 10 min</li><li>• Rice flour ..... within 35 min</li><li>• Other menu ..... within 20 min</li></ul> <p>✱ Open the lid to the minimum angle to avoid spill of instant dry yeast.</p> <p>●<b>Tips for recipe of bread with natural yeast</b></p> <p>It should be added into the bread pan within 10 minutes to make sure that it can be mixed in the initial kneading.</p>
Instant dry yeast	<p>Add into the yeast dispenser before the instant dry yeast is dispensed.</p> <ul style="list-style-type: none"><li>• Pizza dough ..... within 1 min</li><li>• Brioche ..... within 5 min</li><li>• Half bread, bread dough ..... within 10 min</li><li>• Rice flour ..... within 35 min</li><li>• Other menu ..... within 20 min</li></ul>

**Pressed 开始 (Start) when the wrong menu, raisin and crust colour are selected!**

Reselect if it is just started. Hold 取消 (Cancel) to stop operation, select the correct, menu\*, raisin and crust colour and restart.  
✱But if you chosen rice flour bread wrongly, the bread still fail even if you reselect the menu. (The initial working procedure is different.)

**Install the wrong blade and start the unit!**

Press and hold 取消 (Cancel) button to stop the unit. Reinstall the correct blade and restart the unit.  
(The blade may stop rotating if it is not the correct one.)

**Pull out the power plug!**

Plug in again within 10 min after unplugging and the operation will be resumed.  
✱ Do not press 开始 (Start).

**Pressed 取消 (Cancel) erroneously during operations!**

Press 开始 (Start) to recover within 10 min.  
✱ This can only be performed once. Do not press other buttons.

■Failed dough can be used again to make pizza and doughnuts. (P. EN61, EN63)

# Troubleshooting

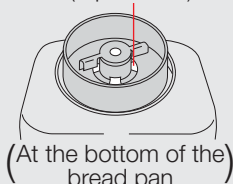
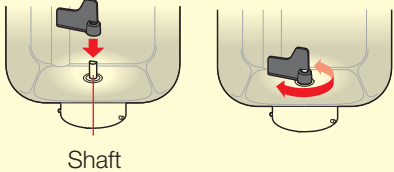
Please confirm the following issues first. If any anomaly is still identified, please contact Panasonic customer service centre immediately.

When the following conditions happen	Causes	Solutions
Key operation is disabled	●Power plug is not plug in.	Plug in the power plug.
Press 开始 (Start) but no operation (No kneading)	●“Rice flour” function starts only from 醒面 (Rest). Kneading doesn’t operate in the very beginning.	
Instant dry yeast is not dispensed.	●Timing for automatically adding instant dry yeast depends on the room temperature and menu you have selected.	
	●Yeast dispenser is damp or has static electricity.	Wipe with a wrung cloth and air dry.
	●Is the instant dry yeast dampened?	Use new instant dry yeast.
Raisins and nuts cannot be added.	●Are the ingredients piled up?	Spread the ingredients flat.
Operation stops midway (Display current time)	●Operation will be stopped if power fails for more than 10 min.	The dough can be used again if the operation stops in a dough state. (P. EN87)
Timer cannot be set.	<p>●Is the time you want to set beyond the timer range? The timer needed to complete baking varies by menu.</p> <p>[Timer setting examples] Menu: bread Current time: 08:30 p.m. (LCD screen displays 20:30) Scope of time settings: 00:40 a.m. to 09:30 a.m. ("0:40" ~ "9:30") * It is impossible to set the time beyond the range above.</p>	<p>Please make the setting within the following range: Starting from the current time</p> <ul style="list-style-type: none"> <li>●Bread: After 4 hours and 10 min ~ 13 h</li> <li>●Pain de mie: After 5 hours ~ 13 h</li> <li>●Yudane pain de mie: After 5 hours and 10 min ~ 13 h</li> <li>●Chiffon pain de mie: After 5 hours and 10 min ~ 13 h</li> <li>●Soft bread: After 4 hours and 30 min ~ 13 h</li> <li>●Rice bread: After 4 hours and 10 min ~ 13 h</li> <li>●French rice bread: After 4 hours and 50 min ~ 13 h</li> <li>●French bread: After 5 hours and 10 min ~ 13 h</li> <li>●Whole wheat bread: After 5 hours and 10 min ~ 13 h</li> <li>●Half bread: After 3 hours and 40 min ~ 13 h</li> <li>●Rice flour bread: After 2 hours and 40 min ~ 13 h</li> <li>●Natural yeast bread: After 7 hours and 10 min ~ 10 h</li> </ul>
Start kneading immediately after timer setting.	●For the breads, Pain de mie, Yudane pain de mie, Chiffon pain de mie, Rice bread, French rice bread, French bread and the Whole wheat bread functions that use instant dry yeasts, Half bread, only the initial 揉面 (kneading) procedure will be started immediately after timer setting. (P. EN10)	
Sounds are heard during operation and timing	<p>The following sounds are normal.</p> <ul style="list-style-type: none"> <li>●When dough kneading, air discharge or mochi making are going on, <ul style="list-style-type: none"> <li>• the sounds of kneading are heard.</li> <li>• the sounds of motor running are heard.</li> <li>• the sounds of mochi making are heard.</li> </ul> </li> <li>●When instant dry yeast and the ingredients of the raisin and nut dispenser are added into the bread pan. <ul style="list-style-type: none"> <li>• the sounds of opening the flap valve and the dispenser flap are heard.</li> </ul> </li> </ul>	
Stops halfway (Blade does not work)	<p>●Since too many ingredients were added or the blade is stuck on the hard ingredients, the motor is overloaded and the protective function is hence activated, which may cause operation to stop immediately. (Powder still remains upon completion and baking does not happen)</p> <p>* Please consult Panasonic customer service centre.</p>	



# Troubleshooting

Please confirm the following issues first. If any anomaly is still identified, please contact Panasonic customer service centre immediately.

When the following conditions happen	Causes	Solutions
<b>Abnormal sounds on the blade</b>	● There is a clearance between the blade and the shaft. (The front end moves by 3 cm or so)	
<b>Plug into the outlet, the current time on display is "0:00"</b>	● The lithium battery is at the end of its working life. * Before replacement of battery, operations can be continued with plug inserted. However, it is necessary to install the battery base in advance. (Otherwise, foreign matter may enter) * Set the current time whenever you use the timer functions.	Replace the battery. (P. EN7)
<b>Powders still remain and baking does not occur</b>	● Have you forgotten to install the blade? ● Is the blade shaft excessively fastened in the bread pan so that it can't move?	Install the blade. (P. EN16)  Please replace the main shaft bearing if the blade shaft does not rotate. (Please consult your Panasonic customer service centre)
<b>Dough is leaking out at the bottom of the bread pan</b>	● A small amount of dough leaks out from the discharge port of the bread pan during operations. (To avoid affecting the rotations, the dough that enters the rotational part will be discharged. This is normal. Please confirm if the blade is rotating.)  (At the bottom of the bread pan)	 Shaft
<b>The bottom of the bread pan turns black</b>	● The bottom of the bread pan may turn black due to friction when kneading. In that case, please wipe and clean with a damp kitchen towel.	

● Smoke or odors may occur upon initial use. However, they will disappear some time after use. Operations are not affected.

## In case of the following displays

<b>Display</b> 停电发生	● Notifies you of power failure during operations. If power fails for less than 10 min, the operations will resume when power supply is resumed. (Unsuccessful bread-making may occur sometimes) ● It will still display when the power plug is plugged in after it is removed.	
<b>Display</b> U50	● The oven temperature rises high due to continuous use (above 40 °C).	Open the lid to reduce heat inside of the main body fully (Cool down for about 1 hour after baking is finished)
<b>Display</b> U53	● The motor is overloaded.	Weigh and measure the ingredients correctly.  Walnuts and other large-grained food materials cannot be added until crushed down. (Press 取消 (Cancel))
<b>Display</b> H01 ~ H54	● Failure * Please contact with your local customer service centre for repair.	

# Specifications

Power supply		220 V ~ 50 Hz	Overheat protector		Thermal fuse
Power consumption	Heater	360 W	Size (Appr.)	Depth	30.4 cm
	Motor	60 W		Width	24.1 cm
				Height	34.7 cm
Net weight (about)		5.8 kg	Length of power cord		0.9 m
Capacity	Bread/bread dough	(Flour) Maximum : 300 g			
	Yeast	(Instant dry yeast) Maximum : 4.2 g (Fermented natural yeast) Maximum : 25 g			
		Raisin and nut dispenser	(Raisin/nuts) Maximum : 100 g		

Function	Menu	Capacity	Timer
Bread	Bread	(Flour) Max.: 250 g	Timer for up to 13 hours
	Pain de mie	(Flour) Max.: 250 g	Timer for up to 13 hours
	Yudane pain de mie	(Flour) Max.: 250 g	Timer for up to 13 hours
	Chiffon pain de mie	(Flour) Max.: 250 g	Timer for up to 13 hours
	Soft	(Flour) Max.: 250 g	Timer for up to 13 hours
	Rapid	(Flour) Max.: 280 g	—
	60-min	(Flour) Max.: 280 g	—
	Rice	(Flour) Max.: 230 g	Timer for up to 13 hours
	French rice	(Flour) Max.: 210 g	Timer for up to 13 hours
	French	(Flour) Max.: 250 g	Timer for up to 13 hours
	Whole wheat	(Flour) Max.: 250 g	Timer for up to 13 hours
	Hokkaido aromatic	(Flour) Max.: 230 g	—
	Brioche	(Flour) Max.: 200 g	—
	Marble	(Flour) Max.: 250 g	—
	Pineapple	(Flour) Max.: 200 g	—
	Red Bean	(Flour) Max.: 180 g	—
	Half	(Flour) Max.: 180 g	Timer for up to 13 hours
	Rice flour	(Flour) Max.: 250 g	Timer for up to 13 hours
	Natural yeast	(Flour) Max.: 300 g	Timer for up to 10 hours
Dough	Bread dough	(Flour) Max.: 280 g	—
	Natural yeast bread dough	(Flour) Max.: 300 g	—
	Fermented natural yeast	Natural yeast (raw) 50 g	—
	8 minutes dough	(Flour) Max.: 280 g	—
	Pizza dough	(Flour) Max.: 280 g	—
	Dumpling skin dough	(Flour) Max.: 280 g	—
	Udon/Pasta dough	(Flour) Max.: 300 g	—
Others	Scone	(Flour) Max.: 180 g	—
	Cake	(Flour) Max.: 180 g	—
	Vegetable cake	(Flour) Max.: 130 g	—
	Chocolate	Chocolate 160 ~ 180 g	—
	Jam	Fruit 400 g	—
	Compote	Fruit 150 ~ 300 g	—
	Red bean	Red bean 150 g	—
	Mochi	Sticky rice 280 ~ 420 g	—

Table of hazardous substance and their content

Part name	Hazardous substance					
	Pb	Hg	Cd	Cr(VI)	PBB	PBDE
Plastic parts	○	○	○	○	○	○
Metal parts	○	○	○	○	○	○
Power cord, internal wires	×	○	○	○	○	○
Electrical circuit assemblies	×	○	○	○	○	○
Motor	×	○	○	○	○	○
Heating assemblies	○	○	○	○	○	○

This table has been prepared in compliance with the provisions of SJ/T 11364.

○: Indicates that the content of said hazardous substance in all homogenous materials of the component is within the limits required by GB/T 26572.

×: Indicates that the content of said hazardous substance exceeds the limits required by GB/T 26572 in at least one homogenous material of the component.

# Memo

[illegible]

Handwriting practice lines consisting of 20 horizontal lines.



# 售后服务 Aftersales services

Panasonic官方网站 Panasonic official website: <http://panasonic.cn>  
Panasonic客户咨询服务中心 Panasonic client service center: 400-810-0781

制造商： 厦门建松电器有限公司  
厦门火炬高新区火炬园创新路 17 号  
原产地： 中国

Manufacturer: Panasonic Manufacturing (Xiamen) Co., Ltd.  
No.17, Chuang Xin Road, Xiamen Torch Hi-Tech Industrial Development Zone, Xiamen  
Made in China  
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## ● 菜单编号表

菜单编号	菜单	菜单编号	菜单	菜单编号	菜单
1	吐司面包	13	布里欧修	25	饺子皮面团
2	庞多米（法式超软面包）	14	大理石面包	26	乌冬面、意大利面面团
3	汤种庞多米	15	菠萝面包	27	英式茶饼
4	松软庞多米	16	红豆面包	28	蛋糕
5	软式面包	17	半份面包	29	蔬菜蛋糕
6	快速面包	18	米粉面包	30	巧克力点心
7	60分钟面包	19	天然酵母面包	31	果酱
8	米饭面包	20	面包面团	32	蜜糖水果
9	法国面包	21	天然酵母面包面团	33	红豆馅
10	法国米饭面包	22	生种天然酵母	34	麻糬
11	全麦面包	23	8分钟快速面团		
12	北海道香浓面包	24	披萨面团		

## ● Menu number table

NO.	Menu	NO.	Menu	NO.	Menu
1	Bread	13	Brioche	25	Dumpling skin dough
2	Pain de mie (super soft French bread)	14	Marble bread	26	Udon/Pasta dough
3	Yudane pain de mie	15	Pineapple bread	27	Scone
4	Chiffon pain de mie	16	Red Bean bread	28	Cake
5	Soft bread	17	Half bread	29	Vegatable cake
6	Rapid bread	18	Rice flour bread	30	Chocolate
7	60-min bread	19	Natural yeast bread	31	Jam
8	Rice bread	20	Bread dough	32	Compote
9	French rice bread	21	Natural yeast bread dough	33	Red bean
10	French bread	22	Fermented natural yeast	34	Mochi
11	Whole wheat bread	23	8 minutes dough		
12	Hokkaido aromatic bread	24	Pizza dough		

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